

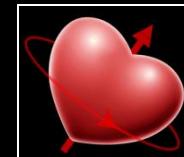
CORSO AVANZATO DI ECOCARDIOGRAFIA DI “ECOCARDIOCHIRURGIA”

con uno sguardo all’imaging integrato

La Risonanza Magnetica Presentata agli Ecocardiografisti

Santo Dellegrotttaglie, MD – PhD

Laboratorio di RM Cardiovascolare
Divisione di Cardiologia
Ospedale Medico-Chirurgico Accreditato Villa dei Fiori
Acerra (Napoli)



Risonanza Magnetica Cardiaca

Come funziona?

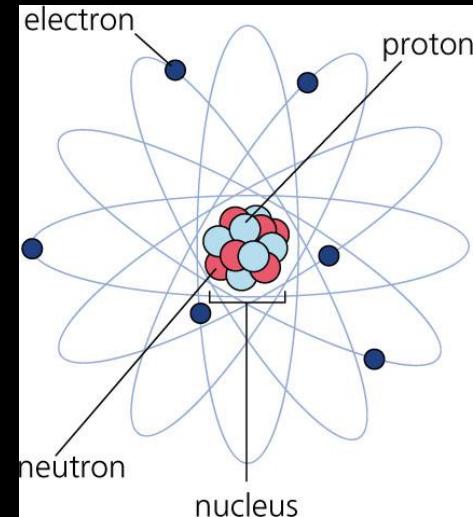
A cosa serve?



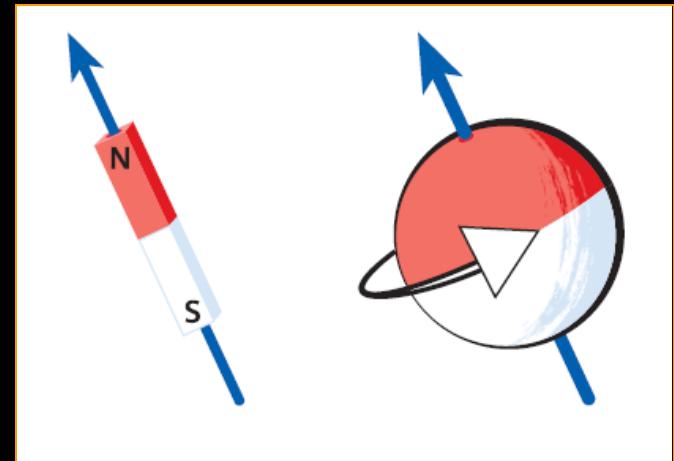


Magnetic Properties of the Atom

- Different **atomic particles** (neutrons, protons, electrons) display magnetic properties. For the purpose of magnetic resonance imaging (MRI), we will focus only on protons.



- Protons generate a small electromagnetic field. In nuclei with an even number of protons, the net magnetic field is zero. In nuclei with an odd number of protons, there is a resultant net magnetic field. We exploit this net magnetization for MRI.



MR Active Nuclei in the Body

| | <i>Isotope</i> | <i>Gyromagnetic ratio [MHz/T]</i> | <i>Abundance</i> |
|---------------------|----------------|---------------------------------------|------------------|
| <i>Hydrogen (H)</i> | 1 | 42,6 | 63 % |
| <i>Phosphor (P)</i> | 31 | 17,2 | 0,2 % |
| <i>Carbon (C)</i> | 13 | 10,7 | 0,1 % |
| <i>Natrium (Na)</i> | 23 | 11,7 | 0,03 % |
| <i>Fluor (F)</i> | 19 | 40,1 | < 0,01 % |

- The **hydrogen** (¹H) nucleus, composed by 1 proton, is most commonly employed for medical imaging. ¹H is universally distributed in the body in the form of **water**.

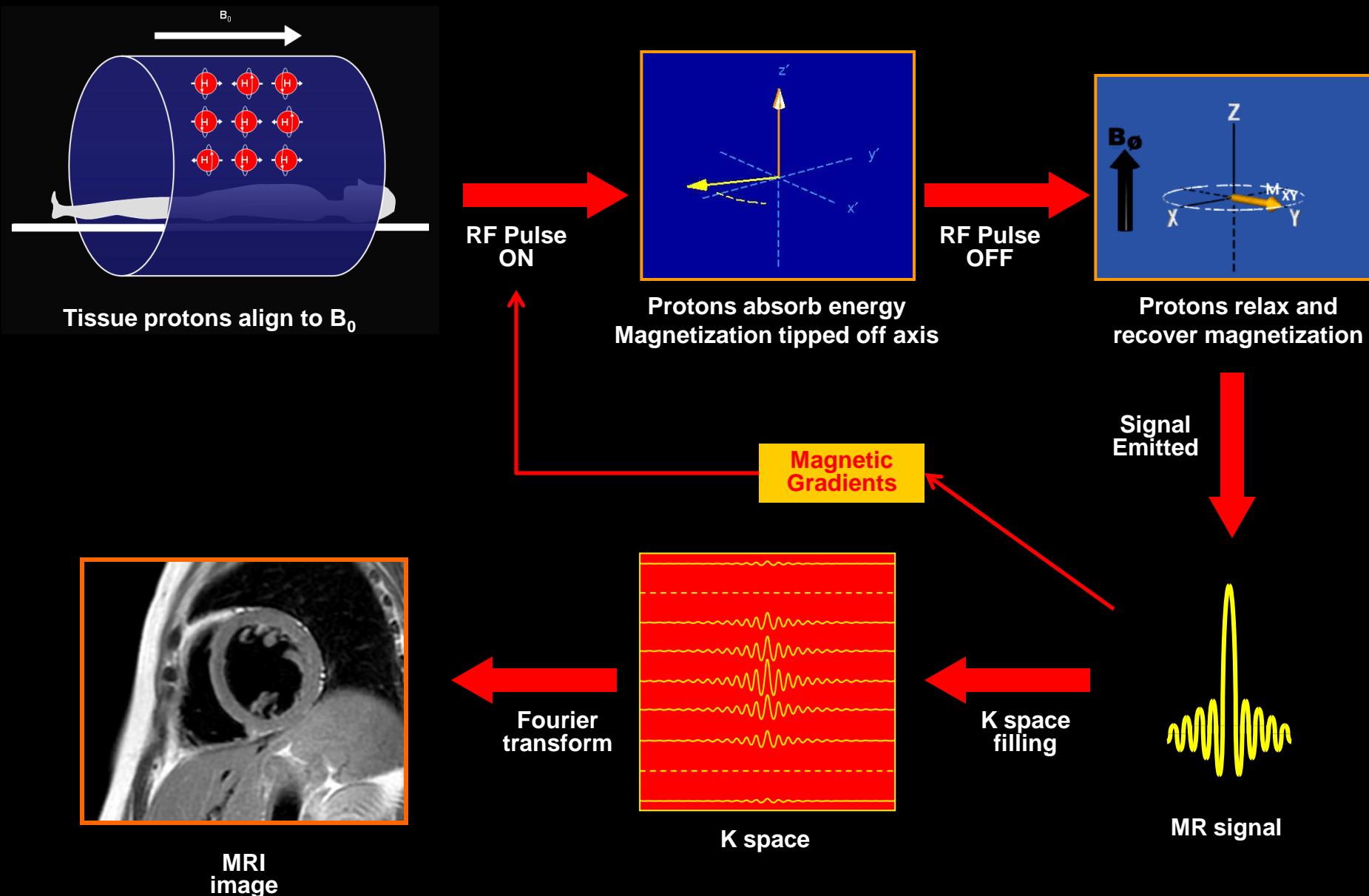
MR Imaging: the Ingredients

The MR scanner

- Static magnetic field
- Radio waves (RF)
- 3 magnetic gradient fields

[For what do we need these?

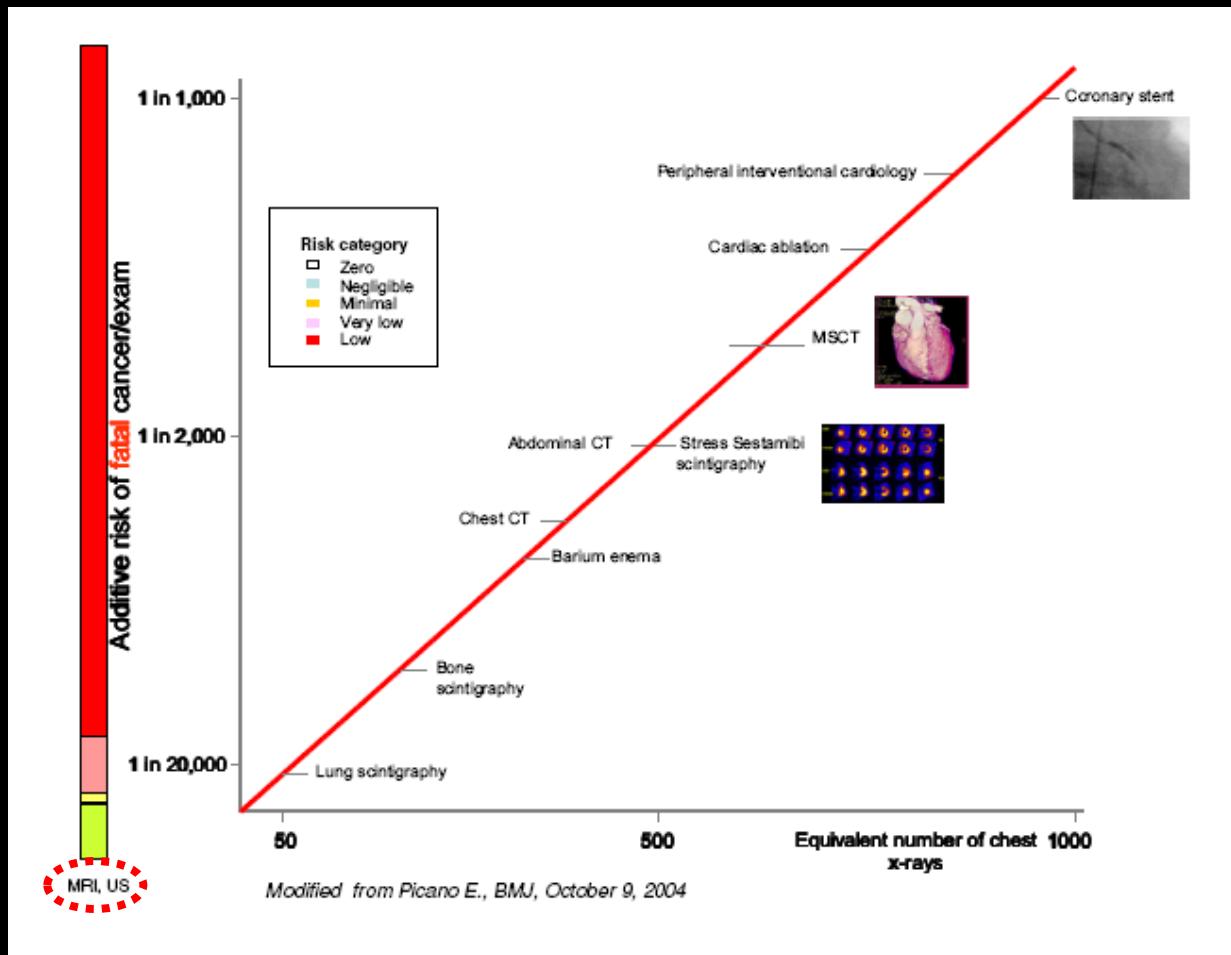
- The static field
 - So that we become "magnetic"
- Radio waves (RF)
 - Transforms the magnetisation so that we can measure it
- Gradient fields (G_x , G_y , G_z)
 - So that we know where the signal comes from
 - So that we can create an image



Dellegrottaglie S et al. Fundamental Principles of MRI.
 In: Mukherjee D, Rajagopalan S, Dellegrottaglie S and Sanz J eds.
CT and MR Angiography of the Peripheral Circulation. 1st edition.
 Taylor & Francis Group, 2007

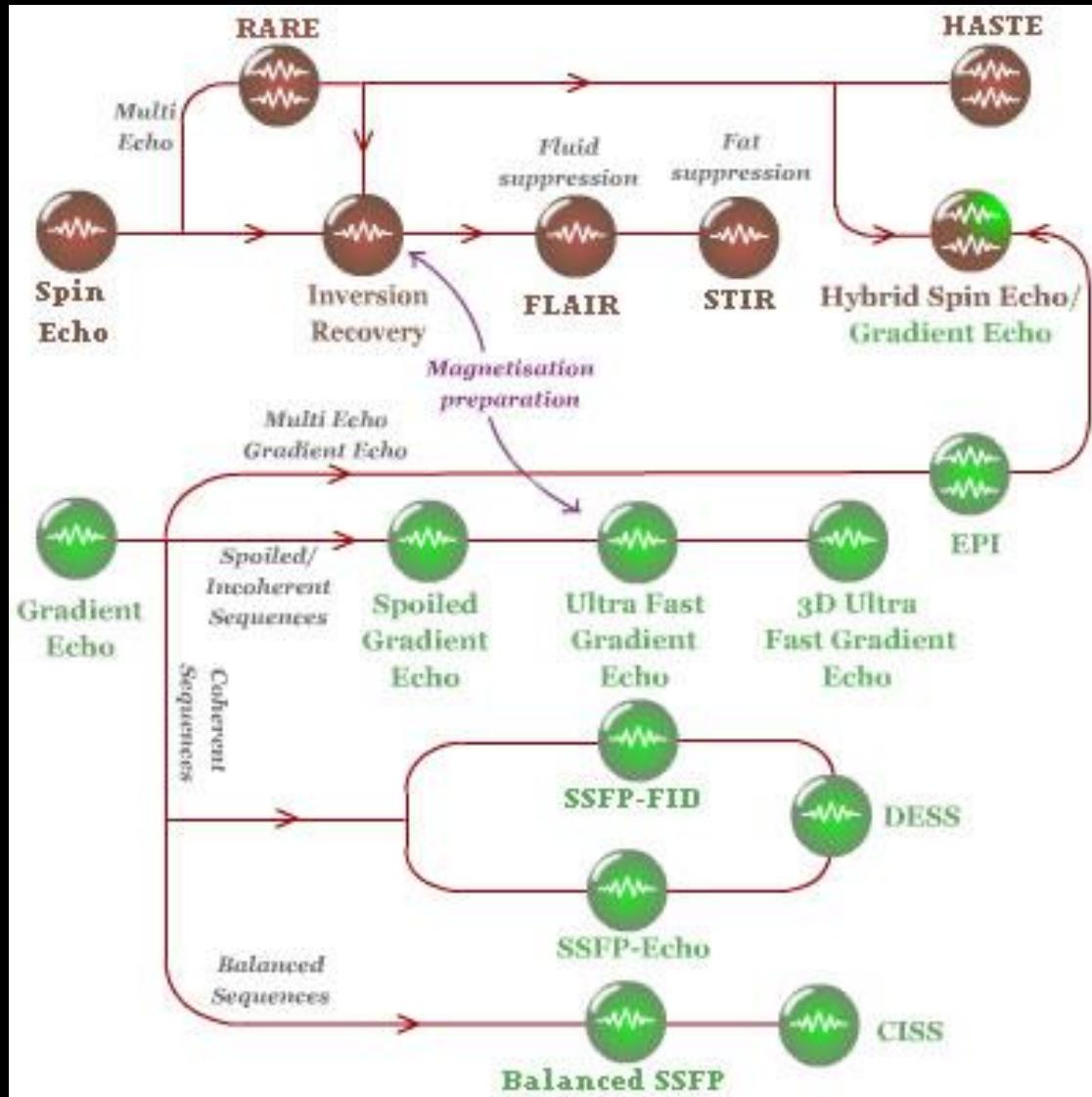
Cancer risk and Radiation Dose for Some Common Cardiovascular Examinations

Picano E. *BMJ* 2004



Taxonomy of MRI Sequences

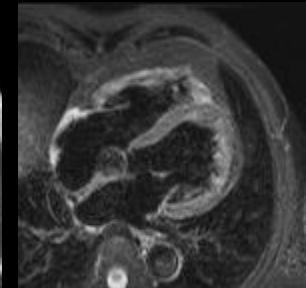
Boyle GE et al. *RadioGraphics* 2006



T1W- TSE



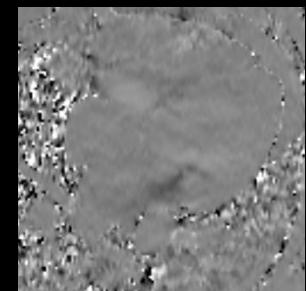
T2W- STIR



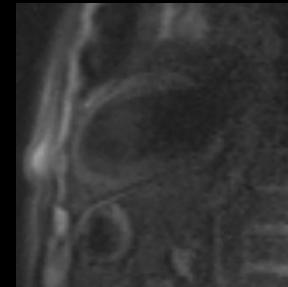
Cine-SSFP



PC-FLASH



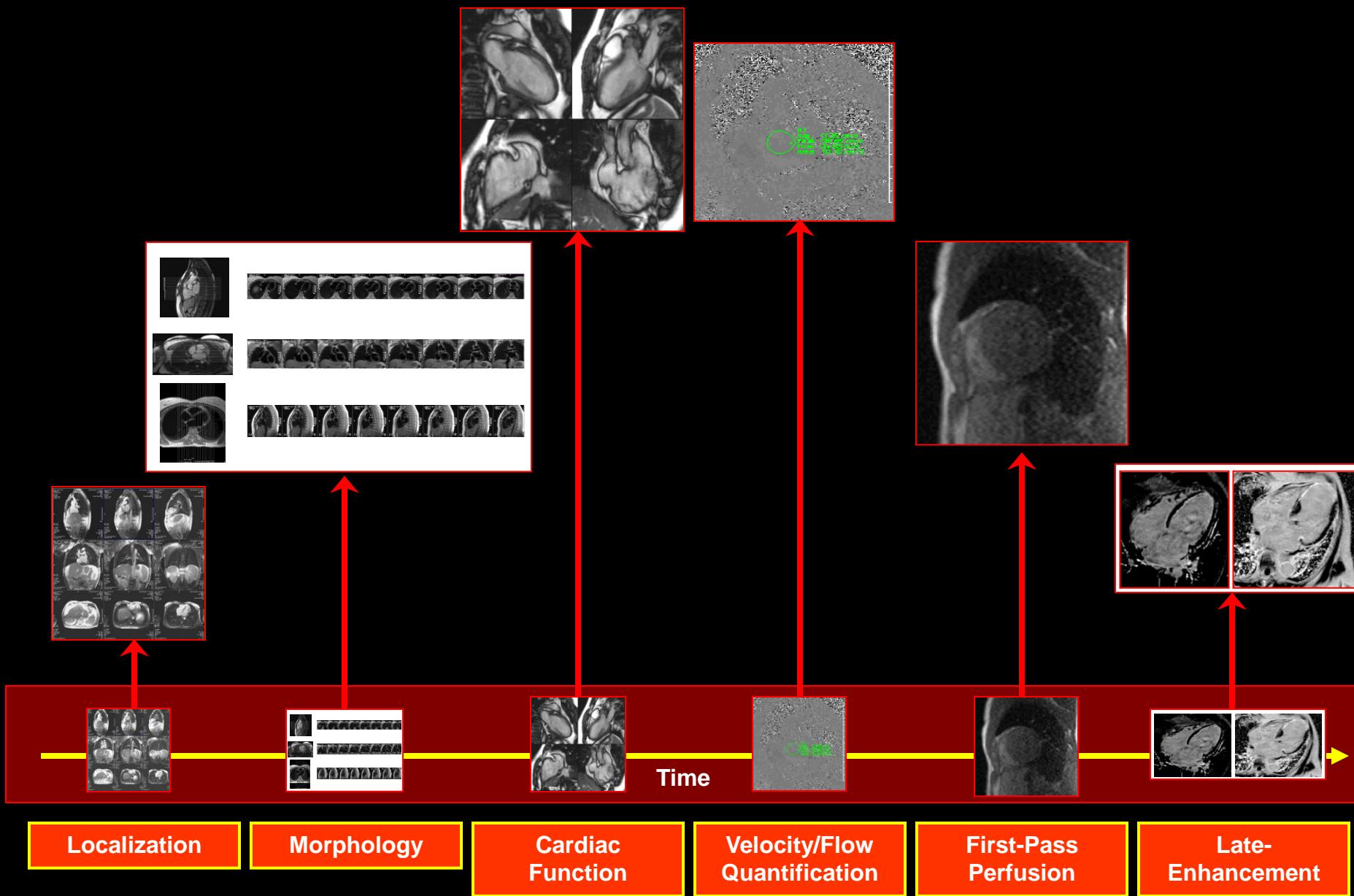
First Pass-FLASH



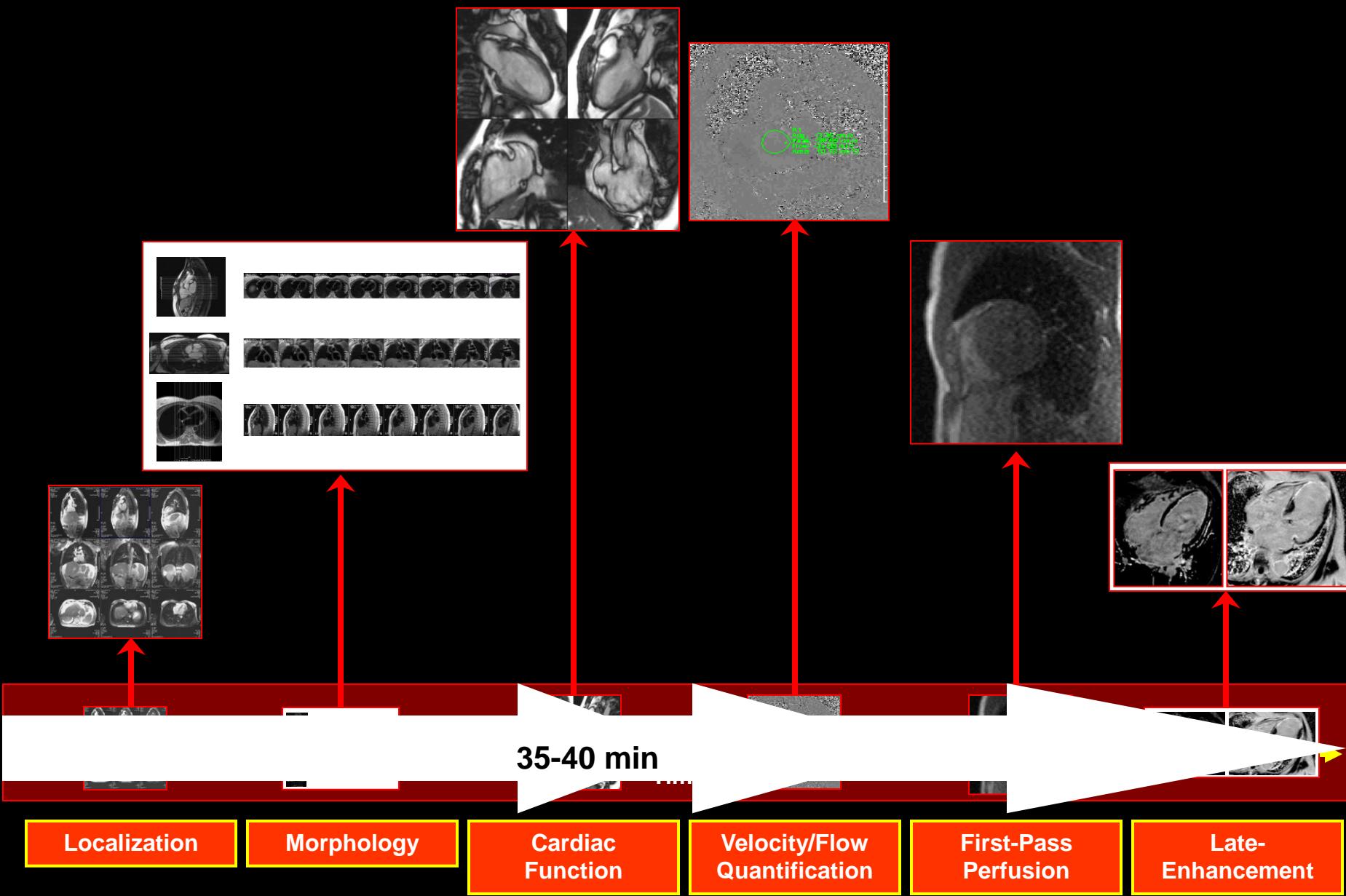
Late- FLASH



CMR Imaging Protocol



CMR Imaging Protocol



Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



ACCF/ACR/AHA/NASCI/SCMR 2010 Expert Consensus Document on Cardiovascular Magnetic Resonance: A Report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents

WRITING COMMITTEE MEMBERS, W. Gregory Hundley, David A. Bluemke, J. Paul Finn, Scott D. Flamm, Mark A. Fogel, Matthias G. Friedrich, Vincent B. Ho, Michael Jerosch-Herold, Christopher M. Kramer, Warren J. Manning, Manesh Patel, Gerald M. Pohost, Arthur E. Stillman, Richard D. White and Pamela K. Woodard
Circulation 2010;121:2462-2508; originally published online May 17, 2010;

Journal of the American College of Cardiology
© 2006 by the American College of Cardiology Foundation
Published by Elsevier Inc.

Vol. 48, No. 7, 2006
ISSN 0735-1097/06/\$32.00
doi:10.1016/j.jacc.2006.07.003

ACCF/ACR/SCCT/SCMR/ASNC/NASCI/SCAI/SIR APPROPRIATENESS CRITERIA

ACCF/ACR/SCCT/SCMR/ ASNC/NASCI/SCAI/SIR 2006 Appropriateness Criteria for Cardiac Computed Tomography and Cardiac Magnetic Resonance Imaging*

A Report of the American College of Cardiology Foundation Quality Strategic Directions Committee Appropriateness Criteria Working Group, American College of Radiology, Society of Cardiovascular Computed Tomography, Society for Cardiovascular Magnetic Resonance, American Society of Nuclear Cardiology, North American Society for Cardiac Imaging, Society for Cardiovascular Angiography and Interventions, and Society of Interventional Radiology

CCT/CMR WRITING GROUP

Robert C. Hendel, MD, FACC
Manesh R. Patel, MD

Christopher M. Kramer, MD, FACC†
Michael Poon, MD, FACC‡

Cardiac MR: Clinical Indications

Ischemic Heart Disease



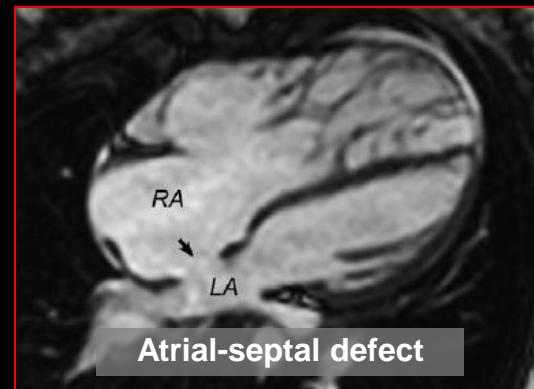
Apico-septal scar

Cardiomyopathies / Myocarditis



Post-myocarditis fibrosis

Congenital Heart Diseases



Atrial-septal defect

Valvular Heart Diseases



Severe mitral regurgitation

Cardiac Masses / Tumors



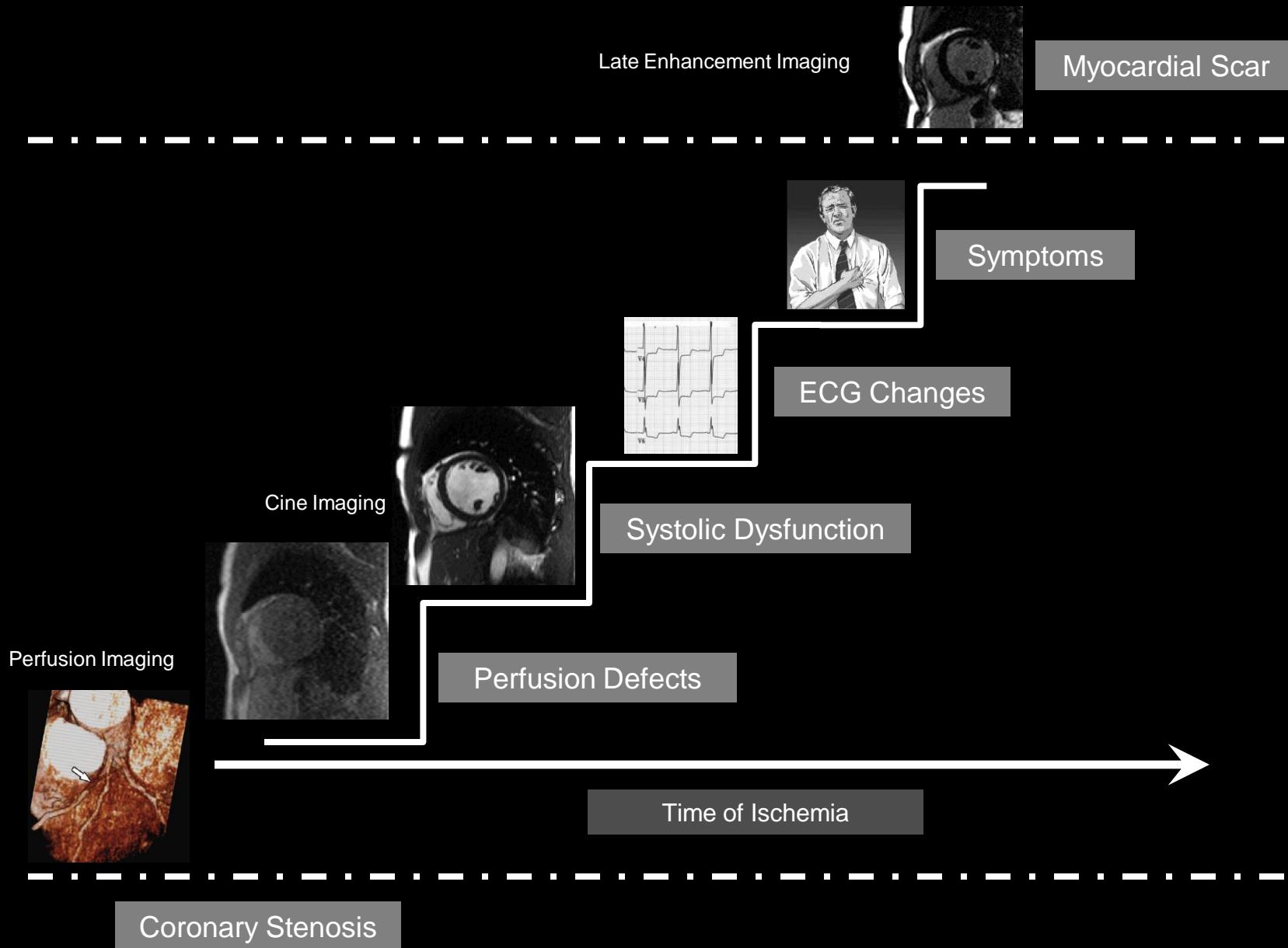
Ventricular myocardial fibroma

Pericardial Diseases

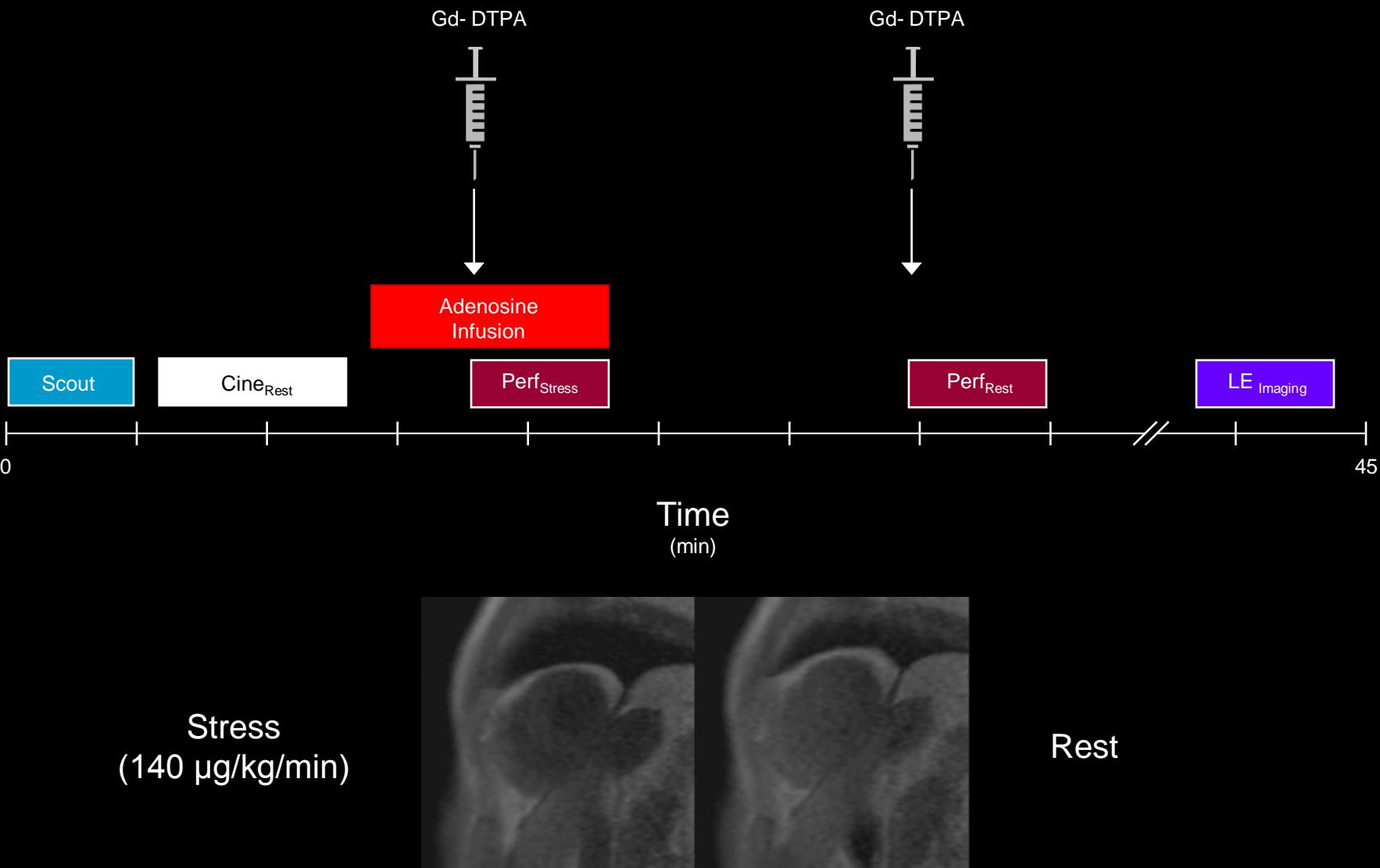


Severe pericardial effusion

Evaluation of Coronary Artery Disease by Cardiac MR



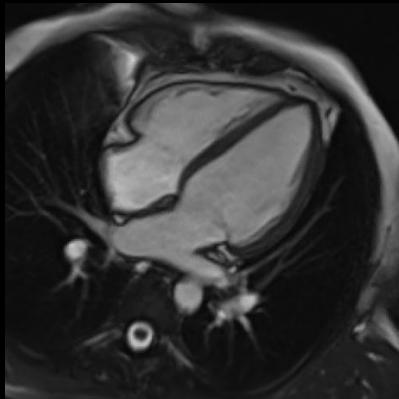
Adenosine Stress CMR Protocol: Perfusion Analysis



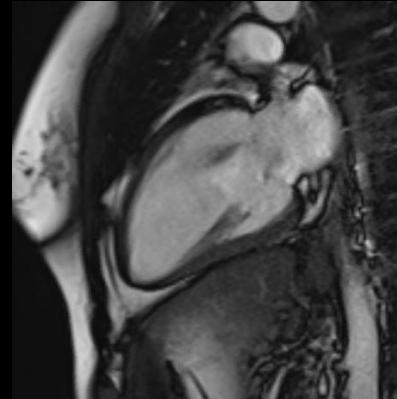
Evaluation of Ventricular Function

Cine-SSFP
ECG gated
Breath-hold (8-12 sec)

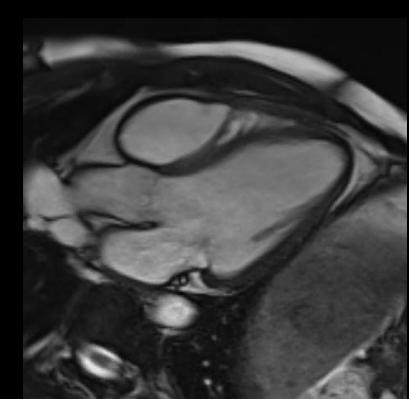
Long-Axis Views



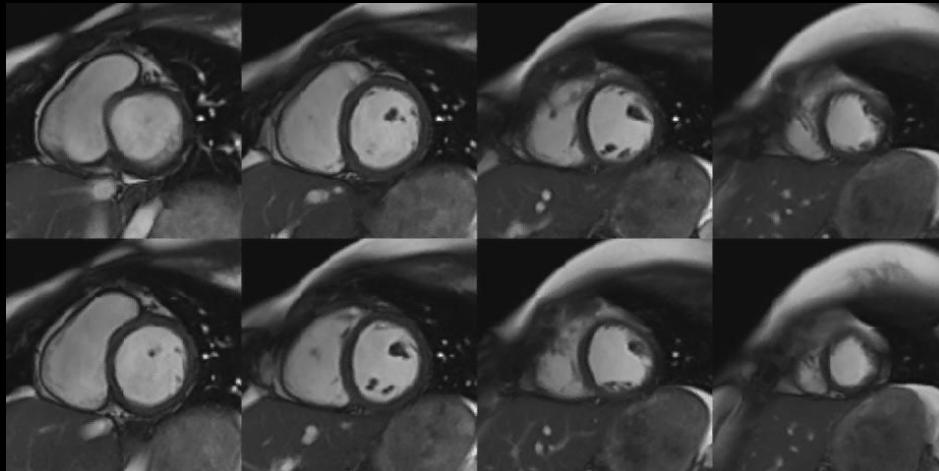
4-Chamber View



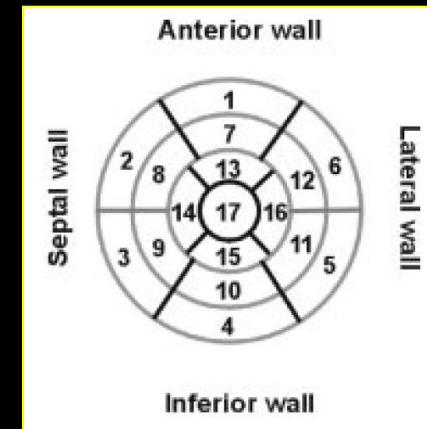
2-Chamber View



3-Chamber View



Short-Axis Views



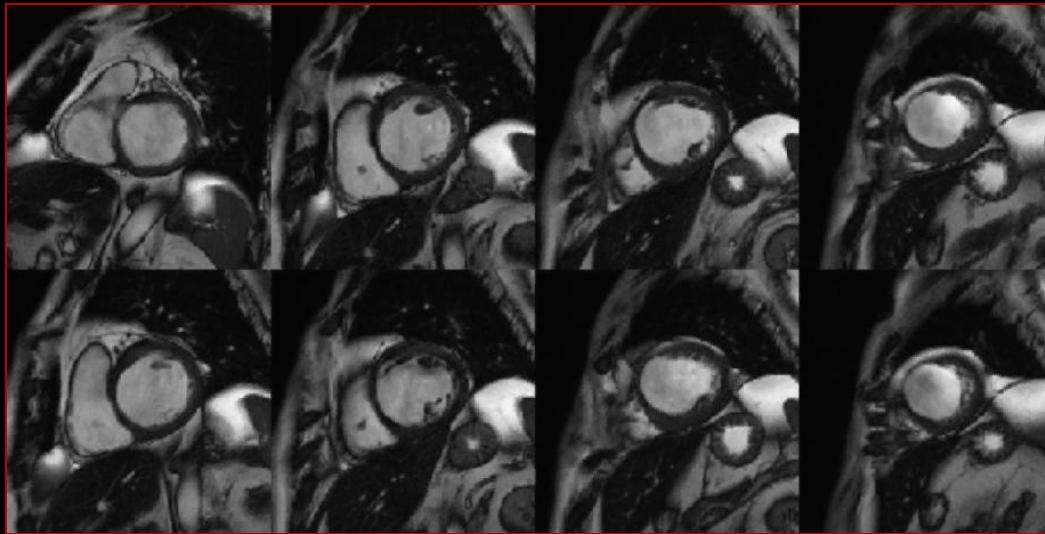
AHA Scientific Statement.
Circulation 2002

Wall Motion Score Index

- 0: Normal wall motion
- 1: Mild/moderate hypokinesia
- 2: Severe hypokinesia
- 3: Akinesia
- 4: Dyskinesia

Evaluation of Ventricular Function in Patients with Myocardial Infarction

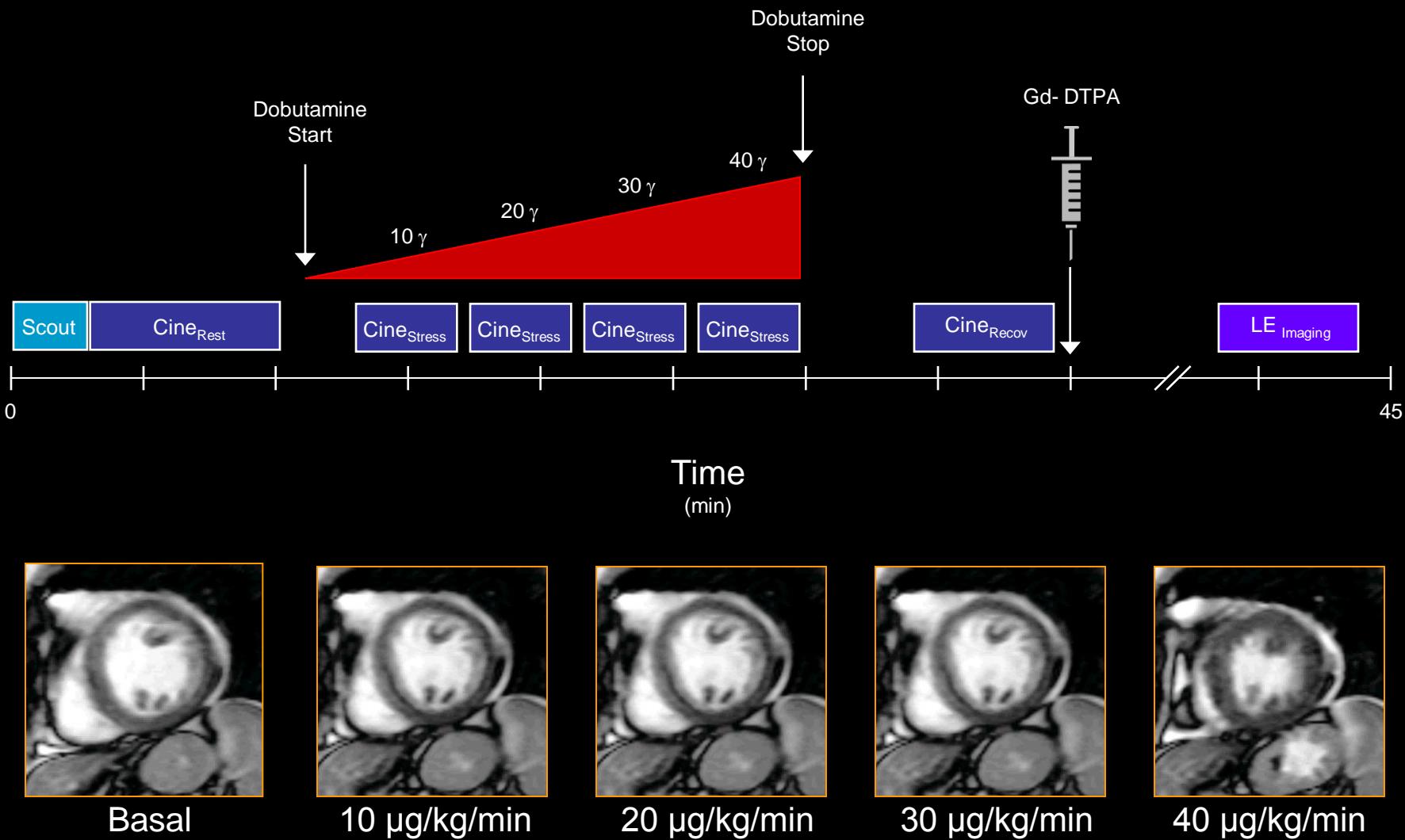
B.A.
55-year-old
Male
Anterior MI



A.C.
48-year-old
Male
Inferior MI



High-Dose Dobutamine Stress CMR Protocol: Wall-Motion Analysis



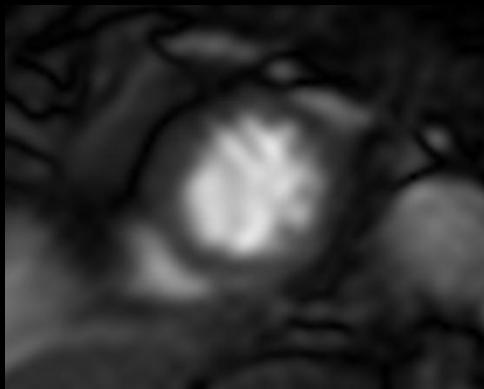
D. T.

67-yer old male

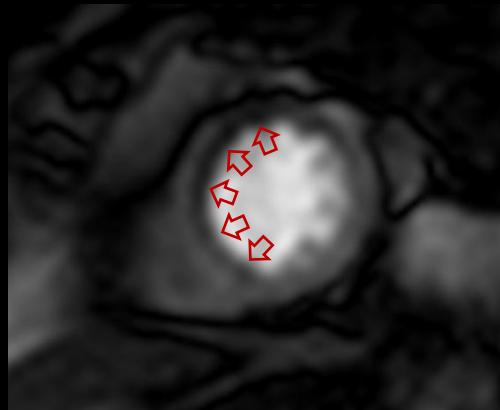
CTO mid LAD

Asymptomatic with max Rx

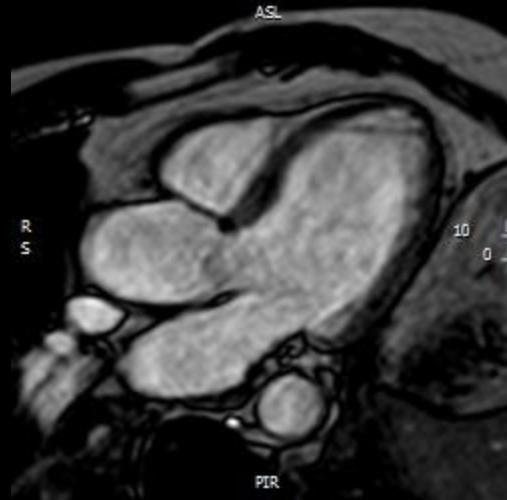
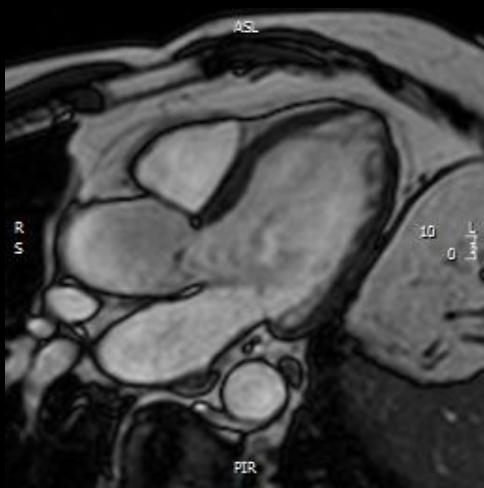
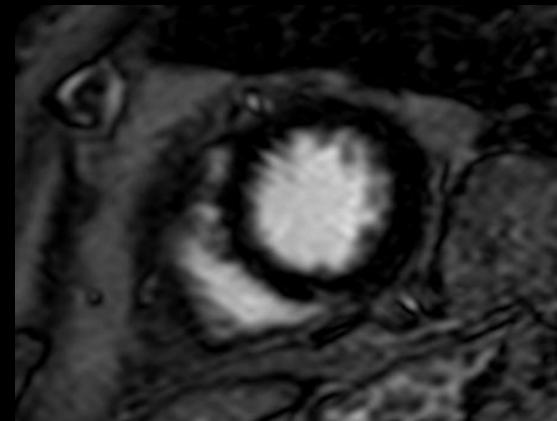
Rest



Adenosine



Late Post-Gd Enhancement



Subject Transfer



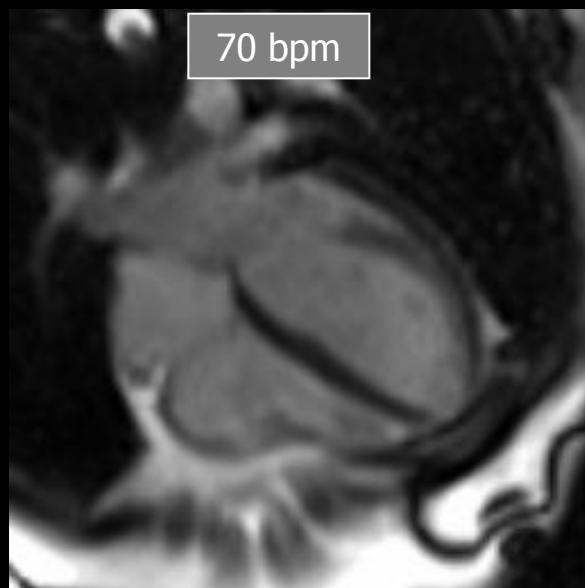
Vacuum cushions used to rapidly reposition patient
32-channel array to improve parallel imaging performance

Case #4: Positive CMR, Negative SPECT

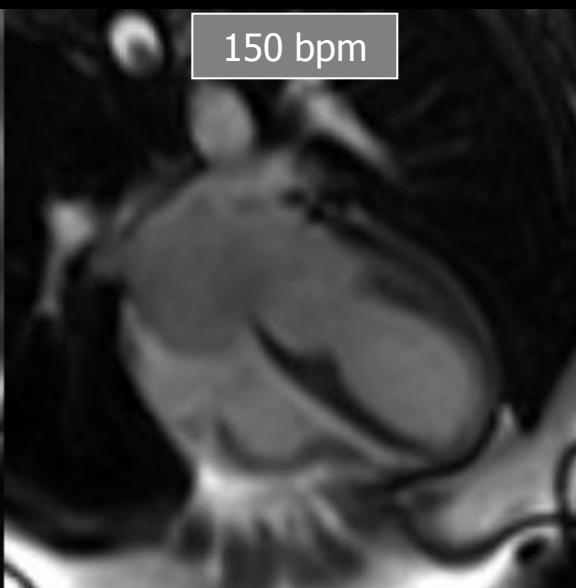
42 y/o female, exertional chest pain

x-ray cath: non-obstructive LAD plaque

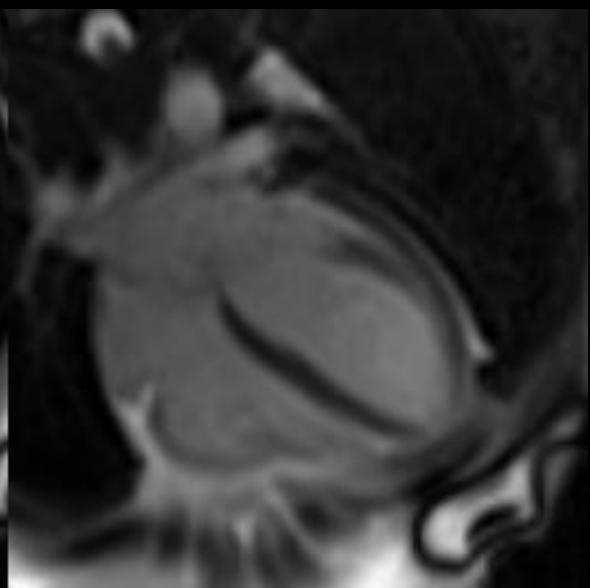
Rest



Exercise

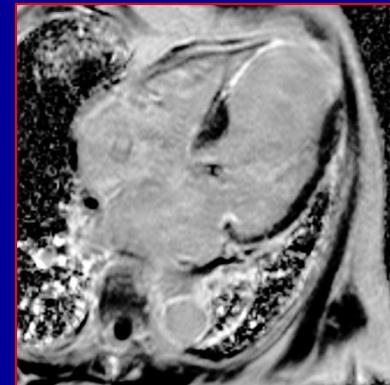
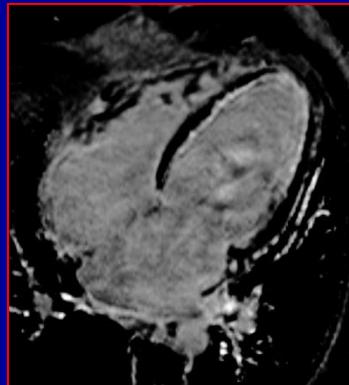
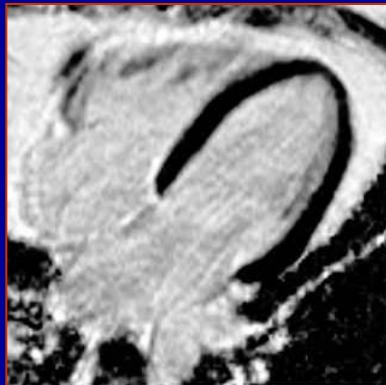


Recovery



Normal cardiac function demonstrated at rest and following recovery.
Exercise stress real-time cine CMR shows apical wall motion defect.

LE-CMR: An Improved CMR Technique for the Visualization of Myocardial Infarction



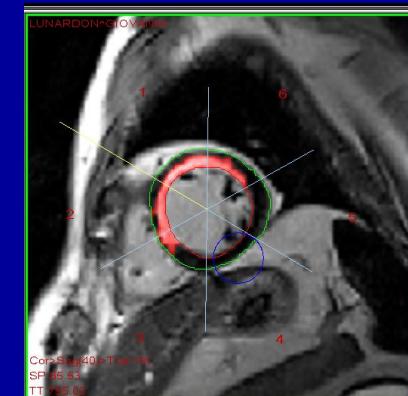
Segmented inversion-recovery
turbo fast low-angle shot
(FLASH)

Gd-based contrast agent injection
(0.10-0.30 mmol/kg/min)



5-30 min

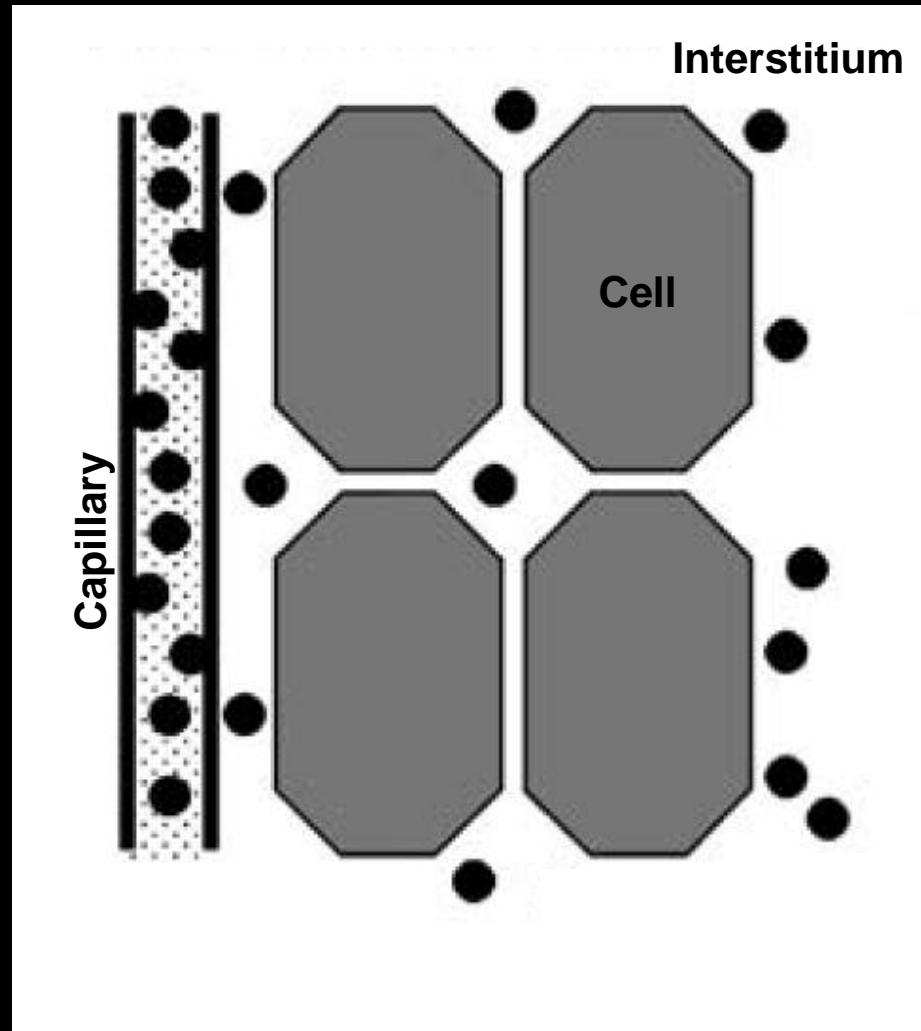
Image acquisition



Dellegrattaglie S et al. Fundamental Principles of MRI.

In: Mukherjee D, Rajagopalan S, Dellegrattaglie S eds.
CT and MR Angiography of the Peripheral Circulation. 1st edition.
Taylor & Francis Group, 2007

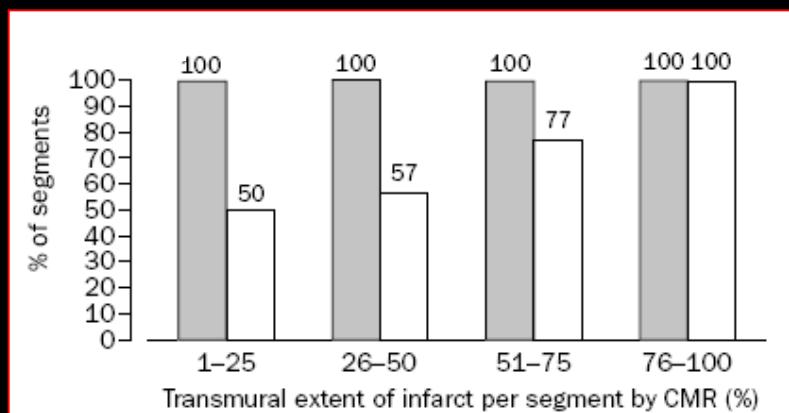
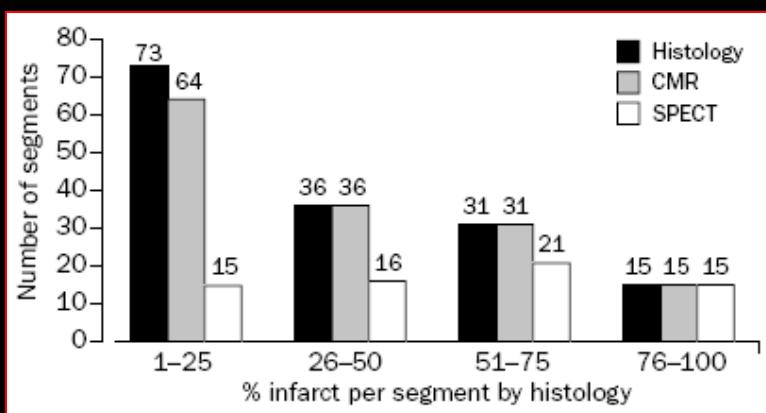
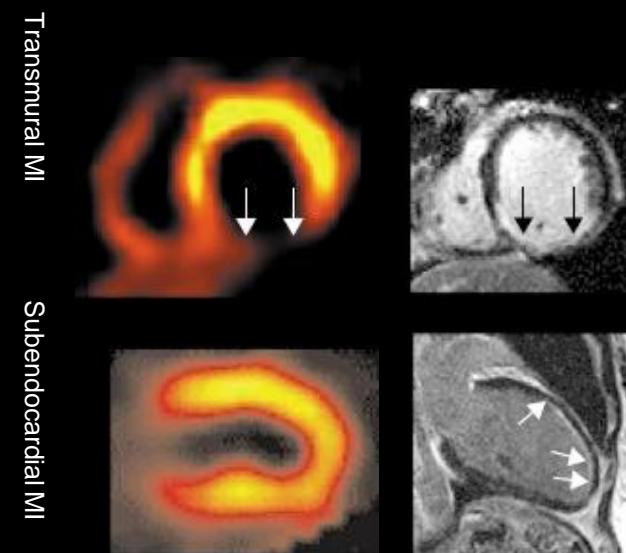
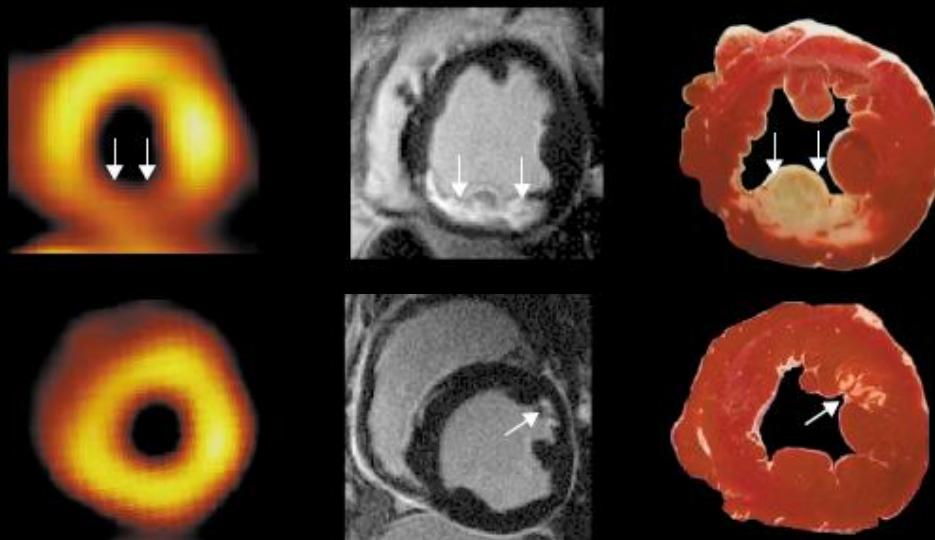
Extravascular/Extracellular Agents



Contrast-enhanced MRI and Routine SPECT Perfusion Imaging for Detection of Subendocardial Myocardial Infarctions

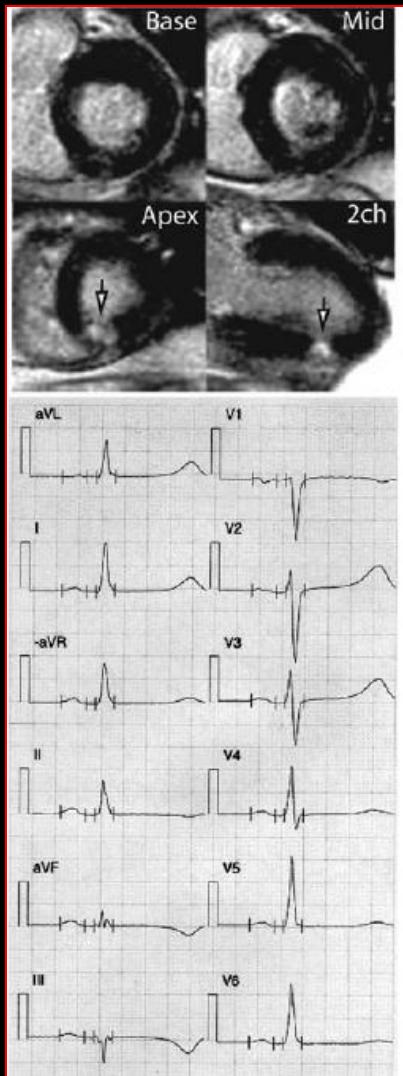
Wagner A et al. *Lancet* 2003

N= 91 pts with suspected or known CAD
and 12 dogs with MI
CE CMR and ^{99m}Tc SPECT

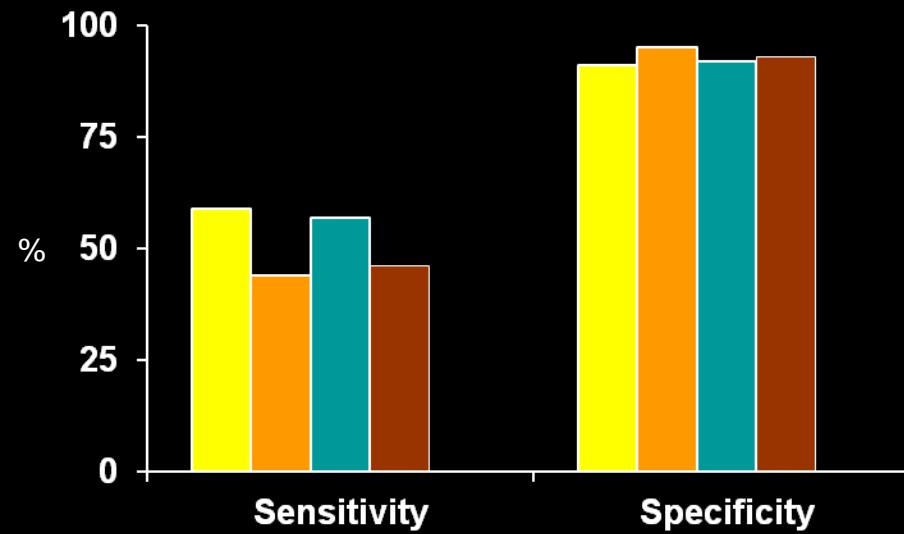


Limited Sensitivity of ECG Criteria for Healed MI in Comparison With Cardiovascular Magnetic Resonance

Krittayaphong R et al. *Am J Cardiol* 2009



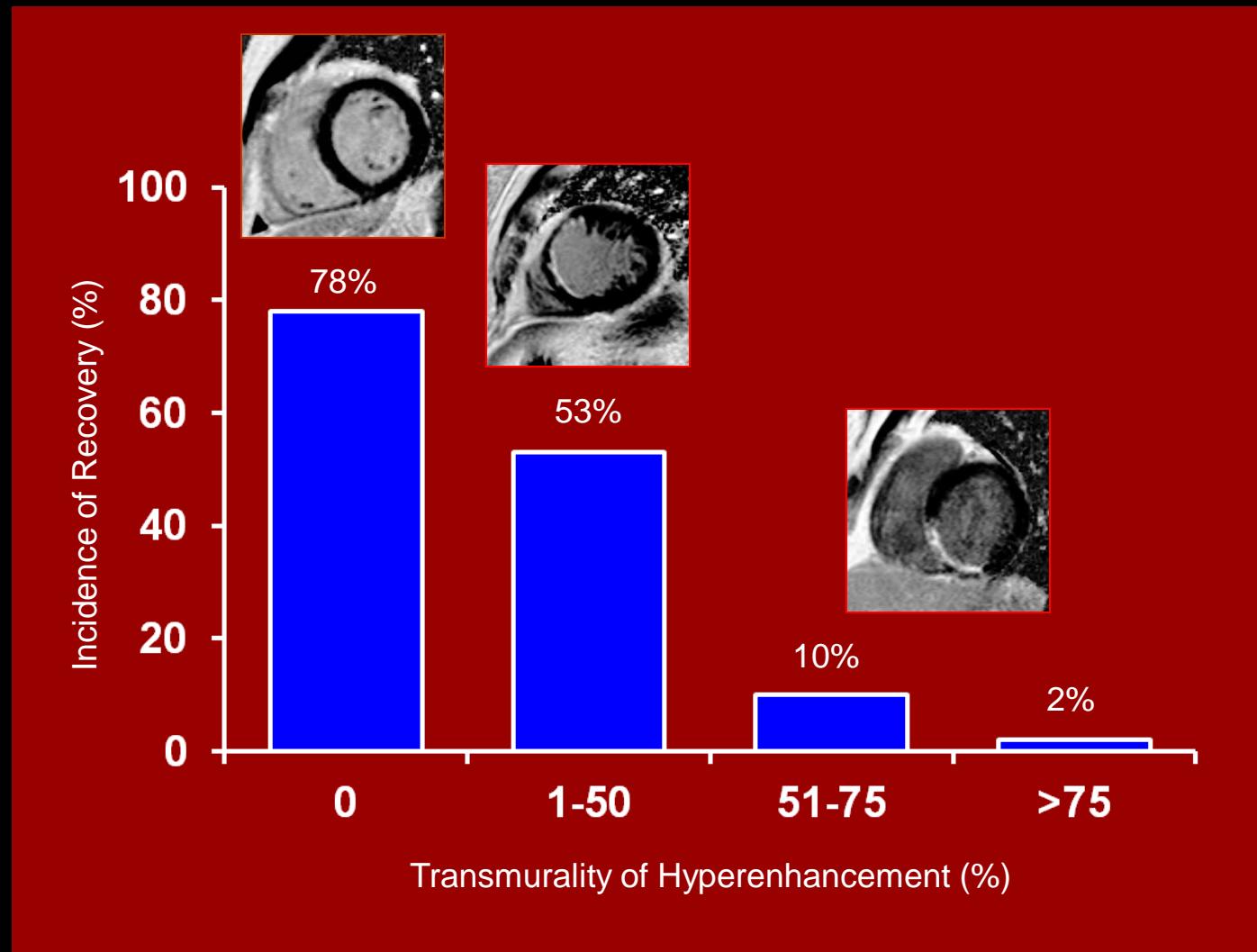
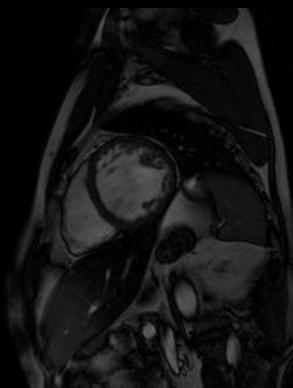
Minnesota ESC/ACC 2000
 TIMI Universal definition 2007



The Use of Contrast-Enhanced MRI to Identify Reversible Myocardial Dysfunction

Kim RJ et al. *N Engl J Med* 2000

N= 50 pts with CAD and LV dysfunction
Scheduled for revascularization
CE CMR before PTCI or CABG
Cine CMR 11 weeks after revascularization



Cardiovascular magnetic resonance and single-photon emission computed tomography for diagnosis of coronary heart disease (CE-MARC): a prospective trial

John P Greenwood, Neil Maredia, John F Younger, Julia M Brown, Jane Nixon, Colin C Everett, Petra Bijsterveld, John P Ridgway, Aleksandra Radjenovic, Catherine J Dickinson, Stephen G Ball, Sven Plein

Lancet. 2012 Feb 4;379(9814):453-60

Prospective design

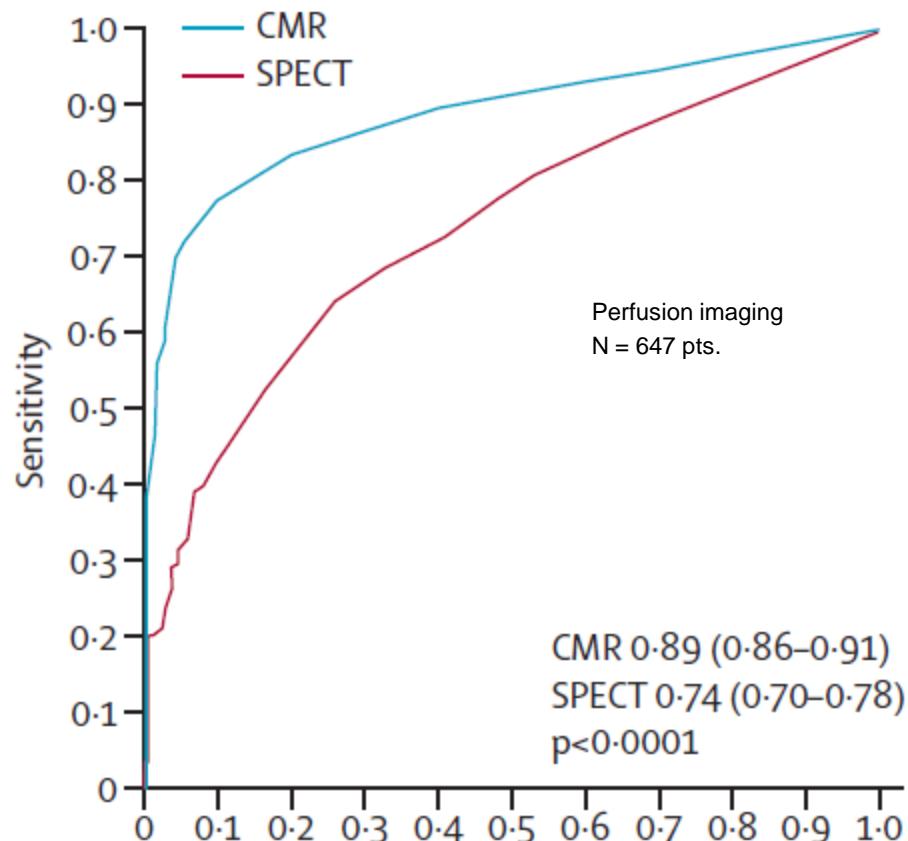
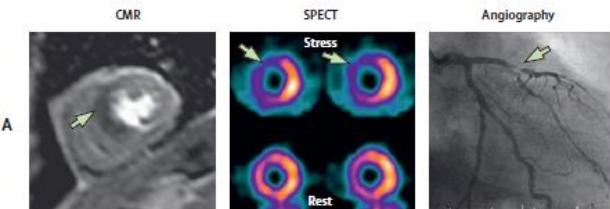
N= 752 pts. with angina and \geq CV risk factor

MR, SPECT and coronary cath

CMR protocol: adenosine stress perfusion, cine imaging, LGE, coronary angio

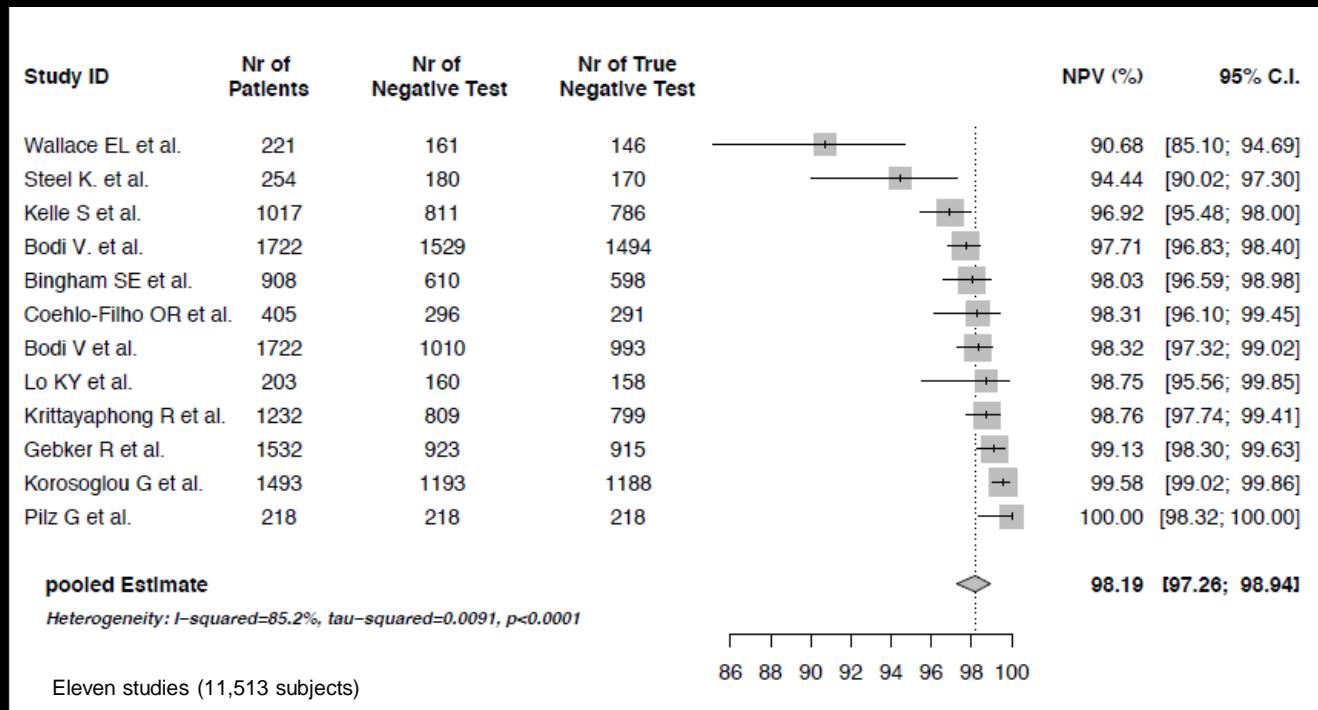
Gated adenosine stress-rest ^{99}mTc tetrofosmin SPECT

| Multiparametric | Sens | Spec | PPV | NPV |
|-----------------|--------|-------|-------|--------|
| CMR | 86.3%* | 83.2% | 77.0% | 90.3%* |
| SPECT | 66.5% | 82.6% | 71.4% | 79.1% |



The Prognostic Value of Normal Stress CMR in Patients with Known or Suspected CAD: a Meta-analysis

Gargiulo P, Dellegrottaglie S, Bruzzese D, Scala O, Ruggiero D, D'Amore C, Savarese S, Paolillo S, Cuocolo A, Agostoni P, Trimarco B, Perrone Filardi P



| VARIABLES | Nr of Studies | Nr of Patients | Mean follow Up months [min.; max.] | NPV % | 95% C.I. |
|------------------|---------------|----------------|------------------------------------|-------|-----------------|
| No inducible WMA | 4 | 4492 | 27.11 [13;74] | 97,02 | [94,7 - 98,7] |
| No inducible PD | 7 | 4942 | 24.37 [12;38] | 98,47 | [97,52 - 99,21] |

Presented at the American Heart Association Scientific Sessions , November 2012

Guidelines on Myocardial Revascularization

The Task Force on Myocardial Revascularization of ESC and the EACTS
Eur Heart J 2010

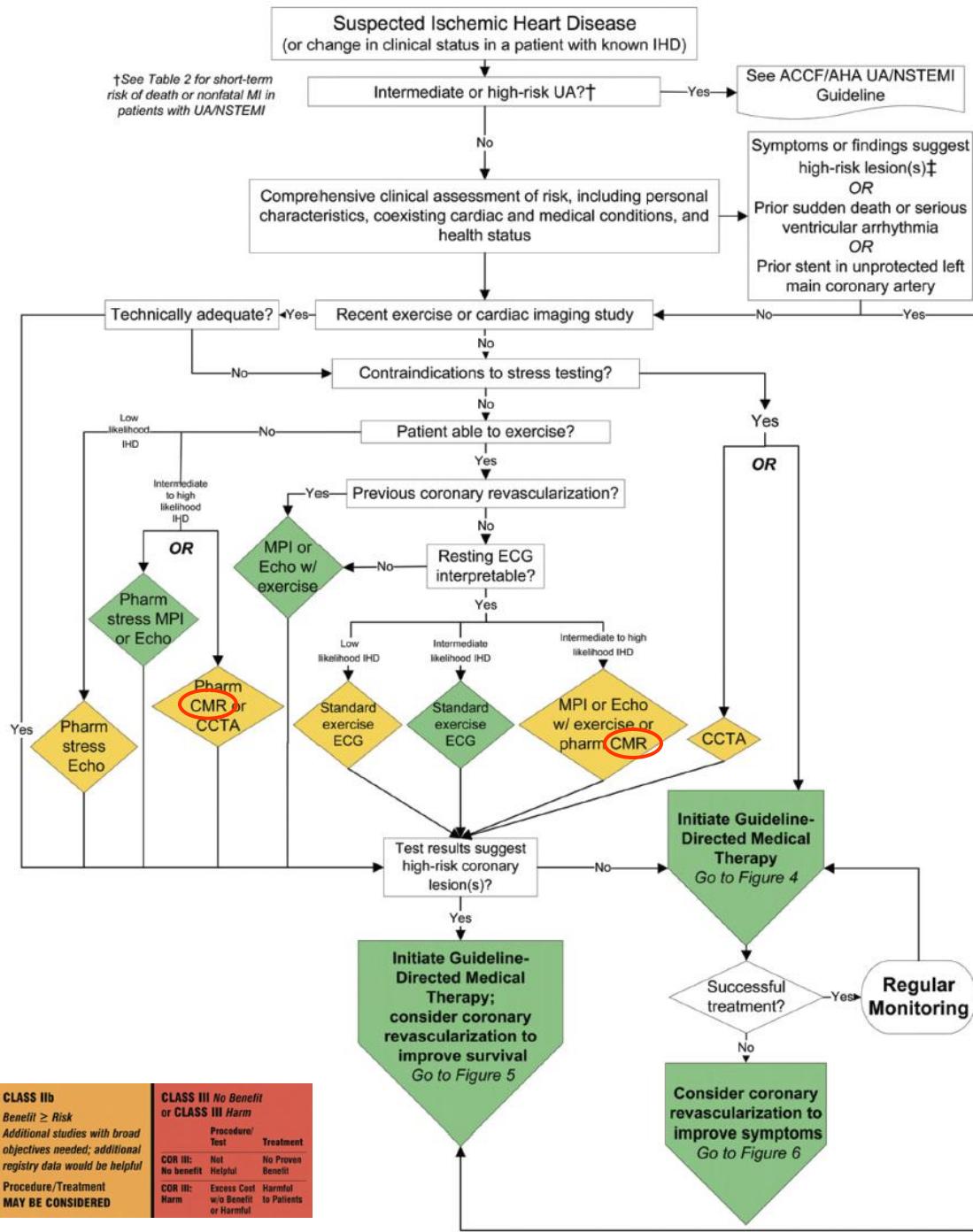
Table 7 Indications of different imaging tests for the diagnosis of obstructive coronary artery disease and for the assessment of prognosis in subjects without known coronary artery disease^a

| | Asymptomatic (screening) | Symptomatic | | | Prognostic value of positive result ^a | Prognostic value of negative result ^a | References |
|------------------------|-----------------------------|--|--------------|--------------------|--|---|------------|
| | | Pretest likelihood ^b of obstructive disease | | | | | |
| | | Low | Intermediate | High | | | |
| Anatomical test | | | | | | | |
| Invasive angiography | III A | III A | IIb A | IA | IA | IA | I2 |
| MDCT angiography | III B ^c | IIb B | IIa B | III B | IIb B | IIa B | I7–20 |
| MRI angiography | III B | III B | III B | III B | III C | III C | 22 |
| Functional test | | | | | | | |
| Stress echo | III A | III A | IA | III A ^d | IA | IA | I2 |
| Nuclear imaging | III A | III A | IA | III A ^d | IA | IA | I2 |
| Stress MRI | III B | III C | IIa B | III B ^d | IIa B | IIa B | I2, 23–25 |
| PET perfusion | III B | III C | IIa B | III B ^d | IIa B | IIa B | 26 |

2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease: Executive Summary : A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, and the American College of Physicians, American Association for Thoracic Surgery, Preventive Cardiovascular Nurses Association, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons

Stephan D. Fihn, Julius M. Gardin, Jonathan Abrams, Kathleen Berra, James C. Blankenship, Apostolos P. Dallas, Pamela S. Douglas, JoAnne M. Foody, Thomas C. Gerber, Alan L. Hinderliter, Spencer B. King III, Paul D. Kligfield, Harlan M. Krumholz, Raymond Y.K. Kwong, Michael J. Lim, Jane A. Linderbaum, Michael J. Mack, Mark A. Munger, Richard L. Prager, Joseph F. Sabik, Leslee J. Shaw, Joanna D. Sikkema, Craig R. Smith, Jr, Sidney C. Smith, Jr, John A. Spertus and Sankey V. Williams

Circulation. published online November 19, 2012;



Risonanza Magnetica Cardiaca

Come funziona?

A cosa serve?



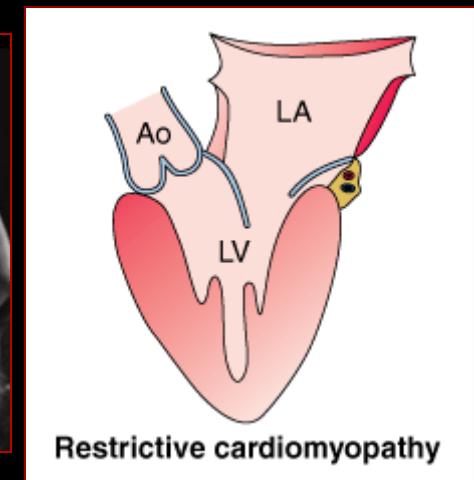
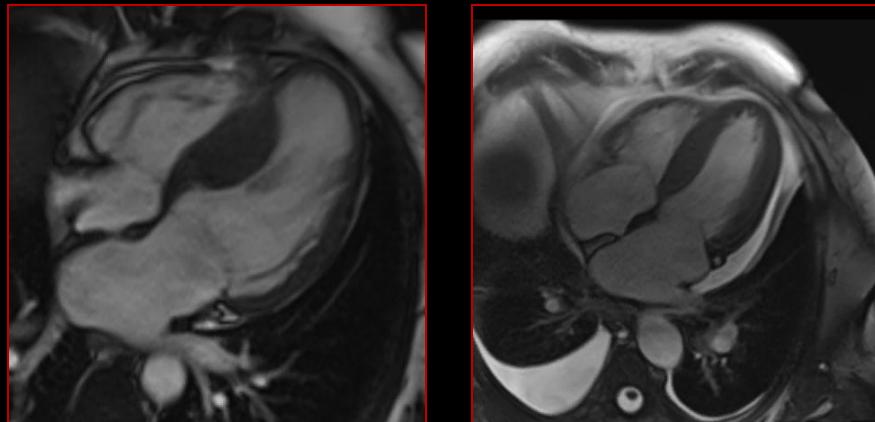
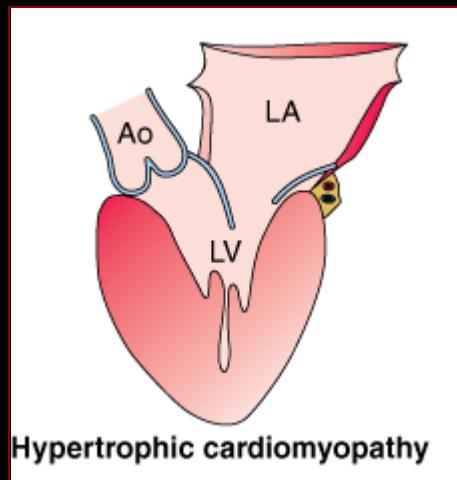
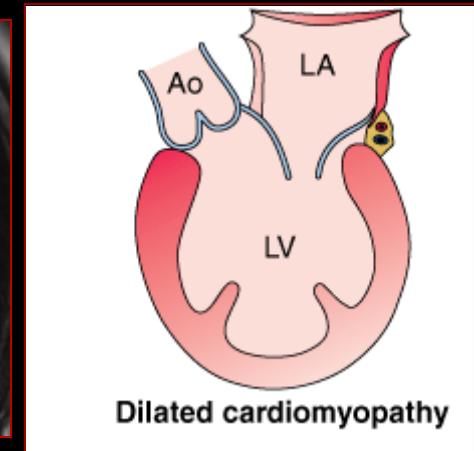
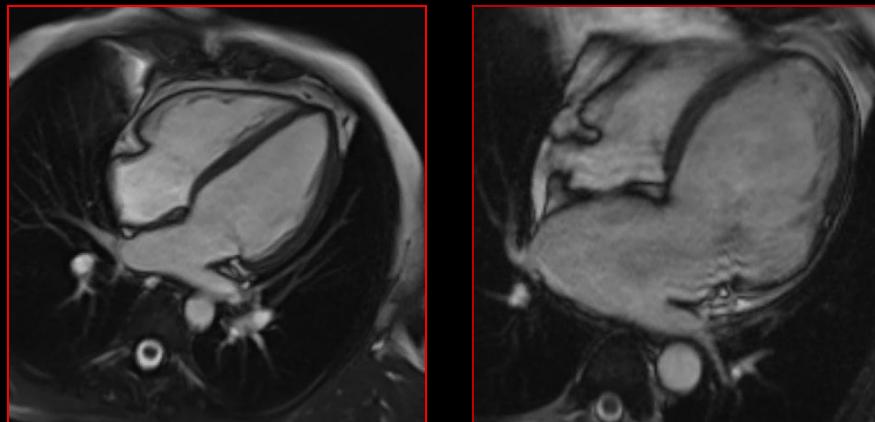
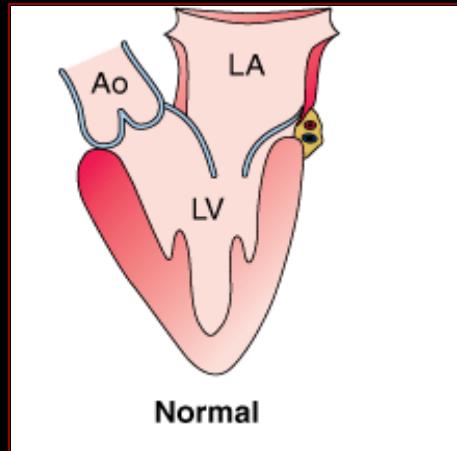
DOMANDE?

ESC Classification of Cardiomyopathies

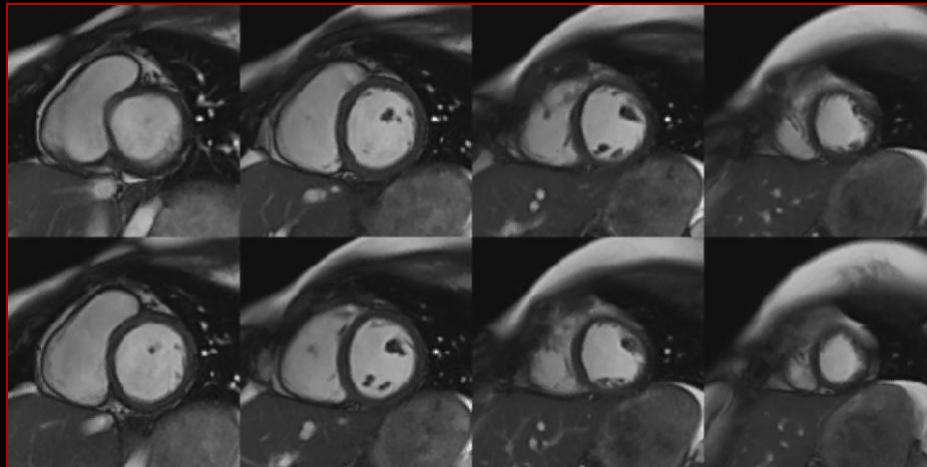
Elliott P, Andersson B, Arbustini E, et al. *Eur Heart J* 2007

| | Hypertrophic Cardiomyopathy | Dilated Cardiomyopathy | ARVC | Restrictive Cardiomyopathy | Unclassified |
|--------------|--|---|---|---|--|
| Familial | Familial, unknown gene Sarcomeric protein mutations β myosin heavy chain Cardiac myosin binding protein C Cardiac troponin I Troponin-T α-tropomyosin Essential myosin light chain Regulatory myosin light chain Cardiac actin α-myosin heavy chain Titin Troponin C Muscle LIM protein Glycogen storage disease (e.g. Pompe; PRKAG2, Forbes', Danon) Lysosomal storage diseases (e.g. Anderson-Fabry, Hurler's) Disorders of fatty acid metabolism Carnitine deficiency Phosphorylase B kinase deficiency Mitochondrial cytopathies Syndromic HCM Noonan's syndrome LEOPARD syndrome Friedreich's ataxia Beckwith-Wiedemann syndrome Swyer's syndrome Other Phospholamban promoter Familial amyloid | Familial, unknown gene Sarcomeric protein mutations (see HCM) Z-band Muscle LIM protein TCAP Cytoskeletal genes Dystrophin Desmin Metavinculin Sarcoglycan complex CRYAB Epicardin Nuclear membrane Lamin A/C Emerin Mildly dilated CM Intercalated disc protein mutations (see ARVC) | Familial, unknown gene Intercalated disc protein mutations Plakoglobin Desmoplakin Plakophilin 2 Desmoglein 2 Desmocollin 2 Cardiac ryanodine receptor (RyR2) Transforming growth factor-β3 (TGFβ3) | Familial, unknown gene Sarcomeric protein mutations Troponin I (RCM +/− HCM) Essential light chain of myosin Familial amyloidosis Transthyretin (RCM + neuropathy) Apolipoprotein (RCM + nephropathy) Desminopathy Pseudoxanthoma elasticum Haemochromatosis Anderson-Fabry disease Glycogen storage disease | Left ventricular non-compaction Barth syndrome Lamin A/C ZASP α-dystrobrevin |
| Non-familial | Obesity Infants of diabetic mothers Athletic training Amyloid (AL/prealbumin) | Myocarditis (infective/toxic/immune) Kawasaki disease Eosinophilic (Churg Strauss syndrome) Viral persistence Drugs Pregnancy Endocrine Nutritional – thiamine, carnitine, selenium, hypophosphataemia, hypocalcaemia Alcohol Tachycardiomyopathy | Inflammation? | Amyloid (AL/prealbumin) Scleroderma Endomyocardial fibrosis Hypereosinophilic syndrome Idiopathic Chromosomal cause Drugs (serotonin, methysergide, ergotamine, mercurial agents, busulfan) Carcinoid heart disease Metastatic cancers Radiation Drugs (anthracyclines) | Tako Tsubo cardiomyopathy |

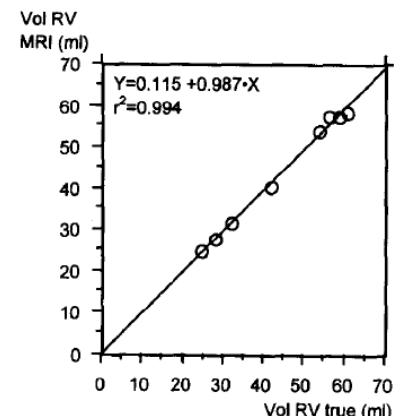
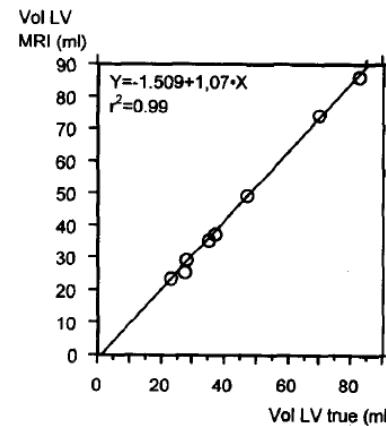
Evaluation of Cardiac Morphology and Function



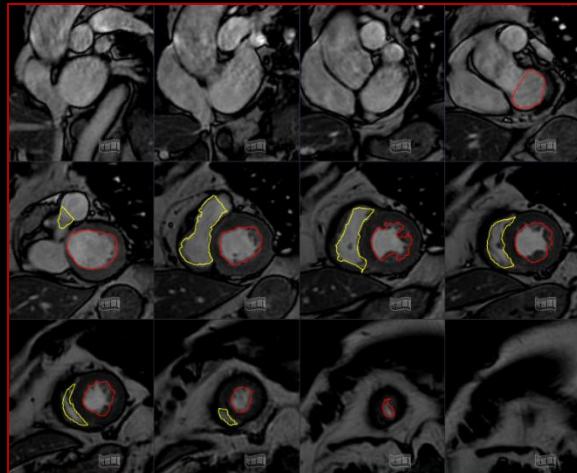
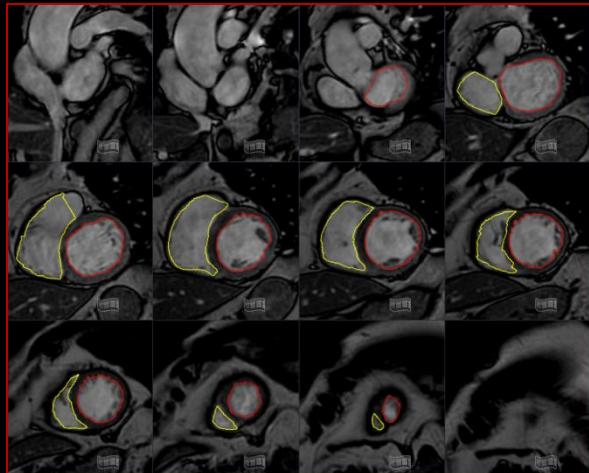
Volumetric Analysis of the Right and Left Ventricle with MRI



N = 8 explanted porcine hearts



Heusch A et al. *Eur J Ultrasound* 1999



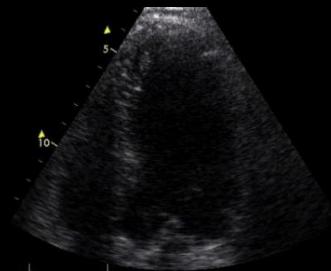
End-diastole

End-systole

Image Segmentation:

isolation of ventricular blood pool from myocardial wall

Noninvasive Determination of Left Ventricular Volumes and Ejection Fraction: The Issue of Feasibility and Reproducibility



2D Simpson's biplane analysis is not feasible in up to 30% pts. with CHF

Bellenger NG et al. *Eur Heart J* 2000

| | Volumetric MRI | Volumetric Echocardiography | Biplane Echocardiography |
|-------------------|-------------------|--------------------------------|-----------------------------|
| Interobserver | | | |
| Variability (%) | 3.6 | 8.3 | 17.8 |
| Mean \pm SD (%) | 0.5 \pm 1.5 | -0.1 \pm 3.8 | 1.3 \pm 8.8 |
| SEE | 1.6 | 3.7 | 9.2 |
| r ² | 0.99 | 0.96 | 0.82 |
| Intraobserver | | | |
| Variability (%) | 5.1 | 6.9 | 13.4 |
| Mean \pm SD (%) | -1.1 \pm 2.1 | -0.4 \pm 3.1 | -0.9 \pm 6.8 |
| SEE | 2.1 | 3.3 | 6.7 |
| r ² | 0.99 | 0.97 | 0.90 |

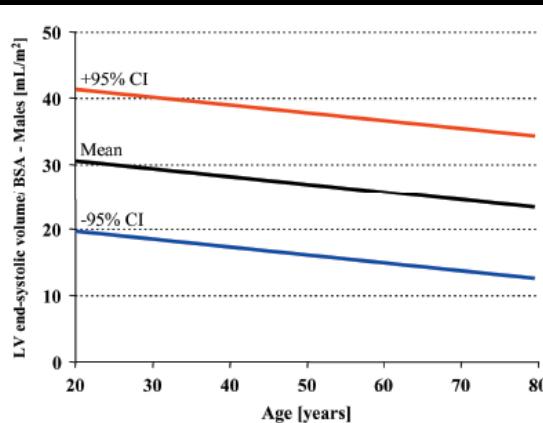
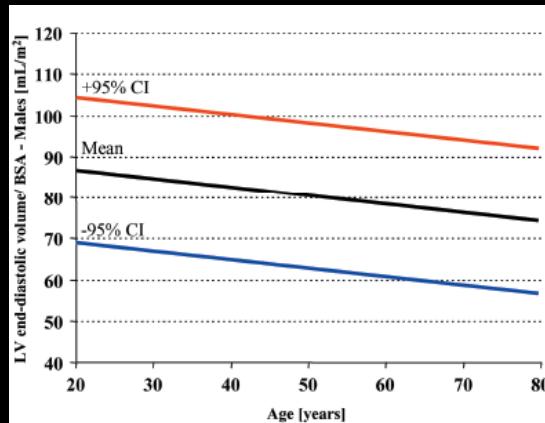
Chuang ML et al. *J Am Coll Cardiol* 2000

Comparison of LV Ejection Fraction and Volumes in Heart Failure by 2D Echocardiography and Cardiovascular Magnetic Resonance

Bellenger NG et al. *Eur Heart J* 2000

N = 52 pts. with systolic CHF
2D Echo and CMR within 4 weeks

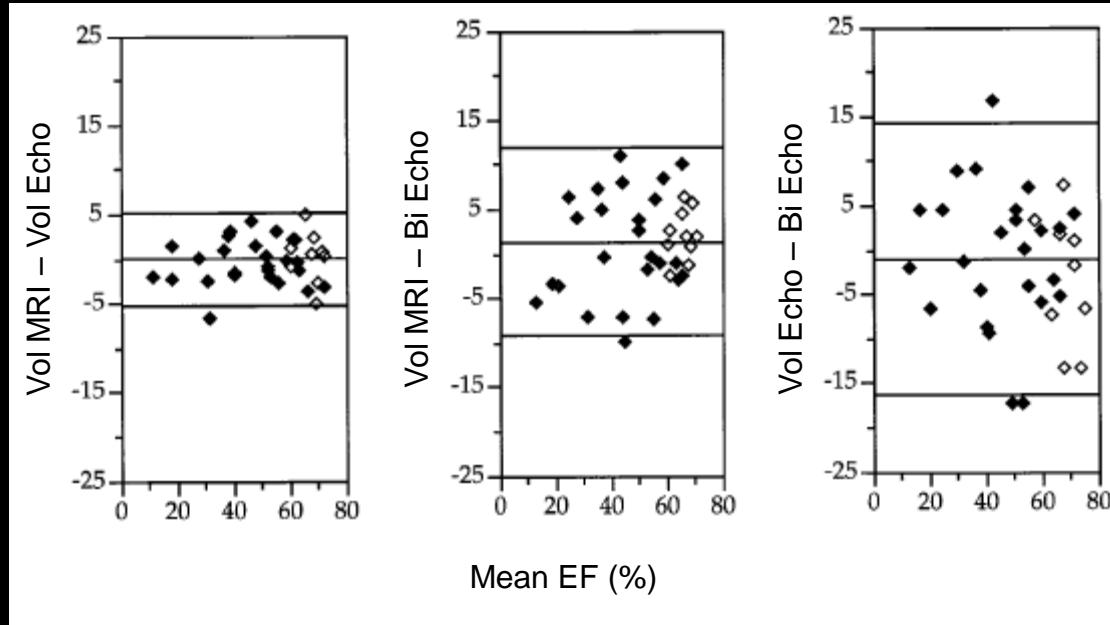
| | EDV CMR – 2D Echo | ESV CMR – 2D Echo | EF CMR – 2D Echo |
|--------------------|----------------------|----------------------|---------------------|
| Mean diff \pm SD | 133 \pm 42 ml | 99 \pm 45 ml | -2 \pm 11 |
| Corr coef, r | 0.83 | 0.80 | 0.41 |
| P | <0.0001 | <0.0001 | n.s. |
| Limits | 52 to 216 | 11 to 188 | -24 to 20 |



Noninvasive Determination of Left Ventricular Volumes and Ejection Fraction Assessment by Two- and Three-Dimensional Echocardiography and Magnetic Resonance Imaging

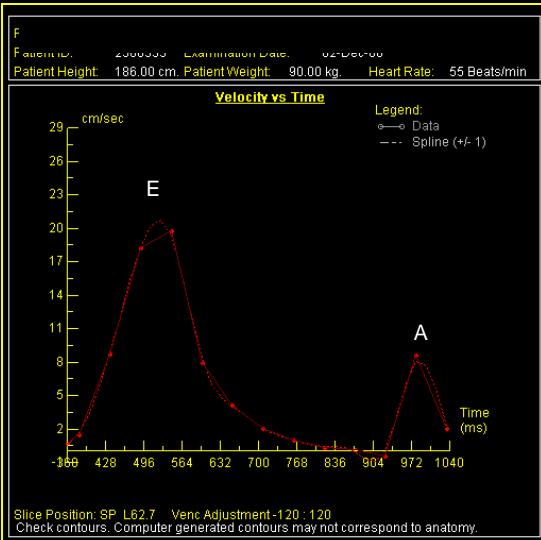
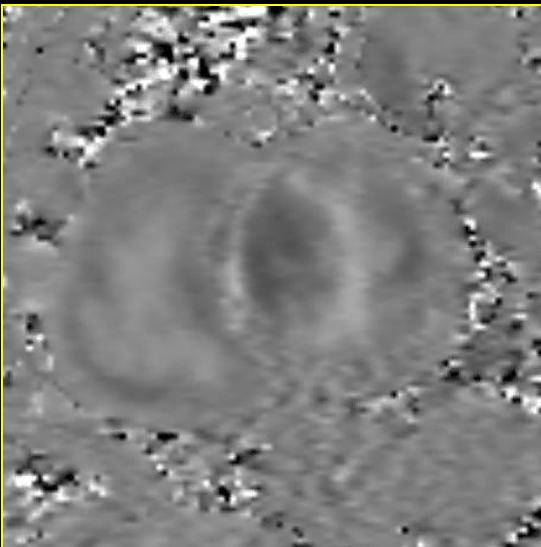
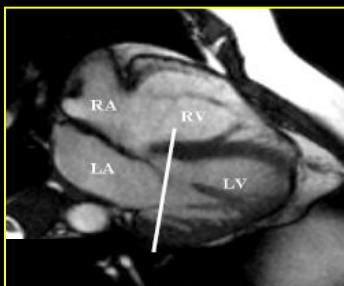
Chuang ML et al. J Am Coll Cardiol 2000

25 pts. with DCM
10 healthy volunteers

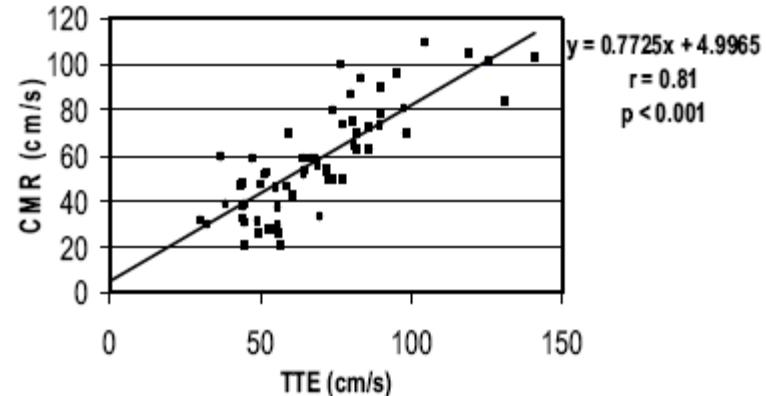


| | LV Ejection Fraction | | | |
|---------------------|-----------------------------|------------------------------------|------------------------|---------------|
| | Normal → Mild/Mod Depressed | Mild/Mod Depressed → Sev Depressed | Normal → Sev Depressed | Total changes |
| Vol MRI vs Vol Echo | 2 | 0 | 0 | 2 |
| Vol MRI vs Bi Echo | 6 | 5 | 0 | 11 |
| Vol Echo vs Bi Echo | 4 | 5 | 0 | 9 |

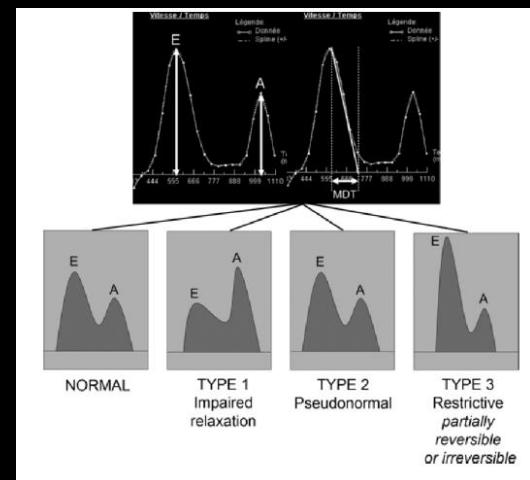
Evaluation of Transmitral Flow by Phase-Contrast MRI



Correlation for maximal E and A velocities



Rathi VK et al. J Cardiovasc Magn Res 2008

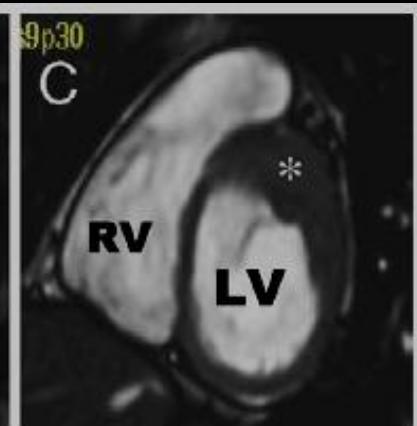
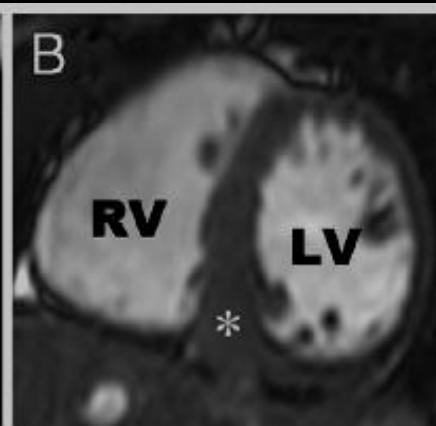
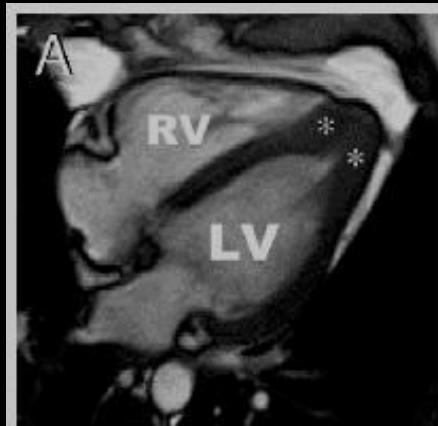
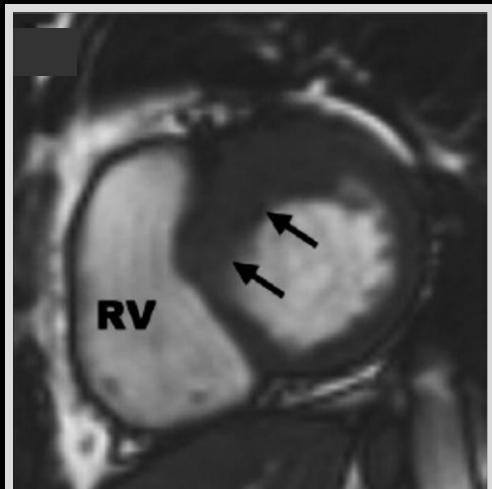
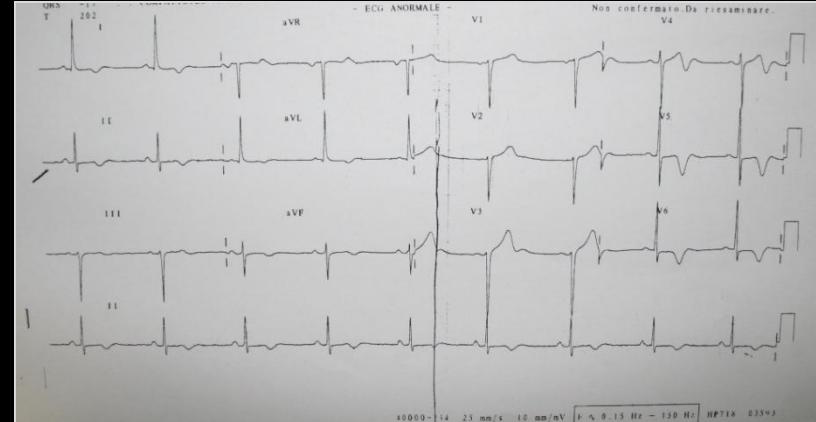
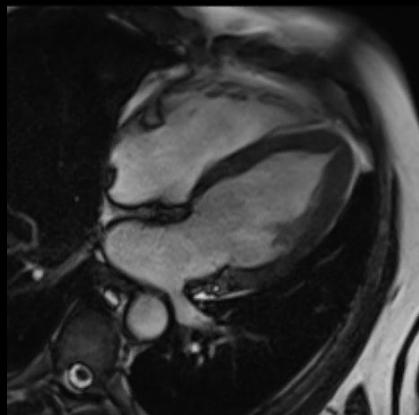


Caudron J et al. Radiographics 2011

Hypertrophic Cardiomyopathy Phenotype Revisited After 50 Years With Cardiovascular MR

Maron MS et al. J Am Coll Cardiol 2009

N= 333 pts with HCM evaluated by CMR



The most common pattern
(256, 77%)

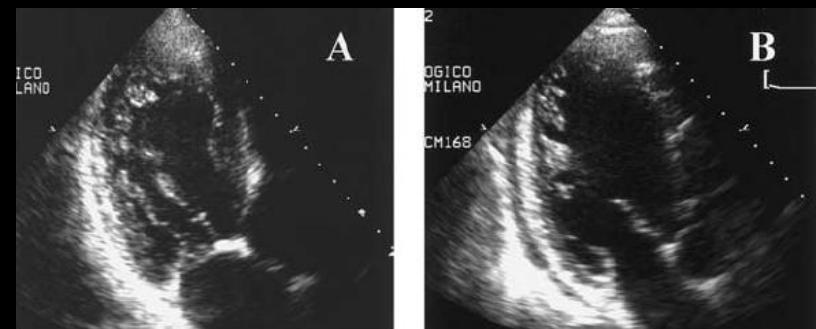
LVH patterns recognized by CMR, but not reliably with 2-D echocardiography
(40, 12%)

Incidence and Characteristics of LV Trabeculations in the Normal and Pathologic Heart

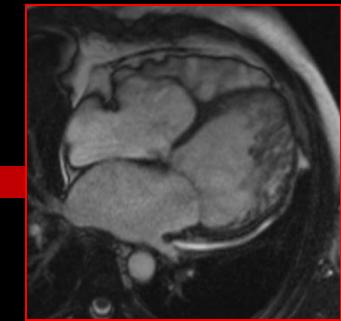
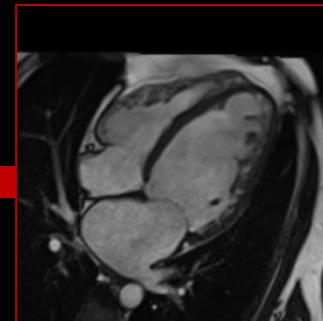
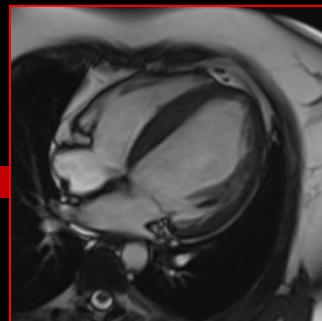
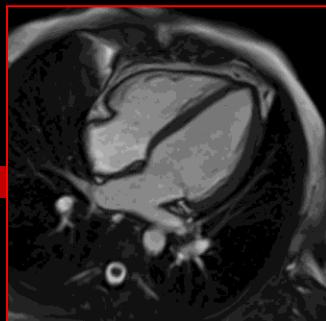
Prominent LV trabeculations may be observed in ~2/3 of autopsy specimens from subjects with normal heart.

Boyd MT et al. J Am Coll Cardiol 1987

| N= 1580 pts. | Trabeculations | (%) |
|--------------------------------|----------------|------|
| Normal ventricle | 38 | 8.9 |
| Pathologic ventricle | 163 | 14.3 |
| Anteroapical infarction | 24 | 15.1 |
| Inferobasal infarction | 19 | 11.2 |
| Dilated cardiomyopathy | 35 | 22.7 |
| Left ventricular hypertrophy | 33 | 14.9 |
| Valvular or congenital disease | 52 | 12 |

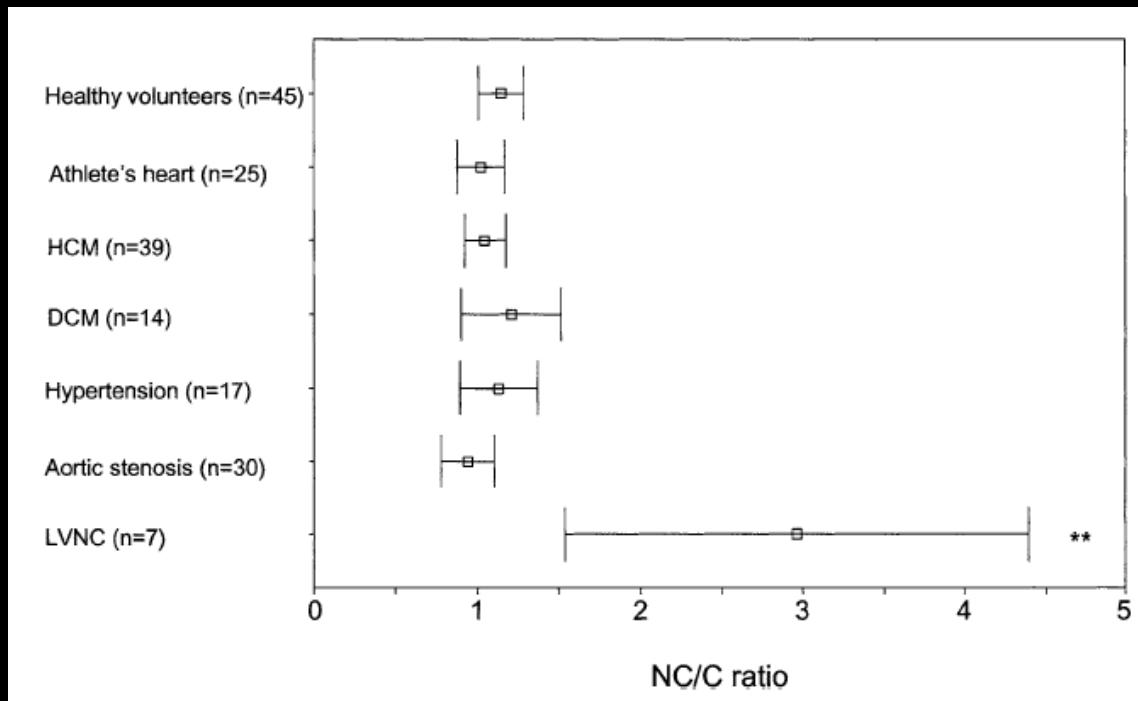


Tamborini G. et al., JASE 2004



Left Ventricular Non-Compaction

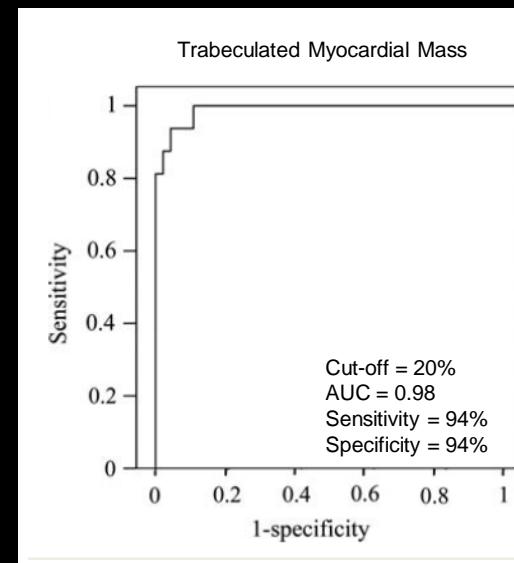
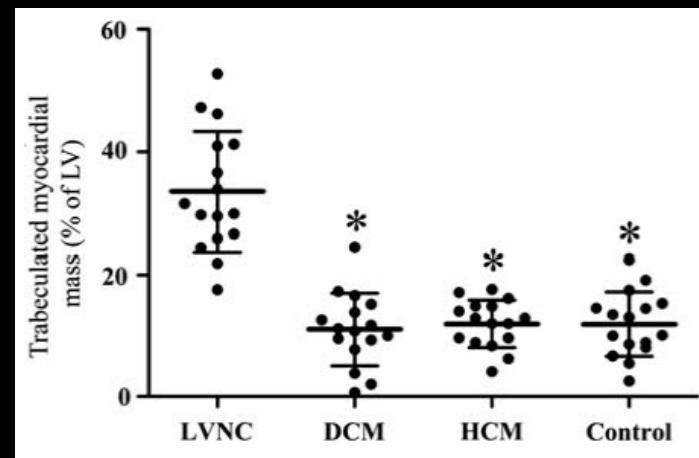
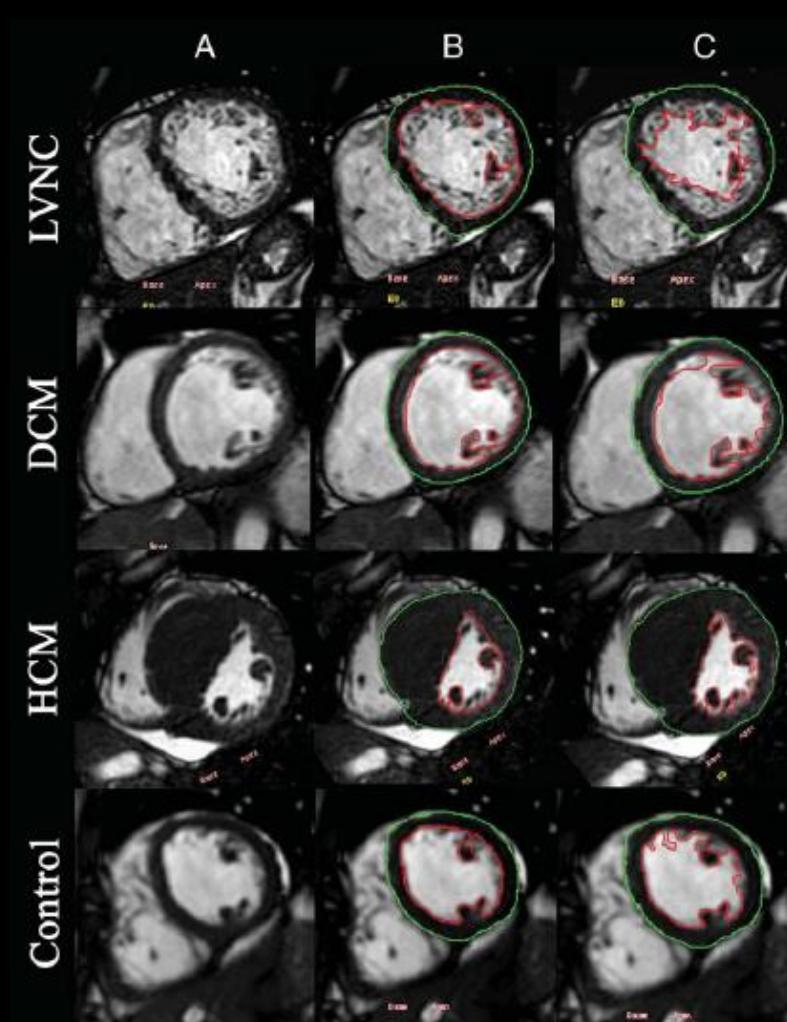
Insights From Cardiovascular Magnetic Resonance Imaging



| NC/C ratio > 2.3 | |
|------------------|-----|
| Sensitivity | 86% |
| Specificity | 99% |
| PPV | 75% |
| NPV | 99% |

Petersen SE et al. *J Am Coll Cardiol* 2005

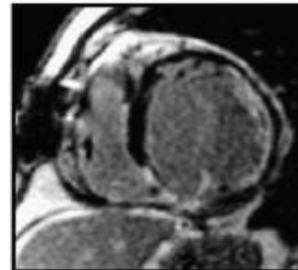
Measurement of Trabeculated LV Mass Using CMR Imaging in the Diagnosis of Left Ventricular Non-Compaction



Characteristic Patterns of Late Enhancement in Specific Cardiomyopathies

White JA and Patel MR. *Cardio Clin* 2007

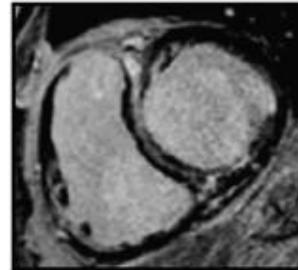
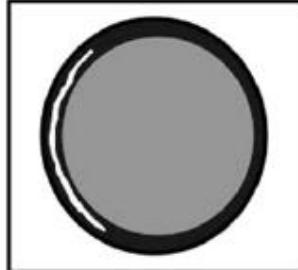
Ischemic
Cardiomyopathy



Myocarditis



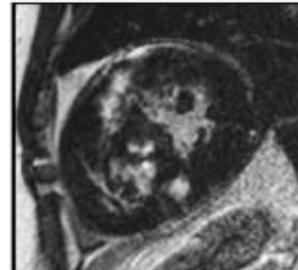
Idiopathic Dilated
Cardiomyopathy



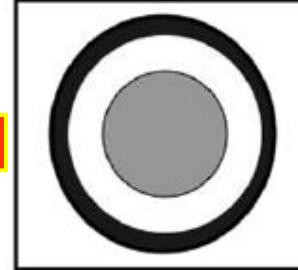
Sarcoidosis



Hypertrophic
Cardiomyopathy



Amyloidosis



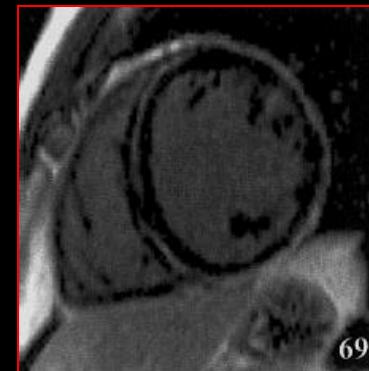
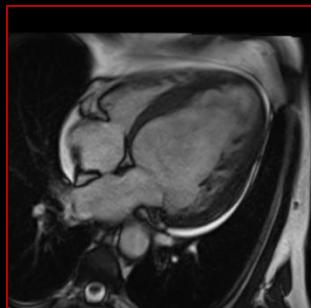
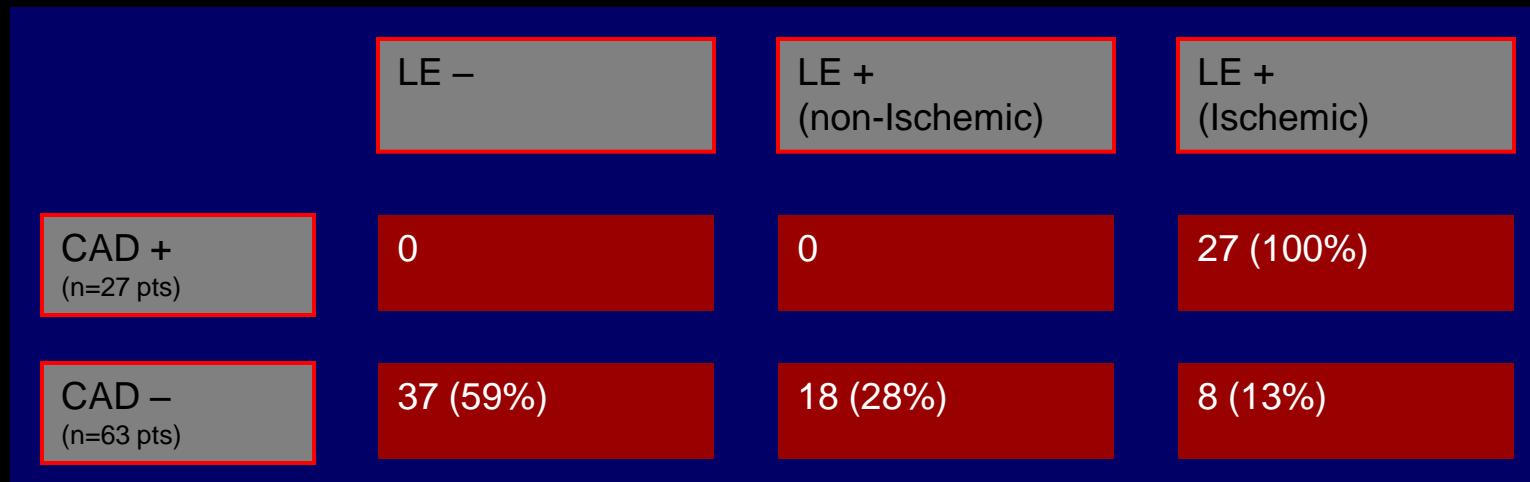
Differentiation of Heart Failure Related to Dilated Cardiomyopathy and CAD Using CE-CMR

McCrohon JA et al. *Circulation* 2003

N= 90 pts with CHF and LV dysfunction

CE-CMR and coronary cath

CAD +: >50% stenosis in ≥ 1 coronary arteries + history of MI



The Prognostic Value of Identifying Underlying Causes of Cardiomyopathy

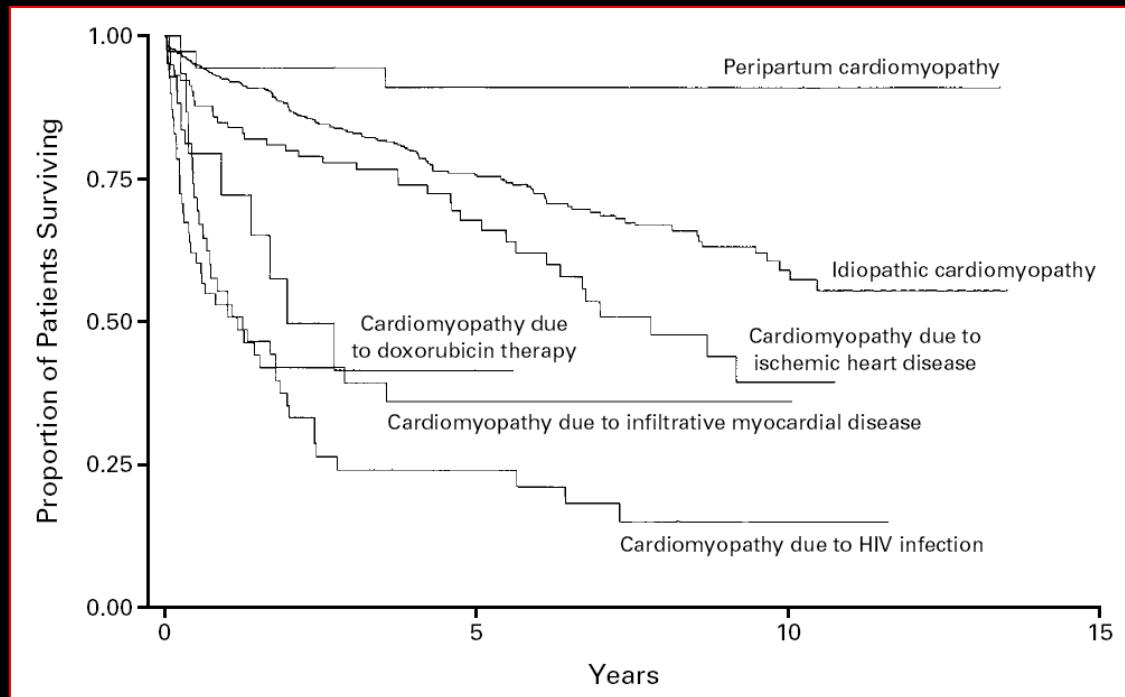
Felker GM et al. *N Engl J Med* 2000

N= 1230 pts with cardiomyopathy and CHF

Endomyocardial biopsy

Mean follow-up = 4.4 years

Hard events = death or heart transplant



| Cause | HR for death (95% CI) | p |
|--------------|--------------------------|--------|
| Idiopathic | 1.00 | |
| Ischemic | 1.51 (1.07-2.17) | 0.02 |
| Infiltrative | 4.40 (3.04-6.39) | <0.001 |

Role of CMR as a Gatekeeper to Invasive Coronary Angiography in Patients Presenting With Heart Failure of Unknown Etiology

Assomull RG et al. *Circulation* 2011

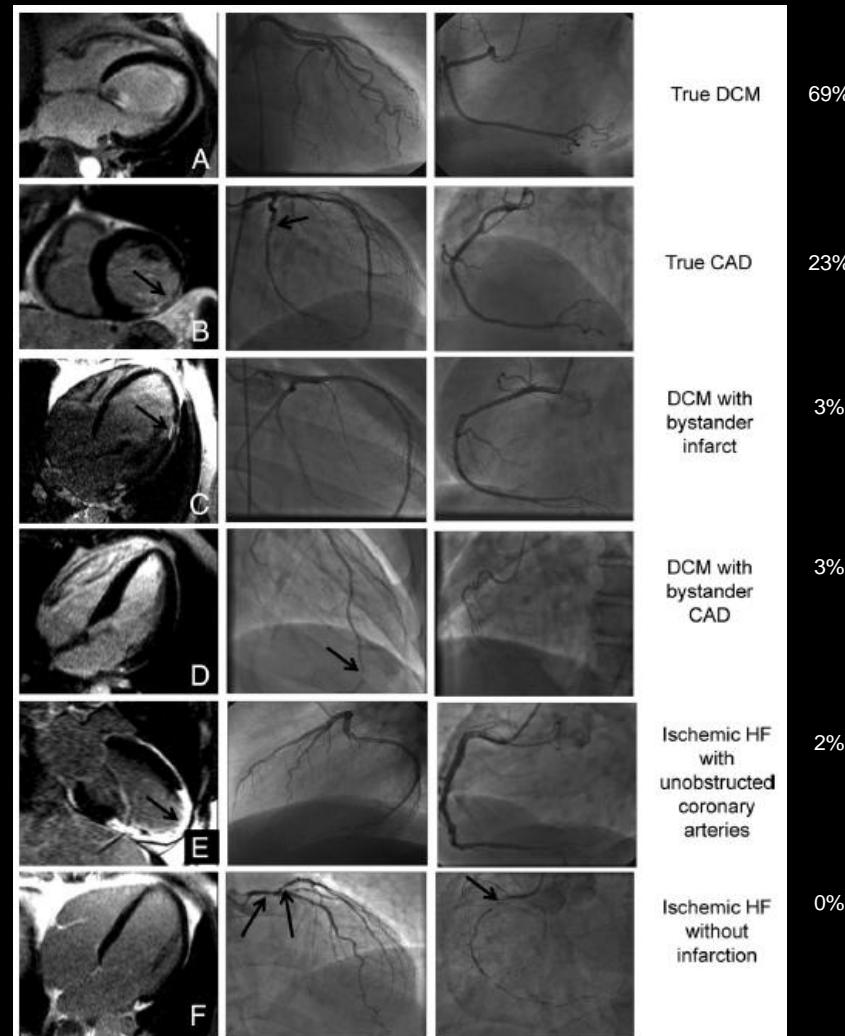
N= 120 pts with recently diagnosed HF and LV dysfunction

CMR and coronary angiography

CMR-based consensus panel

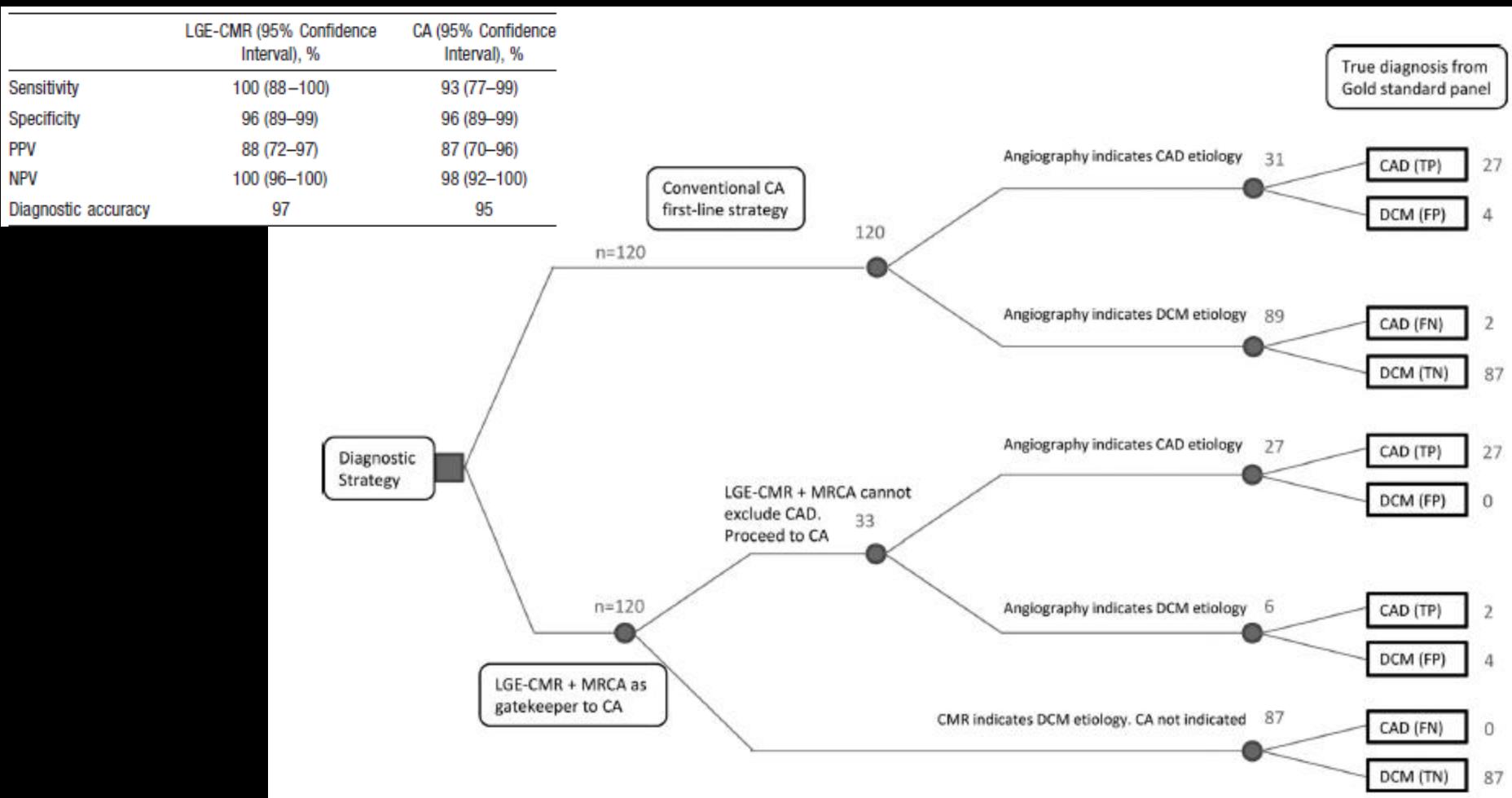
CA-based consensus panel

Gold-standard consensus panel



Role of CMR as a Gatekeeper to Invasive Coronary Angiography in Patients Presenting With Heart Failure of Unknown Etiology

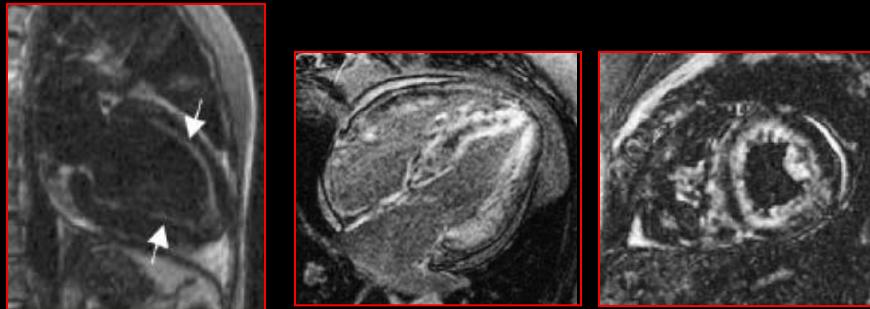
Assomull RG et al. *Circulation* 2011



LE-CMR in Cardiac Amyloidosis

Maceira AM, Joshi J, Prasad SK, et al. *Circulation* 2005

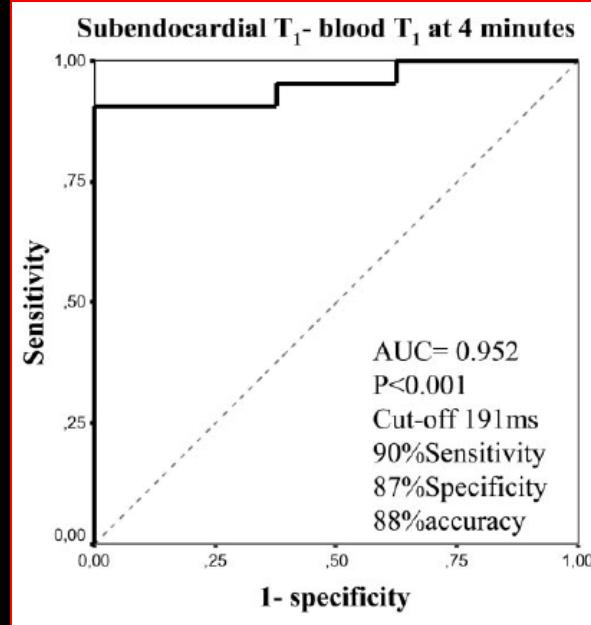
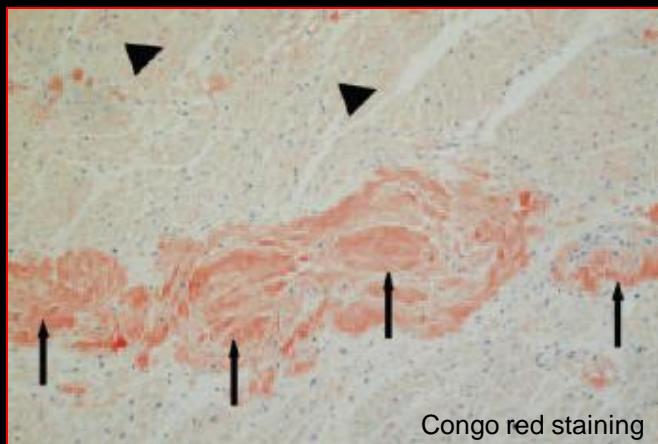
N= 30 pts with cardiac amyloidosis
(non-cardiac biopsy + echocardiography)

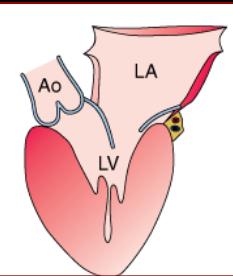


Cardiac Amyloidosis:

- Usually as part of systemic AL amyloidosis (2000-2500 cases/year in USA)
- AL amyloid: monoclonal Ig light chain (malign or benign monoclonal gammopathies)
- Multiorgan infiltration
- Very poor prognosis at the clinical diagnosis
- Heart failure or arrhythmias as cause of death in ~50%

Diffuse subendocardial LGE in 2/3 of pts!!!





Infiltrative Cardiovascular Diseases

Cardiomyopathies That Look Alike

Seward JB and Casablang-Verzosa G. J Am Coll Cardiol 2010

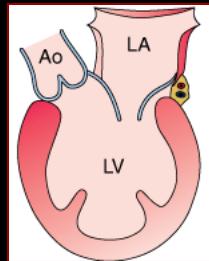
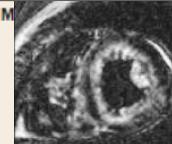
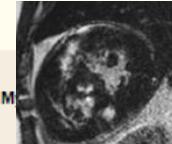
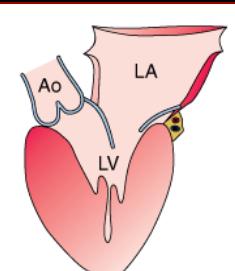


Table 1 Conditions Presenting With Increased LV Mass and Thick Ventricular Walls

| Condition | Age at Presentation | History and Clinical Presentation | Echocardiography | ECG Profile | CMR LGE | Biopsy |
|-----------------------------|---------------------------------------|---|--|--|--|---|
| Cardiac amyloid | >30 yrs | Heart failure symptoms, nephrotic syndrome, idiopathic peripheral neuropathy, unexplained hepatomegaly | Symmetrical increase in LV and RV wall thickness, dilated LA and RA, granular appearance of myocardium, pericardial effusion, decreased EF in advanced cases | Decreased or normal QRS complex voltage, pseudoinfarction in inferolateral leads | Global, diffuse, pronounced in subendocardium; RV and LV walls |  Amyloid |
| Fabry disease | Male: 11 ± 7 yrs; female: 23 ± 16 yrs | Neuropathic pain, impaired sweating, skin rashes | Symmetrical increase in LV and RV wall thickness, normal EF | Increased or normal QRS complex voltage, short or prolonged PR interval | Focal, midwall, inferolateral wall | Enlarged myocytes with clusters of concentric glycolipid (myelinoid bodies) within lysosomes |
| Danon disease | <20 yrs | Heart failure, skeletal myopathy, mental retardation | Very thick LV (20–60 mm), RV may or may not be thick, decreased EF | Increased or normal QRS complex voltage, short PR interval (delta wave) | Subendocardial, does not correspond to perfusion territory | Sarcoplasmic vacuolization, focal storage of PAS-positive material, myofibrillar disarray |
| Friedreich ataxia | 25 yrs (range 2–51 yrs) | Gait abnormality | Increase in LV septal and posterior wall thickness, normal EF | Normal QRS complex voltage, ventricular tachycardia | | Nonspecific |
| Cardiac oxalosis | >20 yrs | Juvenile urolithiasis and nephrocalcinosis | Symmetrical increase in LV and RV wall thickness; patchy, echodense speckled reflection; normal EF | Increased or normal QRS complex voltage, complete heart block | Increased myocardium attenuation on CT | Intra- and extracellular deposition of oxalate crystals without concomitant inflammation and necrosis |
| Mucopolysaccharidoses | 1–24 yrs (median, 10 yrs) | Variable depending on subtype, coarse facial features, delayed mental development, skeletal deformities, corneal clouding, hepatosplenomegaly | Asymmetrical septal hypertrophy, mitral and/or aortic valve stenosis or insufficiency, normal EF | Increased or decreased QRS complex voltage, malignant arrhythmia | | Swollen myocytes with clear cytoplasm due to accumulation of mucopolysaccharides |
| Differential diagnosis | | | | | | |
| Hypertrophic cardiomyopathy | 17–18 yrs | Maybe asymptomatic, dyspnea, angina, syncope, sudden death | Asymmetrical hypertrophy, small LV cavity, LVOT obstruction, normal EF | Increased QRS complex voltage, pseudo-delta wave, giant T-wave inversion | Patchy, midwall, junctions of the ventricular septum and RV |  Hypertrophy |
| Hypertensive heart disease | Adults | History of hypertension | Symmetrical increase in LV wall thickness, mild LV dilation, normal EF | Increased QRS complex, nonspecific ST-T-wave changes | No pattern, predominantly subendocardial | Enlarged myocytes with enlarged or replicated nuclei |



Infiltrative Cardiovascular Diseases

Cardiomyopathies That Look Alike

Seward JB and Casablang-Verzosa G. J Am Coll Cardiol 2010

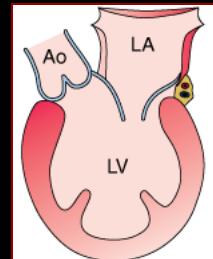
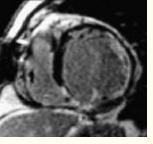
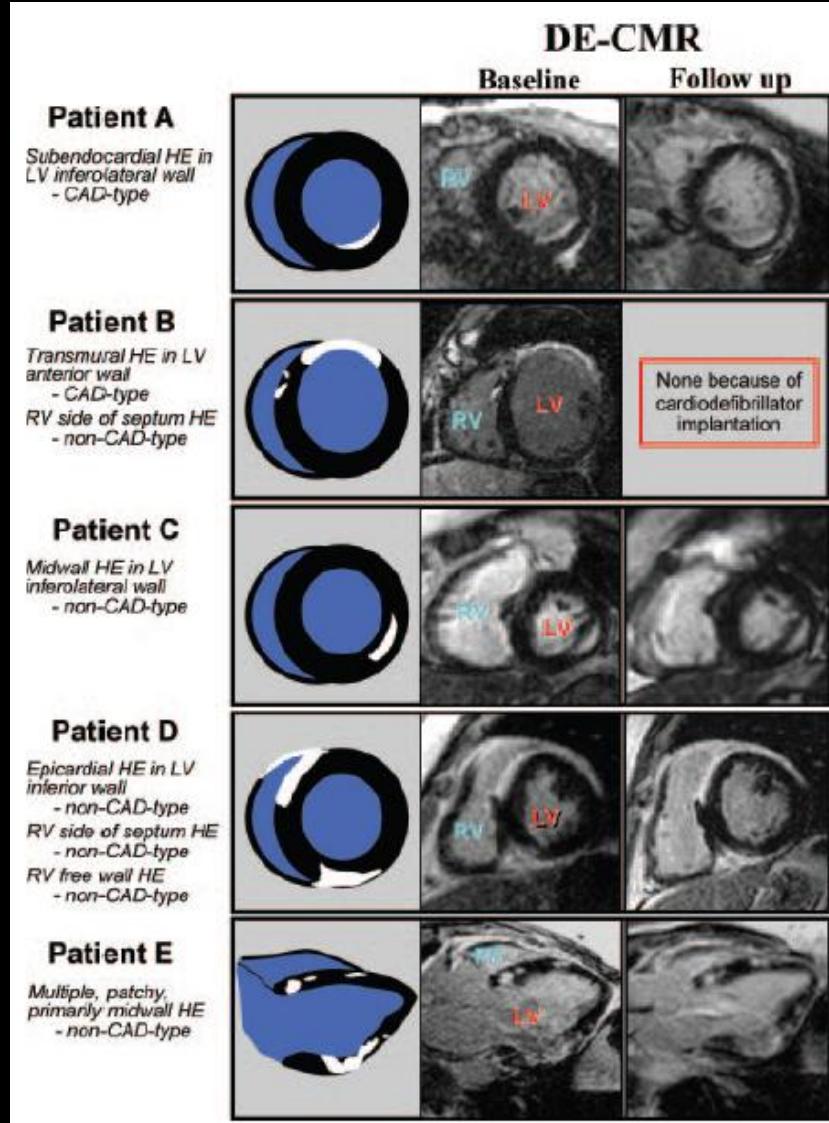


Table 2 Conditions With Dilated LV and Infarct Pattern

| Condition | Age at Presentation | History | Echocardiography | ECG | CMR LGE | Cardiac Biopsy |
|-----------------------------------|--|--|--|---|---|---|
| Sarcoidosis | Young adults | Congestive heart failure | Variable wall thickness, focal or global hypokinesis, LV aneurysm | Infrahisian block, atypical infarction pattern | Patchy, basal and lateral LV walls | Noncaseating giant cell surrounded by dense lymphoplasmacytic infiltration |
| Wegener disease | Young adults | Chronic upper and lower respiratory tract infections | Regional hypokinesis, pericardial effusion, mild MR, LV systolic dysfunction | Atrial fibrillation, atrioventricular block, atypical infarction pattern | Diffuse, midwall | Vasculitis with necrotizing granulomatous inflammation |
| Hemochromatosis | Hereditary hemochromatosis: >30 yrs in men, older in women; secondary hemochromatosis: any age | Hereditary hemochromatosis: liver function abnormalities, weakness and lethargy, skin hyperpigmentation, diabetes mellitus, arthralgia, impotence in men; secondary hemochromatosis: hemolytic anemia, multiple blood transfusions | Dilated LV with global systolic dysfunction | Supraventricular arrhythmia, ventricular conduction abnormality is rare | | Iron deposits within the myocyte |
| Differential diagnoses | | | | | | |
| Ischemic cardiomyopathy | Adult | Coronary artery disease, congestive heart failure | Dilated LV, regional hypokinesis corresponding to perfusion territory, decreased systolic function | Multiform premature ventricular complexes, nonsustained ventricular tachycardia | Subendocardial, different degrees of transmural extension, corresponds to perfusion territory |  |
| Idiopathic dilated cardiomyopathy | Adult | Congestive heart failure, no known cardiovascular disease | Dilated LV with global systolic dysfunction | Atrial fibrillation | No LGE, or if present, midwall and patchy | |

Detection of Myocardial Damage in Patients With Sarcoidosis



N= 58 biopsy-proven pulmonary sarcoidosis
Clinically-defined cardiac sarcoidosis in 12 (21%) pts.
LE (+) = 19 (33%) pts.

| Diagnostic Performance of LGE | - |
|-------------------------------|------|
| Sensitivity | 100% |
| Specificity | 78% |
| Positive Predictive Value | 55% |
| Negative Predictive Value | 100% |
| Accuracy | 83% |

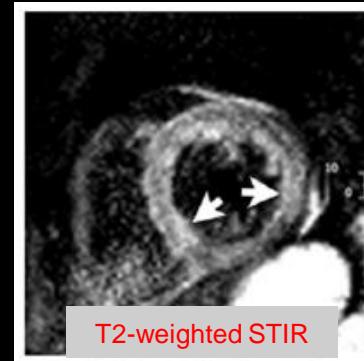
LGE in 100% of pts with clinical cardiac sarcoidosis!!!

Cardiovascular Magnetic Resonance in Myocarditis

Friedrich M.G. et al. for the International Consensus Group on CMR in Myocarditis, *J Am Coll Cardiol* 2009

Tissue pathology in active myocarditis

Edema/inflammation



T2-weighted STIR

Hyperemia/capillary leakage



Early Post-Gd Enhancement

Necrosis/fibrosis



Late Post-Gd Enhancement

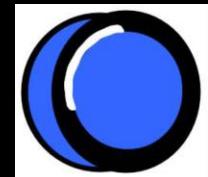
Diagnostic Accuracy of CMR Tissue Criteria in Detecting Myocarditis

Friedrich M.G. et al. for the International Consensus Group on CMR in Myocarditis, *J Am Coll Cardiol* 2009

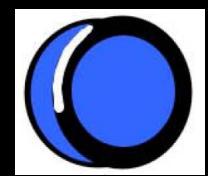
| | Sensitivity (%) | Specificity (%) | Accuracy (%) | PPV (%) | NPV (%) |
|---------------------------------|-----------------|-----------------|--------------|-----------|-----------|
| T2W STIR | 70 | 71 | 70 | 77 | 63 |
| Early Post-Gd Enhancement | 74 | 83 | 78 | 86 | 70 |
| Late Post-Gd Enhancement | 59 | 86 | 68 | 89 | 53 |
| Combination (any 2 of 3) | 67 | 91 | 78 | 91 | 69 |

Proposed Diagnostic CMR
Criteria for Myocarditis
(≥2 criteria need to be satisfied)

1. Regional or global ↑ SI in T2W STIR images
2. ↑ myocardium/skeletal muscle SI ratio in early post-Gd T1W images
3. ≥1 focal area of nonischemic enhancement in late post-Gd T1W images



Ischemia



Myocarditis

T.R.

36 year-old male

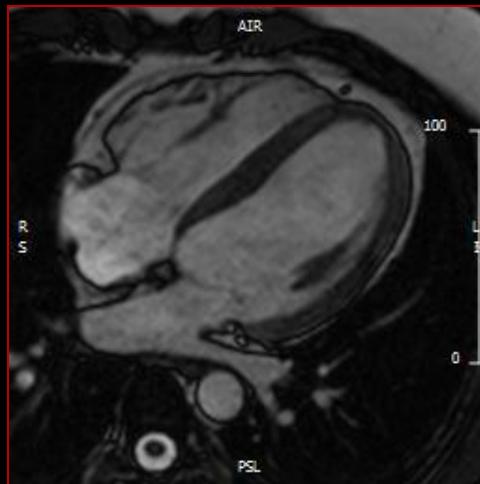
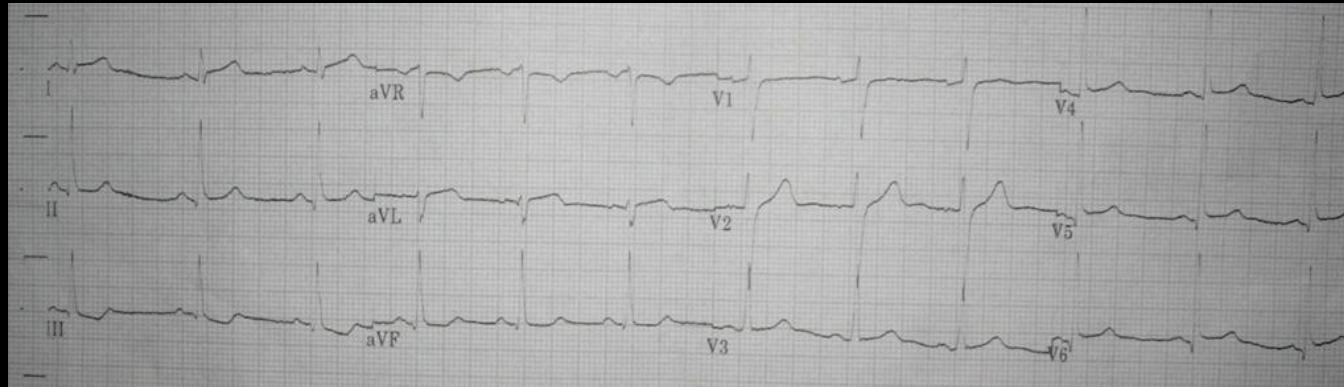
Intense chest pain after 3 days with fever (zenith = 39.1° C)

No CV risk factors

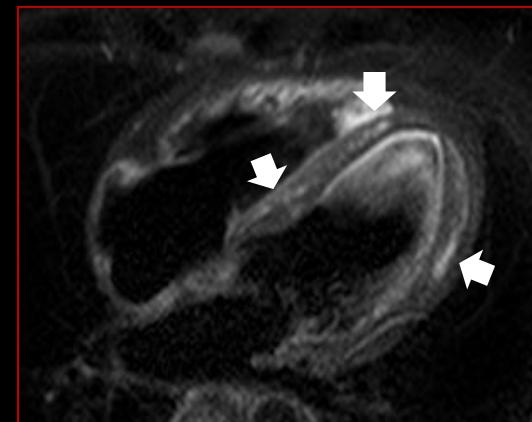
TnI = 5.18 ng/dl

Echo unremarkable

Coronary angiography –



Cine
(Function)



T2 STIR
(Edema/Inflammation)



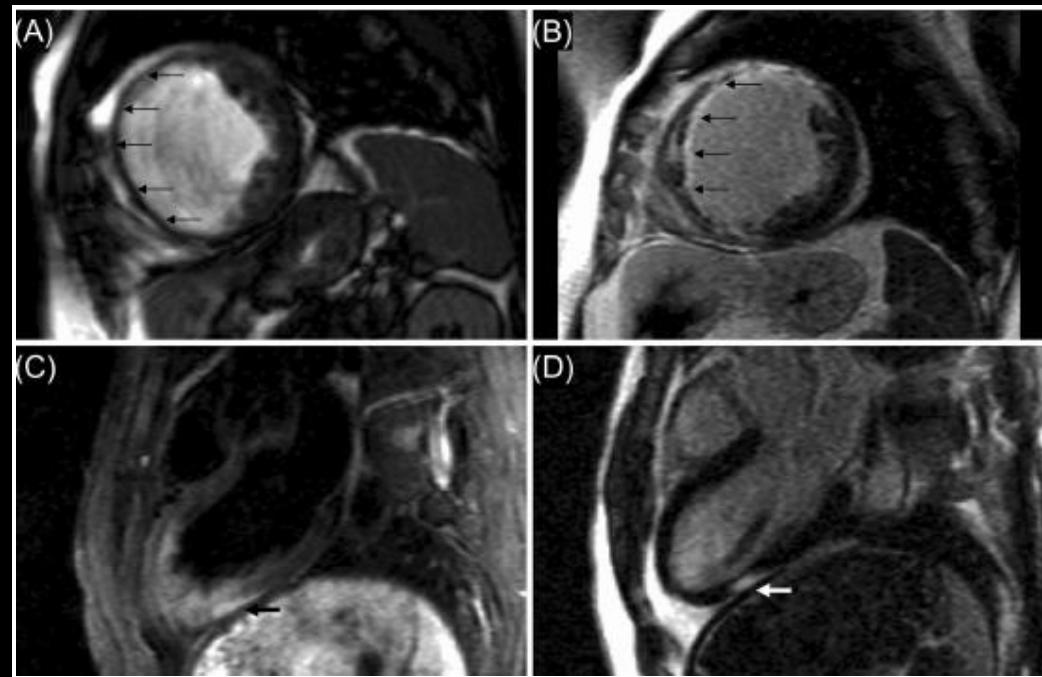
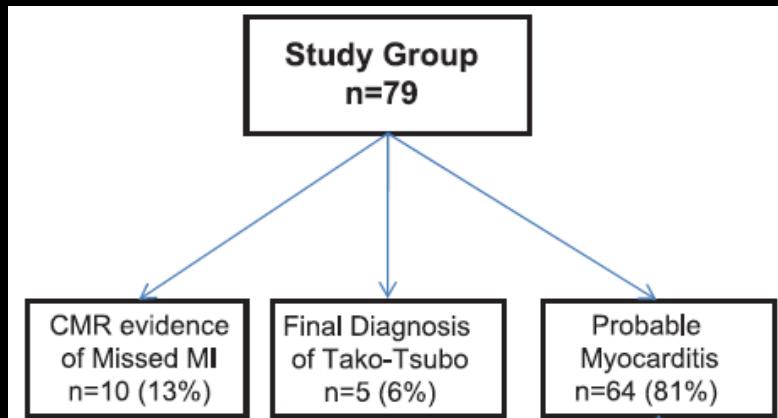
Late Enhancement
(Necrosis/Fibrosis)

Role of CMR in Patients Presenting with Chest Pain, Raised Troponin, and Unobstructed Coronary Arteries

N= 79 pts resting chest pain, ↑ Tn and CAD (-) by cath

92% with abnormal ECG on presentation (40% with ↑ST)

Median symptoms-CMR interval = 15 days

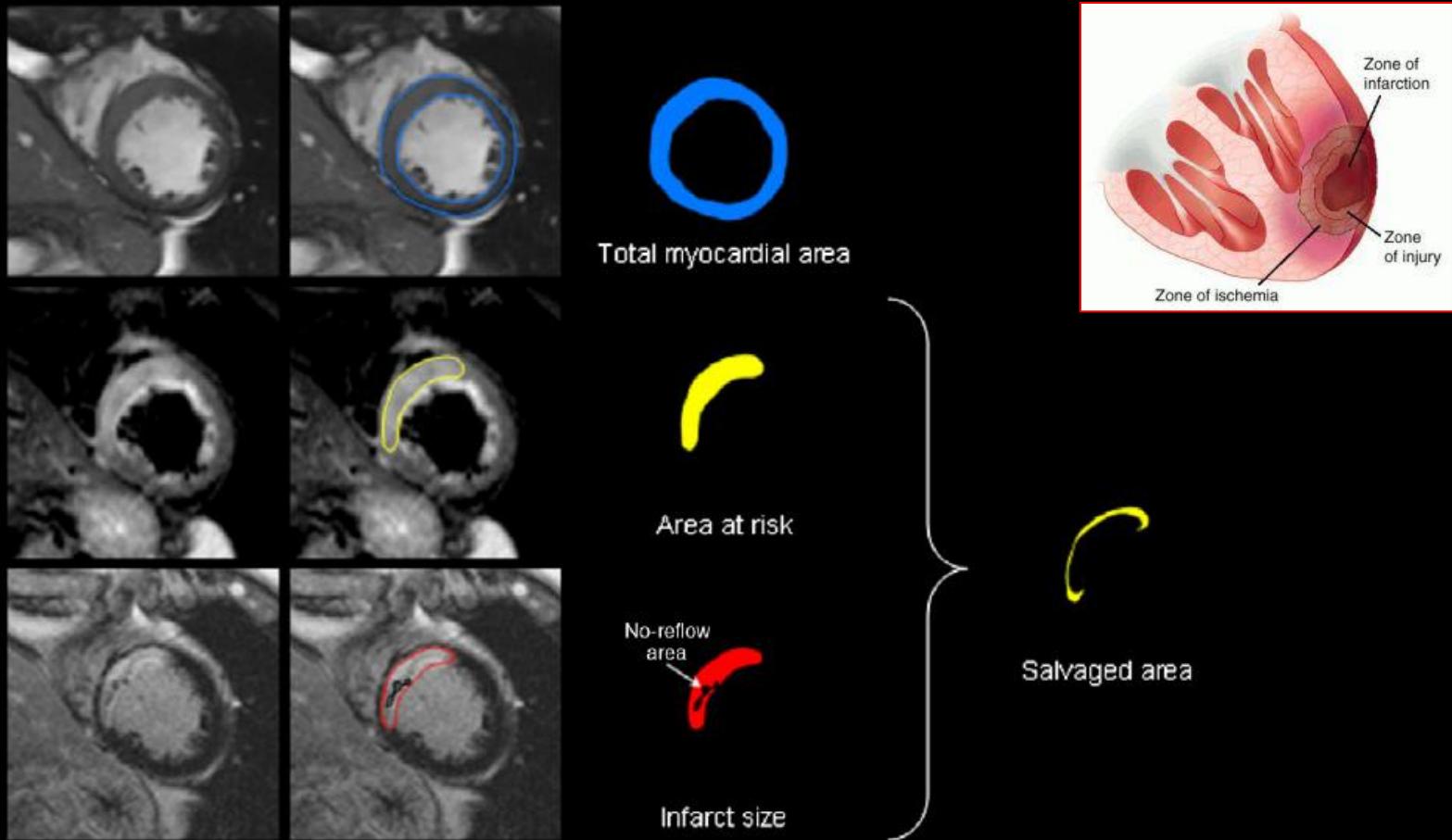


Assomull RG et al. *Eur Heart J* 2007

Monney PA et al. *Heart* 2010

MRI for Infarct Sizing and Characterization of Ischemic Myocardial Damage

Esposito G, Dellegrottaglie S, Chiariello M. Am Heart J Suppl 2010



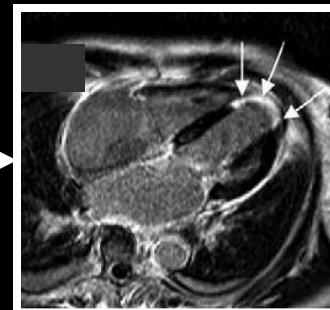
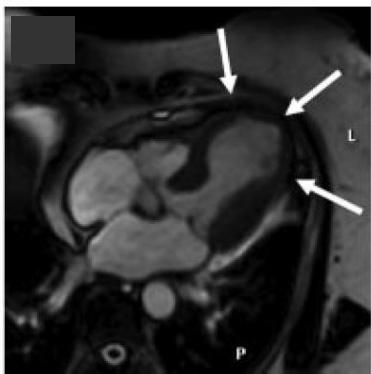
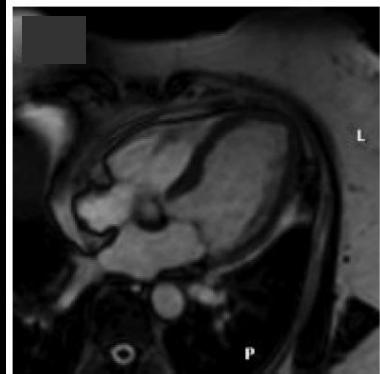
Salvaged myocardium correlated inversely with the time-to-reperfusion ($r = -0.37$; $p < 0.0001$) (Friedrich et al. JACC 2008)

Differential Diagnosis of Suspected Apical Ballooning Syndrome Using Contrast-Enhanced MRI

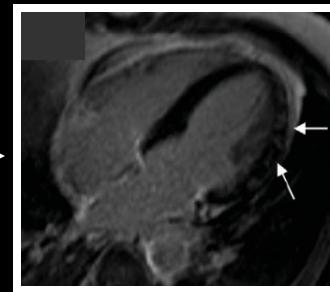
Eitel I. et al. *Eur Heart J* 2008

N= 59 ACS pts with normal coronary vessels and apical ballooning by cath

(suspected Tako-Tsubo based on Mayo Clinic Criteria)



MI (13, 22%)



Myocarditis (8, 14%)



Takotsubo (38, 64%)

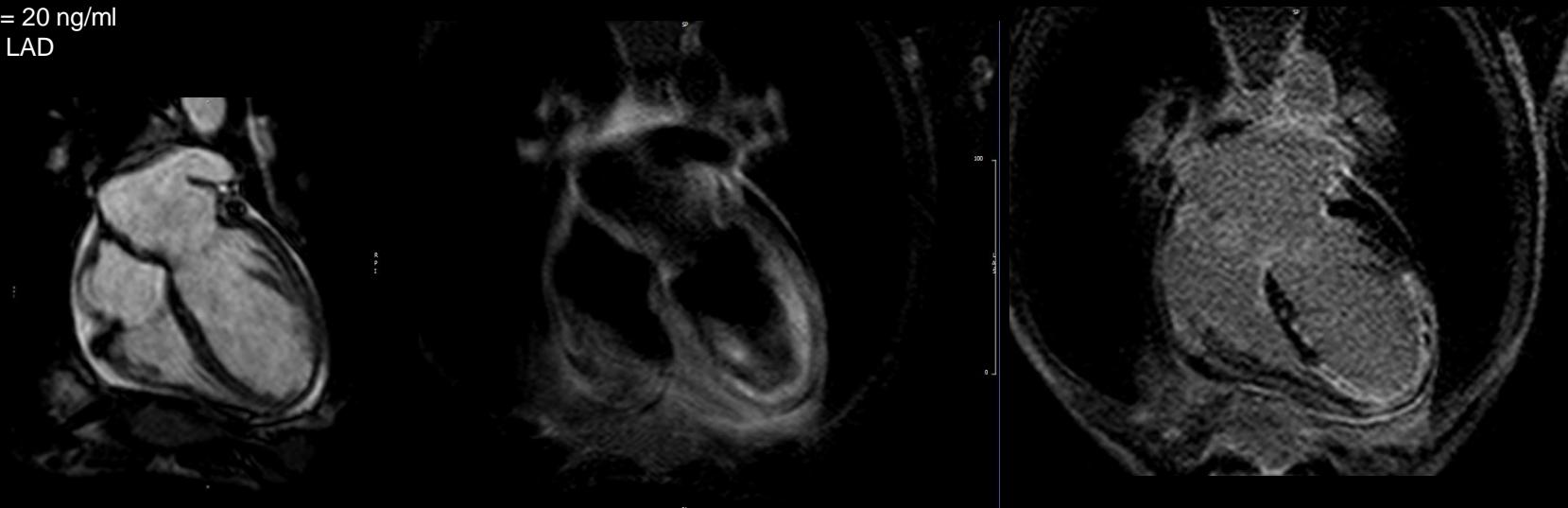
Left Ventricular Apical Ballooning: CMR Characterization

69-year-old man with acute chest pain

Significant ST elevation

Peak TnI = 20 ng/ml

Occluded LAD

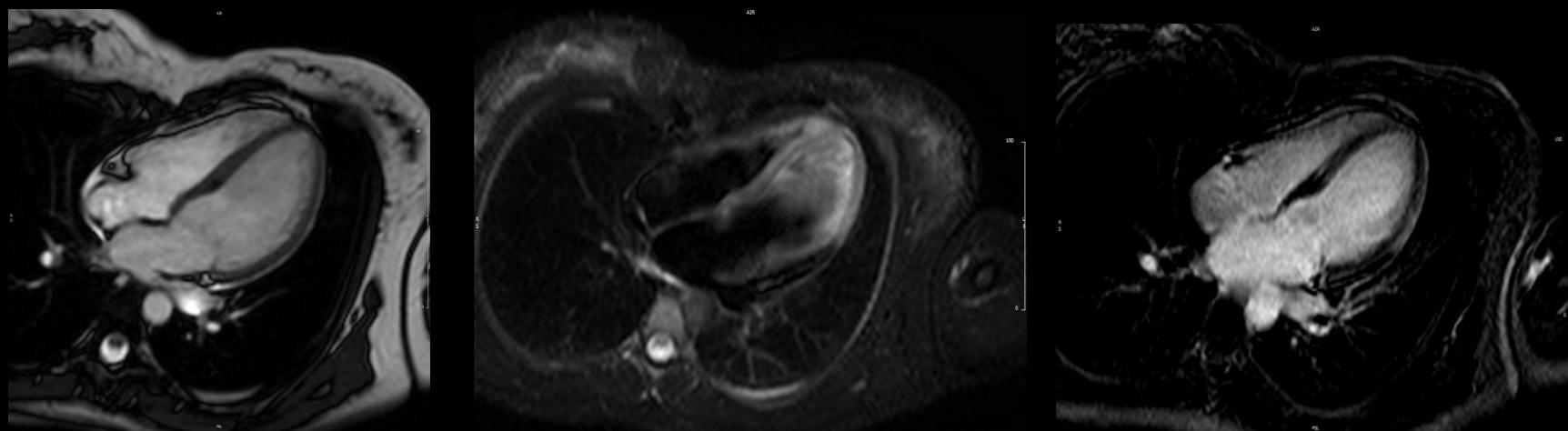


34-year-old female with acute chest pain (intense emotional stress)

Significant ST elevation

Peak TnI = 1.06 ng/ml

Normal coronary arteries



Arrhythmogenic Right Ventricular Dysplasia (ARVD)

1994 Task Force Criteria

Major Criteria

- Right ventricular dysfunction
 - Severe dilatation and reduction of RV ejection fraction with little or no LV impairment
 - Localized RV aneurysms
 - Severe segmental dilatation of the RV
- Tissue characterization
 - Fibrofatty replacement of myocardium
- Conduction abnormalities
 - Epsilon waves in V1 - V3.
 - Localized prolongation (>110 ms) of QRS in V1 - V3
- Family history
 - Familial disease confirmed on autopsy or surgery

2010 Revised Task Force Criteria

By MRI:

- Regional RV akinesia or dyskinesia
- + 1 of the following:
 - Index RV volume >110 ml/m² (male) or >100 ml/m² (female)
 - RV EF <40%

Minor Criteria

- Right ventricular dysfunction
 - Mild global RV dilatation and/or reduced ejection fraction with normal LV.
 - Mild segmental dilatation of the RV
 - Regional RV hypokinesis
- Conduction abnormalities
 - Inverted T waves in V2 and V3 in an individual over 12 years old, in the absence of apace
 - Late potentials on signal averaged EKG.
 - Ventricular tachycardia with a LBBB morphology
 - Frequent PVCs (> 1000 PVCs / 24 hours)
- Family history
 - Family history of sudden cardiac death before age 35
 - Family history of ARVD

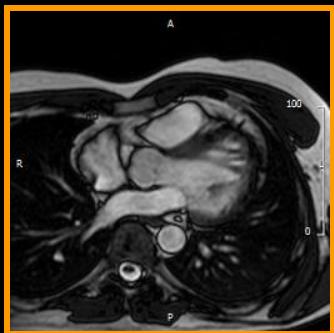
2010 Revised Task Force Criteria

By MRI:

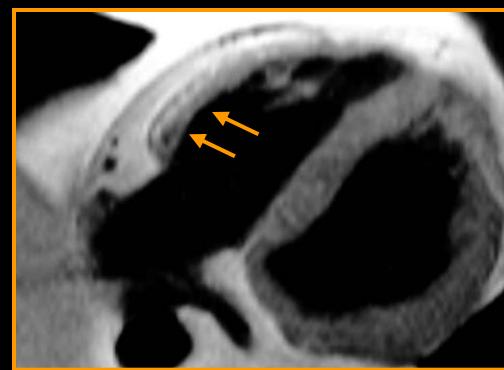
- Regional RV akinesia or dyskinesia
- + 1 of the following:
 - Index RV volume = 100-110 ml/m² (male) or 90-100 ml/m² (female)
 - RV EF = 40-45%

ARVC: Role of Cardiac MRI

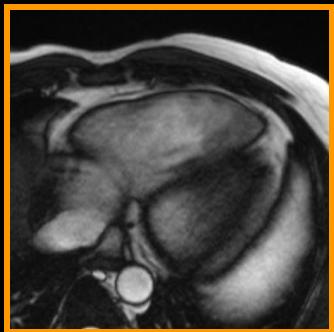
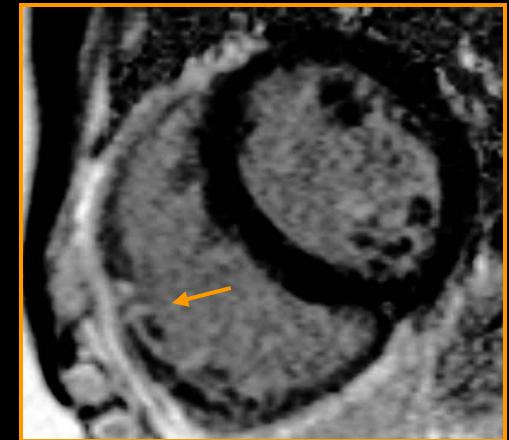
Regional and global RV dysfunction



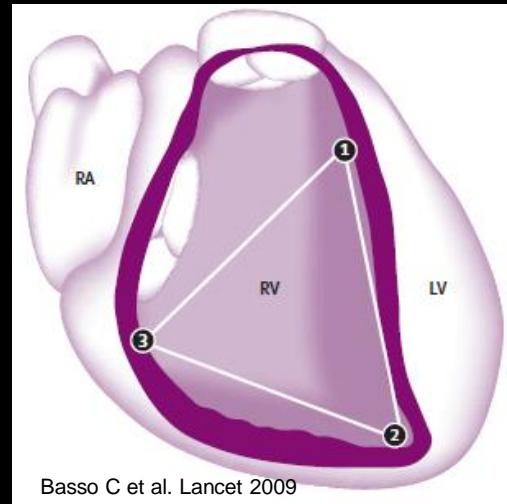
Fatty infiltration



Myocardial fibrosis



Triangle of Dysplasia



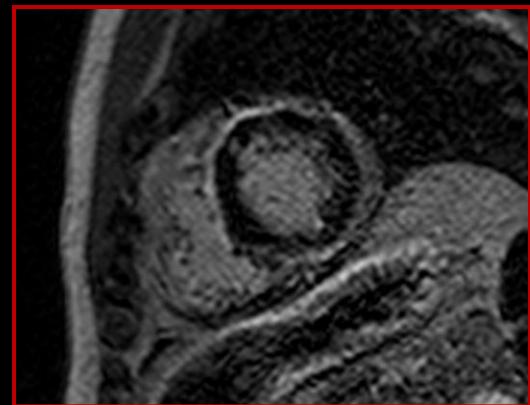
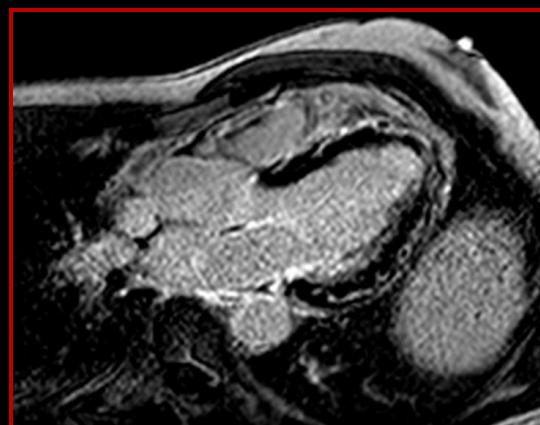
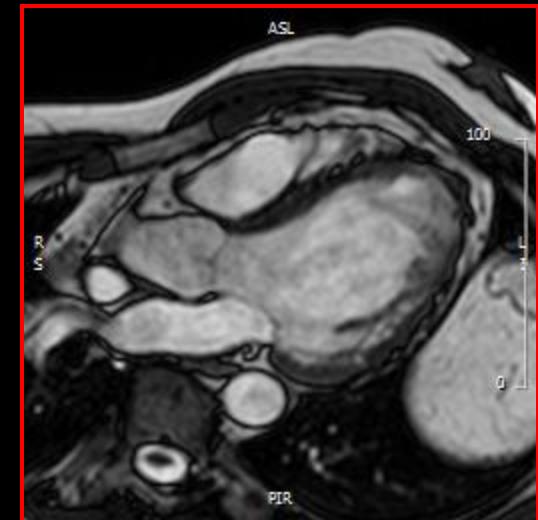
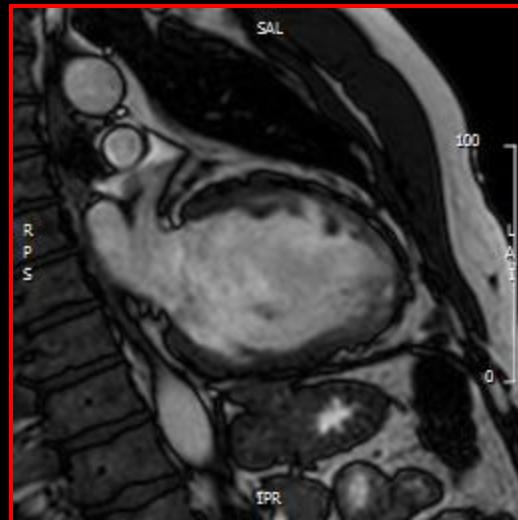
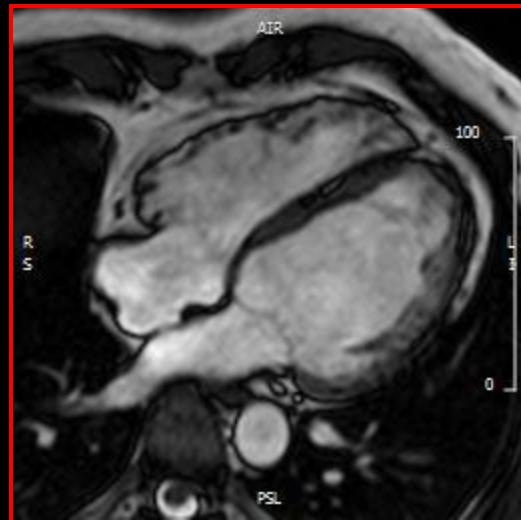
P.G.

33 year-old male

Positive family history for SCD

Previous episode of NSVT

Negative T waves in V1-V6



Biventricular Arrhythmogenic Cardiomyopathy

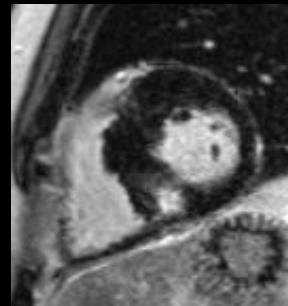
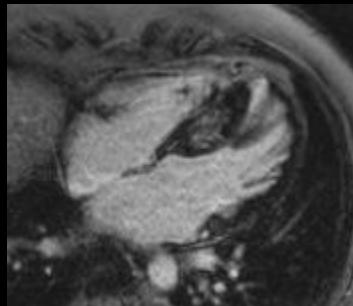
The Prognostic Implications of Cardiovascular Magnetic Resonance

Flett AS et al. *Circ Cardiovasc Imaging* 2009

Table. Prognostic Evidence Base of CMR

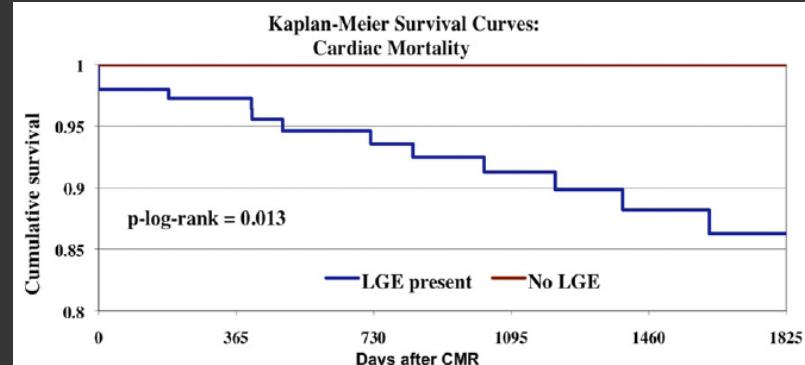
| Disease | Technique | Studies | End Point, n, (Patient-Years) | Reference |
|----------------|---------------------|---------|--|---|
| ACS chest pain | Adenosine stress | 1 | MACE, 131, (168) | Ingkanisorn et al, 2006 ⁷ |
| Infarction | Infarct size | 1 | MACE/mortality, 122, (244) | Wu et al, 2007 ¹⁰ |
| | MVO | 4 | MACE, 405, (378) | Wu et al, 1998 ¹³ , Hombach et al, 2005 ¹⁴ , Cochet et al, 2008 ^{15*} , Bruder et al, 2008 ¹⁶ |
| | Peri-infarct zone | 1 | Mortality, 144, (346) | Yan et al, 2006 ²⁰ |
| | Silent MI | 3 | MACE/mortality, 682, (1210) | Kwong et al, 2006 ²⁸ , Kwong et al, 2008 ²⁹ , Valle et al, 2008 ^{48*} |
| Chronic IHD | Extent of LGE | 2 | MACE/mortality, 1486, (3801) | Cao et al, 2008 ²⁵ , Chan et al, 2008 ²⁴ |
| Postsurgical | New LGE | 1 | MACE/mortality, 152, (441) | Rahimi et al, 2008 ^{31*} |
| Normal LV | Dobutamine stress | 2 | MACE/mortality, 578, (1063) | Hundley et al, 2002 ³⁷ , Kuijpers et al, 2004 ³⁹ |
| | Mixed stress | 1 | MI/mortality, 513, (1180) | Jahnke et al, 2007 ⁴¹ |
| | Adenosine stress | 2 | Mortality, 1220, (2823) | Bingham and Hachamovitch, 2008 ⁴⁴ , Pilz et al, 2008 ⁴² |
| | Dipyridamole stress | 1 | MACE/mortality, 420, (483) | Bodi et al, 2007 ⁴³ |
| Impaired LV | Dobutamine stress | 1 | MI/mortality, 200, (1000) | Dall'Armellina et al, 2008 ⁴⁰ |
| | LGE | 2 | MACE, mortality, 435, (1050) | Yokota et al, 2008 ³² , Kwon et al, 2009 ³³ |
| | LGE pre-CRT | 1 | Heart failure, nonresponse, mortality, 62, (126) | Chalil et al, 2007 ³⁴ |
| | CMR TSI pre-CRT | 1 | MACE/mortality, 77, (161) | Chalil et al, 2007 ³⁵ |
| DCM | LGE | 2 | MACE/mortality, 166, (274) | Assomull et al, 2006 ⁴⁶ , Wu et al, 2008 ⁴⁷ |
| HCM | LGE | 1 | Mortality, 424, (1201) | Rubinshtein et al, 2008 ⁵⁶ |
| | Apical aneurysms | 1 | MACE, mortality, 1299, (5326) | Maron et al, 2008 ^{50†} |
| Amyloid | Gd kinetics | 1 | Mortality, 29, (49) | Maceira et al, 2008 ⁶² |
| PAH | Volumes | 1 | Mortality, 64, (64) | Van Wolferen et al, 2007 ⁶³ |
| Congenital | RV morphology | 1 | MACE, 88, (370) | Knauth et al, 2008 ⁶⁹ |
| Stroke | Carotid plaque | 1 | Stroke, 154, (490) | Takaya et al, 2006 ⁷¹ |

Prognostic Value of Myocardial Fibrosis by MRI in Hypertrophic Cardiomyopathy



N= 220

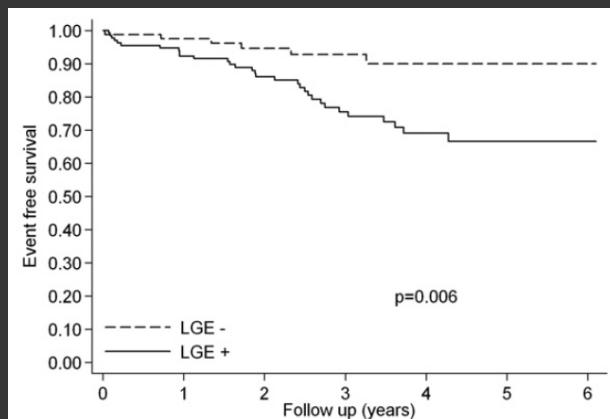
End point: sudden cardiac death, aborted sudden cardiac death



Bruder O et al. *J Am Coll Cardiol* 2010

N= 217

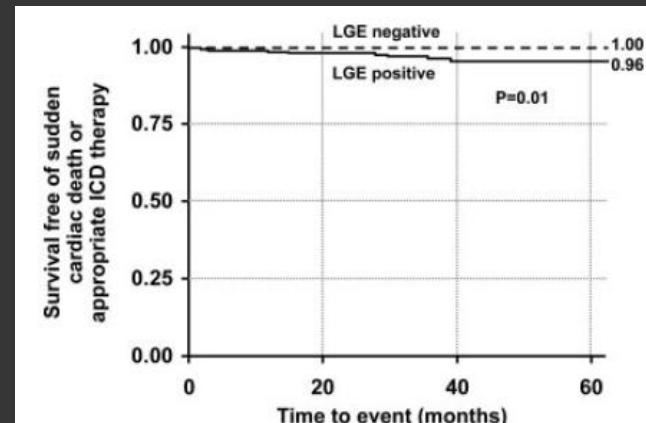
End point: CV death, unplanned CV admission, sustained VT or VF, appropriate ICD discharge



O'Hanlon R et al. *J Am Coll Cardiol* 2010

N= 434

End point: sudden cardiac death, appropriate ICD discharge

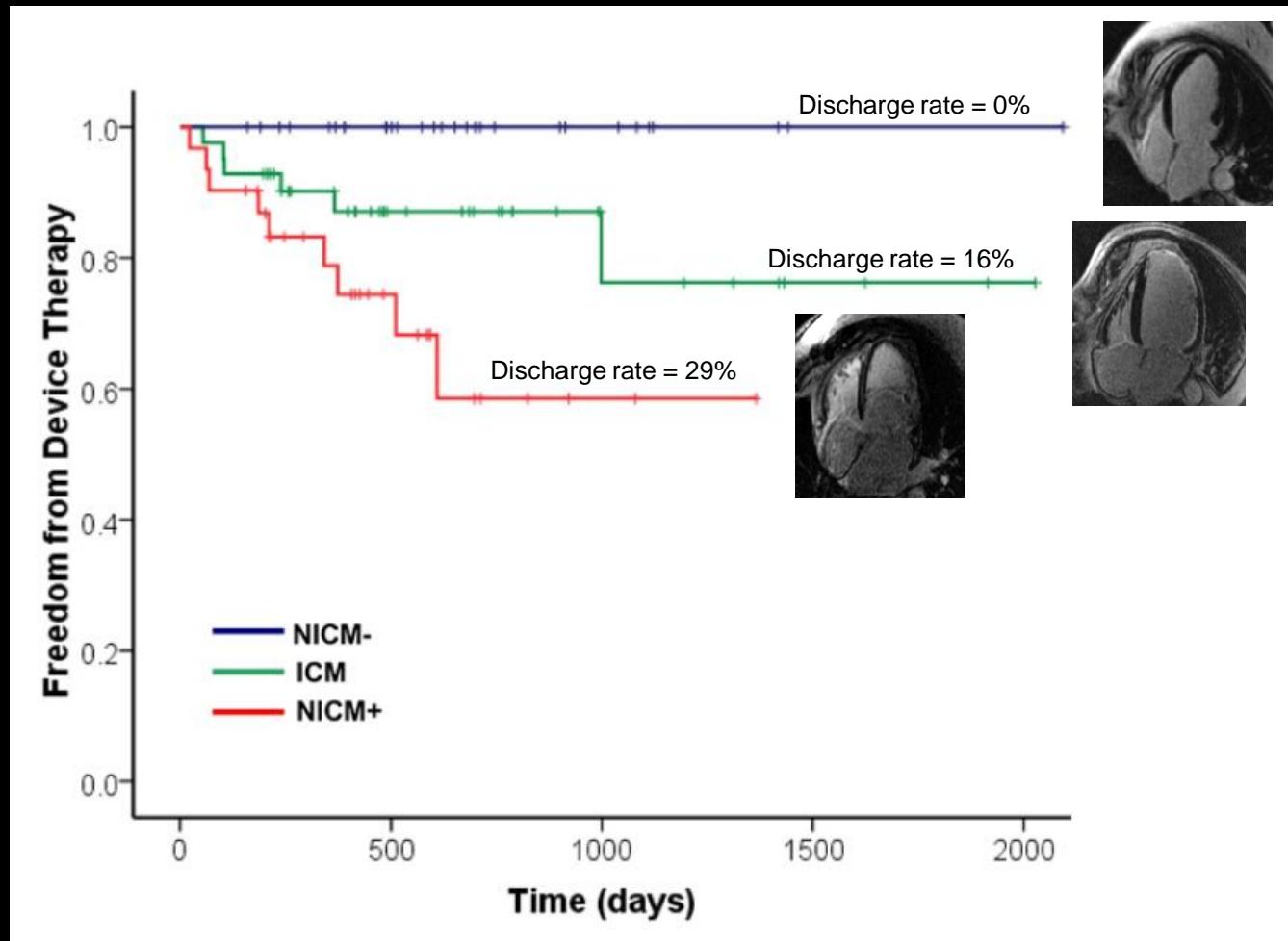


Rubinshtain R et al. *Circ Heart Fail* 2010

Myocardial Fibrosis Predicts Appropriate Device Therapy in Patients With ICDs for Primary Prevention of Sudden Cardiac Death

Illes L et al. J Am Coll Cardiol 2011

N= 103 pts. with indication to ICD implantation



Evaluation of Valvular Function and Morphology

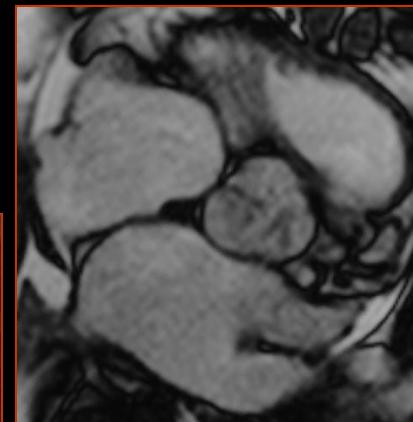
Appropriate

- Characterization of native and prosthetic valves
- Patients with technically limited images from TT or TE echo

3-Leaflets Aortic Valve



2-Leaflets Aortic Valve



Aortic Stenosis



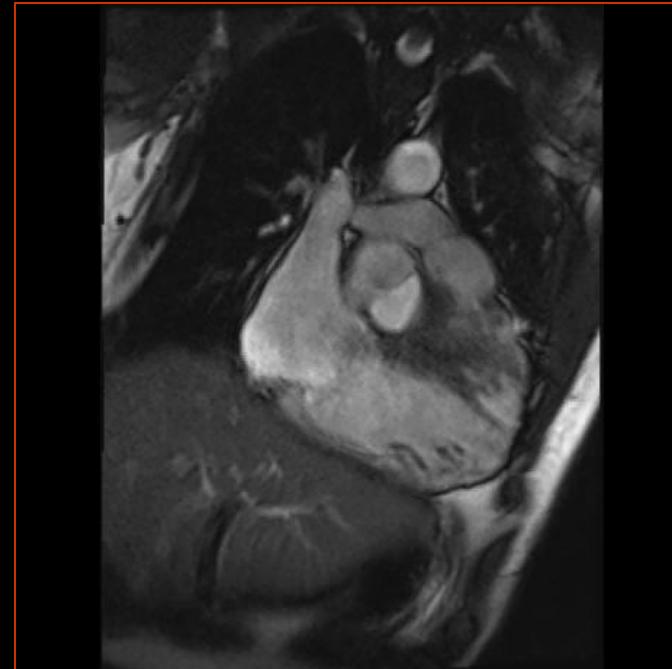
Aortic Regurgitation

Assessment of Complex Congenital Heart Disease

Appropriate

- Characterization of anomalies of coronary circulation, great vessels, and cardiac chambers and valves

Unrepaired Fallot Tetralogy



ACC/AHA 2008 Guidelines for the Management of Adults With Congenital Heart Disease : A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Develop Guidelines on the Management of Adults With Congenital Heart Disease): Developed in Collaboration With the American Society of Echocardiography, Heart Rhythm Society, International Society for Adult Congenital Heart Disease, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons

Carole A. Warnes, Roberta G. Williams, Thomas M. Bashore, John S. Child, Heidi M. Connolly, Joseph A. Dearani, Pedro del Nido, James W. Fasules, Thomas P. Graham, Jr., Ziyad M. Hijazi, Sharon A. Hunt, Mary Etta King, Michael J. Landzberg, Pamela D. Miner, Martha J. Radford, Edward P. Walsh and Gary D. Webb

Circulation. 2008;118:e714-e833; originally published online November 7, 2008;



European Heart Journal (2010) 31, 794–805
doi:10.1093/eurheartj/ehp586

SPECIAL ARTICLE

Recommendations for cardiovascular magnetic resonance in adults with congenital heart disease from the respective working groups of the European Society of Cardiology

Philip J. Kilner^{1*†}, Tal Geva², Harald Kaemmerer^{3‡}, Pedro T. Trindade^{4‡}, Juerg Schwitter^{5†}, and Gary D. Webb^{6‡}

MR Imaging in the Evaluation of a Cardiac Mass

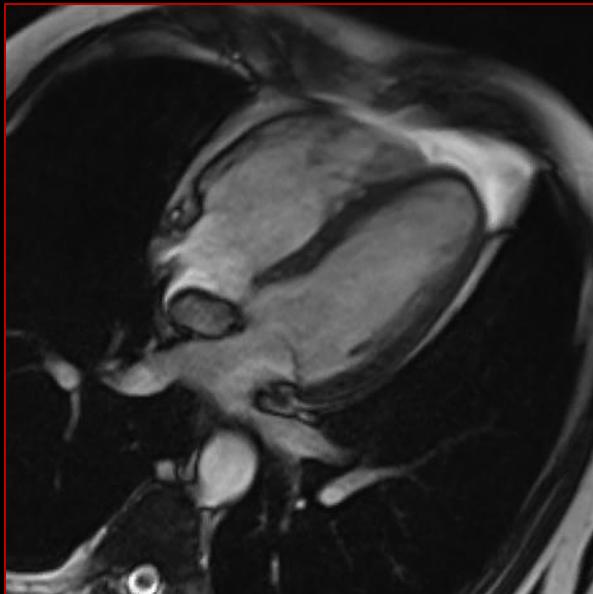
D.M.

61 year-old male

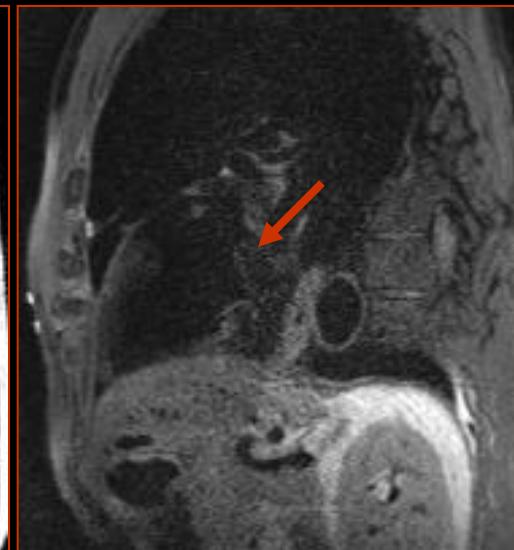
Arterial hypertension

Smoker

Echo: suspected mixoma
in right atrium



Fat Saturation -



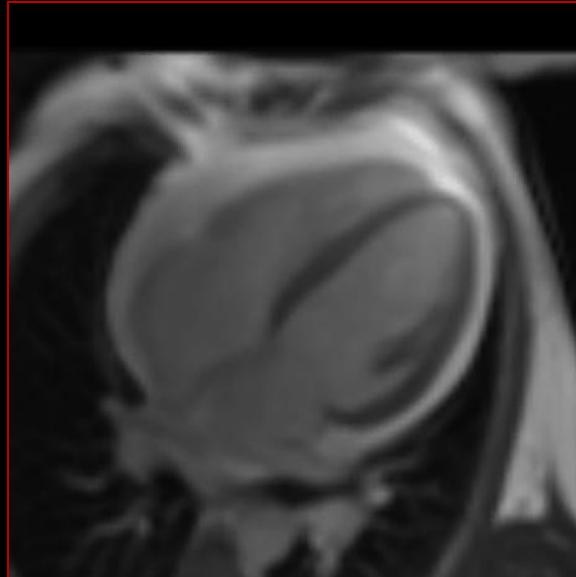
Fat Saturation +

Cardiac MR Evaluation of Pericardial Diseases

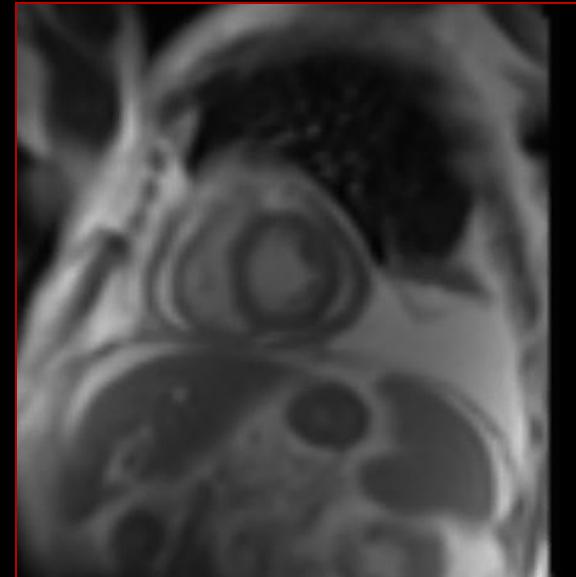
Appropriate

- Evaluation of pericardial effusion
and of constrictive pericarditis

Real-Time Cine Imaging



Pericardial
Effusion



Constrictive
Pericarditis

RM Cardiaca

Vantaggi:

- **Elevata risoluzione spaziale, temporale e di contrasto**
- **Assenza di “cattiva finestra”**
- **Orientamento spaziale illimitato**
- **Ampio campo di osservazione**
- **Versatilità (“one-stop-shop”)**
- **Accuratezza e riproducibilità**
- **Basso impatto biologico**

Svantaggi:

- **Costi elevati**
- **Scarsa diffusione**
- **Complessità tecnica**
- **Limitata esperienza**
- **Immobilità**
- **Intensi campi magnetici**
(impianti metallici)



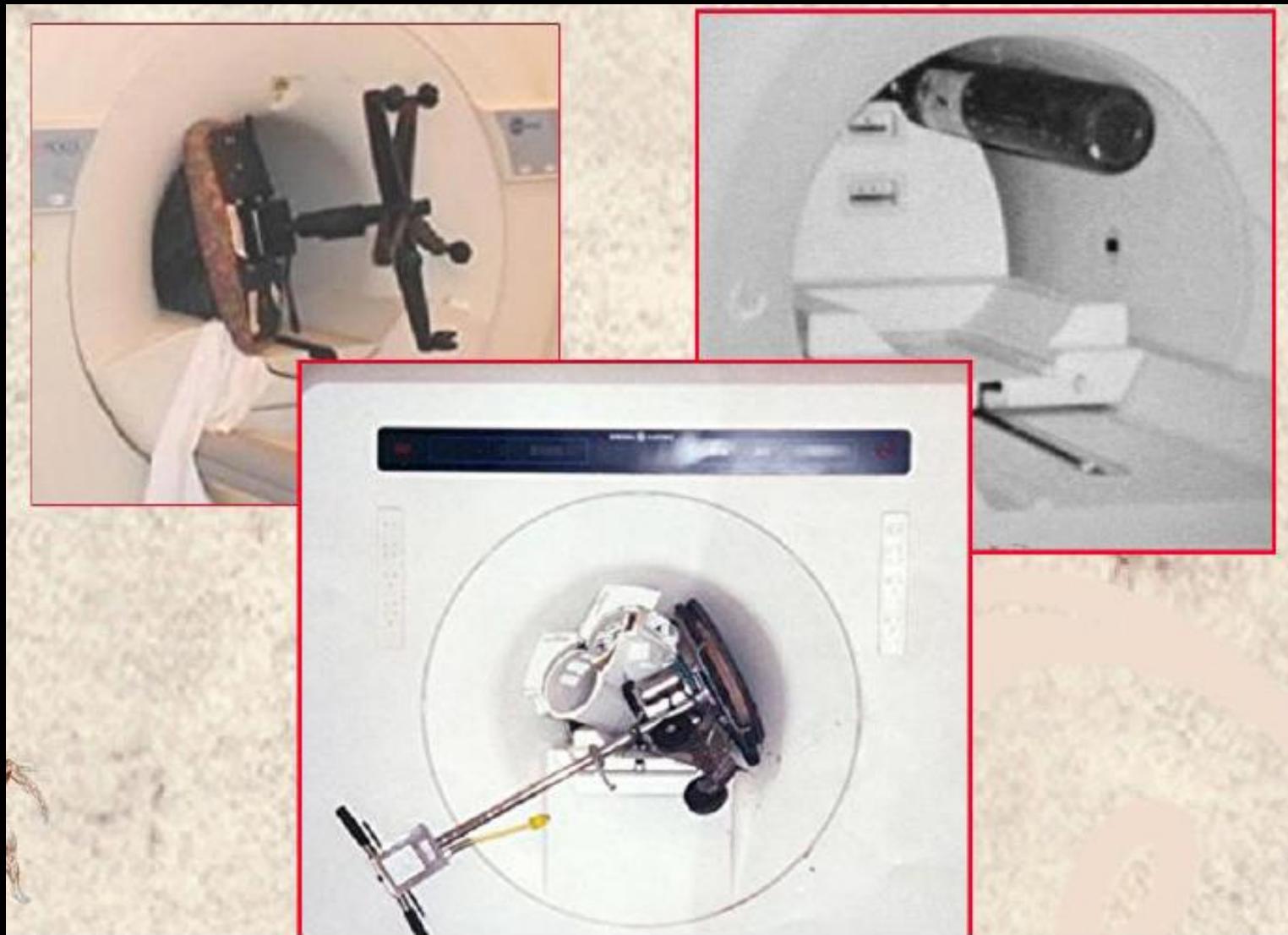
Controindicazioni in MRI

- **Assolute:**
 - Clips vascolari cerebrali
 - Oggetti metallici intraoculari
 - Pompe di infusione
 - Neurostimolatori
 - Corpi estranei metallici

 - Pacemakers
 - Defibrillatori
- **Relative:**
 - Obesità
 - Claustrofobia
 - Gravidanza
 - Instabilità clinica
 - Insufficienza renale (mdc)



MRI Safety: Missile effect



AHA Scientific Statement

Safety of Magnetic Resonance Imaging in Patients With Cardiovascular Devices

An American Heart Association Scientific Statement From the Committee on Diagnostic and Interventional Cardiac Catheterization, Council on Clinical Cardiology, and the Council on Cardiovascular Radiology and Intervention

Endorsed by the American College of Cardiology Foundation, the North American Society for Cardiac Imaging, and the Society for Cardiovascular Magnetic Resonance

Glenn N. Levine, MD, FAHA; Antoinette S. Gomes, MD, FAHA; Andrew E. Arai, MD, FAHA;
David A. Bluemke, MD, FAHA; Scott D. Flamm, MD; Emanuel Kanal, MD;
Warren J. Manning, MD, FAHA; Edward T. Martin, MD, FAHA; J. Michael Smith, MD;
Norbert Wilke, MD; Frank S. Shellock, PhD

Circulation. 2007;116:2878-2891

Terminology for labeling implanted devices

| | |
|----------------|---|
| MR safe | An item that poses no known hazards in any MR environment. Using the new terminology, "MR safe" items include nonconducting, nonmetallic, nonmagnetic items, such as a plastic Petri dish. |
| MR conditional | An item that has been demonstrated to pose no known hazards in a specified MR imaging environment with specified conditions of use. Conditions that define the MR environment include static magnetic field strength, spatial magnetic gradient, dB/dt (time-varying magnetic fields), RF fields, and SAR. Additional conditions, including specific configurations of the item (eg, the routing of leads used for a neurostimulation system), may be required. |
| MR unsafe | An item that is known to pose hazards in all MR environments. "MR unsafe" items include magnetic items such as a pair of ferromagnetic scissors. |

Performing MR Examinations in Patients With Pacemakers or ICDs

Potential risks:

- Movement of the device
- Programming changes
- Asynchronous pacing
- Activation of tachyarrhythmia therapies
- Inhibition of pacing output
- Induction of lead currents
(heating and cardiac stimulation)



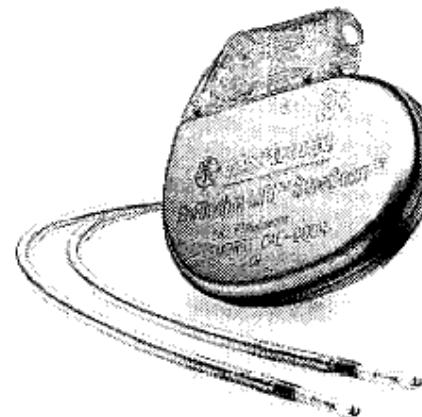
Potential clinical sequelae:

- Changes in pacing/defibrillation thresholds
- Pacemaker/ICD dysfunction or damage (including battery depletion)
- Arrhythmias
- Death

MEDICINA

Impiantato un nuovo pacemaker compatibile con la risonanza

L'ultimo modello di pacemaker (*nella foto*) per il cuore è a prova di campi magnetici. Superate le sperimentazioni in Gran Bretagna e in Germania, nei giorni scorsi è stato impiantato anche in Italia. In tre pazienti che, a differenza dei 300 mila portatori di pacemaker normali, potranno sottoporsi a esami come la risonanza magnetica e passare tranquillamente i metal detector di aeroporti, banche, supermercati. Nessun rischio di tilt. Ideato dall'americano



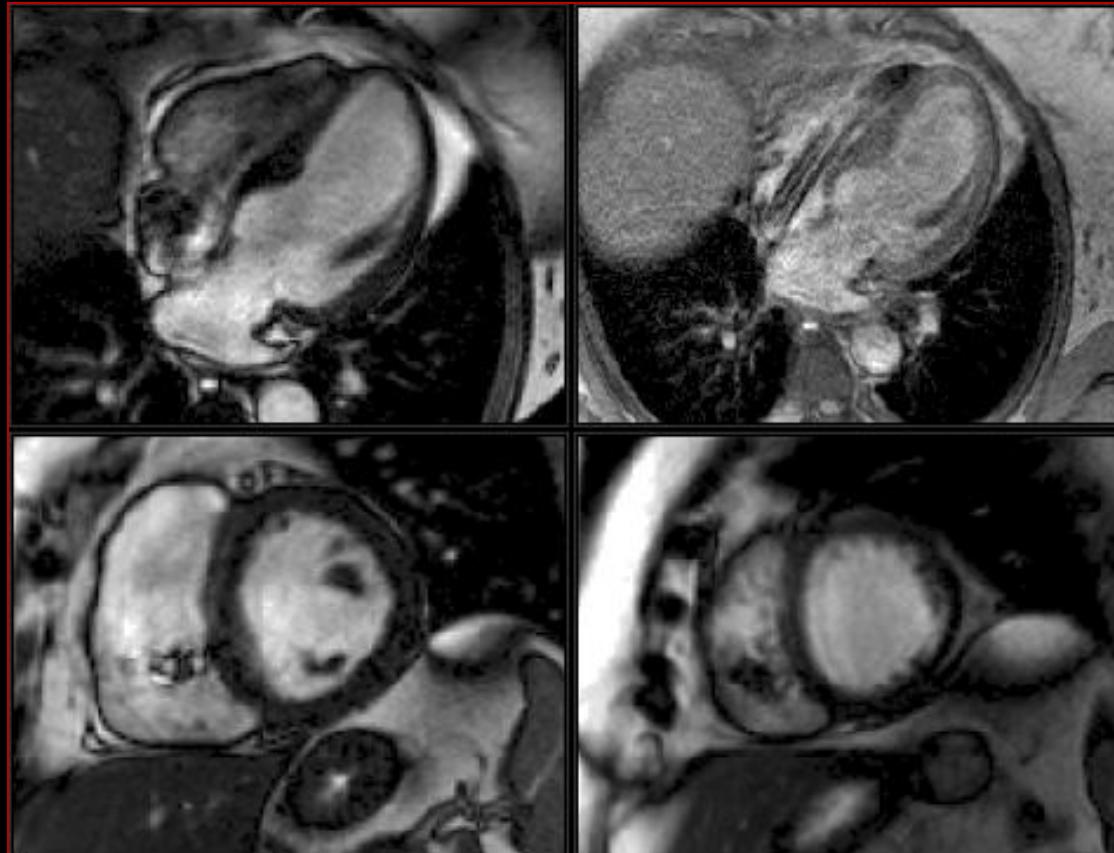
Earl Bakken, il primo pacemaker (una valigetta portatile) fu impiantato nel 1958 al Karolinska di Stoccolma. Oggi, diventati micro e super intelligenti, sono applicati ogni anno a oltre un milione di pazienti nel mondo. A 60 mila in Italia.

Cardiovascular Magnetic Resonance in Cardiac Sarcoidosis with MR Conditional Pacemaker in Situ

Quarta G. et al. *J Cardiovasc Magn Res* 2011

53-year-old woman with neuro-sarcoidosis

MRI-conditional dual chamber pacemaker and leads



Safety of Magnetic Resonance Imaging in Patients With Cardiovascular Devices

AHA Scientific Statement, *Circulation* 2007

| Device | Recommendations | | |
|----------------------------------|-----------------|---|------------|
| | | | |
| Pacemakers/ICDs | | X | X |
| Temporary pacing | | | X |
| Swan-Ganz catheters | | | X |
| Intra-aortic balloon pumps | | | X |
| Aortic stent grafts | X | X | Zenith AAA |
| Coronary stents | X | X | |
| Peripheral stents | X | X | |
| Prosthetic heart valves | X | X | |
| Inferior vena cava filters | X | | |
| Cardiac closure/occluder devices | X | | |



MR Safe



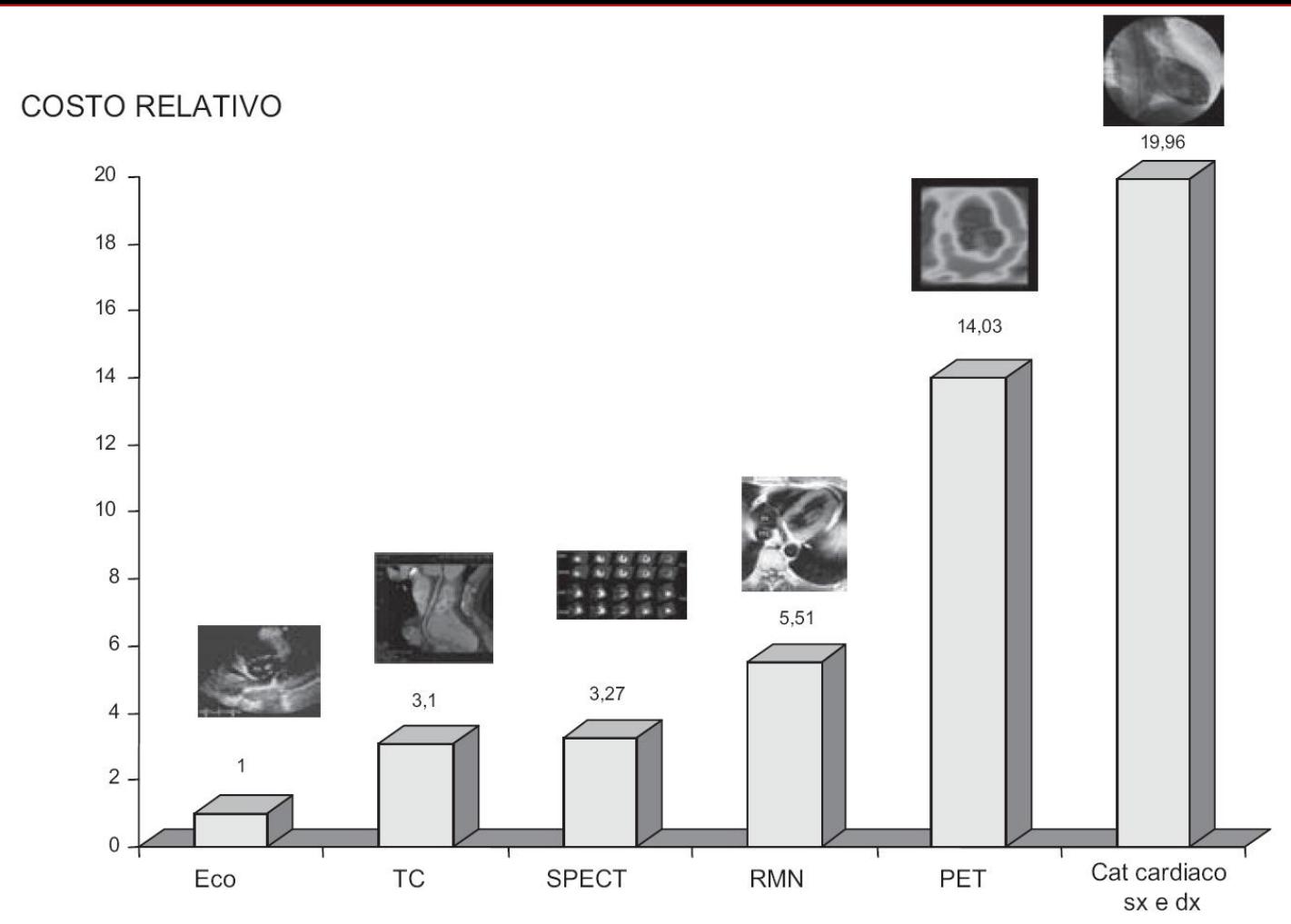
MR Conditional



MR Unsafe

Costo Relativo delle Metodiche di Imaging in Cardiologia

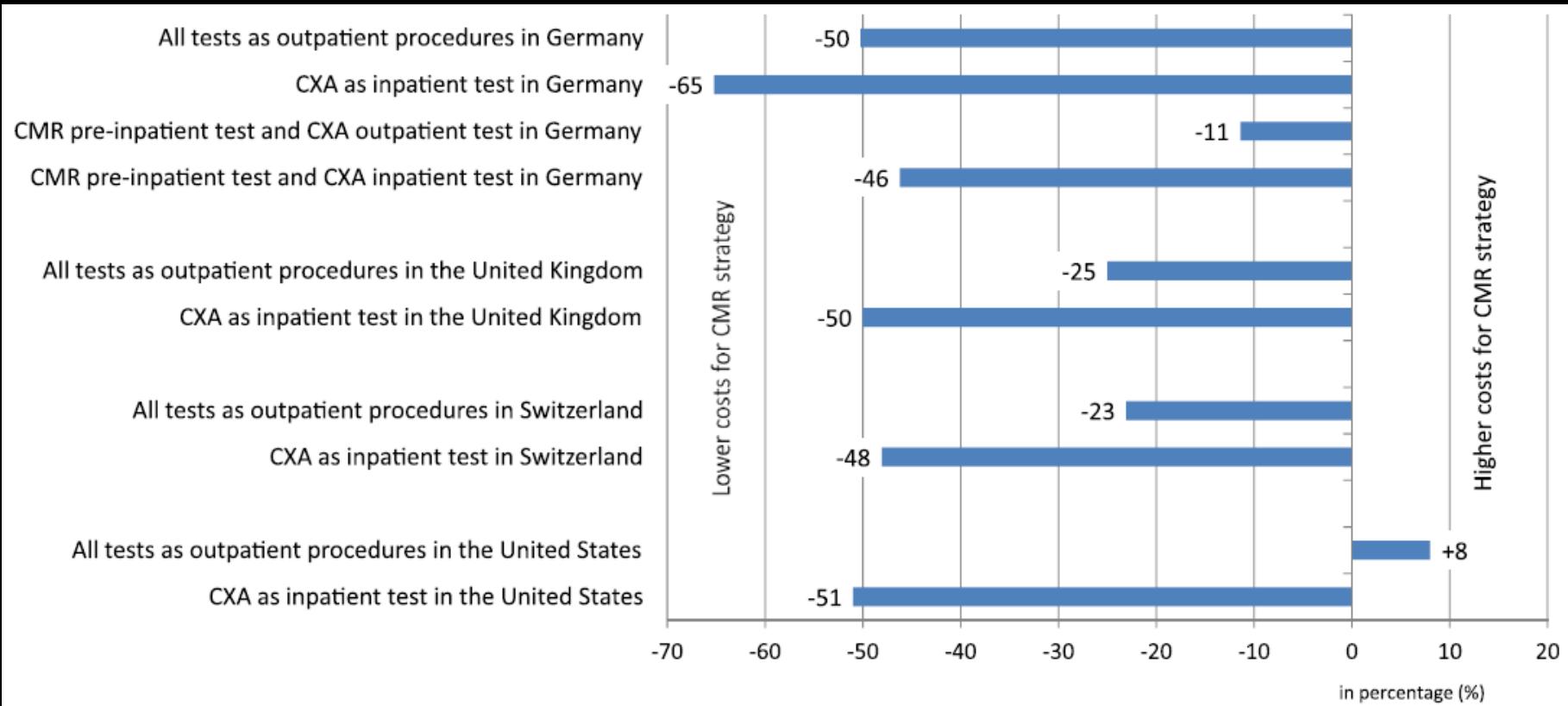
Picano E. G Ital Cardiol 2009



Cost Evaluation of CMR versus Coronary Angiography for the Diagnostic Work-up of CAD: Application of the European CMR Registry

Moschetti K et al., *J Cardiov Magn Res* 2012

Percentage of cost variation between CMR strategy and CXA strategy.



Portable Echo



Portable MRI



| | Ecocardiografia | Cardio-RM |
|-------------------------------------|-----------------|-----------|
| Disponibilità | ++++ | ++ |
| Portabilità | ++++ | - |
| Costo/beneficio | +++ | ++ |
| Rapidità di esecuzione | +++ | ++ |
| Fattibilità | ++ | +++ (PM) |
| Complessità delle informazioni | ++ | ++++ |
| Risoluzione spaziale e di contrasto | ++ | ++++ |
| Riproducibilità | ++ | ++++ |
| Impatto biologico | + | + |

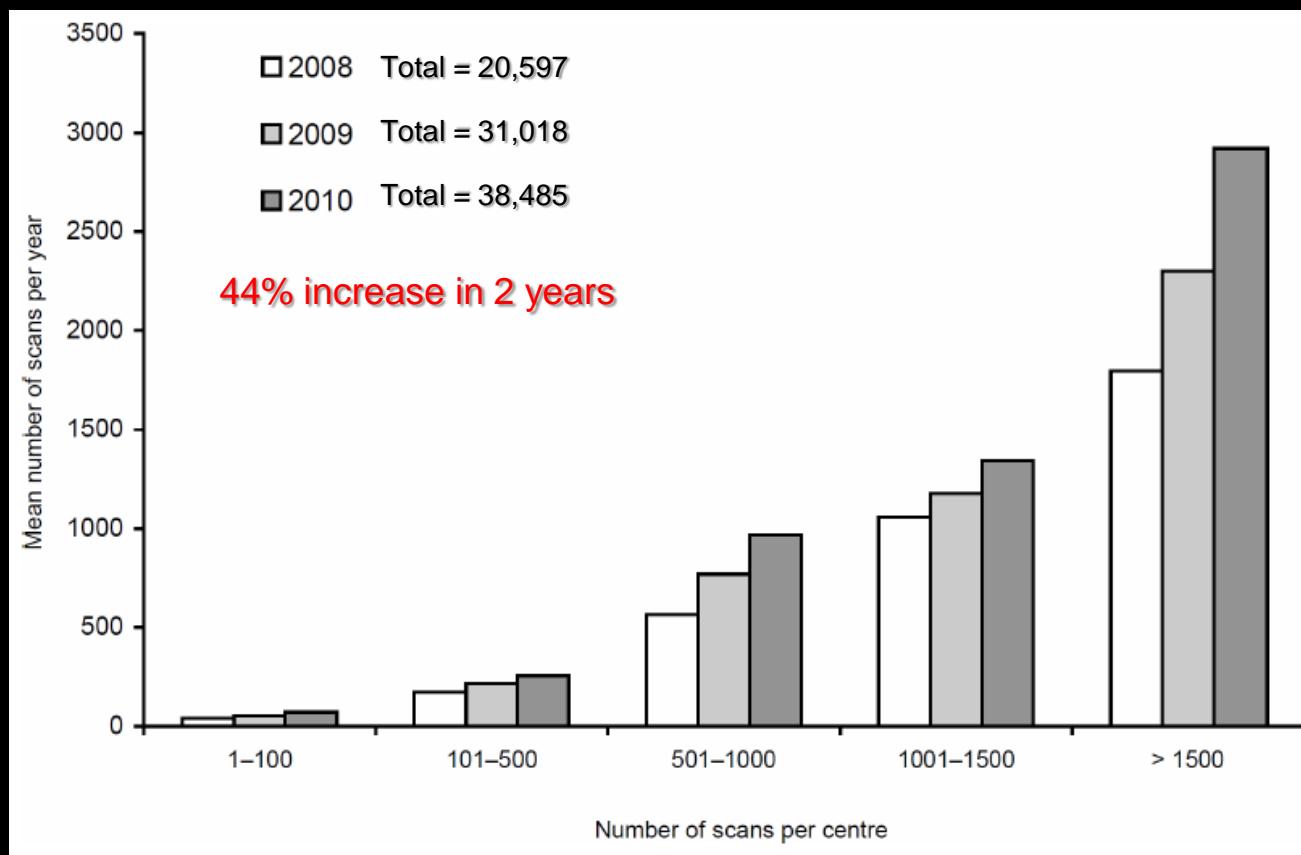
Cardiovascular Magnetic Resonance Activity in the UK: a Survey on Behalf of the British Society of CMR

Antony R. et al. *J Cardiov Magn Res* 2011

N= 60 Centers with CMR facilities from the national UK hospital database

Led by cardiologists alone (33%), by radiologists alone (33%) or by both specialities (33%)

1.5T in 86%



EuroCMR Registry

Results of the German Pilot Phase

Bruder O. et al. J Am Coll Cardiol 2009

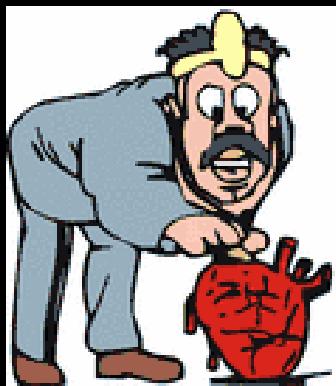
| Baseline Characteristics | | N = 11,040 from 20 Centers |
|--------------------------------------|--|----------------------------|
| All | | 100 (11,040) |
| Male | | 63.7% (7,020/11,017) |
| Female | | 36.3% (3,997/11,017) |
| Age (yrs) | | 60 (47-70) |
| BMI (kg/m^2) | | 26.2 (23.7-29.4) |
| Field | | |
| 1.0-T | | 1.1% (116/11,002) |
| 1.5-T | | 98.2% (10,801) |
| 3.0-T | | 0.8% (85) |
| Stress | | |
| No stress | | 68.5% (7,565/11,040) |
| Adenosine | | 20.9% (2,309) |
| Dobutamine | | 10.6% (1,166) |
| Reader | | |
| Cardiologist | | 78.2% (8,619) |
| Team of cardiologist and radiologist | | 20.1% (2,215) |
| Radiologist | | 1.7% (187) |
| Primary indication for CMR | | |
| Myocarditis/cardiomyopathies | | 31.9% (3,511/11,026) |
| Suspected CAD/ischemia in known CAD | | 30.8% (3,399) |
| Myocardial viability | | 14.7% (1,626) |
| Valvular heart disease | | 4.8% (531) |
| Aortic disease | | 3.4% (372) |
| Congenital heart disease | | 1.6% (181) |
| Ventricular thrombus | | 1.4% (154) |
| Cardiac masses | | 1.2% (129) |
| Pulmonary vessels | | 1.1% (126) |
| Coronary vessels | | 0.2% (25) |
| Other than above | | 8.8% (972) |

| Impact of CMR on Patient Management by Indication | | Suspected CAD/Ischemia |
|---|--|------------------------|
| All (from n = 11,040) | | 30.8% |
| Completely new diagnosis not suspected before | | 19.6% |
| Therapeutic consequences | | |
| Change in medication | | 25.9% |
| Intervention/surgery | | 6.7% |
| Invasive angiography/biopsy | | 15.6% |
| Hospital discharge | | 3.6% |
| Hospital admission | | 0.2% |
| Impact on patient management (new diagnosis and/or therapeutic consequence) | | 71.2% |



From April 2007 and January 2009

Limited Scanner/Operator Availability for Cardiac MRI



Cardiologist



Radiology Oriented
Imager



Cardiology Oriented Imager

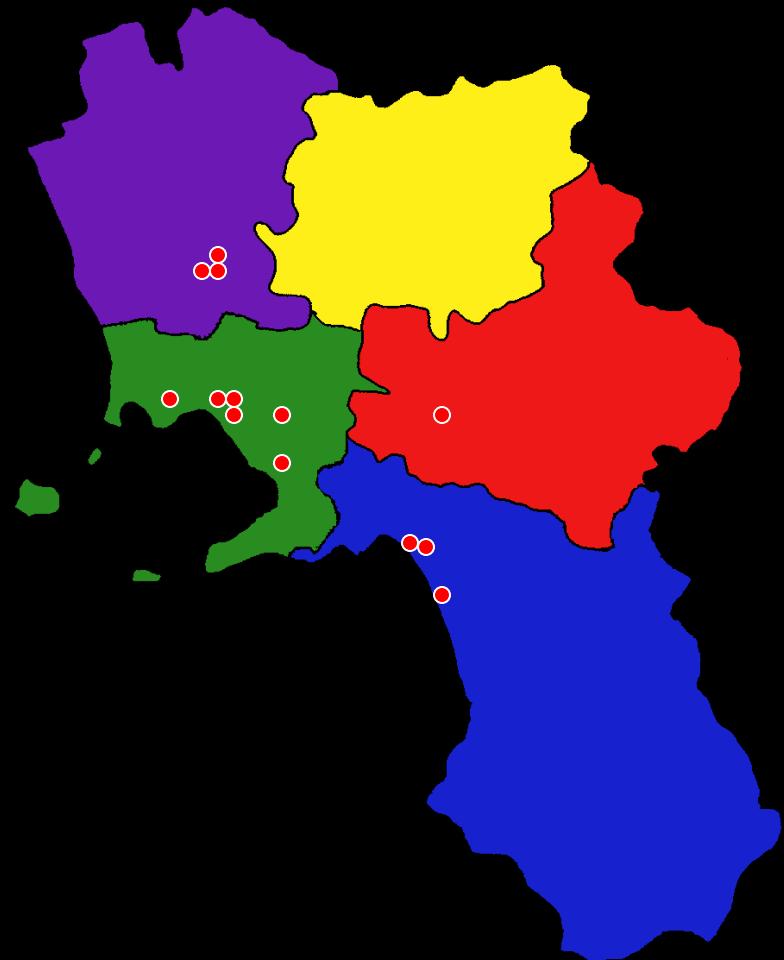


General Imaging
Sessions



Dedicated Imaging
Sessions

RM Cardiaca in Campania



European Heart Journal (2011) 32, 793–798
doi:10.1093/eurheartj/ehq474

CURRENT OPINION

Training and accreditation in cardiovascular magnetic resonance in Europe: a position statement of the working group on cardiovascular magnetic resonance of the European Society of Cardiology

Sven Plein ^{1,2*}, Jeanette Schulz-Menger ³, Ana Almeida ⁴, Heiko Mahrholdt ⁵,
Frank Rademakers ⁶, Dudley Pennell ⁷, Eike Nagel ², Juerg Schwitter ⁸, and
Massimo Lombardi ⁹, on behalf of the Working Group on Cardiovascular Magnetic Resonance of the European Society of Cardiology

Accredited site:

- >400 exams/year
- Case mix
- Qualified supervisor (level 3 SCMR or ESC)
- Structured training programme
- Quality control (EuroCMR Registry)
- Multi-modality imaging environment (echocardiography, invasive angiography, nuclear cardiology, cardiac computed tomography)

**Formazione e accreditamento in risonanza magnetica cardiovascolare:
Documento del Gruppo di Studio per le Applicazioni della Risonanza
Magnética della Società Italiana di Cardiologia (SIC) e dell'Area
Cardiolimaging dell'Associazione Nazionale Medici Cardiologi Ospedalieri
(ANMCO)**

Alberto Roghi¹, Santo Dellegrottaglie¹, Gian Piero Perna²

¹ per il Nucleo del Gruppo di Studio per le Applicazioni della Risonanza Magnetica della Società Italiana di Cardiologia (SIC)

² per il Comitato di Coordinamento dell'Area Cardiolimaging dell'Associazione Nazionale Medici Cardiologi Ospedalieri (ANMCO)

G Ital Cardiol 2012; 00: 00-00

| Livello | Durata Training | Casi | Esame RMC | ECM (h) | Altro |
|----------------|------------------------|-------------|------------------|----------------|-----------------|
| 1 | 1 mese | 50+ | No | 20 | - |
| 2 | 3 mesi | 150+ | Si | 50 | BLS+ACLS |
| 3 | 12 mesi | 300+ | Si | 50 | BLS+ACLS |

Il Gruppo di Studio per le Applicazioni della RM della Società Italiana di Cardiologia (SIC) e l'Area Cardiolimaging dell'Associazione Nazionale Medici Cardiologi Ospedalieri (ANMCO) hanno ritenuto di affrontare in un documento le criticità di ordine logistico, culturale e formativo che ostacolano la diffusione delle applicazioni della metodica. Si propone: 1) l'integrazione della formazione in RM cardiaca nel curriculum formativo delle Scuole di Specialità di Cardiologia così come previsto dal curriculum formativo europeo; 2) che il percorso di formazione e certificazione degli operatori preveda competenze cardiovascolari e radiologiche secondo quanto previsto dagli standard europei; 3) che l'accreditamento dei Centri di formazione rispetti gli standard previsti dall'ESC per volumi, case-mix, attività di training e di ricerca e per la sicurezza delle procedure.



CORSO AVANZATO DI ECOCARDIOGRAFIA DI “ECOCARDIOCHIRURGIA”

con uno sguardo all’imaging integrato

La Risonanza Magnetica Presentata agli Ecocardiografisti

Santo Dellegrotttaglie, MD – PhD

Laboratorio di RM Cardiovascolare
Divisione di Cardiologia
Ospedale Medico-Chirurgico Accreditato Villa dei Fiori
Acerra (Napoli)

