

I Problemi della Valvola: la Diagnosi Stenosi Valvolare Aortica La Diagnosi con RM





# Guidelines on the management of valvular heart disease (version 2012)

The Joint Task Force on the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

#### 3.1.3.2 Cardiac magnetic resonance

In patients with inadequate echocardiographic quality or discrepant results, cardiac magnetic resonance (CMR) should be used to assess the severity of valvular lesions—particularly regurgitant lesions—and to assess ventricular volumes and systolic function, as CMR assesses these parameters with higher reproducibility than echocardiography.<sup>2,3</sup>

CMR is the reference method for the evaluation of RV volumes and function and is therefore useful to evaluate the consequences of tricuspid regurgitation (TR). In practice, the routine use of CMR is limited because of its limited availability, compared with echocardiography.



## **Heart Valve Disease: Investigation by Cardiovascular Magnetic Resonance**



Kang D et al. Circulation 2009

**Echocardiography** remains the major imaging modality for assessing valve disease

#### **Cardiovascular MR**

Morphology assessment

**Functional assessment** 











Aetiology assessment

Impact on ventricular dimension/function

Associated great vessel disease

## **Evaluation of Valvular Function and Morphology**

## **Advantage: unlimited imaging planes**



### Bi-Leaflets Aortic Valve







Aortic Stenosis

Aortic Regurgitation

### Qualitative: visual assessment of turbulent flow in stenotic jets

#### Visualization of signal voids due to spin dephasing in moving protons



Assessing the severity of a valvular defect with visual assessment of cine images requires caution as the technique is subject to slice positioning, partial volume effects, the insensitivity of SSFP sequences and to other sequence parameters.

## **Quantification of Aortic Stenosis: Inadequacy of Traditional Methods**



Bartunek J et al. Int J Card Imaging 1995

Segal J et al. J Am Coll Cardiol 1987

## **Evaluation of Aortic Stenosis by CMR Imaging: Comparison with Established Routine Clinical Techniques**

Kupfahl C et al. Heart 2004



In this example, the valve could not be assessed by TTE due to poor acoustic window and LVOT calcification as well as by TOE due to commissural calcification

44 symptomatic pts. with severe AoSt AVA by continuity equation from TTE AVA by planimetry from TOE AVA by planimetry from cine-CMR AVA by Gorlin equation from catheterization

CMR planimetry had the best accuracy of all noninvasive methods for detecting severe AoSt in comparison with cardiac cath



Intra-observer bias = -0.016 Inter-observer bias = 0.019



## **Quantification of Aortic Stenosis by Phase-Contrast CMR**



**Modificed Bernulli Equation** 

 $\Delta \mathbf{P} = \mathbf{4} \ \mathbf{V}^2$ 

### **Advantages**

Velocity-Time Curve



- Evaluation of pts. with angulated roots

(correct echo beam alignment is difficult)

- Ability to differentiate sub-valvar and supra-valvar stenosis

- Possibility to assess the ascending aorta which may be dilated

## **Quantification of Aortic Stenosis by Phase-Contrast CMR**



Eichenberger AC et al. Am J Roentgenol 1993

Caruthers SD et al. Circulation 2003

### Disadvantages

Less accurate (modest underestimation) compared to continuous-wave Doppler echo for higher velocities (partial volume effects, lower temporal resolution, and artefacts from turbulent jets)

## **Flow-Gradient Patterns in Severe Aortic Stenosis**



Paradoxical low flow-low-gradient pattern has been reported in up to 35% of patients with severe AS and seems to be consistent with a more advanced stage of the disease (increased global LV afterload, significant LV concentric remodeling, and intrinsic myocardial dysfunction)

Hachicha Z et al., Circulation 2007

## Low Flow-Low Gradient Ao St: Pontential Role of MRI

**Planimertric AVA** 















LV Myocardial Scar/Fibrosis

## **Myocardial Fibrosis in Low-Gradient Aortic Valve Stenosis**

N = 69 pts with severe AoSt undergoing Echo + MRI + biopsy (at time of AVR surgery)



Severe AS, High Gradient (n = 49)	Severe AS, Low Gradient, EF ≥50% (n = 11)	Severe AS, Low Gradient, EF <50% (n = 9)
55 ± 13	56 ± 12	38 ± 17*†
47/19/34	0/20/80	0/23/77
$1.8 \pm 0.8$	3.9 ± 0.6*	4.8 ± 0.6*
12.2 ± 1.3	<b>13.1</b> ± <b>1.5</b>	$\textbf{13.7} \pm \textbf{1.3}^{\star}$
	Severe AS, High Gradient (n = 49) $55 \pm 13$ 47/19/34 $1.8 \pm 0.8$ $12.2 \pm 1.3$	$\begin{tabular}{ c c c c } \hline Severe AS, Low Gradient, \\ \hline EF \ge 50\% \\ (n = 49) & (n = 11) \\ \hline 55 \pm 13 & 56 \pm 12 \\ 47/19/34 & 0/20/80 \\ \hline 1.8 \pm 0.8 & 3.9 \pm 0.6* \\ 12.2 \pm 1.3 & 13.1 \pm 1.5 \\ \hline \end{tabular}$

Conclusions: In severe AoSt, a low gradient is associated with a higher degree of fibrosis

## Pathophysiology of Myocardial Fibrosis in Aortic Stenosis



Barone – Rochette G et al., J Am Coll Cardiol 2014

## **Prognostic Significance of Myocardial Fibrosis as detected** by LGE MRI in Aortic Stenosis

N = 54 pts scheduled for surgical AVR



Azevedo CF et al., J Am Coll Cardiol 2010





N = 143 pts with moderate-severe AoSt



Dweck MR et al., J Am Coll Cardiol 2011

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## Prognostic Significance of LGE by CMR in Aortic Stenosis Patients Undergoing Valve Replacement



Gilles Barone-Rochette, MD, Sophie Piérard, MD, Christophe De Meester de Ravenstein, MS, Stéphanie Seldrum, MD, Julie Melchior, MD, Frédéric Maes, MD, Anne-Catherine Pouleur, MD, PHD, David Vancraeynest, MD, PHD, Agnes Pasquet, MD, PHD, Jean-Louis Vanoverschelde, MD, PHD, Bernhard L. Gerber, MD, PHD

N = 154 consecutive AoSt pts. undergoing surgical AVR and 40 AoSt pts. undergoing TAVR Coronary angiography in all pts. (No CAD in 110/CAD in 44 pts.) Endpoints: CV mortality (death from CHF, MI, SCD or post-AVR) Median follow-up = 2.9 years

#### TABLE 2 Patterns of LGE

			Noninfarct LGE		
Group	No LGE	Infarct LGE*	Focal	Diffuse	Septal Stripe
All patients (n = 154)	110 (72)	14 (9)	20 (13)	7 (4)	3 (2)
No CAD (n = 110)	79 (72)	8 (7)	16 (14)	4 (4)	3 (3)
$CAD\;(n=44)$	31 (71)	6 (14)	4 (9)	3 (7)	0 (0)

LGE in 29% of surgical AVR and 50% of TAVR



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**CONCLUSIONS** The presence of LGE indicating focal fibrosis or unrecognized infarct by CMR is an independent predictor of mortality in patients with AS undergoing AVR and could provide additional information in the pre-operative evaluation of risk in these patients. (J Am Coll Cardiol 2014;64:144-54) © 2014 by the American College of Cardiology Foundation.

#### Surgical AVR

## **MR Angiograhy of the Thoracic Aorta**



Aneurysm

Dissection

Coarctation

## **Assessment of Aortic Annulus Diameter**

Are the Noninvasive Imaging Modalities Interchangeable?









Medtronic CoreValve<sup>™</sup>







Koos R et al., Int J Cardiol 2011

Messika-Zeitoun D et al., J Am Coll Cardiol 2010

## Aortic Root Annulus Assessment With CMR vs. Echo and MDCT in Patients Referred for TAVI

N = 50 consecutive pts. with severe AoSt referred for TAVI with SAPIEN valve (no severe CKD, no atrial fibrillation, no <u>PM/ICD</u>)





Conclusions: Aortic root assessment with CMR including AoA size, aortic leaflet length, and coronary artery ostia height (but not aortic leaflet calcification) is accurate compared with MDCT.

CMR may be a valid imaging alternative in patients unsuitable for MDCT.

Pontone G et al., Am J Cardiol 2013

## Trancatheter Aortic Valve Implantation (TAVI) Morphologic Selection Criteria

### Feasibility assessment:

- Left ventricular function
- Coronary artery anatomy/disease severity
- Coronary ostia position (take-off)
- Aortic valve calcification
- Size of aortic annulus
- Size, calcification, tortuosity of aorta/ilio-femoral arteries







Delgado V et al., Expert Rev Cardiovasc Ther 2010

## **Cardiovascular MR: Post-Surgical AVR Evluation**



Biological

Mechanical

## Aortic Regurgitation Severity after TAVI is Underestimated by Echocardiography Compared with MRI



N = 71 post-TAVI pts. (Edwards SAPIEN)

Altiok E et al., Am Heart J 2014

Conclusions: The correlation between the prosthetic AR severity assessed by 2D TTE and by CMR is only modest, with a strong tendency of TTE to underestimate AR compared with CMR When CMR imaging is used for comparison, 3D TTE allows quantification of AR with greater accuracy than 2D TTE

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### Detection of Myocardial Injury by CMR After Transcatheter Aortic Valve Replacement



Won-Keun Kim, MD,\*† Andreas Rolf, MD,\*† Christoph Liebetrau, MD,\* Arnaud Van Linden, MD,\* Johannes Blumenstein, MD,\* Jörg Kempfert, MD,† Georg Bachmann, MD,§ Holger Nef, MD,† Christian Hamm, MD,\*‡ Thomas Walther, MD,† Helge Möllmann, MD\*

#### N = 61 pts. with severe AoSt LGE MRI before and after TAVR

New ischemic LGE in 18% (mean mass 3.7 g)





**CONCLUSIONS** New ischemic-type myocardial LE after TAVR can be observed in a notable proportion of patients and is assumed to be of embolic origin. Patients with new LE feature a significant decrease in left ventricular function at discharge. (J Am Coll Cardiol 2014;64:349–57) © 2014 by the American College of Cardiology Foundation

## Heart Valve Disease: Investigation by Cardiovascular MRI - Limitations -



Temporal Resolution (30-50 ms)



Partial volume effect

Underestimation of functional significance of valve disease

Multisegment acquisition

(signal overage from multiple cardiac cycles)



Suboptimal visualization of small/chaotically mobile structures (i.e. vegetations)

Very irregular rhythms (e.g. uncontrolled AF, multiple VEs) can present a challenge



I Problemi della Valvola: la Diagnosi Insufficienza Valvolare Mitralica La Diagnosi con RM

# Heart Valve Disease: Investigation by Cardiovascular Magnetic Resonance



Kang D et al. Circulation 2009

Echocardiography remains the major imaging modality for assessing valve disease

### **Cardiovascular MR**

Morphology assessment

**Functional assessment** 

Aetiology assessment







Impact on ventricular dimension/function

Associated great vessel disease





## Comprehensive Assessment of Mitral Regurgitation Using Cardiac Magnetic Resonance



### Mitral Valve Morphology





### Mitral Regurgitation: Surgical Classification by Carpentier



Type I – Normal Leaflet Motion (Annular Dilatation)



Type II – Increased Leaflet Motion (Mitral Valve Prolapse)



Type Illa – Restricted Leaflet Motion (Rheumatic Valve Disease)



Type IIIb – Restricted Leaflet Motion (Functional MI from Tethering)

## **CMR in Heart Valve Disease: Functional Assessment**

## Qualitative: visual assessment of turbulent flow in regurgitant jets

### Visualization of signal voids due to spin dephasing in moving protons





Assessing the severity of a valvular defect with visual assessment of cine images requires caution as the technique is subject to slice positioning, partial volume effects, the insensitivity of SSFP sequences and to other sequence parameters.

**Direct Method** 







## **Quantification of Mitral Regurgitation by Phase-Contrast CMR**

**Indirect Method** 







### LV Stroke Volume – Aortic Systolic Flow = Mitral Regurgitant Volume

### **Quantification of Mitral Regurgitation by Phase-Contrast CMR**



Conclusions: Compared with the volumetric method (LVSV – RVSV), the flussimetric method (LVSV – Ao Systolic Flow) is more reproducible and enables correction for Ao regurgitation

Kon MW et al. J Heart Valve Dis 2004

Currently the only work that provides RF categories to grade MR severity using CMR is based on the indirect flussimetric technique

Grade	Regurgitant Volume
Mild	≤15%
Moderate	16-24%
Mod-severe	25-42%
Severe	>42%

Gelfand EV et al. J Cardiov Magn Res 2006

## **Quantification of Mitral Regurgitation by Phase-Contrast CMR** - Advantages and Limitations -

### **Advantages (over Echo)**

 CMR is considered the reference standard for the assessment of ventricular volumes (no need for geometric assumptions)

 Regurgitant volumes are calculated without any hemodynamic or shape assumptions and are not affected by the direction of the MR jet or the orifice geometry

• The comparable spatial resolution, but superior signal- and contrast-noise resolution of CMR make measurements highly reproducible

### Limitations

- There are few validation data against reference modalities
- Indirect quantification methods can be challenging and time-consuming

• It is unclear if the cut-offs suggested in the echo guidelines can be applied to the CMR measurements to classify MR severity (typically lower cutoffs should be used with CMR)

## **Management of Severe Chronic Primary Mitral Regurgitation**



ESC Guidelines on the Management of Valvular Heart Disease (Version 2012)

## MRI Definition of LV Remodeling in Isolated Mitral Regurgitation

N = 95 pts. with degenerative isolated MR

Cine magnetic resonance imaging (LV diameter and volume calculation) 34 pts. underwent mitral valve repair per current guideline recommendations

					(n=51)	(n=35)	(n=35)
				Age, y	44±14	53±11*	54±11*
				Female, %	53	20*	20*
A	Control	MR	B	Body surface area, m <sup>2</sup>	1.9±0.24	$2.00 \pm 0.24$	1.98±0.23
	Pin A			Heart rate, bpm	67±12	71±11	69±10
4			Nama	Systolic BP, mm Hg‡	118±13	124±15	121±11
	37mm	37mm	Heart	Diastolic BP, mm Hg	75±10	78±8	76±10
	A TON		MR	LVED volume index, mL/m <sup>2</sup> ‡	69±10	112±24*	80±18*†
		- 01	Heart	LVES volume index, mL/m <sup>2</sup> ‡	25±7	45±13*	38±14*†
				LVSV volume index, mL/m <sup>2</sup> ‡	44±7	67±16*	42±8†
	•	0.8	8	LVEF, %	64±7	61±7*	54±8*†
	ATTACT	of the of	۷	LVED dimension, mm‡	49±4	60±7*	51±6*†
	ATHER REPORT		LVES dimension, mm‡	32±4	39±6*	36±7*†	
			4	LVED mass index, g/m <sup>2</sup>	50±10	67±14*	57±13*†
				LVED volume/mass, ml/g	$1.45 \pm 0.38$	1.70±0.35*	1.45±0.38†
	0.92	2	LVES R/T ratio‡	$1.48 \pm 0.40$	1.84±0.60*	1.78±0.68*	
		0		Peak early filling rate, mL/s‡	378±110	632±270*	285±96*†

Conclusions: Despite apparently preserved LVES dimension, MR patients demonstrate significant spherical mid-to-apical LVES remodeling that contributes to higher LVESV than predicted by standard geometry-based calculations.

Decreased LV systolic function after surgery suggests that a volumetric analysis of LV remodeling and function may be preferred to evaluate disease progression in isolated MR.

MR

Postonerative

Preoperative

Control

## Prevalence and Clinical Significance of Papillary Muscle Infarction Detected by LGE MRI in Patients With STEMI

Tanimoto T et al. Circulation 2010



### N= 118 STEMI with primary PCI PapMI in 40%

	N	MR	
	Yes (n=34)	No (n=84)	Р
Maximum total CK, IU/L	3229±2487	2509±1747	0.08
Maximum CK-MB, IU/L	301±123	209±150	< 0.01
Infarct-related artery, n			0.44
LAD	11	34	
LCx	9	14	
RCA	14	36	
Time to reperfusion, h	5.3±3.1	$5.0 \pm 3.3$	0.65
LVEDV, mL	130±33	116±29	0.20
LVESV, mL	71±28	60±25	0.04
LVEF, %	47±10	50±10	0.14
Infarct size, %	21±8	16±11	0.02
MVO, n (%)	11 (32)	27 (32)	1.00
Sphericity index	$0.61 \pm 0.06$	0.57±0.07	0.04
Mitral annular diameter, mm	34.9±2.7	34.4±2.8	0.29
Coaptation height, mm	6.7±1.6	3.6±1.5	< 0.01
LA diameter, mm	32.7±6.1	31.1±5.7	0.18
PapMI, n (%)			0.32
None	18 (53)	53 (63)	
Anterior	2 (6)	8 (10)	
Posterior	14 (41)	23 (27)	

Conclusions: PapMI is more frequent than previously thought yet appears to have significant clinical latency. The size of the myocardial infarction, rather than the presence of PapMI, seems to affect left ventricular remodeling, and PapMI is not obligatorily associated with MR. Temporal Changes in Interpapillary Muscle Dynamics as an Active Indicator of Mitral Valve and LV Interaction in Ischemic Mitral Regurgitation

N = 67 pts. with ischemic MR Cine + LGE magnetic resonance imaging









Peak Thickening (mm)

MR Fraction (%)

20



Conclusions: It is the impairment of lateral shortening between the papillary muscles, and not passive ventricular size, that governs the severity of ischemic mitral regurgitation.

Loss of lateral shortening of inter-papillary muscle distance (IPMD) tethers the leaflet edges and impairs their systolic closure, resulting in mitral regurgitation, even in small ventricles.

## **Prognostic Value of Delayed Enhancement Cardiac Magnetic Resonance Imaging in Mitral Valve Repair**

N = 48 consecutive patients with chronic mitral regurgitation scheduled for surgical repair

Mean follow-up = 11 months

Endpoints events: ICU readmission, needs of permanent cardiac PMK and rehospitalization for cardiac reasons

#### 40% of pts with myocardial fibrosis (median LGE mass = 4%)

Ischemic pattern in 53% of LGE +

Preoperative CMR Variables	All Patients ( $n = 48$ )	No Fibrosis $(n = 29)$	With Fibrosis $(n = 19)$	p Value
Secondary MR, n (%)	10 (20.8)	3 (10.3)	7 (36.8)	0.03
Mean LAVI (mL/m <sup>2</sup> )	$79 \pm 26$	$79 \pm 27$	$79 \pm 26$	0.97
Mean LVEF	$0.63 \pm 0.12$	$0.63 \pm 0.12$	$0.63 \pm 0.11$	0.85
Mean LVSV (mL)	$125 \pm 35$	$122 \pm 35$	$131 \pm 35$	0.43
Mean LVEDV (mL)	$199 \pm 61$	$199\pm58$	$198\pm 68$	0.95
Mean LVESV (mL)	$76 \pm 41$	$76 \pm 40$	$77 \pm 43$	0.94
Mean LVMI (g/m <sup>2</sup> )	$82 \pm 41$	$70 \pm 37$	$103 \pm 42$	0.02
Mean RVEF	$0.51 \pm 0.10$	$0.53 \pm 0.11$	$0.49 \pm 0.10$	0.18
Mean RVSV (mL)	$79 \pm 20$	$82 \pm 18$	$72 \pm 21$	0.13
Mean RVEDV (mL)	$122 \pm 72$	$124 \pm 63$	$118 \pm 86$	0.78
Mean RVESV (mL)	$73 \pm 30$	$65 \pm 22$	$88\pm36$	0.02



Conclusions: The presence of preoperative myocardial fibrosis assessed with delayed-enhancement CMR is an independent predictor of increased adverse clinical outcomes in patients with chronic mitral regurgitation undergoing mitral valve repair

## Cardiac Magnetic Resonance Imaging in Patients Undergoing Percutaneous Mitral Valve Repair with the MitraClip System

N = 27 consecutive patients with symptomatic moderate-severe MR

Cardiac MRI before and 3-month after MitraClip



**Conclusions: Cardiac MRI is feasible in patients with MitraClips** 

## Utility of Cardiac MRI in Patients Undergoing Percutaneous Mitral Valve Repair with the MitraClip System

### **Difficulties**

1) Need to provide accurate pre-procedure morphologic parameters



2) Need to guide the procedure (intra-operative assessment)

3) Many suitable patients already treated with ICD/CRT

3) Many patients with conditions potentially affecting feasibility and/or image quality (i.e. III/IV NYHA class, atrial fibrillation, severe renal failure, etc.)

Clinical characteristics before MitraClip	All patients, $n = 27$
Age, years	$77.5 \pm 7.6$
Gender, female	15 (56 %)
Atrial fibrillation	24 (88.9 %)
Ischemic cardiomyopathy	16 (59.3 %)
Arterial hypertension	23 (85.2 %)
Renal insufficiency	10 (37.0 %)
Diabetes mellitus	7 (25.9 %)
NYHA class I	0 (0 %)
NYHA class II	2 (7.4 %)
NYHA class III	23 (85.2 %)
NYHA class IV	2 (7.4 %)
Mitral regurgitation	
Functional mitral regurgitation	14 (51.9 %)
Organic mitral regurgitation	13 (48.1 %)
Implantation of one clip	11 (40.7 %)
Implantation of two clips	16 (59.3 %)

#### Chaikriangkrai K et al., Ann Thorac Surg 2014

## **EuroCMR Registry Results of the German Pilot Phase**

### Bruder O. et al. J Am Coll Cardiol 2009

		<b>Baseline Characteristics</b>	N= 11,040 from 20 Centers		Impact of CMR on Patient Ma	nagement
	All Male		100 (11,040) 63.7% (7,020/11,017)	All	new diagnosis not suspected before	100% (11,040) 16.4% (1.748/10.672)
	Female		36.3% (3,997/11,017)	Therapeutic	consequences	
	RMI (kg/m <sup>2</sup> )		26.2 (23.7-29.4)	Change is	medication	22 5% (2 462/10 464)
	Field		2012 (2011-2014)	Untersection of the second sec		23.3% (2,402/ 10,404)
	1.0-T 1.5-T 3.0-T		1.1% (116/11,002) 98.2% (10,801) 0.8% (85)	Intervention/surgery Invasive angiography/biopsy Hospital discharge		8.7% (909) 2.2% (231)
	Stress			Hospital a	admission	0.3% (36)
	No stress Adenosine	•	68.5% (7,565/11,040) 20.9% (2,309)	Impact on p and/or	atient management (new diagnosis therapeutic consequence)	61.8% (6,589)
	Dobutami	ne	10.6% (1,166)	Noninvasive	imaging ordered after CMR	
	Reader Cardiologi Team of c Radiologis	st ardiologist and radiologist st	78.2% (8,619) 20.1% (2,215) 1.7% (187)	Transthor Transeso Compute	acic echocardiography bhageal echocardiography 1 tomography	11.9% (1,228/10,346) 0.9% (97) 0.9% (96)
	Primary indi	cation for CMR				
	Myocarditi Suspected Myocardia	is/cardiomyopathies I CAD/ischemia in known CAD I viability	31.9% (3,511/11,026) 30.8% (3,399) 14.7% (1,626)		From April 2007 and Januar	y 2009
Ľ	Valvular h	eart disease	4.8% (531)			
	Aortic dise Congenita	ease I heart disease	3.4% (372) 1.6% (181)			
	Ventricula	r thrombus	1.4% (154)			
	Cardiac m	asses	1.2% (129)			
	Pulmonary	y vessels	1.1% (126)			
	Coronary v	vessels	0.2% (25)			
	Other than	n above	8.8% (972)			

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Multisegment acquisition

(signal overage from multiple cardiac cycles)



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