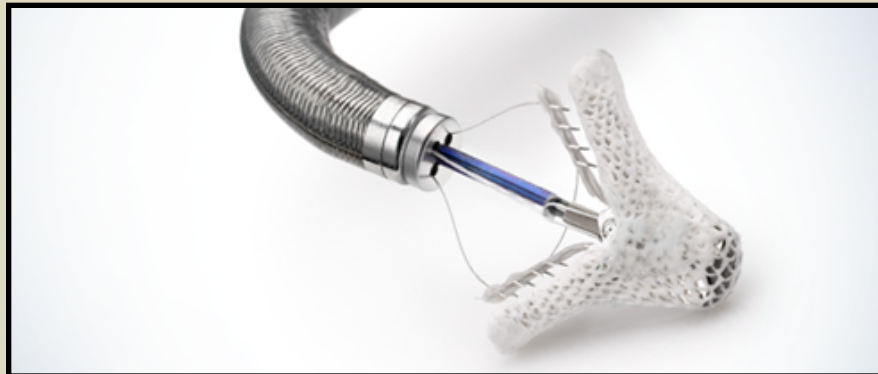


# La Riparazione con MitraClip

## *Indicazioni Attuali e Tecnica di Una Procedura in Forte Espansione*



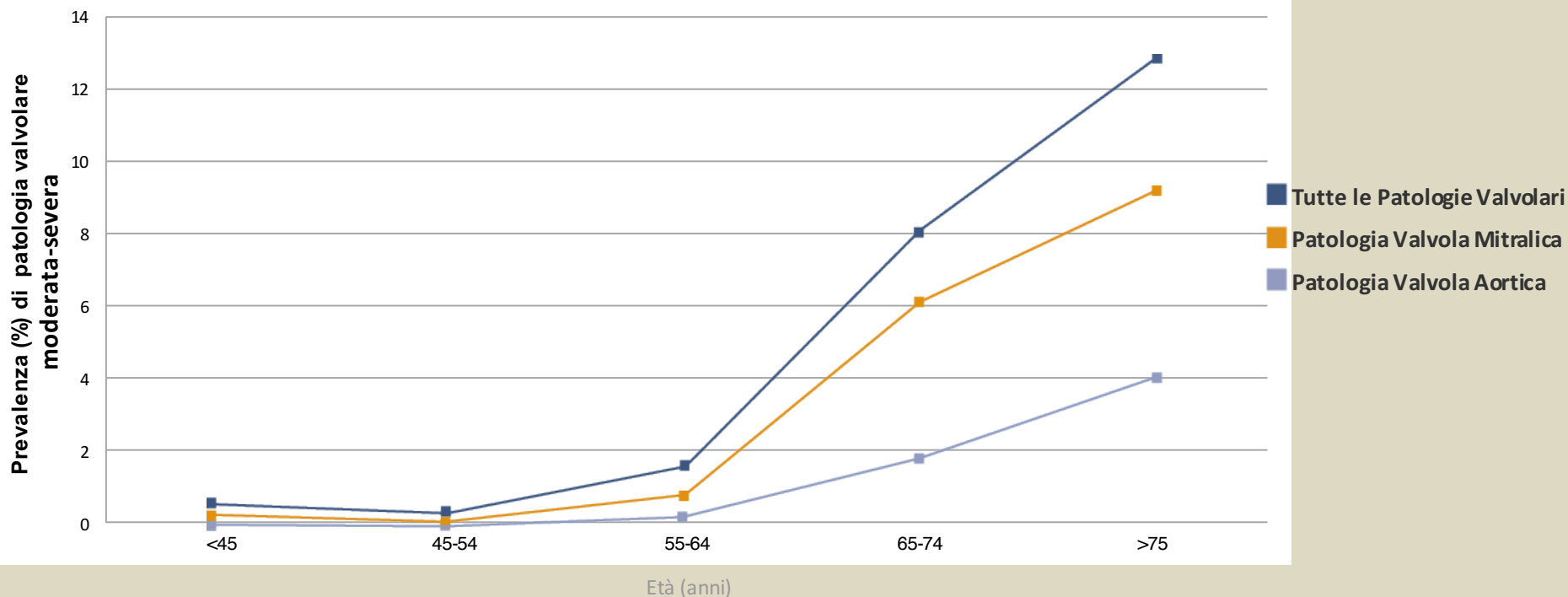
***Antonio L. Bartorelli***  
***Centro Cardiologico Monzino***  
***Università di Milano***

**ECOCARDIOCHIRURGIA 2016**  
**Direttori: Antonio Mantero & Giuseppe Tarelli**



# Prevalenza dell'IM: una patologia che aumenta con l'Età<sup>1,2</sup>

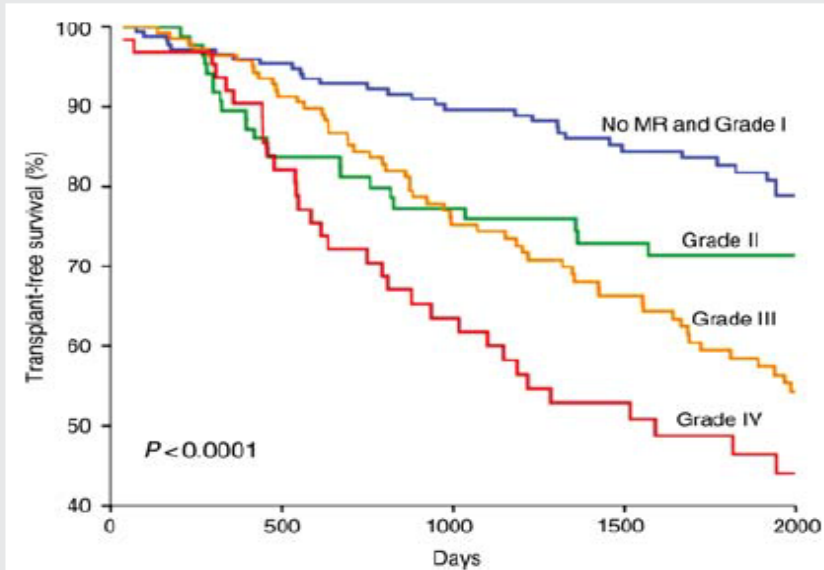
 **Quasi 1 persona su 10 con 75 anni di età o più è affetta da IM ≥2+**



<sup>1</sup> Heart Disease and Stroke Statistics 2010 Update: A Report From the American Heart Association. *Circulation* 2010;121:e46-e215

<sup>2</sup> Nkomo et al. Burden of Valvular Heart Diseases: A Population-based Study. *Lancet* 2006;368:1005-11

# Functional MR Severity as a Predictor of Mortality

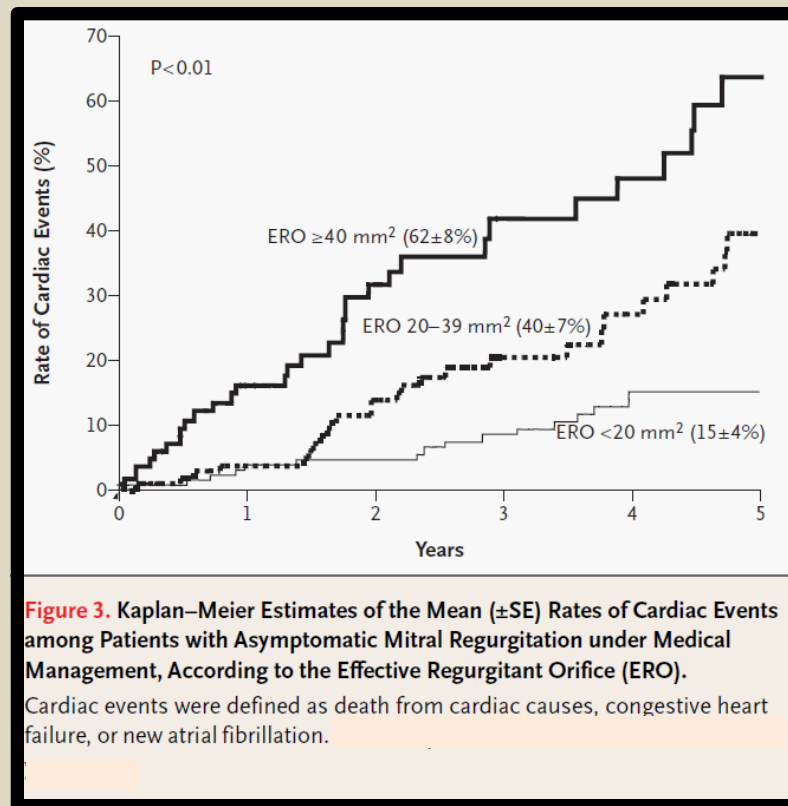
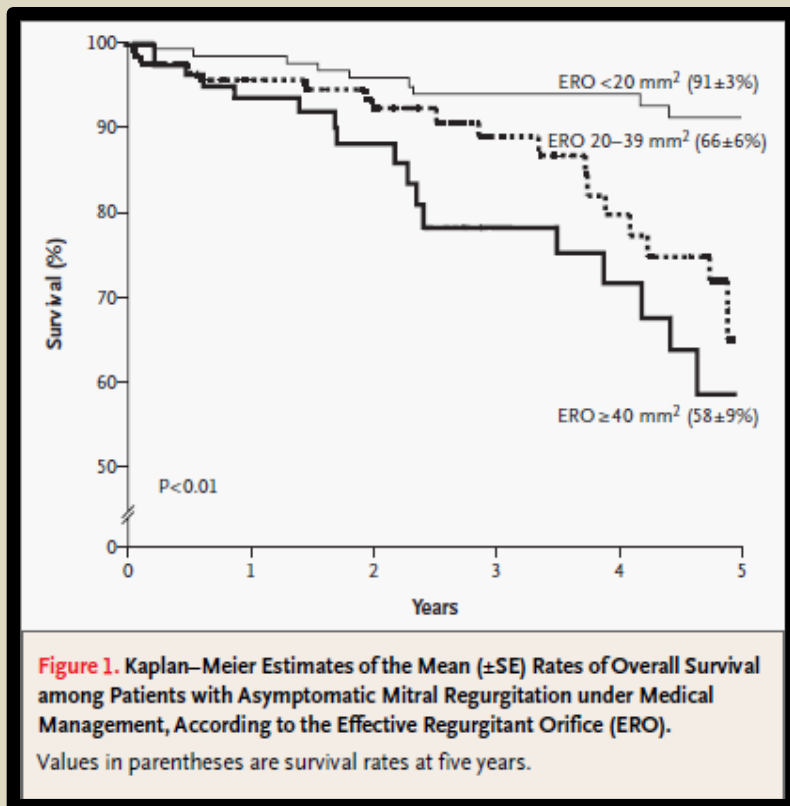


**Figure 1** Event-free survival according to the presence and degree of functional mitral regurgitation. Blue line indicates patients without functional mitral regurgitation or Grade I functional mitral regurgitation, green line indicates patients with Grade II functional mitral regurgitation, yellow line indicates patients with Grade III functional mitral regurgitation, and red line indicates patients with Grade IV functional mitral regurgitation.

- ❑ 469 CHF patients with FMR
- ❑ Five-year clinical follow-up
- ❑ FMR classified as:
  - Absent-Grade I
  - Grade II
  - Grade III
  - Grade IV
- ❑ FMR is an independent determinant of death and heart transplantation only in less severe CHF and in patients with a lower risk profile
- ❑ This finding indicates that FMR plays a major role in the early phase of CHF, suggesting that this should be the focus of strategies attempting to reduce it

# MR Severity as a Predictor of Mortality and Cardiac Events

## 456 patients with asymptomatic organic MR



Patients with Effective Regurgitant Orifice (ERO)  $\geq 40 \text{ mm}^2$  have a significantly increased risk of death and cardiac events and should promptly be considered for valve repair

# The «unmet need»

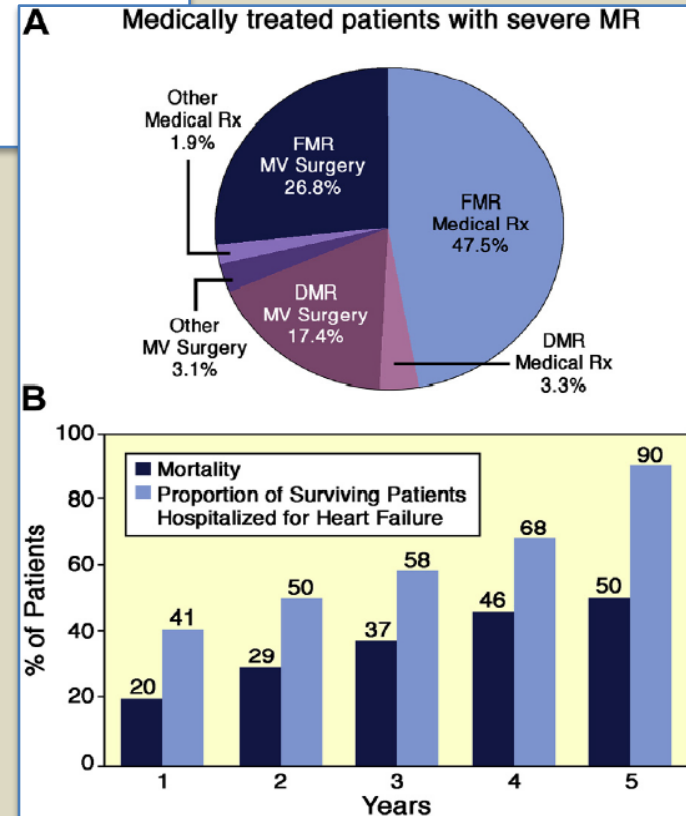
## CORRESPONDENCE

### Research Correspondence

## Prevalence and Outcomes of Unoperated Patients With Severe Symptomatic Mitral Regurgitation and Heart Failure

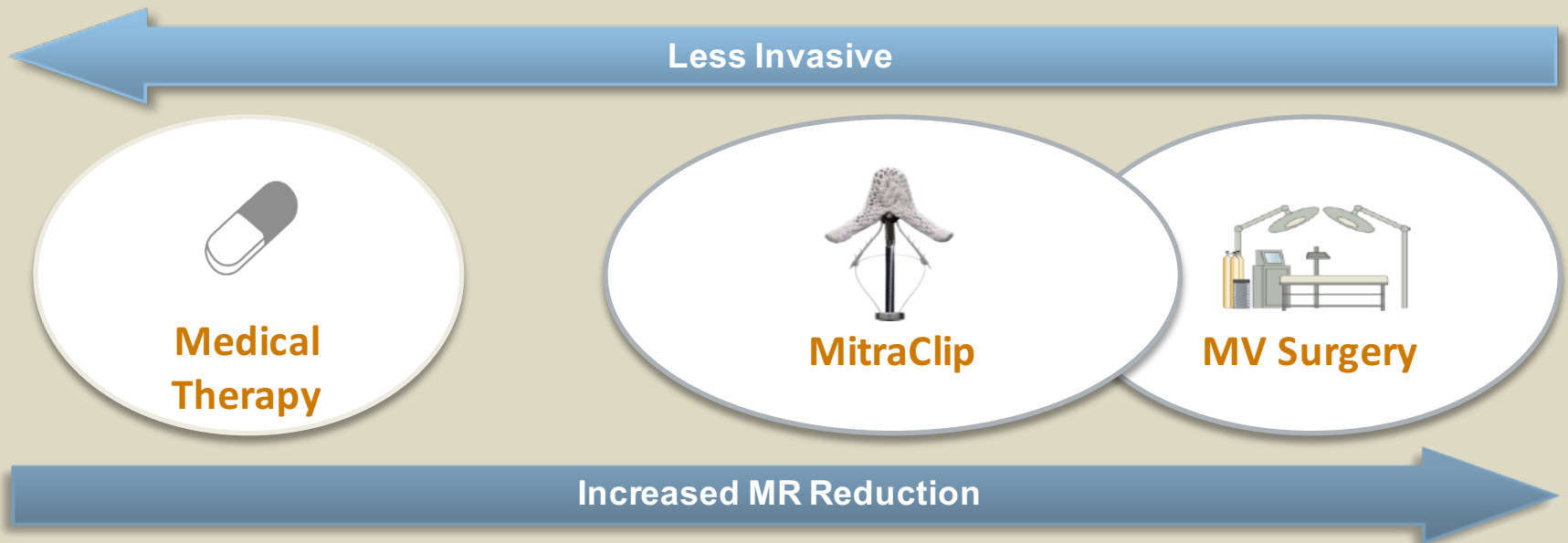
Comprehensive Analysis to Determine the Potential Role  
of MitraClip for This Unmet Need

- 2000-2008: identificati 5,737 con MR  $\geq 3+$
- 1,095 pz con IM severa ed HF (814 FMR, 226 DMR)
- 518 operati (~47.3%), 577 non operati (~52%)
- 577 pz NON operati (~52%), Follow-up a 5 anni:
  - mortalità  $\rightarrow$  50%
  - ospedalizzazioni  $\rightarrow$  90%



# MitraClip Therapy: Filling a Treatment Gap

- Medical therapy addresses symptom management only
- MV surgery has been the only option that reliably reduces MR
- **A significant gap exists between patients who receive medical therapy and those undergoing MV surgery, which is based on risk-benefit profile**
- **MitraClip** therapy is a **first-in-class, minimally invasive, catheter-based** procedure to reduce MR



# Linee Guida ESC/EACTS 2012 sulla gestione delle patologie valvolari

## Guidelines on the management of valvular heart disease (version 2012)

The Joint Task Force on the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Authors/Task Force Members: Alec Vahanian (Chairperson) (France)\*, Ottavio Alfieri (Chairperson)\* (Italy), Felicia Andreotti (Italy), Manuel J. Antunes (Portugal), Gonzalo Barón-Esquivias (Spain), Helmut Baumgartner (Germany), Michael Andrew Borger (Germany), Thierry P. Carrel (Switzerland), Michele De Bonis (Italy), Arturo Evangelista (Spain), Volkmar Falk (Switzerland), Bernard Land (France), Patrizio Lancellotti (Belgium), Luc Pierard (Belgium), Susanna Price (UK), Hans-Joachim Schächter (Germany), Gerhard Schuler (Germany), Janina Stepinska (Poland), Karl Swedberg (Sweden), Johanna Taskiranoglu (The Netherlands), Ulrich Otto Von Oppell (UK), Stephan Windecker (Switzerland), Jose Luis Zamorano (Spain), Marian Zembala (Poland)

## Indicazioni per IM Degenerativa

**“La procedura percutanea edge-to-edge può essere presa in considerazione in pazienti sintomatici con severe insufficienza mitralica primaria che rispondono ai criteri di eleggibilità, sono giudicati inoperabili o ad alto rischio chirurgico da un “heart team”, e hanno un’aspettativa di vita maggiore di 1 anno (classe di raccomandazione IIb, livello di evidenza C)”**

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**6.1.4 Percutaneous Intervention**  
Catheter-based interventions have been designed to correct MR percutaneously. The only one which has been evaluated in a large randomised trial is the edge-to-edge procedure (TEEP) from the MITRA II study (see Table 2). TEEP is a minimally invasive procedure that involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**6.1.5 Indications for Intervention**  
Intervention is indicated in patients with severe MR, symptoms, and evidence of haemodynamic compromise, when the patient is not a candidate for surgery, or when the patient is at high risk of surgery. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**6.1.6 Medical Treatment**  
Medical treatment is not recommended for the management of primary MR. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**Table 1 Indications for surgery to severe primary mitral regurgitation**

Class	Level	Ref.
Class I	A	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100
Class II	B	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100
Class III	C	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

## Indicazioni per IM Funzionale

**“La procedura percutanea MitraClip può essere presa in considerazione in pazienti sintomatici con severe insufficienza mitralica secondaria nonostante ottima terapia medica (incluso la CRT se indicato), che rispondono ai criteri di eleggibilità, sono giudicati inoperabili o ad alto rischio chirurgico da un team di cardiologi e cardiocirurghi”, e hanno un’aspettativa di vita maggiore di 1 anno (classe di raccomandazione IIb, livello di evidenza C)”**

ESC/EACTS Guidelines Page 23 of 46

**6.1.1 Medical Treatment**  
Medical treatment is not recommended for the management of primary MR. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**6.1.2 Percutaneous Intervention**  
Catheter-based interventions have been designed to correct MR percutaneously. The only one which has been evaluated in a large randomised trial is the edge-to-edge procedure (TEEP) from the MITRA II study (see Table 2). TEEP is a minimally invasive procedure that involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**6.1.3 Indications for Intervention**  
Intervention is indicated in patients with severe MR, symptoms, and evidence of haemodynamic compromise, when the patient is not a candidate for surgery, or when the patient is at high risk of surgery. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**6.1.4 Medical Treatment**  
Medical treatment is not recommended for the management of primary MR. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**7. Mitral stenosis**  
Medical treatment is not recommended for the management of primary MR. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**7.1 Evaluation**  
The patient with MS should be evaluated for symptoms and signs of heart failure, and for the presence of atrial fibrillation, pulmonary hypertension, and other complications. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**7.2 Natural History**  
The natural history of MS is characterized by a gradual increase in the severity of the stenosis, which is usually accompanied by symptoms and signs of heart failure. The procedure is performed under fluoroscopic guidance. The procedure involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

**7.3 Results of Intervention**  
Catheter-based interventions have been designed to correct MS percutaneously. The only one which has been evaluated in a large randomised trial is the edge-to-edge procedure (TEEP) from the MITRA II study (see Table 2). TEEP is a minimally invasive procedure that involves the use of a catheter-based device to bring the mitral leaflets into contact, thereby reducing the regurgitant orifice. The procedure is performed under fluoroscopic guidance.

# Percutaneous edge-to-edge repair as treatment option for high-risk surgical patients in ESC Heart Failure 2012 guidelines


 European Heart Journal  
 doi:10.1093/eurheartj/ehs104

ESC GUIDELINES

**ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure 2012**

The Task Force for the Diagnosis and Treatment of Acute and Chronic Heart Failure 2012 of the European Society of Cardiology. Developed in collaboration with the Heart Failure Association (HFA) of the ESC

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... **“In patients with an indication for valve repair but judged inoperable or at unacceptably high surgical risk, percutaneous edge-to-edge repair may be considered in order to improve symptoms.”** .....

although its effect on survival is unknown. In this situation, the decision to operate should take account of response to medical therapy, co-morbidity, and the likelihood that the valve can be repaired (rather than replaced).

**Secondary mitral regurgitation**

This occurs because LV enlargement and remodelling lead to reduced leaflet closing. Effective medical therapy leading to reverse remodelling of the LV may reduce functional mitral regurgitation, and every effort should be made to optimize medical treatment in these patients.

Ischaemic mitral regurgitation is a particularly type of secondary mitral regurgitation that may be more suitable for surgical repair. As it is often a dynamic condition, stress testing is important in its evaluation. An exercise-induced increase of effective regurgitant orifice ( $\geq 13 \text{ mm}^2$ ) is associated with a worse prognosis. Combined valve and coronary surgery should be considered in symptomatic patients with LV systolic dysfunction, coronary arteries suitable for revascularization, and evidence of viability. Predictors of late failure of valve repair include large interpapillary muscle distance, severe posterior mitral leaflet tethering, and marked LV dilatation (LV end-diastolic diameter  $> 65 \text{ mm}$ ). In these patients, mitral valve replacement, rather than repair, may be advisable. In the presence of AF, atrial ablation and left atrial appendage closure may be considered at the time of mitral valve surgery.

The role of isolated mitral valve surgery in patients with severe functional mitral regurgitation and severe LV systolic dysfunction who cannot be revascularized or have non-ischaemic cardiomyopathy is questionable, and in most patients conventional medical and device therapy are preferred. In selected cases, repair may be considered in order to avoid or postpone transplantation.

In patients with an indication for valve repair but judged inoperable or at unacceptably high surgical risk, percutaneous edge-to-edge repair may be considered in order to improve symptoms.<sup>250</sup>

**13.4 Heart transplantation**

Heart transplantation is an accepted treatment for end-stage HF.<sup>251,252</sup> Although controlled trials have never been conducted, there is consensus that transplantation—provided that proper selection criteria are applied—significantly increases survival, exercise capacity, quality of life, and return to work compared with conventional treatment.

Apart from the shortage of donor hearts, the main challenges in transplantation are the consequences of the limited effectiveness and complications of immunosuppressive therapy in the long term (i.e. antibody-mediated rejection, infection, hypertension, renal failure, malignancy, and coronary artery vasculopathy). The indications for and contraindications to heart transplantation are summarized in Table 23.

**13.5 Mechanical circulatory support**

MCS is an umbrella term describing a number of different technologies used to provide both short- and longer term assistance in patients with either chronic HF or AHF. A variety of terms have been used to describe the use of these technologies (Table 24).<sup>211,253</sup> The most experience is with MCS in end-stage

**Table 23 Heart transplantation: indications and contraindications**

Patients to consider	End-stage heart failure with severe symptoms, a poor prognosis, and no remaining alternative treatment options
	Motivated, well informed, and emotionally stable
	Capable of complying with the intensive treatment required post-operatively
Contraindications	Active infection
	Severe peripheral arterial or cerebrovascular disease
	Current alcohol or drug abuse
	Treated cancer in previous 5 years
	Unhealed peptic ulcer
	Recent thrombo-embolism
	Significant renal failure (e.g. creatinine clearance $< 50 \text{ mL/min}$ )
	Significant liver disease
	Systemic disease with multibag involvement
	Other serious co-morbidity with poor prognosis
	Emotional instability or untreated mental illness
	High, fixed pulmonary vascular resistance ( $\geq 4-5 \text{ Wood Units}$ and mean transpulmonary gradient $> 13 \text{ mmHg}$ )

HF = heart failure.

**Table 24 Terms describing various uses of mechanical circulatory support (MCS)**

Bridge to decision (BTD):	Use of MCS in patients with drug-refractory acute circulatory collapse and at immediate risk of death to sustain life until a full clinical evaluation can be completed and additional therapeutic options can be evaluated.
Bridge to candidacy (BTC):	Use of MCS to improve end-organ function in order to make an ineligible patient eligible for transplantation.
Bridge to transplantation (BT):	Use of MCS to keep a patient at high risk of death before transplantation alive until a donor organ becomes available.
Bridge to recovery (BTR):	Use of MCS to keep patient alive until intrinsic cardiac function recovers sufficiently to remove MCS.
Destination therapy (DT):	Long-term use of MCS as an alternative to transplantation in patients with end-stage heart failure ineligible for transplantation.

MCS = mechanical circulatory support.



# WHO refer to PMVR

## *MitraClip in Specific Patient Groups*

MR patient groups in which significant clinical benefits have been reported:

- High surgical risk for excessive comorbidities (advanced COPD, CKD, etc.)
- Patients with previous cardiac surgery at high risk for re-do operation
- Severe heart failure, despite optimal medical therapy<sup>1</sup>
- CRT non-responders<sup>2</sup>
- Degenerative MR, declined for surgery (experienced Heart Team!)<sup>3</sup>
- Bivalvular disease: severe aortic stenosis and MR in high-risk patients<sup>4</sup>
- Severe LV dysfunction (IDCM, ischemic CM) refractory to medical therapy<sup>5</sup>
- Bridge to transplant??

The following parameters should be taken into consideration by the Heart Team<sup>6</sup>:

- Moderate to severe or severe MR
- Echocardiographic criteria for eligibility
- Level of surgical risk
- Greater than one year life expectancy

1. Franzen et al. MitraClip Therapy In Patients With End-Stage Systolic Heart Failure. Eur J Heart Failure. 2011; 13: 569-576.

2. Auricchio et al. Correction of Mitral Regurgitation in Nonresponders To Cardiac Resynchronization Therapy By MitraClip Improves Symptoms And Promotes Reverse Remodeling. JACC 2011; 58: 2183-2189.

3. Reichenspurner, H. et al. Clinical Outcomes through 12 months in patients with Degenerative Mitral Regurgitation treated with the MitraClip device in the ACCESS-Europe Phase I trial. Eur J Cardiothoracic Surgery. 2013; July 17. [Epub ahead of print]

4. Rudolph V, Schirmer J, Franzen O, Schlüter M, Seiffert M, Treede H, Reichenspurner H, Blankenberg S, Baldus S. Bivalvular transcatheter treatment of high-surgical-risk patients with coexisting severe aortic stenosis and significant mitral regurgitation. Int J Cardiol. 2013; 167(3):716-2

5. Franzen O, Baldus S, Rudolph V, et al. Acute outcomes of MitraClip therapy for mitral regurgitation in high-surgical-risk patients: Emphasis on adverse valve morphology and severe left ventricular dysfunction. Eur Heart J. 2010; 31:1373-1381

6. ESC/EACTS 2012 Guidelines on the management of valvular heart disease. Eur Heart J (2012) 33, 2451–2496

# WHO refer to PMVR: Patient Selection\*

**Moderate-to-Severe or Severe MR  
(3+ or 4+)**

**Symptomatic**

**Level of surgical risk**

**Echocardiographic and anatomic  
criteria for eligibility**

\*Greater than one year life expectancy

# Ecocardiographic Evaluation of MR Severity

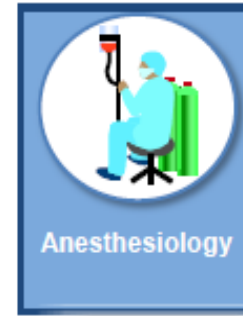
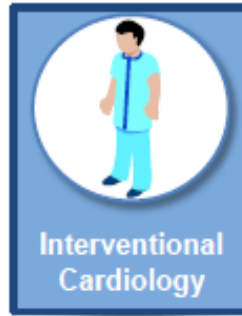
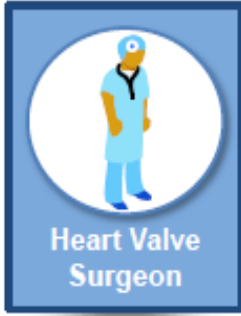
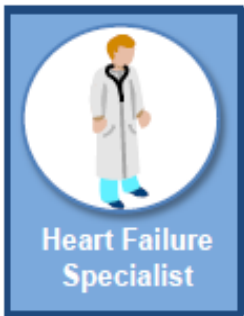
	Aortic regurgitation	Mitral regurgitation	Tricuspid regurgitation
<b>Qualitative</b>			
Valve morphology	Abnormal/flail/large coaptation defect	Flail leaflet/ruptured papillary muscle/large coaptation defect	Abnormal/flail/large coaptation defect
Colour flow regurgitant jet	Large in central jets, variable in eccentric jets <sup>a</sup>	Very large central jet or eccentric jet adhering, swirling, and reaching the posterior wall of the left atrium	Very large central jet or eccentric wall impinging jet <sup>a</sup>
CW signal of regurgitant jet	Dense	Dense/triangular	Dense/triangular with early peaking (peak <2 m/s in massive TR)
Other	Holodiastolic flow reversal in descending aorta (EDV >20 cm/s)	Large flow convergence zone <sup>a</sup>	–
<b>Semiquantitative</b>			
Vena contracta width (mm)	>6	≥7 (>8 for biplane) <sup>b</sup>	≥7 <sup>a</sup>
Upstream vein flow <sup>c</sup>	–	Systolic pulmonary vein flow reversal	Systolic hepatic vein flow reversal
Inflow	–	E-wave dominant ≥1.5 m/s <sup>d</sup>	E-wave dominant ≥1 m/s <sup>e</sup>
Other	Pressure half-time <200 ms <sup>f</sup>	TVI mitral/TVI aortic >1.4	PISA radius >9 mm <sup>g</sup>
<b>Quantitative</b>		Primary	Secondary <sup>h</sup>
EROA (mm <sup>2</sup> )	≥30	≥40	≥20
R Vol (ml/beat)	≥60	≥60	≥30
+ enlargement of cardiac chambers/vessels	LV	LV, LA	RV, RA, inferior vena cava

# Echocardiographic and Anatomic Criteria for Eligibility

- **Etiology:** Degenerative, Functional or Mixed
- **Focus on MV and leaflets** (flail, prolapse, restriction, cleft, etc)
- **Left ventricle:** EF and dimension
- **Left atrium:** dimension, annulus, atrial fibrillation
- **Subvalvular apparatus** (chordal relationships, papillary muscles)
- **Jet origin**
- **Atrial septum:** ASD, PFO, fossa size, aneurysm, etc
- **Other:** thrombus in LAA, vegetation, calcium etc.
- **Required anatomical measurements:**
  - Mitral Valve Area ( $\geq 4 \text{ cm}^2$ )
  - Fossa/Coaptation ratio ( $\geq 4 \text{ cm}$ )
  - Leaflets length ( $\geq 10 \text{ mm}$ ), leaflets thickness ( $\leq 5 \text{ mm}$ )
  - No calcification in the grasping area
- **Degenerative Mitral Regurgitation (DMR)**
  - Flail Gap ( $\leq 10 \text{ mm}$ )
  - Flail Width ( $\leq 15 \text{ mm}$ )
- **Functional Mitral Regurgitation (FMR)**
  - Vertical Coaptation Length ( $\geq 2 \text{ mm}$ )

# Multidisciplinary Team

MitraClip therapy success is skills and communication of a trained team

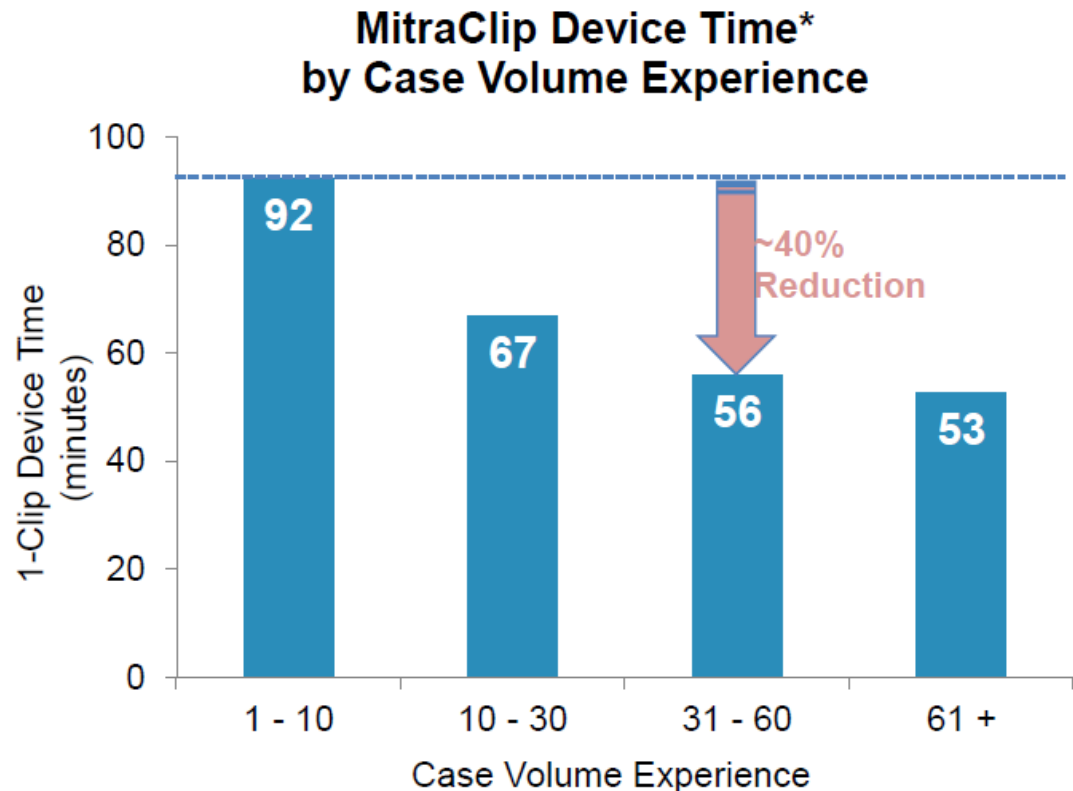
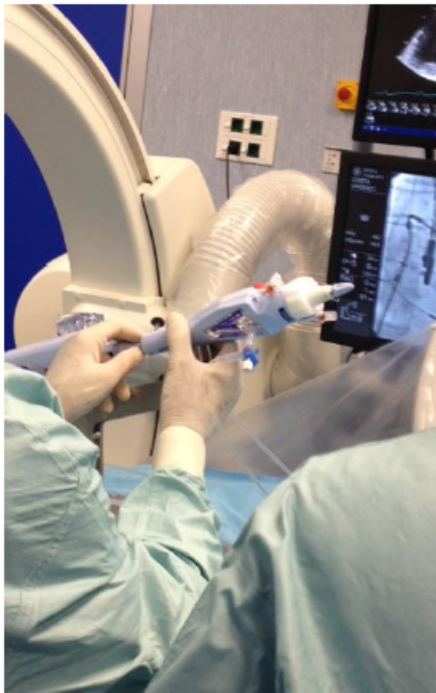


Patient selection and optimal Therapy pathway

Teamwork and training: Optimal Interventional result

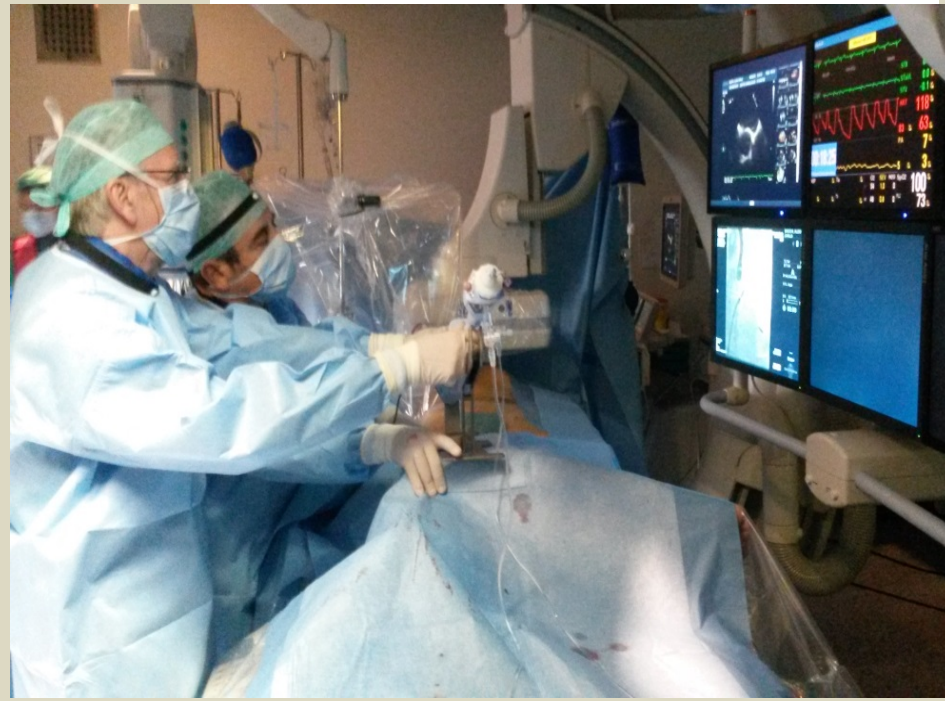
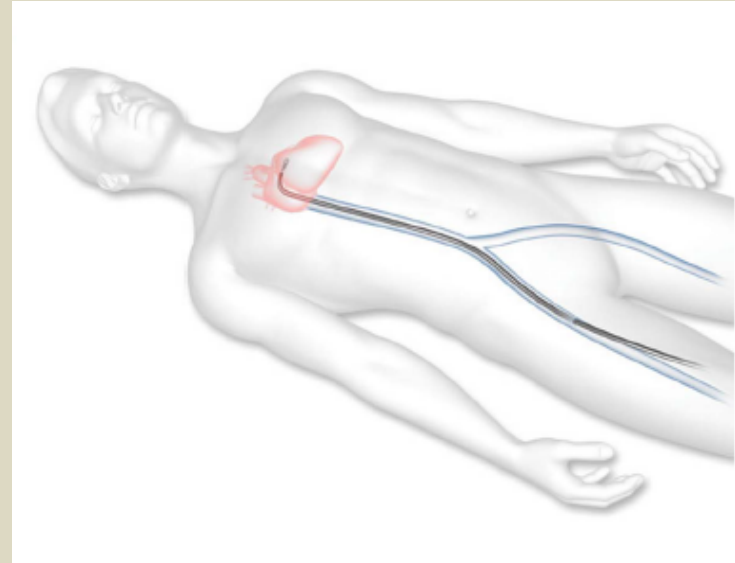
# Learning Curve

- ❑ At least 20 cases to «understand what you are doing»
- ❑ At least 50 cases to achieve optimal outcomes
- ❑ At least 2 cases/month to maintain procedural expertise



# Procedure Setting

- ❑ Standard cath-lab or hybrid room
- ❑ Fast-track general anesthesia with orotracheal intubation in majority of cases
- ❑ Radial artery line for AP monitoring and jugular vein catheterization for CVP monitoring
- ❑ TEE (2D-3D) probe in place for the entire duration of the procedure
- ❑ Right femoral vein access with 24Fr sheath



# MitraClip Key Procedural Steps

1. Transeptal Puncture & Guide Wire Insertion

2. 24Fr Sheath Insertion

3. CDS Insertion & Positioning

4. Clip Orientation & Grasping

5. Deployment & System Removal





# The Five Key Points For MitraClip Success

- **Superb Imaging (2D-3D Echo)**
- **Optimal transseptal puncture**
- **Correct trajectory**
- **Arms perpendicular to the line of coaptation**
- **Well-positioned and reliable grasp**

**Age & Gender:** 83-year-old male, 75 Kg, 175 cm

**Relevant clinical history:**

Risk factors / Comorbidities: Advanced age, hypertension and moderate pulmonary hypertension

01/2014: Admission for HF and left basal pneumonia

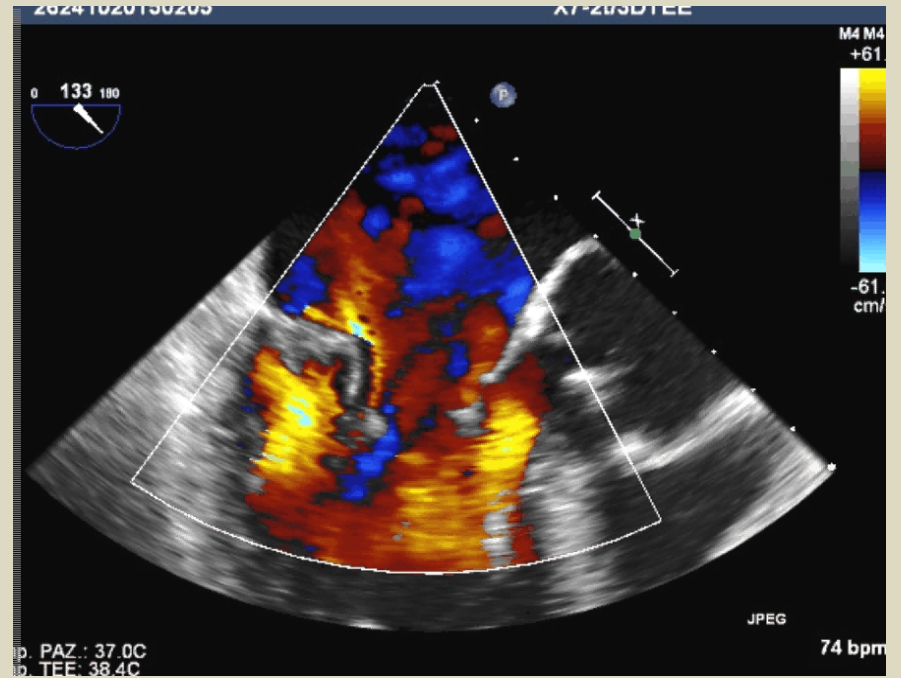
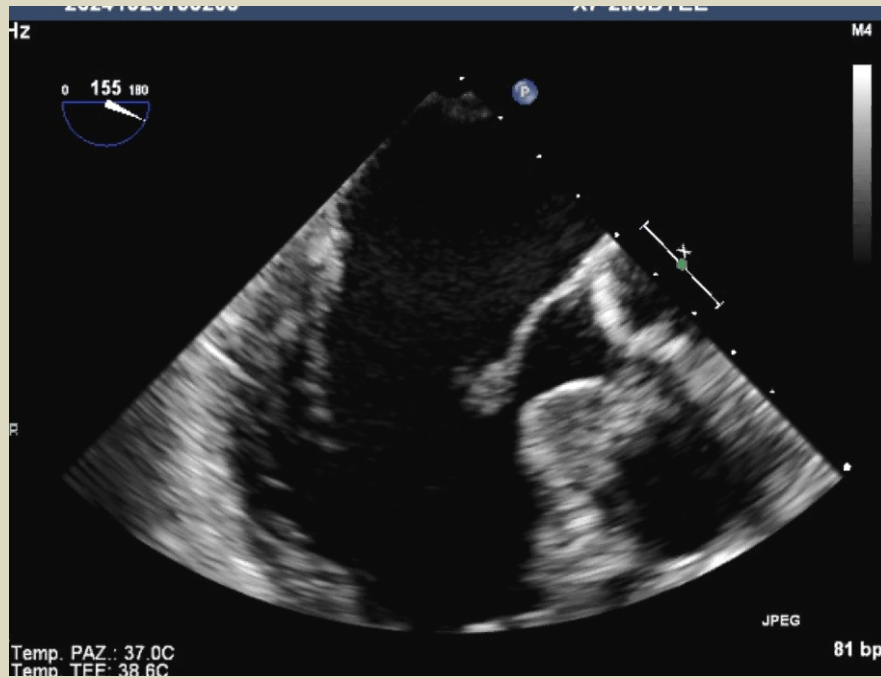
03/2014: During a FU visit, a holosystolic murmur was found. TTE showed severe MR due to bi-leaflet prolapse

03/2014 - 12/2014: progressive asthenia and dyspnea for mild efforts

01/2015: Hospitalization for recurrent HF (NYHA class III-IV). TTE showed mitral annulus and left atrium dilation with initial left ventricle systolic dysfunction (EF= 55%, biplane diastolic volume= 61ml/m<sup>2</sup>), and evidence of chordal ruptures of the anterior (A3) and posterior (P2) of the mitral valve (MV) leaflets resulting in bi-leaflet flail and massive MR. Moderate TR and pulmonary hypertension (44 mmHg).

Coronary angiography excluded significant CAD.

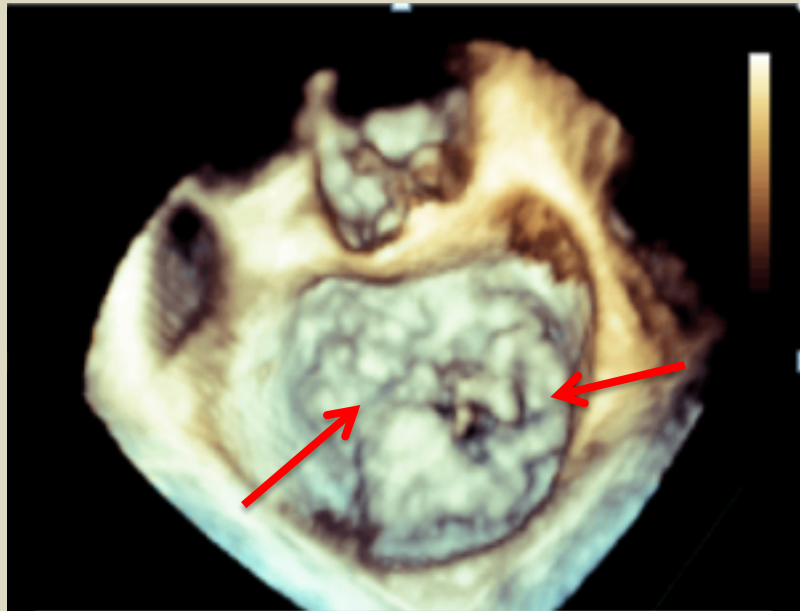
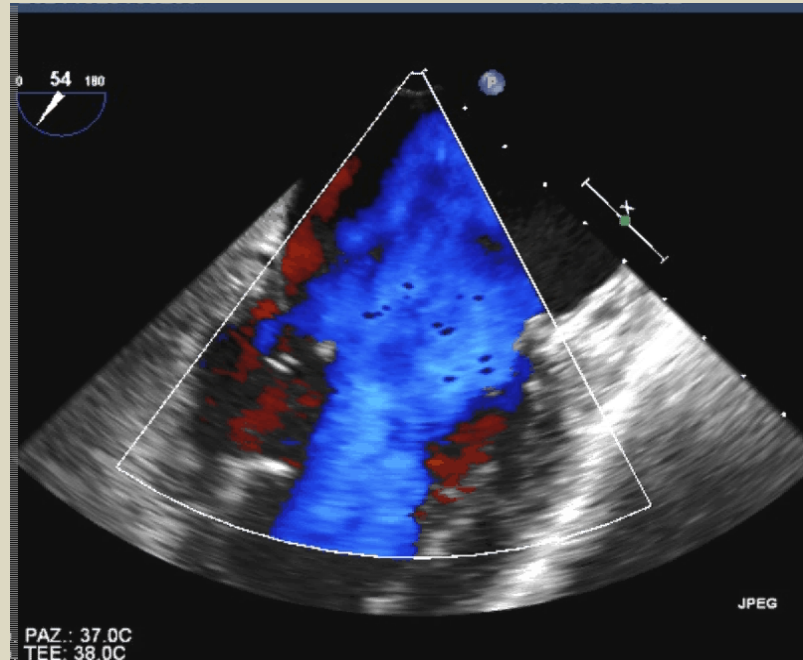
## Basal TEE



**LVOT views showing bi-leaflet prolapse with chordal rupture of the anterior mitral valve leaflet resulting in severe MR (EROA= 0.5).**

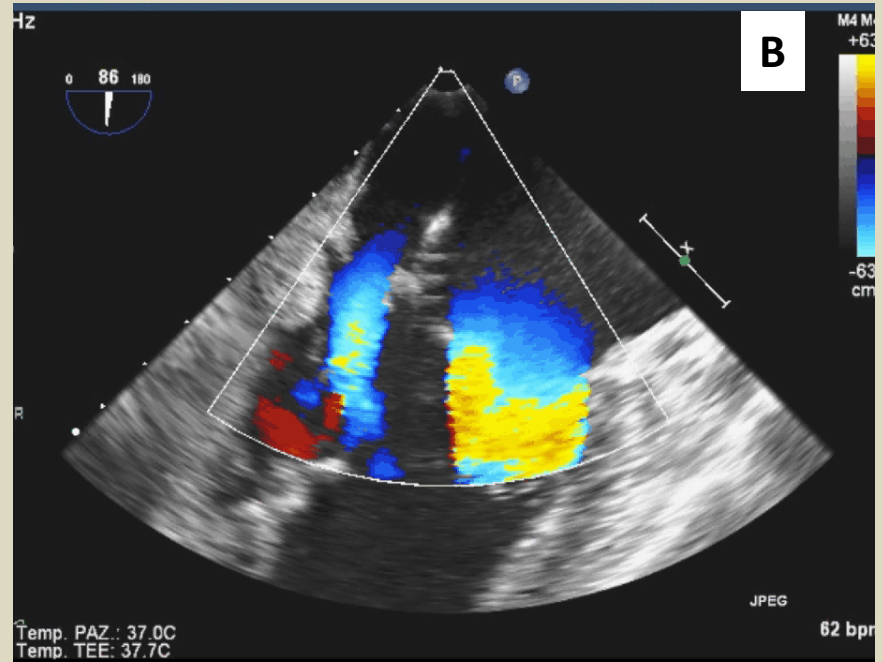
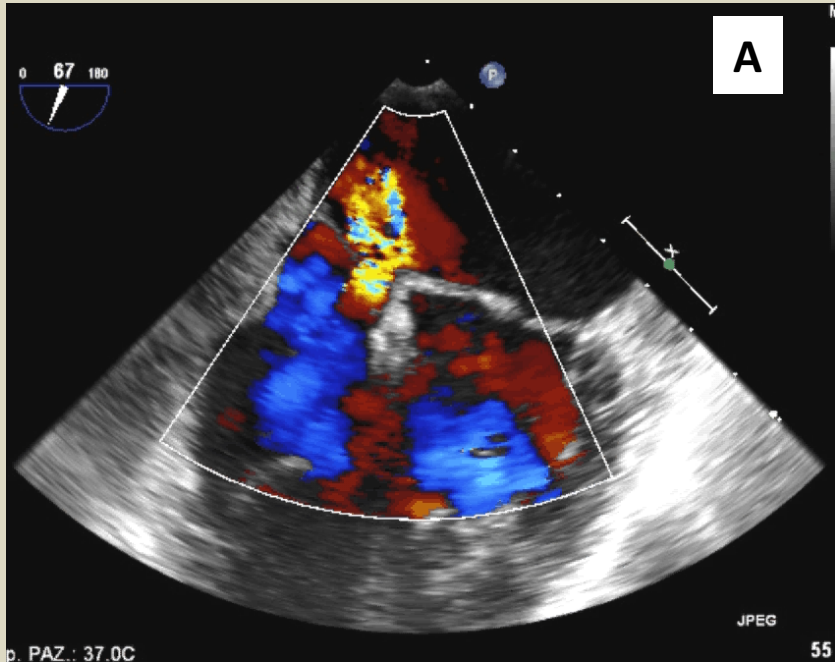
## Basal TEE

Inter-commisural view showing regurgitant jet between A2-P2 and A3-P3 scallops.



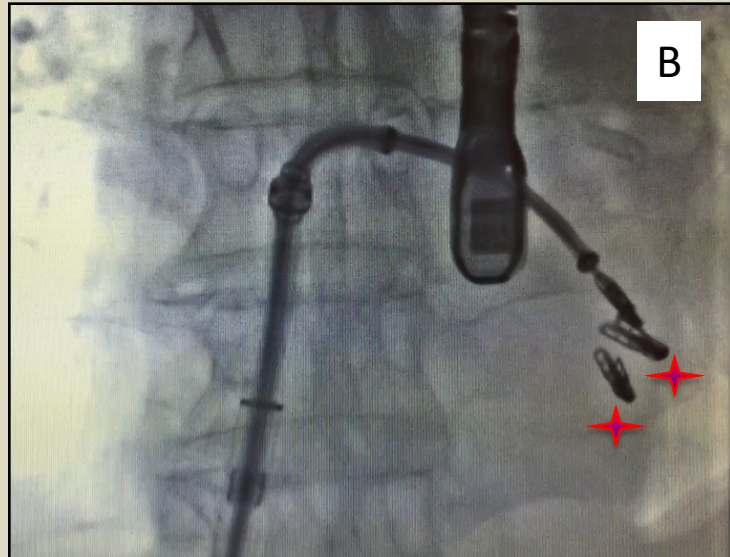
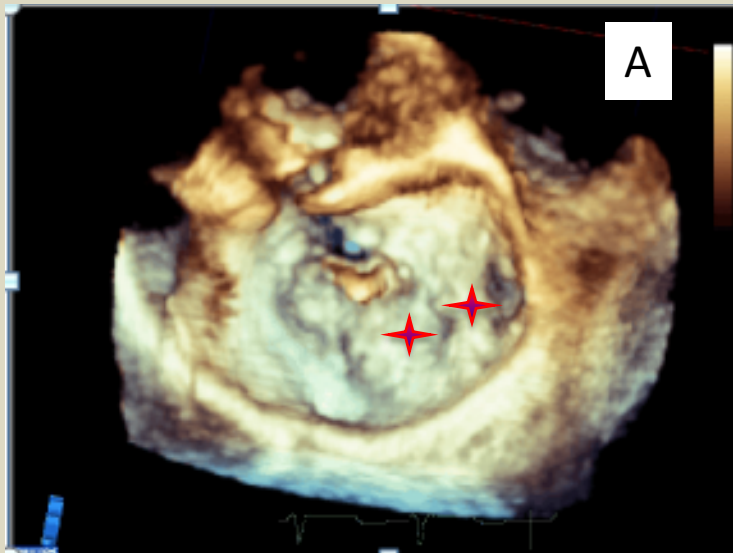
3-D acquisition showing prolapse and thickening of both leaflets with two chordal ruptures (red arrows) of anterior (A3) and posterior (P2) MV leaflets.

# Intraprocedural TEE (1)

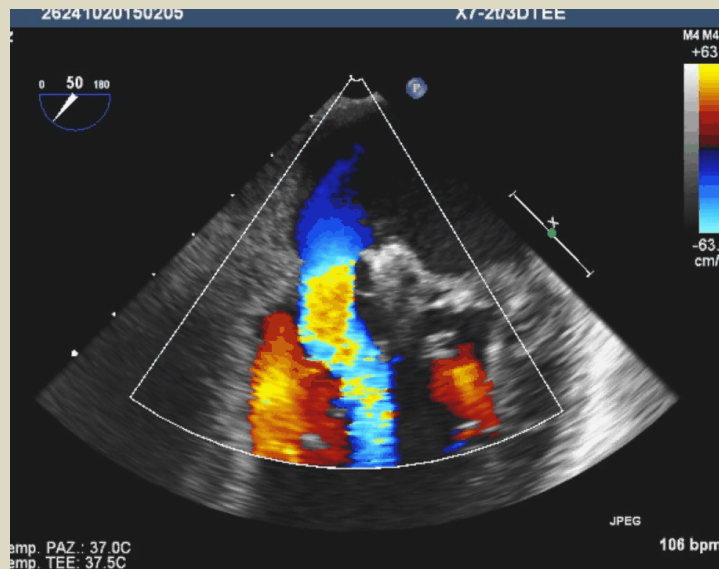


**Inter-commissural views showing implantation of the 1<sup>st</sup> clip in the medial part of A2-P2 scallops in order to approximate the leaflets (A) and of the 2<sup>nd</sup> clip in the A3-P3 scallops in order to capture the flail (B). Note that medial MR is completely abolished, whereas a residual jet is still present in the central portion of the MV.**

## Intraprocedural TEE and fluoroscopy (2)



**3-D view showing the two implanted clips (red stars) (A) and fluoroscopic image (B) showing implantation of the 3<sup>rd</sup> clip in the central part of the MV in order to achieve stabilization of the other clips (red stars) and optimization of the final result.**



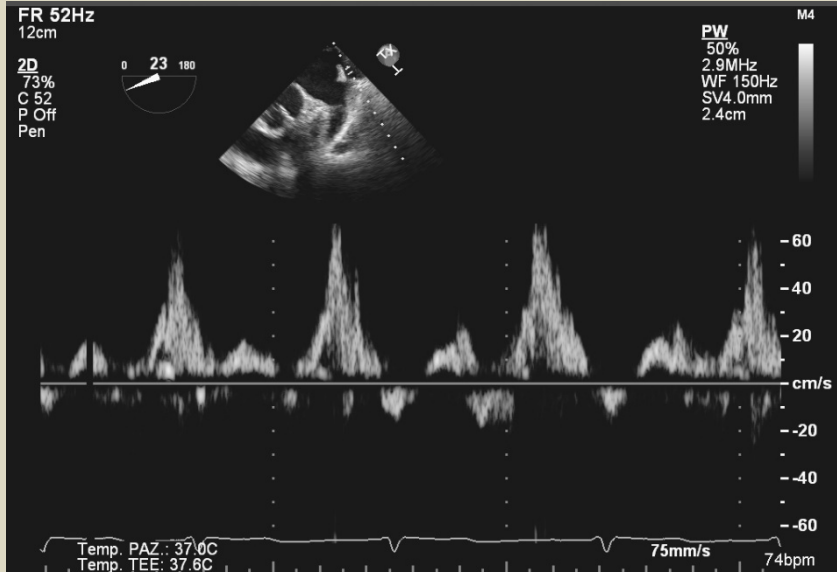
**Inter-commisural view showing the final result after implantation of 3 clips. Note the trivial residual jet.**

## Intraprocedural TEE (3)

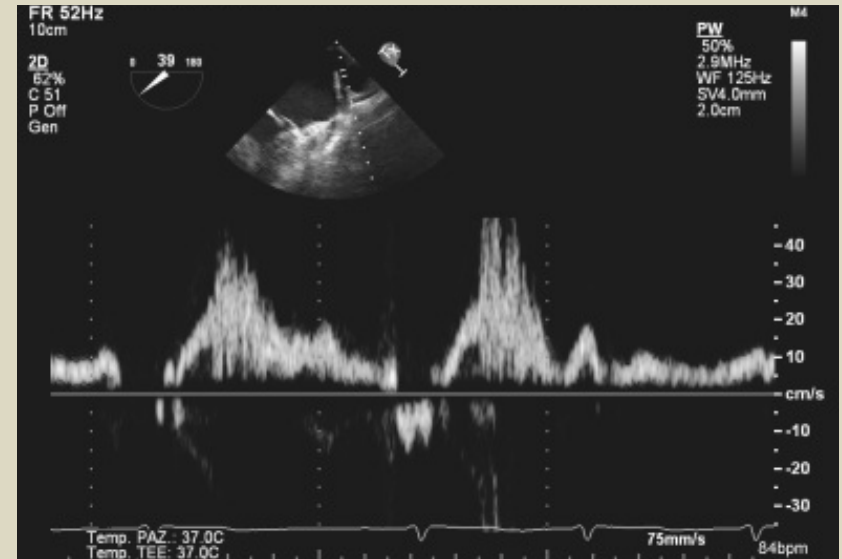


**3-D view from the left ventricle showing the 3 implanted clips.**

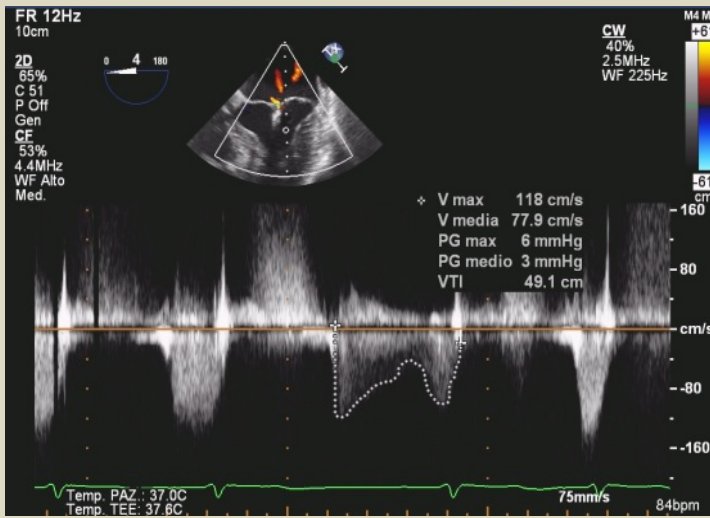
# Intraprocedural TEE (4)



**Basal PW-Doppler showing prevalence of pathological diastolic component of the pulmonary vein flow.**



**Final PW-Doppler showing restoration of physiological systolic vein flow.**



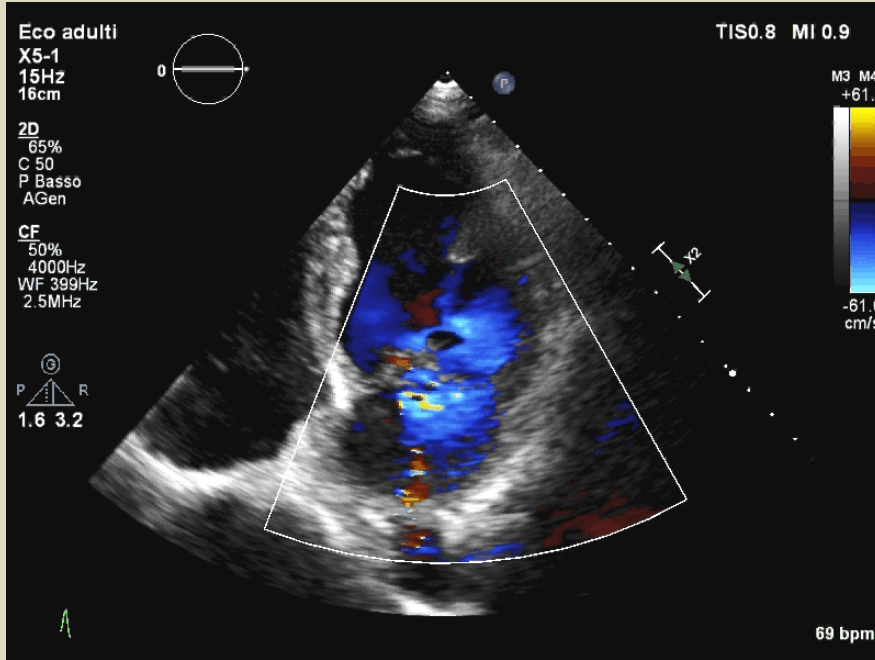
**Final CW-Doppler assessment confirming the absence of a significant gradient (mean= 3 mmHg).**



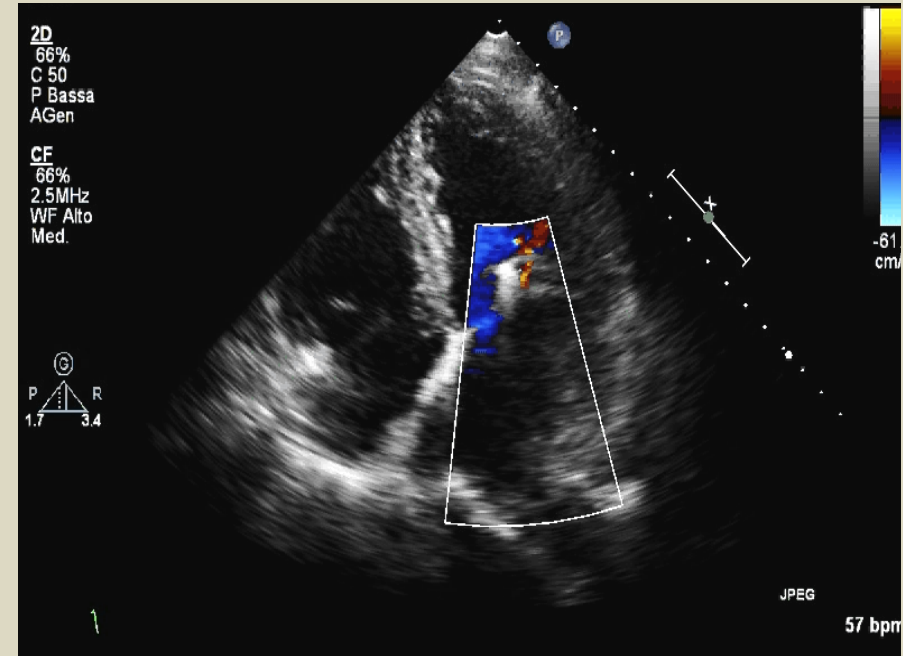
## **Follow-up:** 6-month echocardiography and clinical follow-up:

- TTE confirmed mild residual MR and a mean gradient of 2 mmHg
- Left ventricle biplane diastolic volume: 98 ml (pre-procedure: 116 ml)
- Left ventricle diastolic diameter 55 mm (pre-procedure: 62 mm)
- EF 59% (pre-procedure: 55%)
- Mild tricuspid regurgitation (pre-procedure: moderate)
- Patient asymptomatic (NYHA Class I). No hospital re-admissions

# Comparison between basal and 6-month TTE assessment



**Basal TTE apical 4-chamber view showing severe MR**



**TTE at six-month FU: Apical 4-chamber view shows mild MR**

# EVEREST II - Endovascular Valve Edge-to-Edge REpair STudy

The **NEW ENGLAND**  
**JOURNAL** of **MEDICINE**

Percutaneous Repair or Surgery for Mitral Regurgitation

Ted Feldman, M.D., Elyse Foster, M.D., Donald G. Glower, M.D., Saibal Kar, M.D., Michael J. Rinaldi, M.D., Peter S. Fail, M.D., Richard W. Smalling, M.D., Ph.D., Robert Siegel, M.D., Geoffrey A. Rose, M.D., Eric Engeron, M.D., Catalin Loghin, M.D., Alfredo Trento, M.D., Eric R. Skipper, M.D., Tommy Fudge, M.D., George V. Letsou, M.D., Joseph M. Massaro, Ph.D., and Laura Mauri, M.D., for the EVEREST II Investigators\*

The EVEREST II RCT was a prospective, multi-center trial designed to compare the safety and effectiveness of the MitraClip System with mitral valve surgery in the treatment of patients with significant ( $\geq 3+$ ) mitral regurgitation

279 Patients Randomized at  
37 Sites  
Significant MR (3+ or 4+)  
Specific Anatomical Criteria

MitraClip Therapy  
N=184

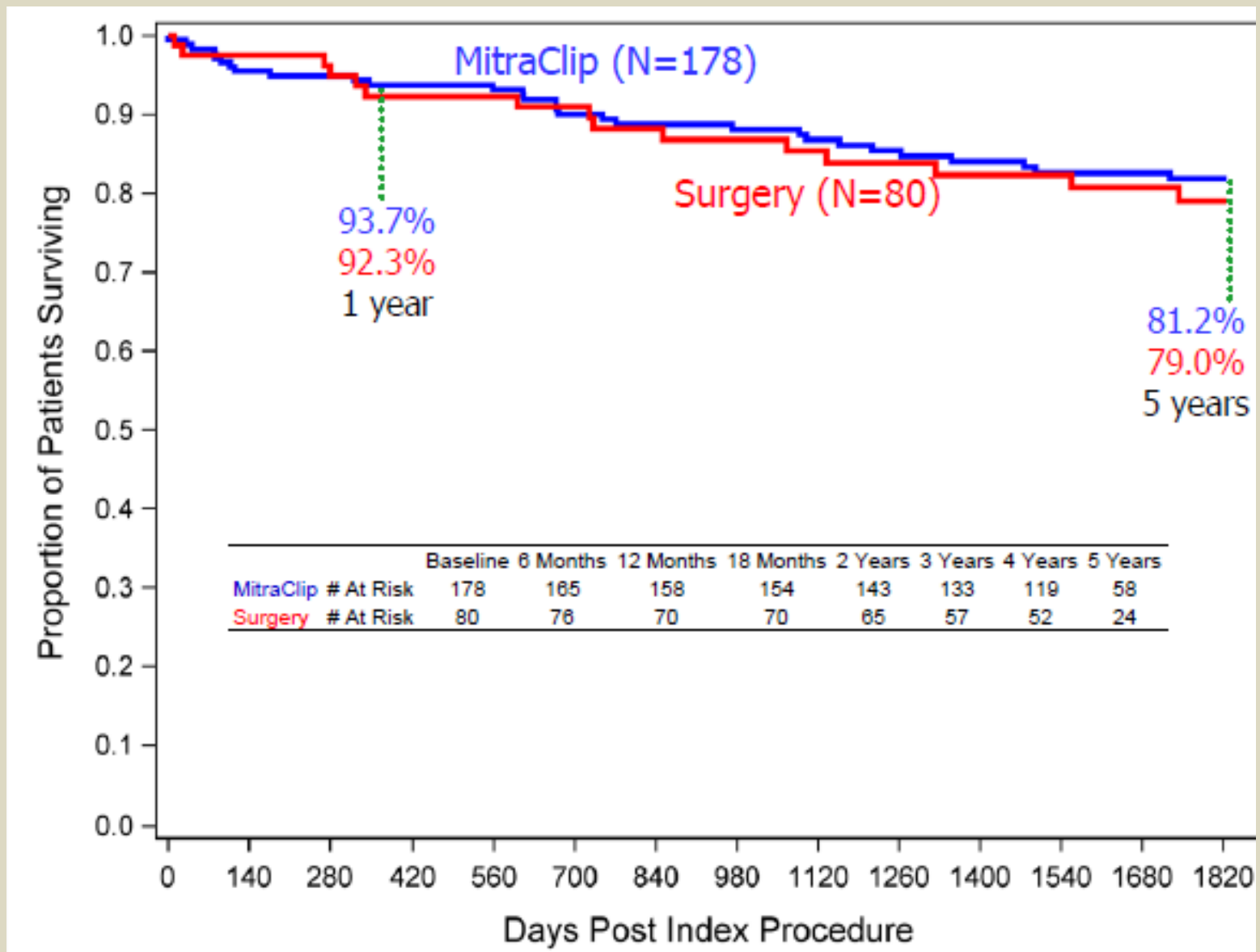
R 2:1

Surgery  
N=95

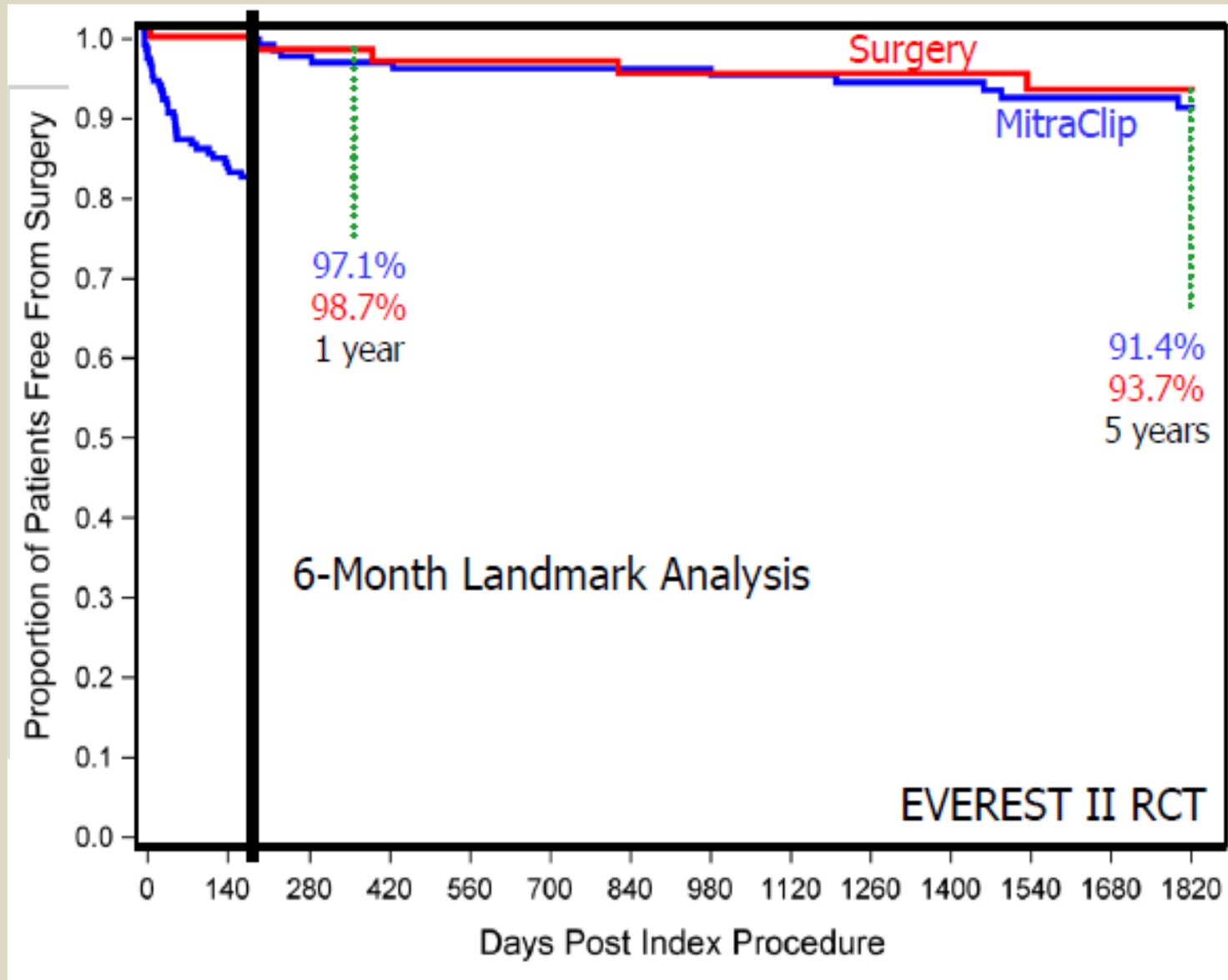
Echocardiography Core Lab  
and Clinical Follow-up  
Baseline, 30 days, 6 months, 1 year,  
18 months, and annually through 5 years

Patient Demographics	MitraClip Therapy (n=184)	Surgery (n=95)	P-value
Age (mean)	67 years	66 years	0.32
Male	63%	66%	0.60
History of CHF	91%	78%	0.005
Degenerative MR Etiology	74%	73%	0.81
Functional MR Etiology	26%	27%	0.81
Mean Ejection Fraction	60%	61%	0.65
Previous Coronary Artery Bypass Grafting (CBAG)	21%	19%	0.54
NYHA Functional Class III/IV	51%	48%	0.61
Atrial Fibrillation	34%	39%	0.42

# Kaplan-Meier Freedom From Mortality

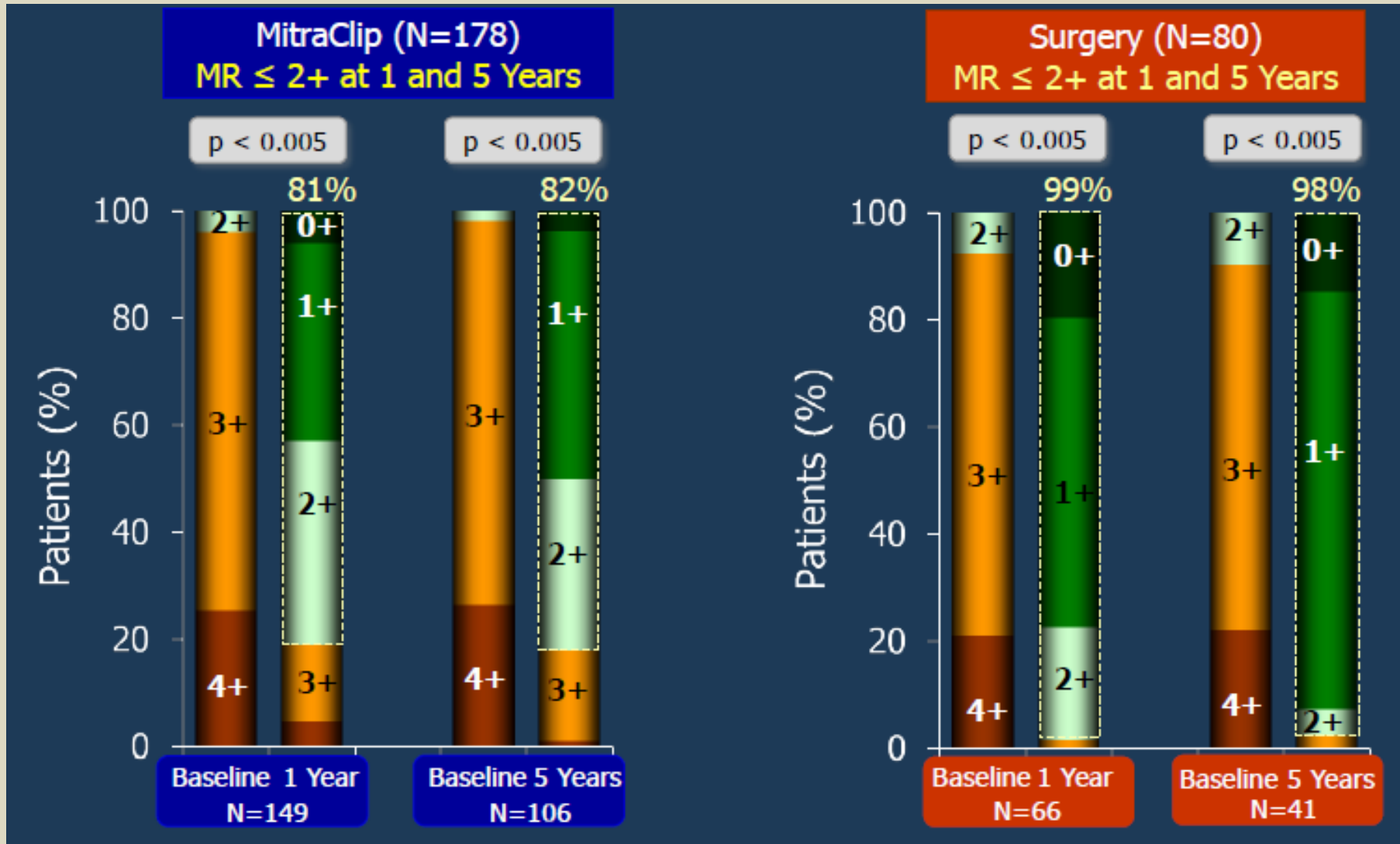


# Kaplan-Meier Freedom From MV Surgery or Re-operation



# Mitral Regurgitation Grade

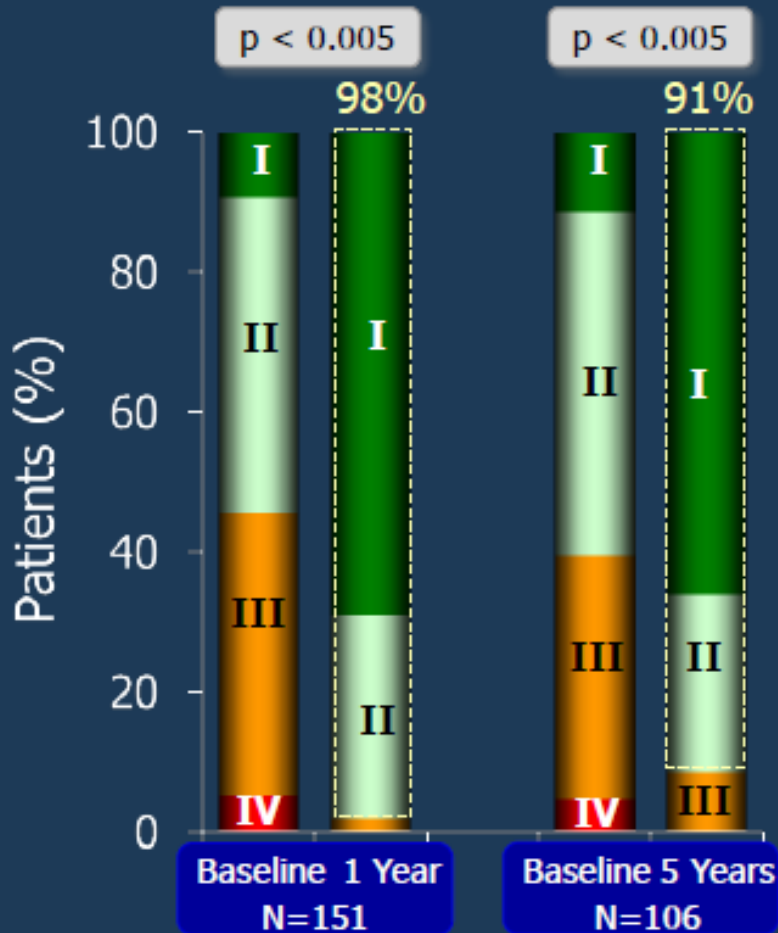
Everest II RCT all treated patients (n=258)



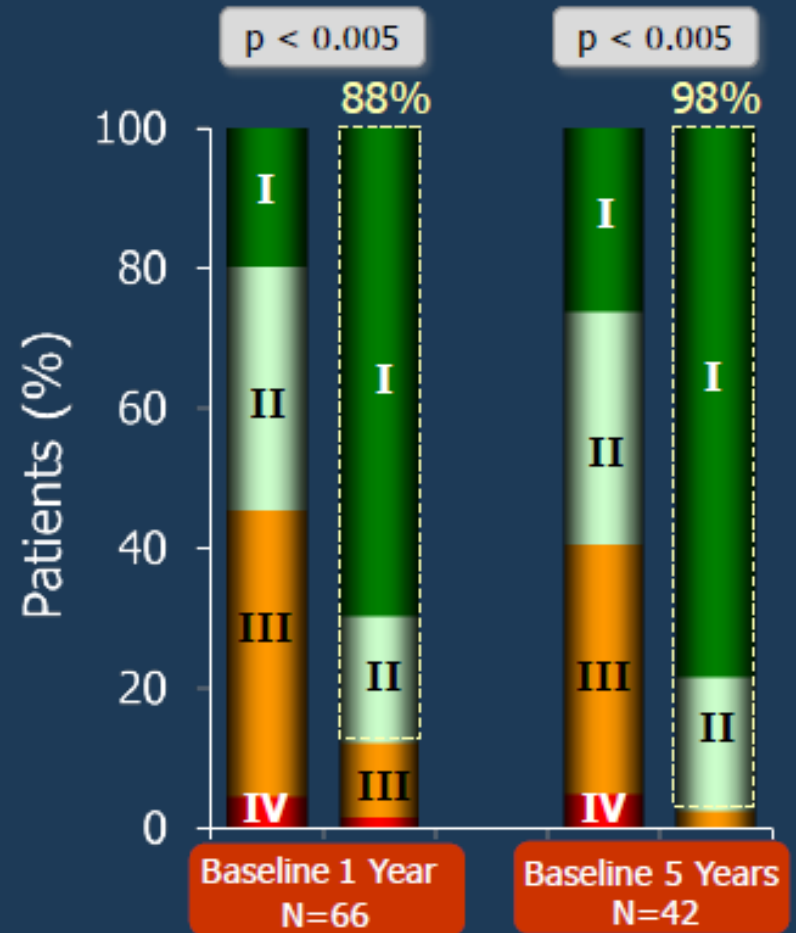
# NYHA Functional Class

Everest II RCT all treated patients (n=258)

MitraClip (N=178)  
NYHA I/II at 1 and 5 Years



Surgery (N=80)  
NYHA I/II at 1 and 5 Years



# Reduction in LV Volumes at 1 and 5 years

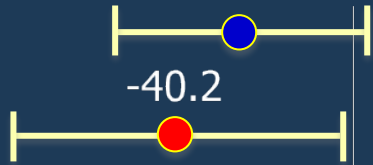
## LVEDV (ml) at 1 Year

N=144  
p<0.0001

-25.3

N=65  
p<0.0001

-40.2



## LVEDV (ml) at 5 Years

N=105  
p<0.0001

-30.1

N=40  
p<0.0001

-42.9



### EII RCT

- MitraClip
- Surgery

## LVESV (ml) at 1 Year

N=144  
p<0.0001

-5.5

N=65  
p=0.05

-5.1



## LVESV (ml) at 5 Years

N=105  
p<0.01

-5.3

N=40  
p<0.01

-8.2

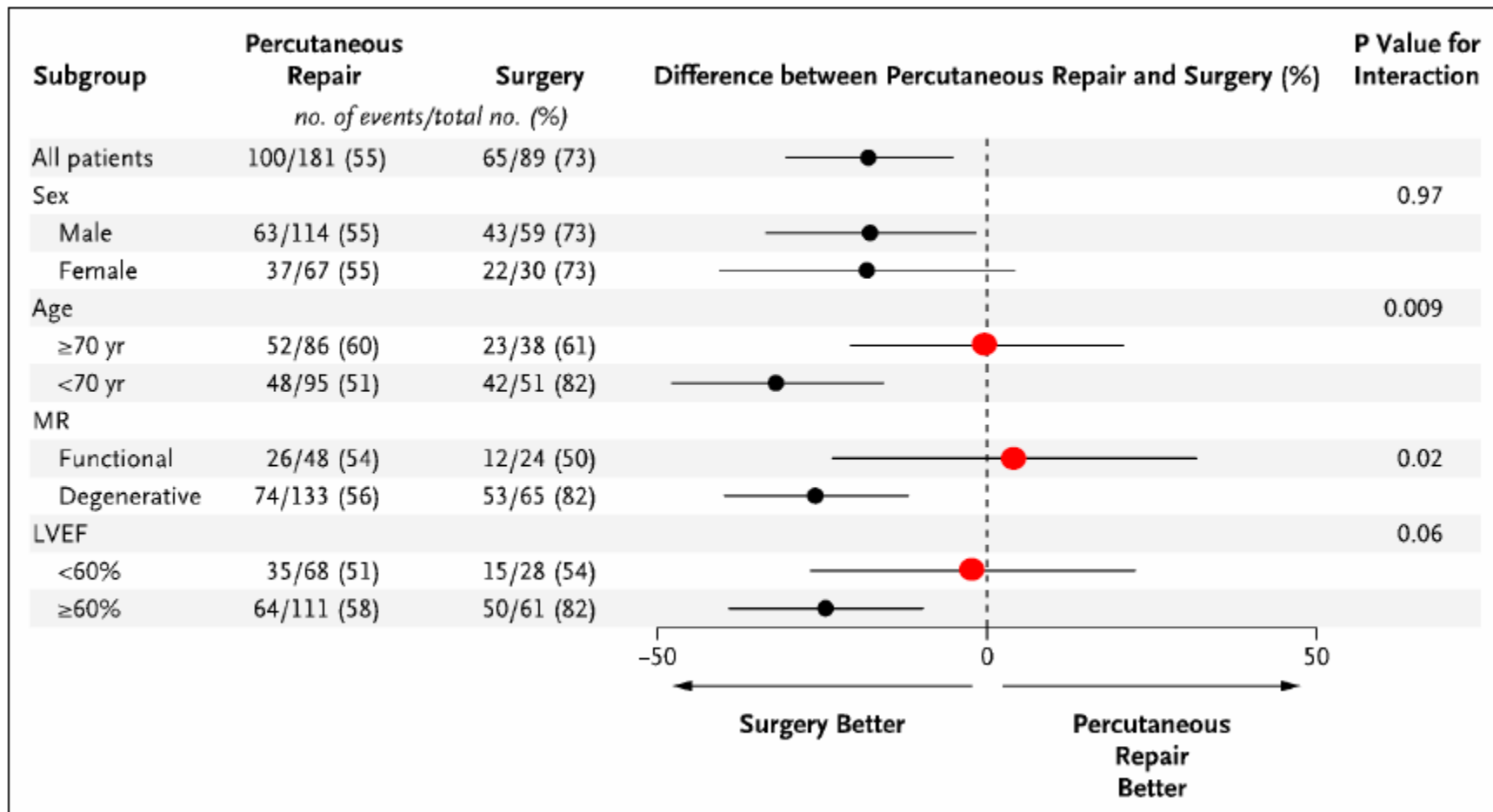


-100 -80 -60 -40 -20 0 20  
Mean ± SD (ml)

-100 -80 -60 -40 -20 0 20  
Mean ± SD (ml)



# Subgroup Analyses of Efficacy End Point at 5 Years



# Survival of Transcatheter Mitral Valve Repair Compared With Surgical and Conservative Treatment in High-Surgical-Risk Patients

Martin J. Swaans, MD,\* Annelies L. M. Bakker, MD,\* Arash Alipour, MD, PhD,\* Martijn C. Post, MD, PhD,\*

**OBJECTIVES** The goal of this study was to compare survival between transcatheter mitral valve (MV) repair using MitraClip system (Abbott Vascular, Santa Clara, California), MV-surgery, and conservative treatment in high-surgical-risk patients symptomatic with severe mitral valve regurgitation (MR).

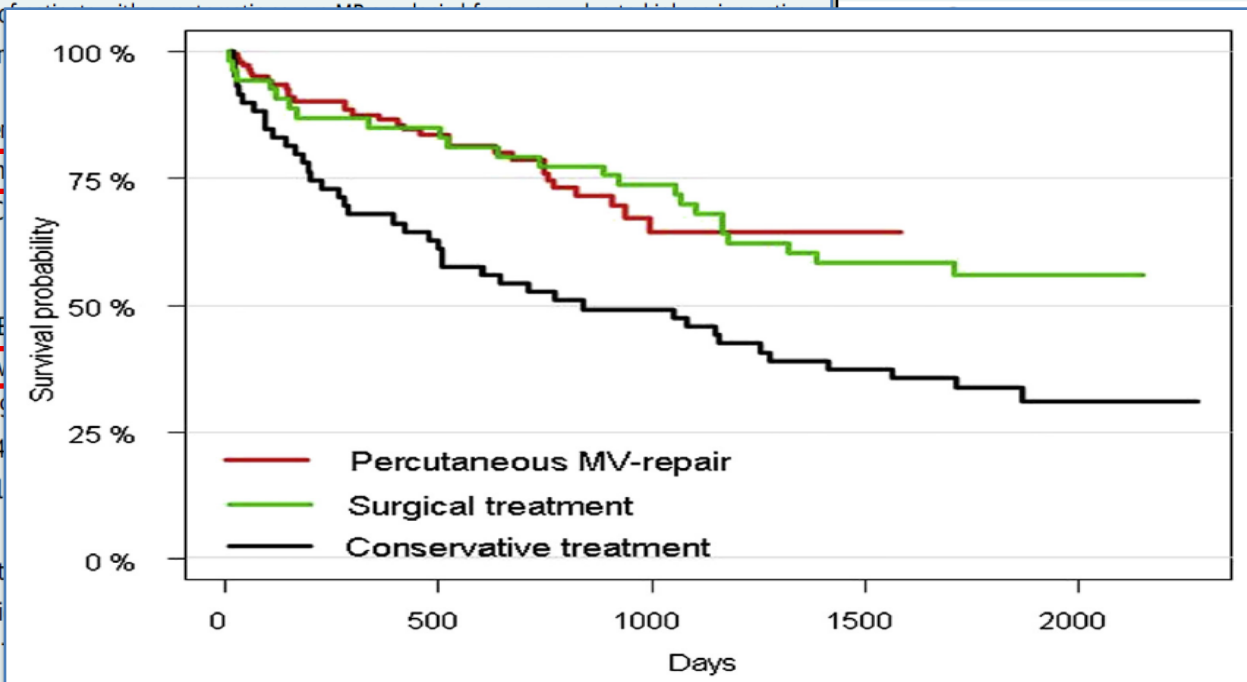
**BACKGROUND** Up to 50% of high-surgical-risk patients with severe MR are at high risk. Transcatheter MV repair may be a viable alternative for these patients.

**METHODS** Consecutive patients with severe MR (n = 53) and conservatively treated (n = 59) were included in the logistic EuroSCORE for Cardiac Surgery as judged by the heart team.

**RESULTS** The log EuroSCORE was higher in surgical patients (43.9 ± 14.4) and conservatively treated (34.5 ± 16.5) compared with transcatheter MV repair (14.2 ± 8.9%). Survival rates were similar in surgical patients (43.9%) and conservatively treated (34.5%) groups. The same trend was observed when controlling for risk factors, both for surgical (HR 0.78, p = 0.006) and surgical vs conservatively treated group (HR 2.16, p = 0.430).

**CONCLUSIONS** Despite a higher log EuroSCORE, high-surgical-risk patients with symptomatic severe MR treated with transcatheter MV repair show similar survival rates compared with surgically treated patients, with both displaying survival benefit compared with conservative treatment. (J Am Coll Cardiol Intv 2014;7:875-81) © 2014 by the American College of Cardiology Foundation.

Characteristic	MitraClip	High-Risk Surgery	Conservative Treatment
No.	139	53	59
Age, yrs	74.6 ± 9.4	70.2 ± 9.5	71.7 ± 9.6
Male, %	94 (67.6)	27 (50.9)	32 (54.2)
log EuroSCORE	14.2 ± 8.9	43.9 ± 14.4	34.5 ± 16.5
log EuroSCORE II	1.2 ± 0.8	2.8 ± 1.5	2.6 ± 1.5
log EuroSCORE II > 2	28 (20.1)	25 (47.2)	25 (42.4)
log EuroSCORE II > 3	10 (7.2)	17 (32.0)	17 (28.8)
log EuroSCORE II > 4	27 (19.4)	24 (45.3)	24 (40.7)
log EuroSCORE II > 5	15 (10.8)	19 (35.8)	19 (32.2)
log EuroSCORE II > 6	28 (20.1)	45 (84.9)	45 (76.3)
log EuroSCORE II > 7	13 (9.4)	25 (47.2)	25 (42.4)
log EuroSCORE II > 8	5 (3.6)	9 (16.9)	9 (15.3)
log EuroSCORE II > 9	9 (6.5)	11 (20.8)	11 (18.6)
log EuroSCORE II > 10	1 (0.7)	2 (3.8)	2 (3.4)
log EuroSCORE II > 11	9 (6.5)	18 (33.9)	18 (30.5)
log EuroSCORE II > 12	11 (7.9)	14 (26.4)	14 (23.7)
log EuroSCORE II > 13	28 (20.1)	26 (49.1)	26 (44.1)
log EuroSCORE II > 14	14 (10.1)	19 (35.8)	19 (32.2)
log EuroSCORE II > 15	10 (7.2)	6 (11.3)	8 (13.6)
log EuroSCORE II > 16	91 (65.5)	38 (71.7)	35 (59.3)
log EuroSCORE II > 17	32 (23.0)	9 (17.0)	16 (27.1)
Etiology			
FMR	107 (77.0)	31 (58.5)	48 (81.3)
DMR	25 (18.0)	17 (32.1)	4 (6.8)
Mixed	7 (5.0)	5 (9.4)	7 (11.9)

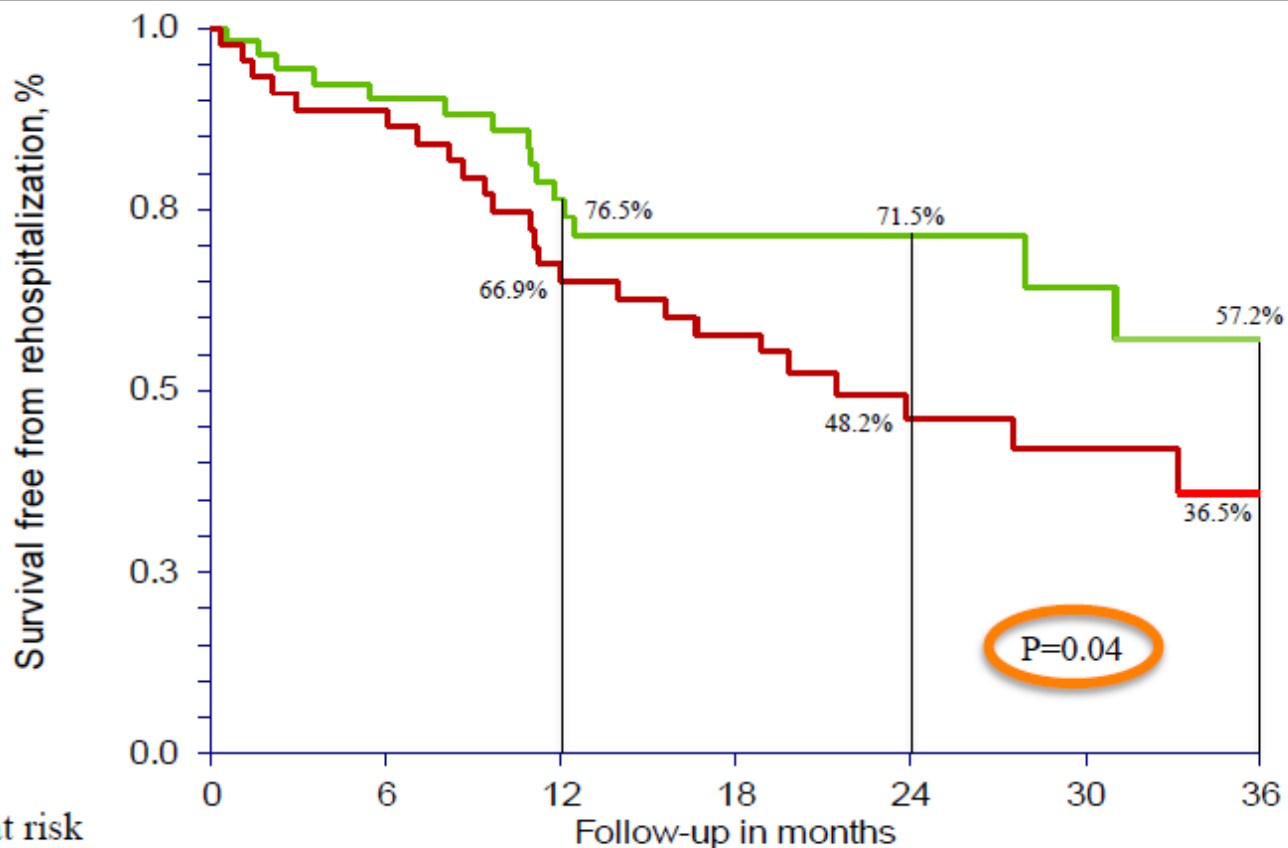


# Comparison of Percutaneous Mitral Valve Repair Versus Conservative Treatment in Severe

## Functional Mitral Regurgitation

Cristina Giannini, MD, PhD<sup>1</sup>, Francesca Fiorelli, MD<sup>1</sup>, Marco De Carlo<sup>1</sup>, MD, PhD, Fabio Guarracino, MD<sup>2</sup>, Michela Faggioni, MD<sup>1</sup>, Paolo Giordano, MD<sup>1</sup>, Paolo Spontoni, MD<sup>1</sup>, Andrea Pieroni, MD<sup>1</sup>, Anna Sonia Petronio, MD<sup>1</sup>.

*The American Journal of Cardiology*, Accepted on October 2015



$N_0$  at risk

PMVR group 60

OMT group 60

33

33

13

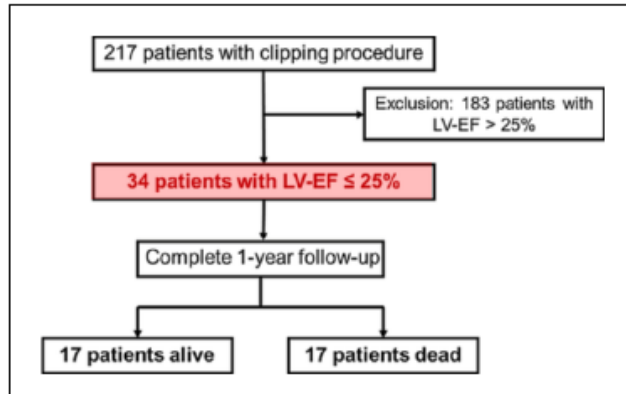
18

6

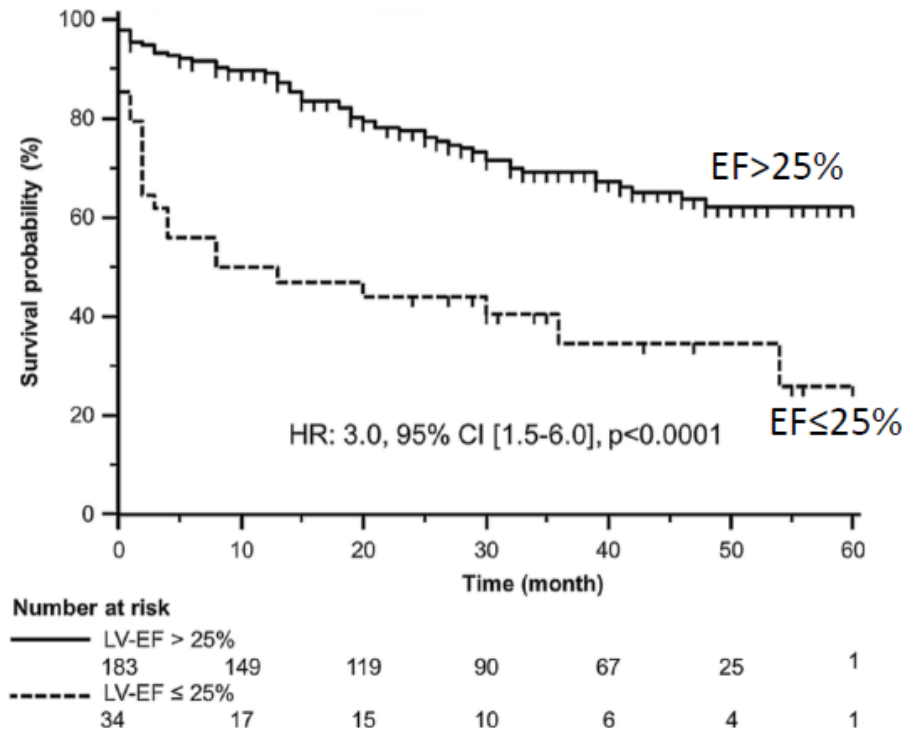
8

# Long-Term Outcome of Patients with Severe Biventricular Heart Failure after MitraClip

## *Predictive value of LVEF*



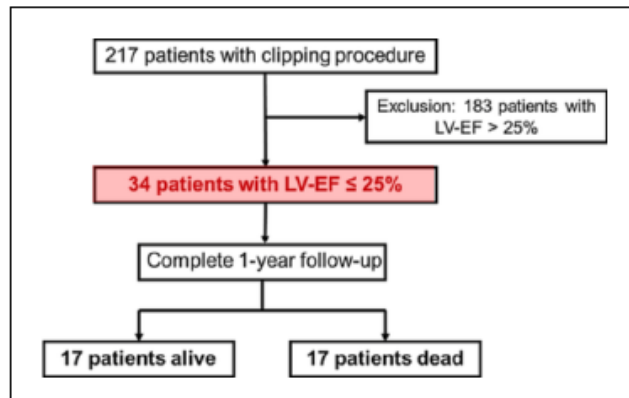
None of the patients met the inclusion criteria of EVEREST II



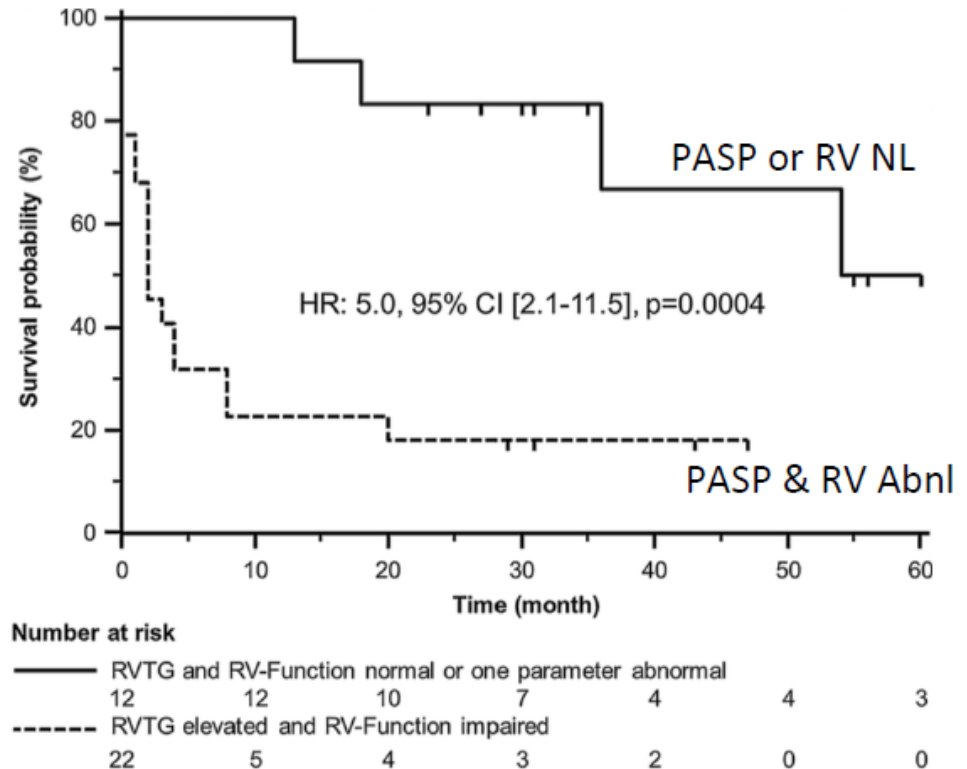
# Long-Term Outcome of Patients with Severe Biventricular Heart Failure after MitraClip

## *Predictive value of PASP + RV function*

One-year mortality of patients with pulmonary hypertension and depressed RV-function (n = 22) was very high (77%) compared to the remaining patients (n = 12, mortality rate of 0%, P = 0.0001).

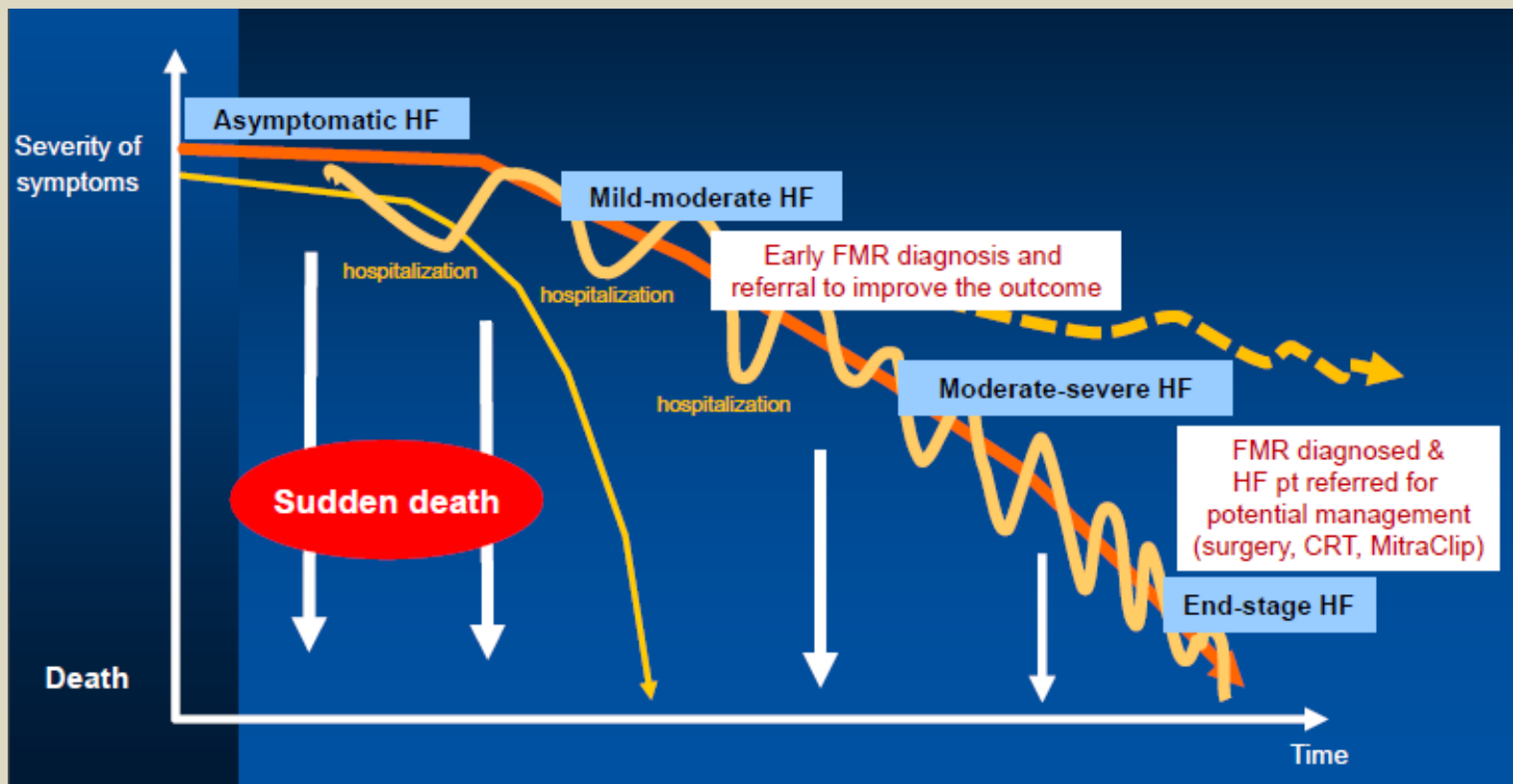


None of the patients met the inclusion criteria of EVEREST II



# WHEN refer a HF patient to PMVR: Timing is crucial

A proper timing is crucial for MitraClip therapy, because the observed risk factors for failure are index of advanced LV remodeling



*Piotr Ponikowski, MD, PhD, FESC*

*Medical University, Centre for Heart Disease Clinical Military Hospital*

*HFA Athens 2014*