

Ecocardiografia 2016,
Milano 22-23 marzo 2016



Il ruolo clinico della Risonanza Magnetica Cardiaca Perchè la cardiologia moderna non può più farne a meno

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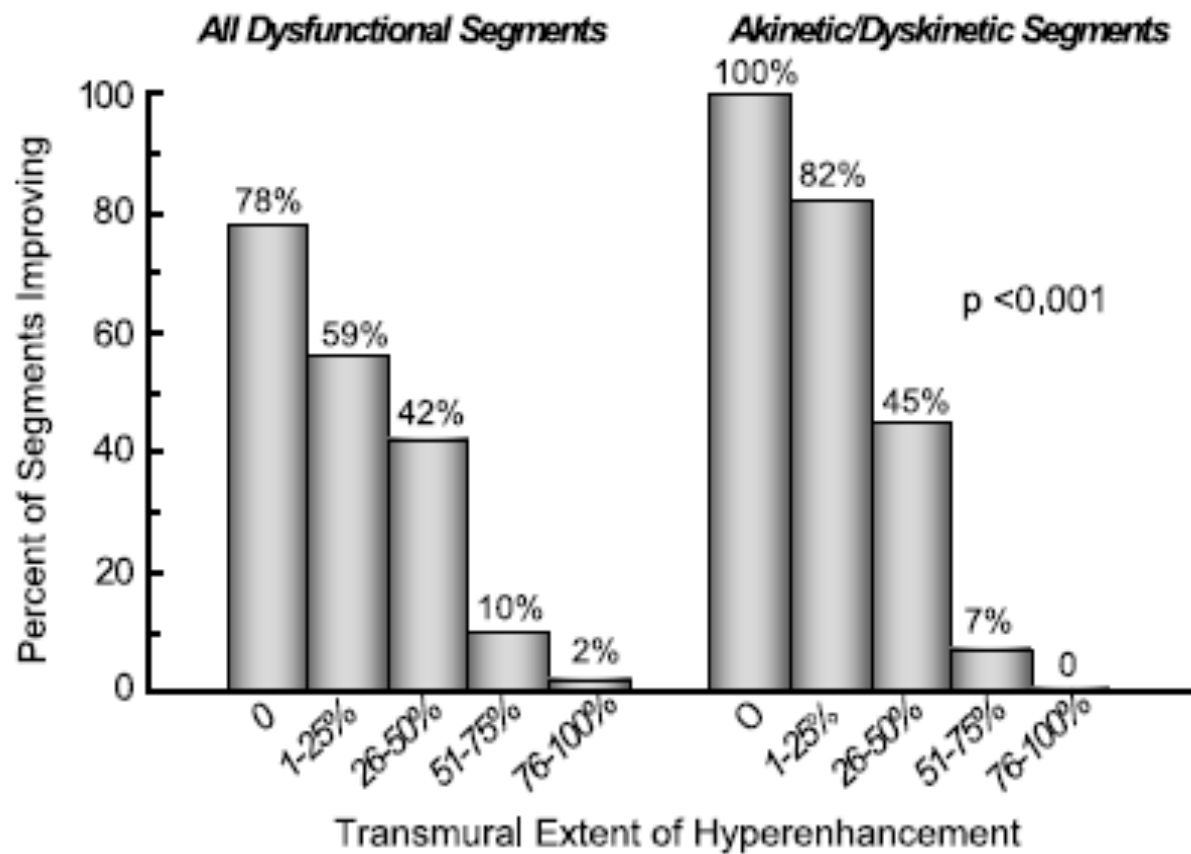
Cardiac Magnetic Resonance

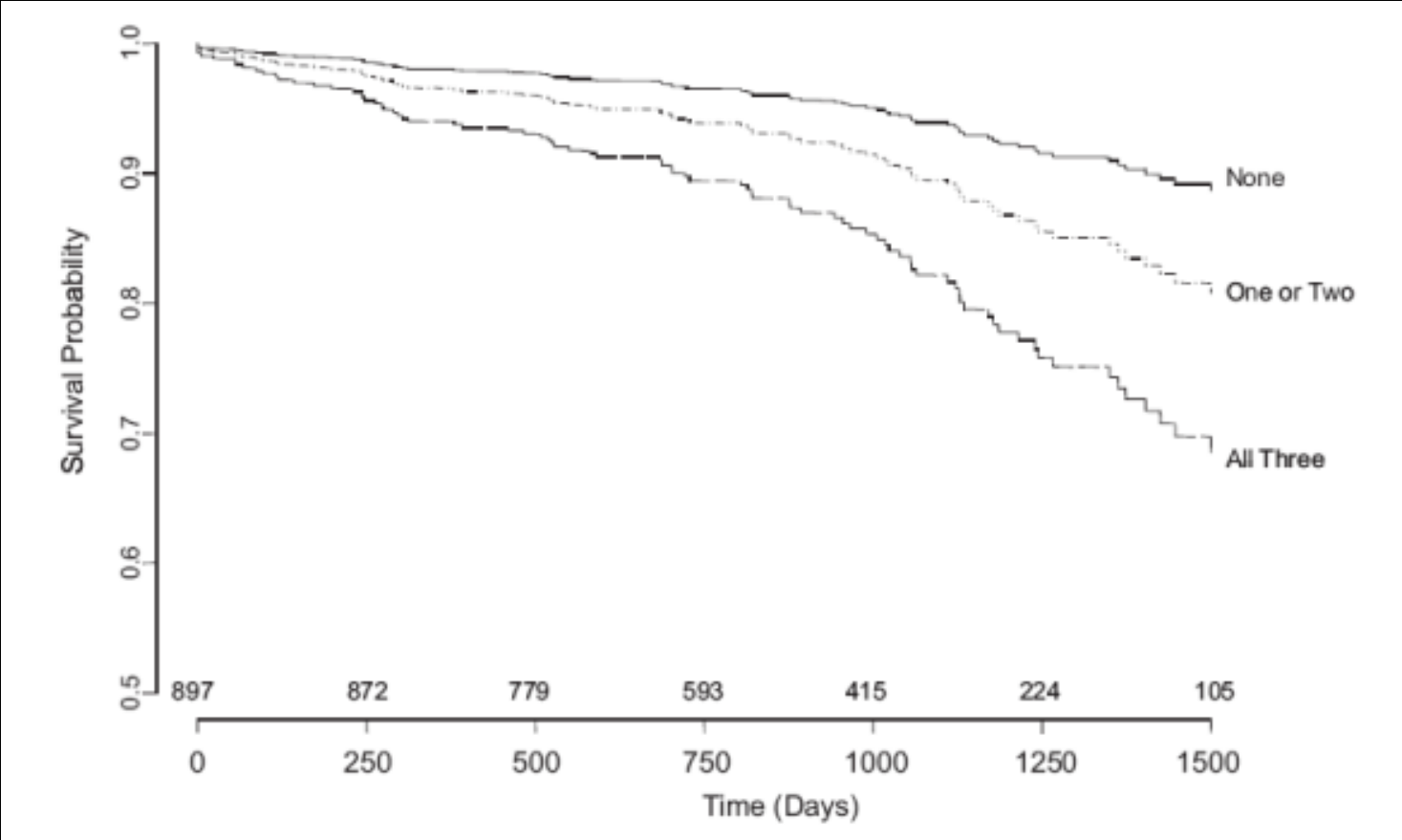
Diagnostic, prognostic, physiopathology insight for:

- CAD
- HCMO
- Restrictive CMO
- Dilatative CMO
- Infiltrative CMO
- Myocarditis
- AR (RV and LV) CMO
- Complex Congenital CD
- Pericardial disease
- Cardiac Mass and Tumors
- Aortic diseases

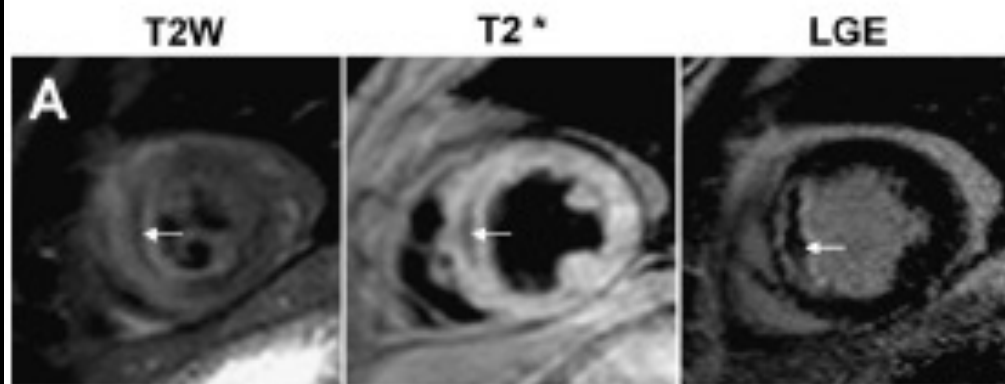
Coronary artery disease

- LGE = myocardial fibrosis, transmural extension
- STRESS = adenosine/dobutamine diagnostic and prognostic accuracy
- MVO = adverse remodeling
- HEMO/NTBI = hemorrhagic core, iron cardiotoxicity

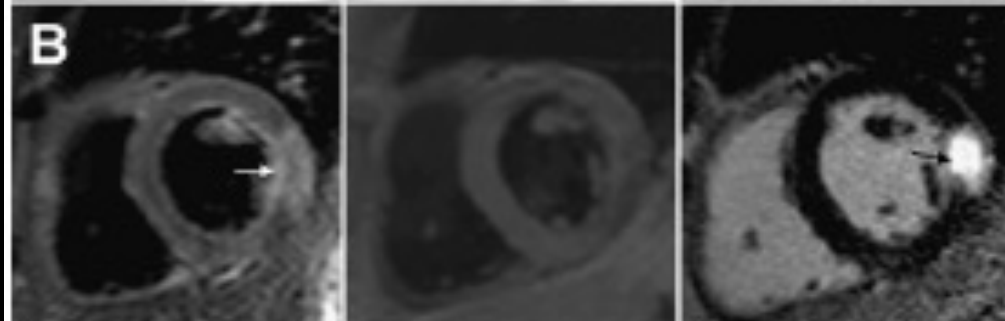




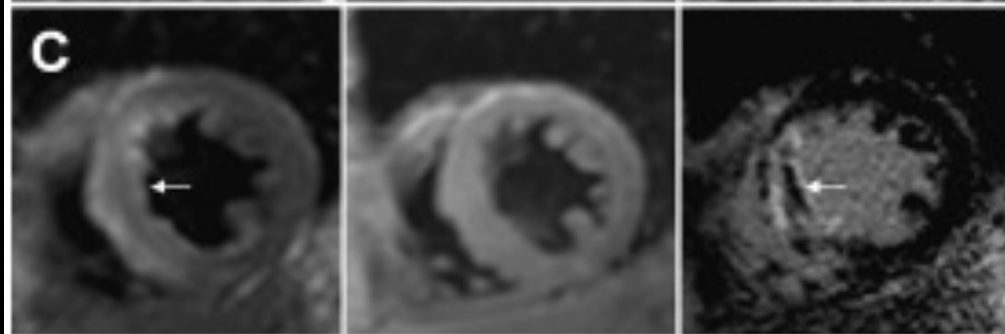
Septal MI, MVO+hemorrhage



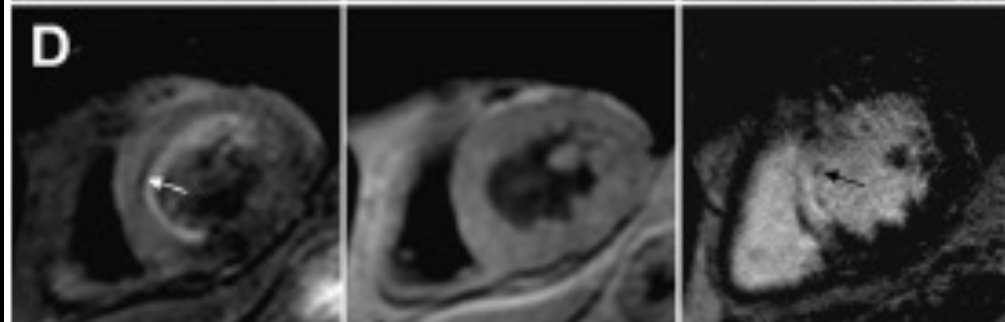
Lateral MI, no MVO, no hemorrhage

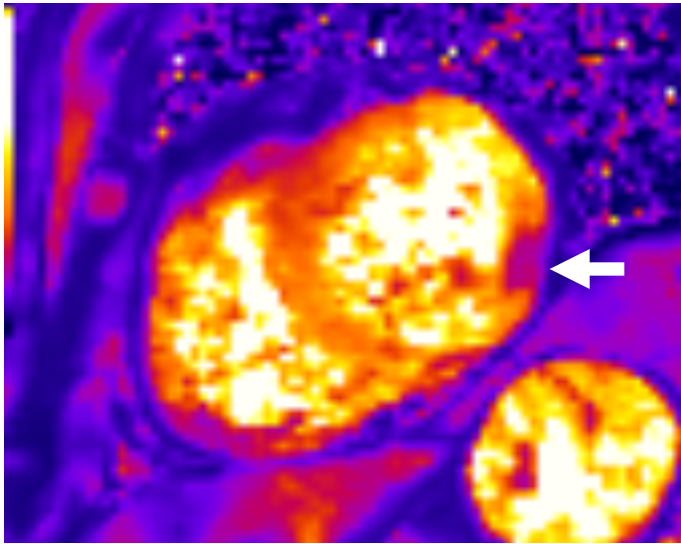


Septal MI, MVO, no hemorrhage



Septal MI, little MVO, no hemorrhage





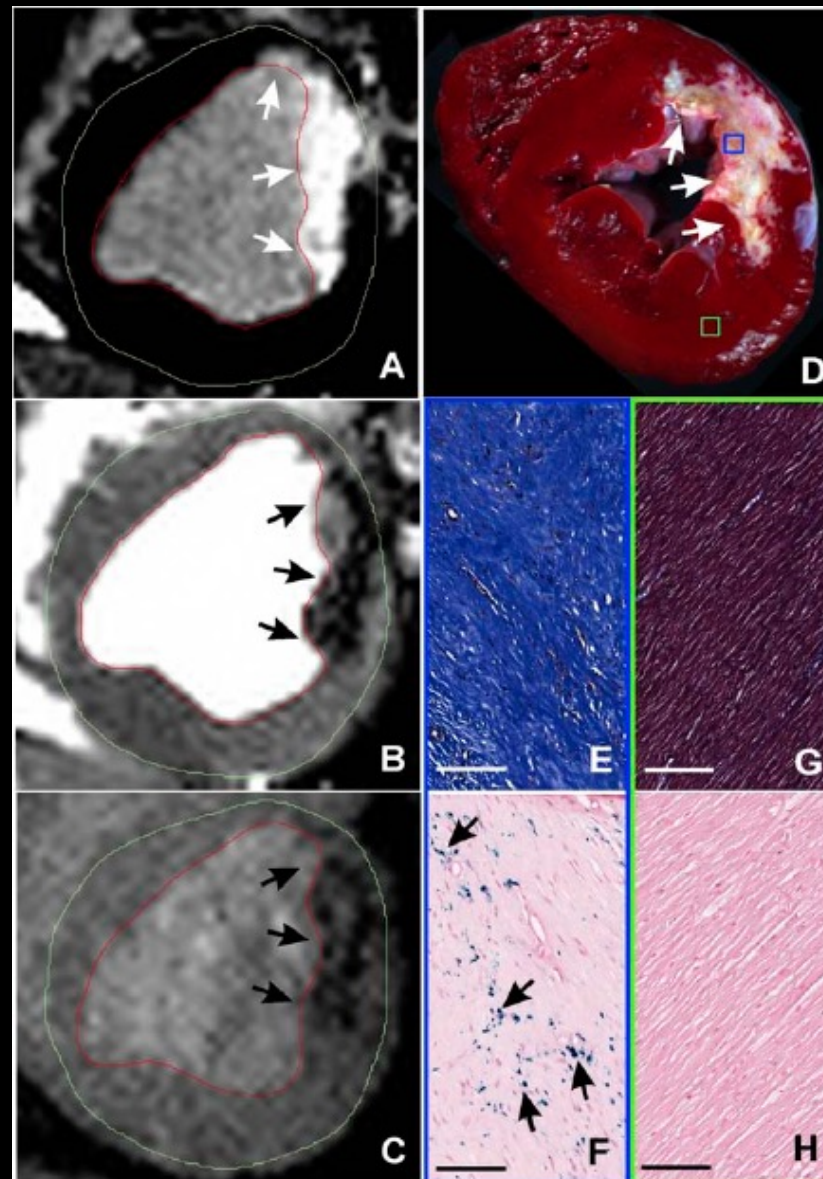
T2* mapping

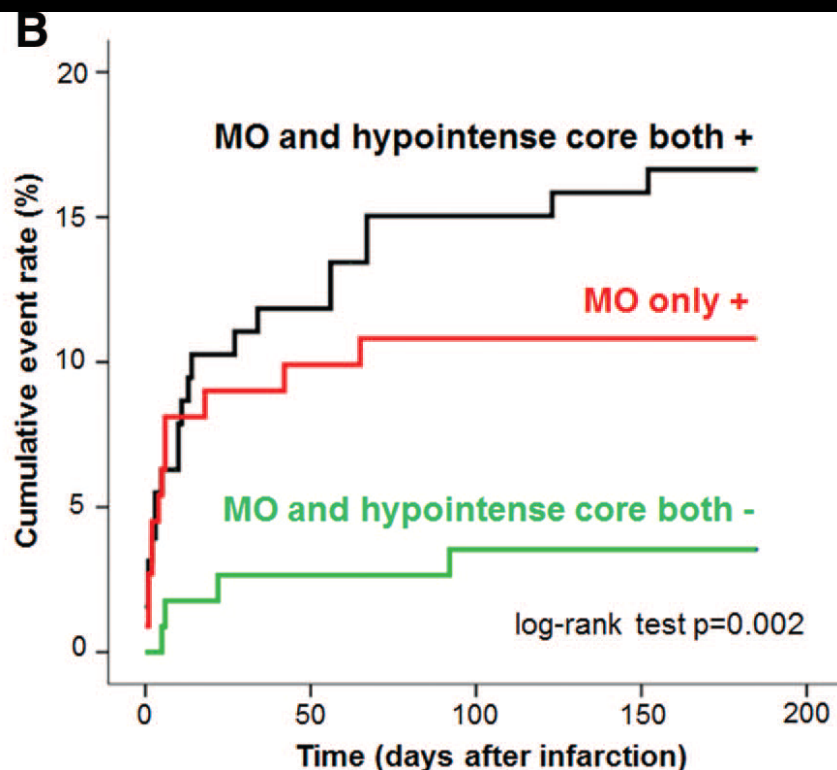
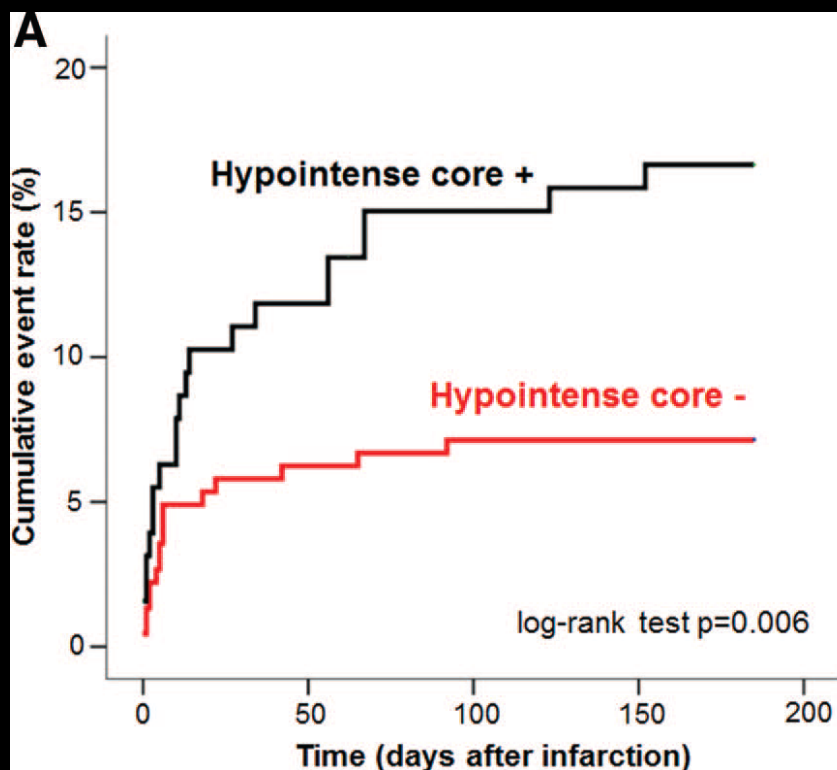
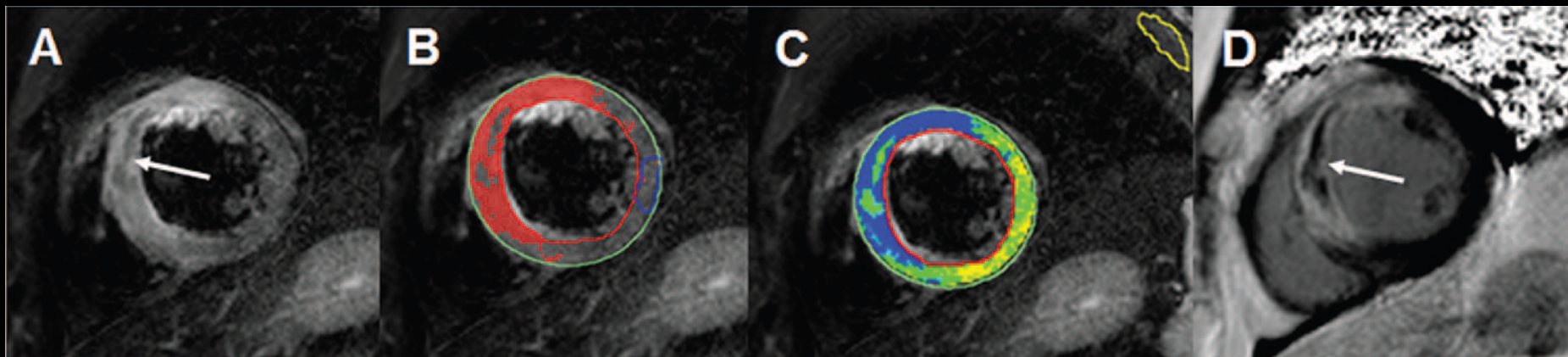


LGE

	HEMO+		HEMO -	
	5d	6m	5d	6m
NTBI μM	2.4	0	0.4	0
T2* ms	17	18	31	31

Hypotense core with evidence of focal iron deposition



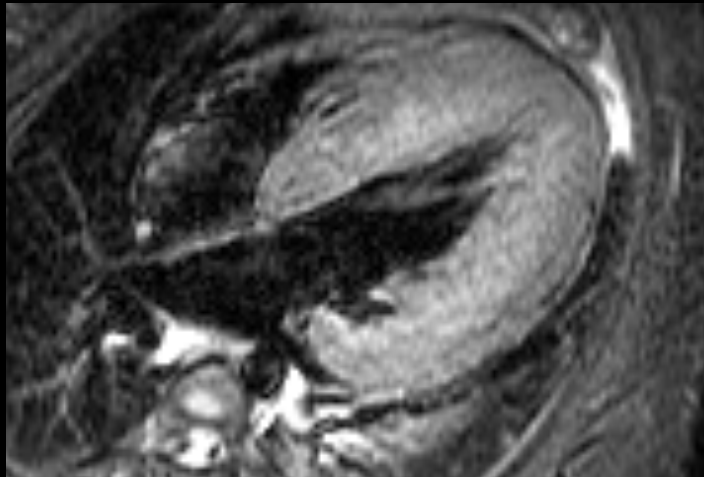


NEXT

- myocardial characterization for arrhythmia risk stratification
- iron chelation therapy for cardiogenic shock in acute setting
- iron chelation therapy for hemorrhagic STEMI in chronic setting
- high resolution coronary angiography
- high resolution plaque characterization

HCMO: myocardial oedema + intramyocardial enhancement

MYOCARDIAL ISCHEMIA



Cardiac Magnetic Resonance Detection of Myocardial Scarring in Hypertrophic Cardiomyopathy

Correlation With Histopathology
and Prevalence of Ventricular Tachycardia

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Randolph Setser, PhD,‡ Maran Thamilarasan, MD,* Bruce W. Lytle, MD,* Harry M. Lever, MD,*
Milind Y. Desai, MD*‡

Cleveland, Ohio

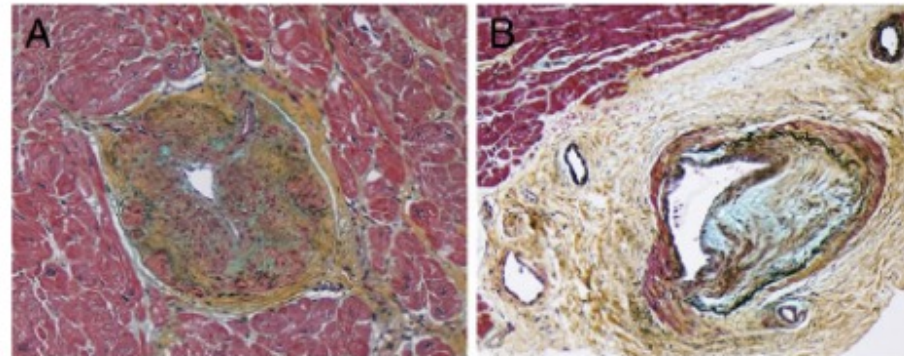
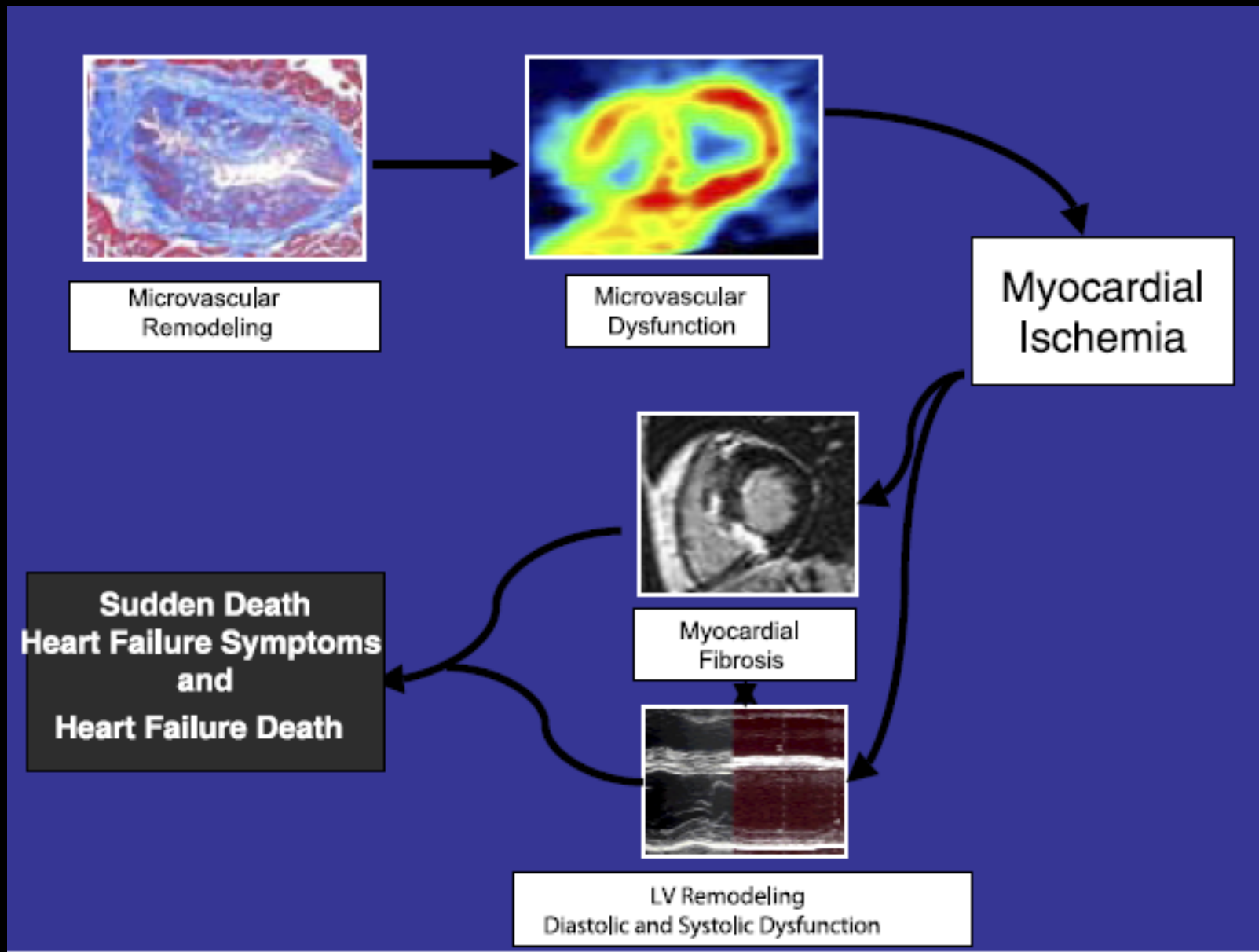
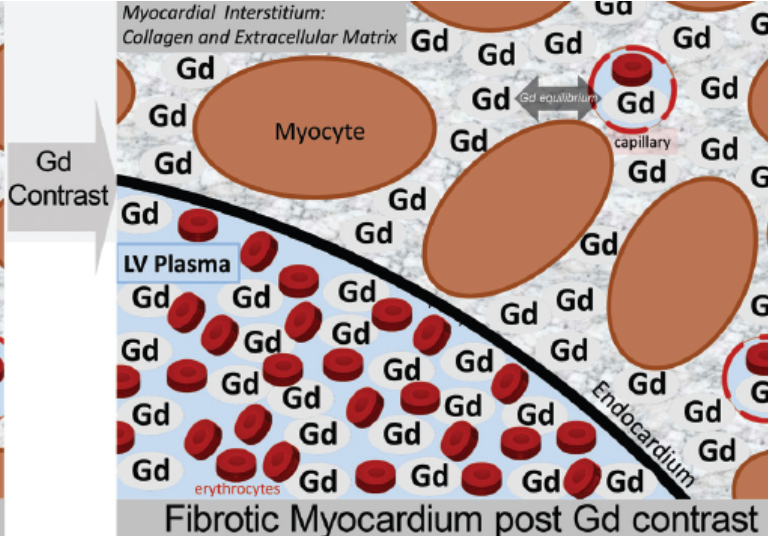
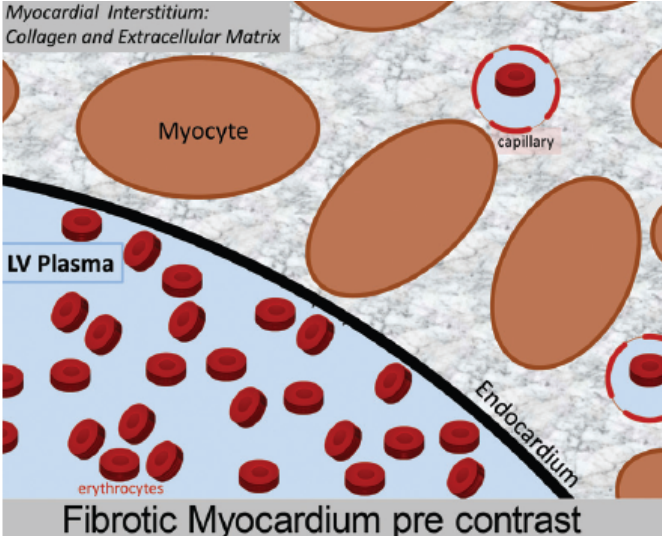
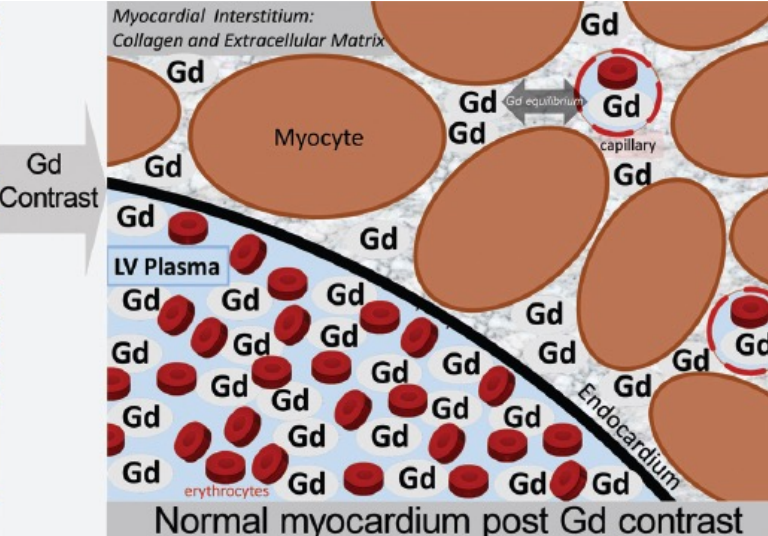
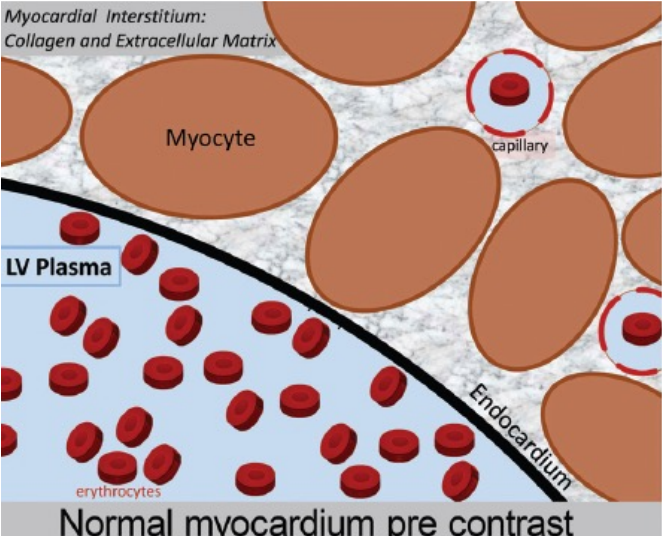


Figure 3 Small Intramural Dysplastic Coronary Arteriole in a Patient With Hypertrophic Cardiomyopathy

Hypertrophic cardiomyopathy



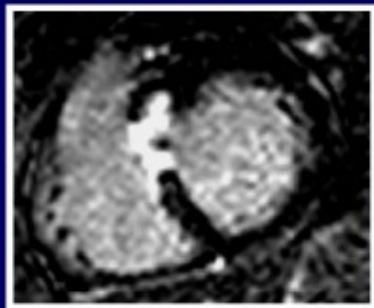
Extracellular Volume Fraction



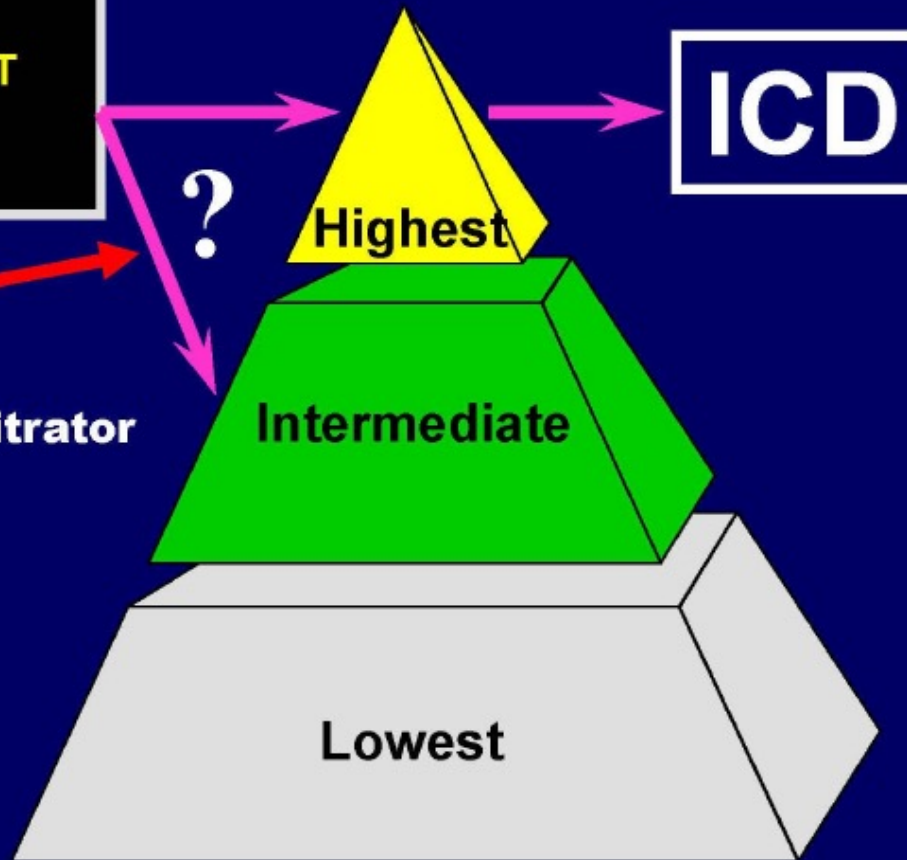
Strongest 1^o Risk Factors:

Familial Hx of SD
Syncope
Multiple-repetitive NSVT
↓BP — exercise
Massive LVH ≥30 mm

LGE

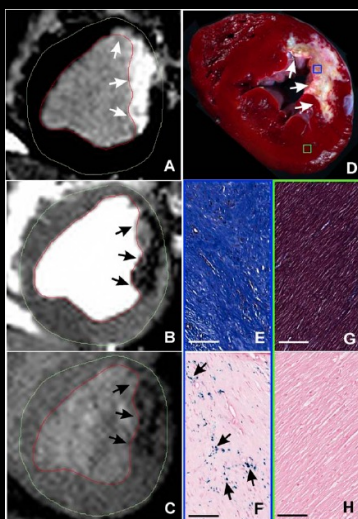
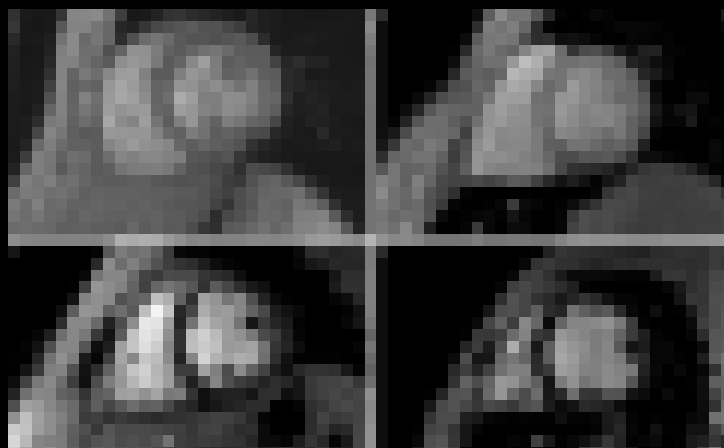


Possible Arbitrator



NEXT

- myocardial characterization for fibrosis (interstitial vs substitutive)
- arrhythmia stratification
- predictors of LV remodeling
- acute vs chronic disease (edema + LGE)
- matching phenotypes, genotypes and pathology : toward cardiomyopathy clinic



Iron cardiotoxicity

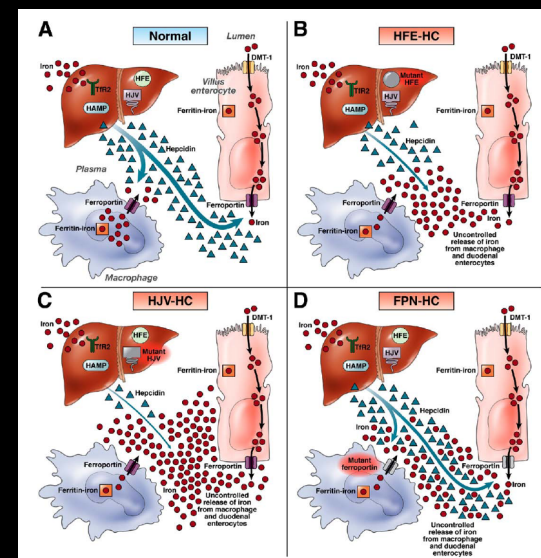
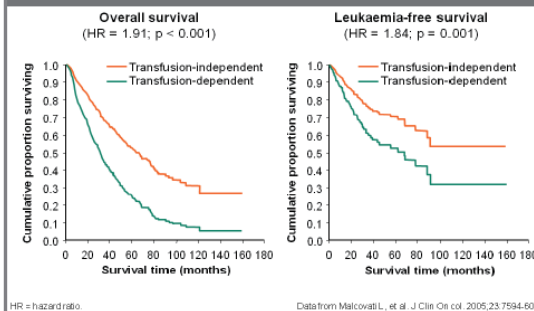


Figure 8. Survival of patients with MDS according to transfusion dependence.



CARDIAC PATHOPHYSIOLOGY IN THALASSAEMIA

Chronic anaemia
(high cardiac output)

Intracellular free iron
(lipid peroxidation, membrane damage, mitochondrial damage, altered electrical function, gene expression)

Endocrinopathies

Hypoxia

Infections

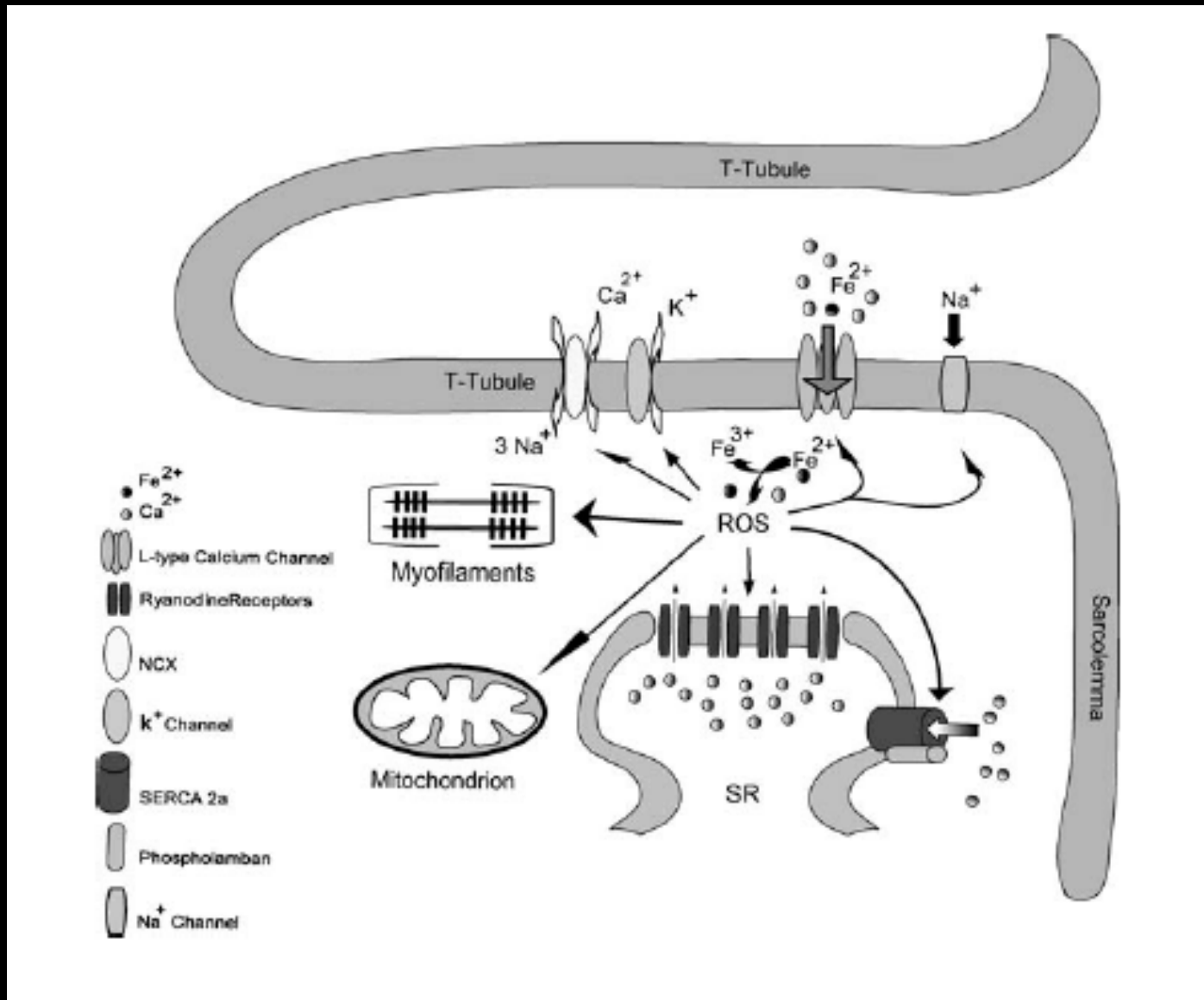
OXIDATIVE STRESS

Myocardial impairment

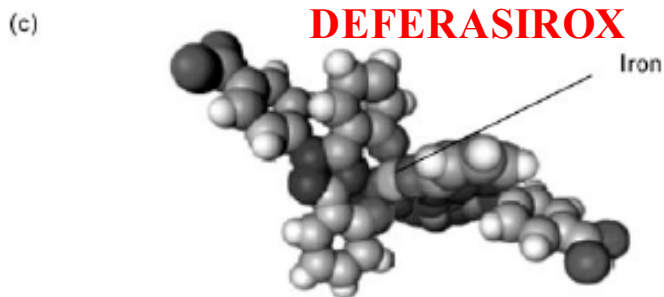
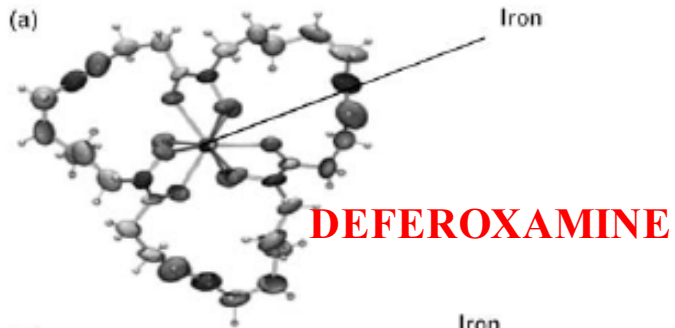
Hypercoagulability

Endothelial dysfunction

Relationship between iron overload, oxidative stress and calcium channels in myocardial cells



IRON CHELATORS



Identify the amount of slope or steepness in inches. The 3 basic postures for slope are high shoulders, medium shoulders and sloping shoulders. Slope can go from zero to 3.5 inches.

SLOPE

INCLINE

Your posture, from extremely erect to half-erect, normal, into sloping into head fall, which would be an older person who is bent over.

CHEST

Most athletes will have pectoral muscles built up and have a very prominent chest. There's a way to fit that area of the body so that the coat is not popping open and it's comfortable and not too tight.

WAIST

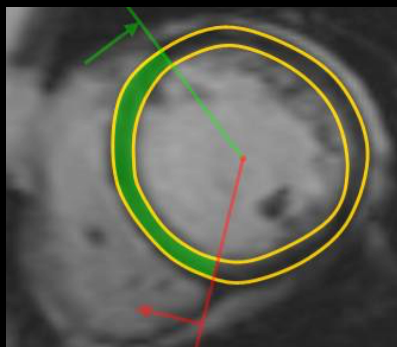
Where you wear your skirt or pant. Your coat waist is an area about three-four inches above that, where you button your coat.

SEAT

Prominent, flat or normal seat. The body is kind of like a balloon. When you push on one part, it pops out somewhere else. So if you have a flat seat, you may have rounder shoulders.

FABRIC

Bold stripes project rigidity. A glen plaid is a very compromising projection. Light gray or tan projects a softness. Dark colors say you're serious about business.



IMPACT OF CMR ON IRON OVERLOAD MORTALITY

UK THALASSEMIA REGISTER

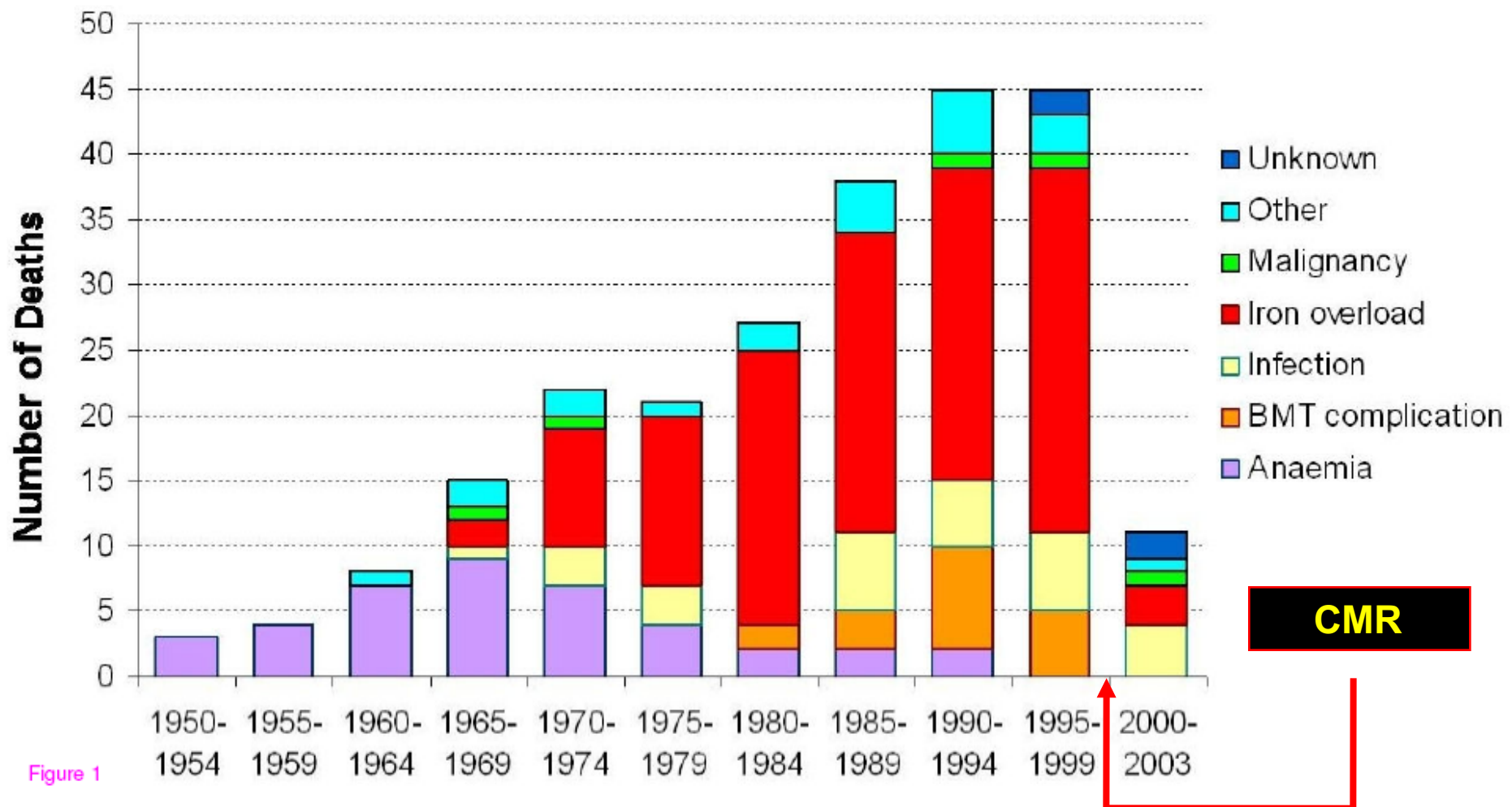


Figure 1

NEXT

- improving myocardial and liver iron-overload assessment: T1 mapping vs T2*
- improving NTBI transport system in different tissues
- iron-overload assessment in new target: pancreas, thyroid, hypophysis
- assess chelation therapy role in STEMI cardiogenic shock
- assess chelation therapy role in post-AMI LV remodeling and arrhythmia

Concentric Left Ventricular Hypertrophy

Obvious Cause of Increased Left Ventricular Afterload

Yes

Hypertension
Aortic Valve Stenosis

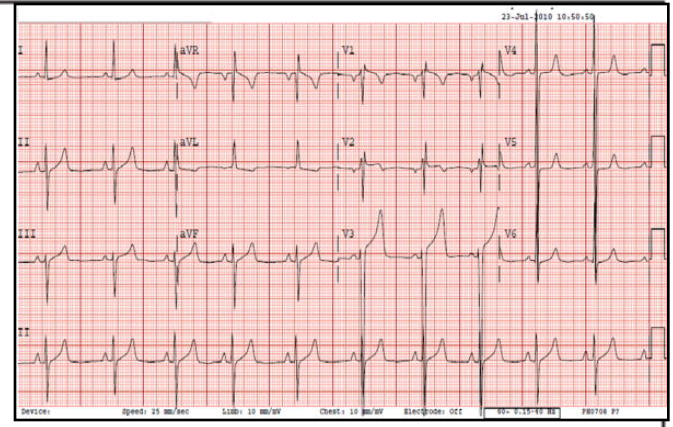
No

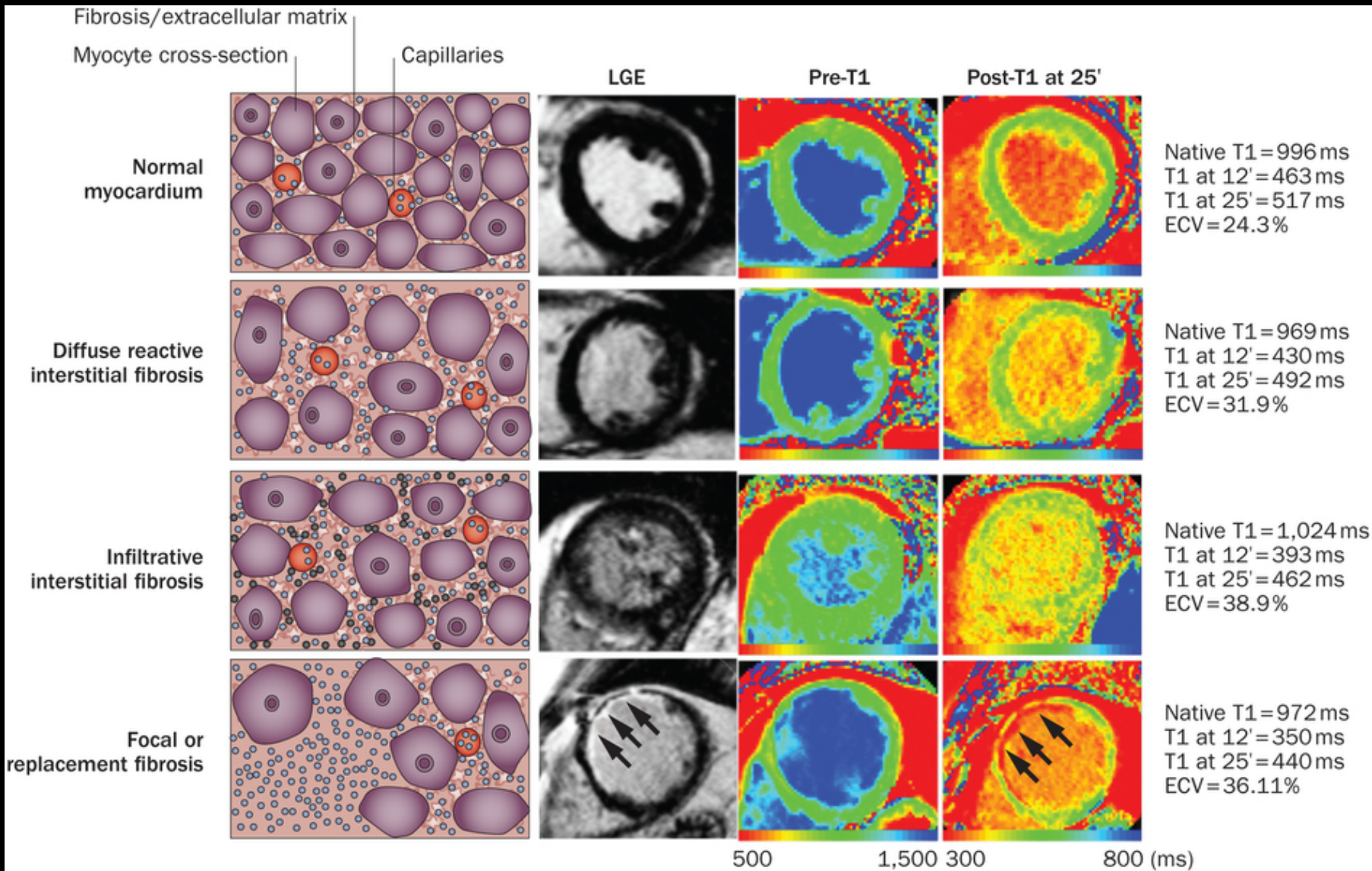
Low or Normal Voltage Amplitude on ECG

Amyloidosis
Sarcoidosis
Hemochromatosis

Increased Voltage Amplitude on ECG

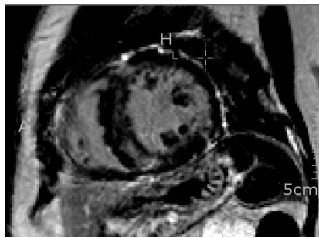
Fabry Disease
Pompe Disease
Hypertrophic Cardiomyopathy
Athlete's Heart



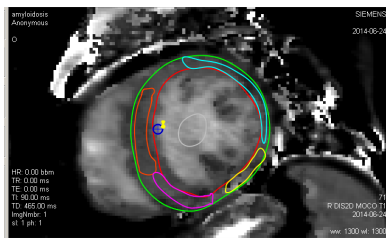


Detection of cardiac amyloidosis

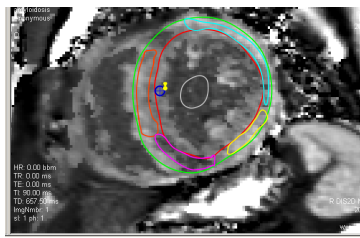
LGE



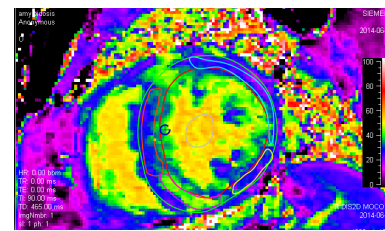
T1 pre



T1 post

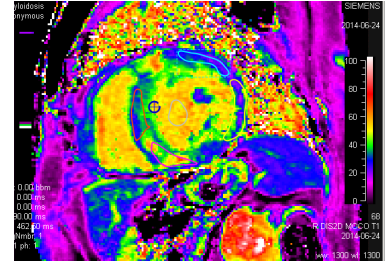
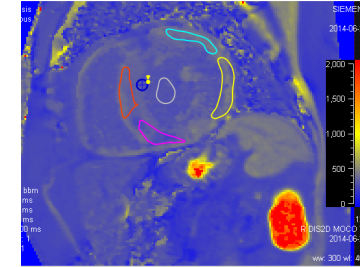
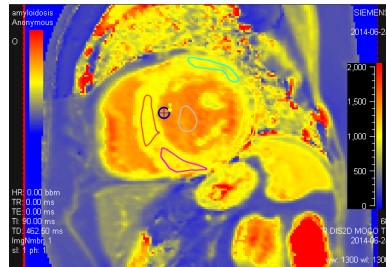


ECV



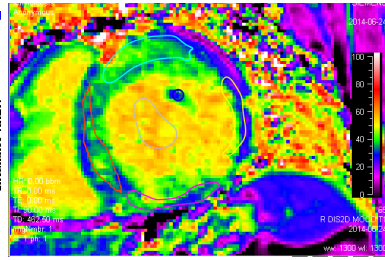
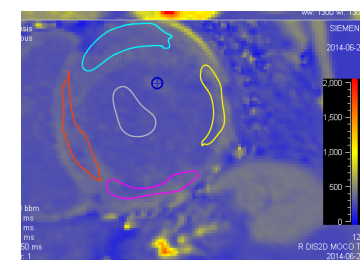
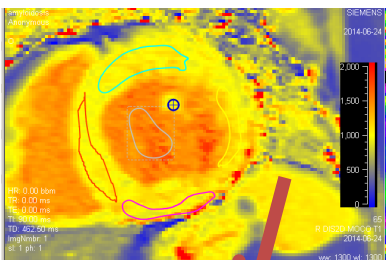
	T1 Native [ms]	T1 Post [ms]	ECV [%]
ROI 1	984.50	413.16	32.67
ROI 2	1012.60	350.26	43.44
ROI 3	1050.62	442.56	30.42
ROI 4	977.11	440.29	29.03
Blood	1428.80	326.34	-

Hematocrit (%): 45.00
Series delay (min): 22.60
Ser. # T1 Native: 71
Ser. # T1 Post: 126



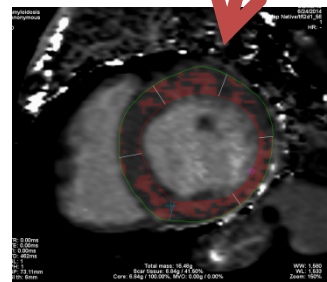
	T1 Native [ms]	T1 Post [ms]	ECV [%]
ROI 1	1006.84	402.62	34.58
ROI 2	1073.46	339.22	46.78
ROI 3	1052.95	411.31	34.37
ROI 4	987.45	441.11	29.10
Blood	1445.70	326.56	-

Hematocrit (%): 45.00
Series delay (min): 22.23
Ser. # T1 Native: 68
Ser. # T1 Post: 123
Acquisition type: Inversion Recovery (T1)



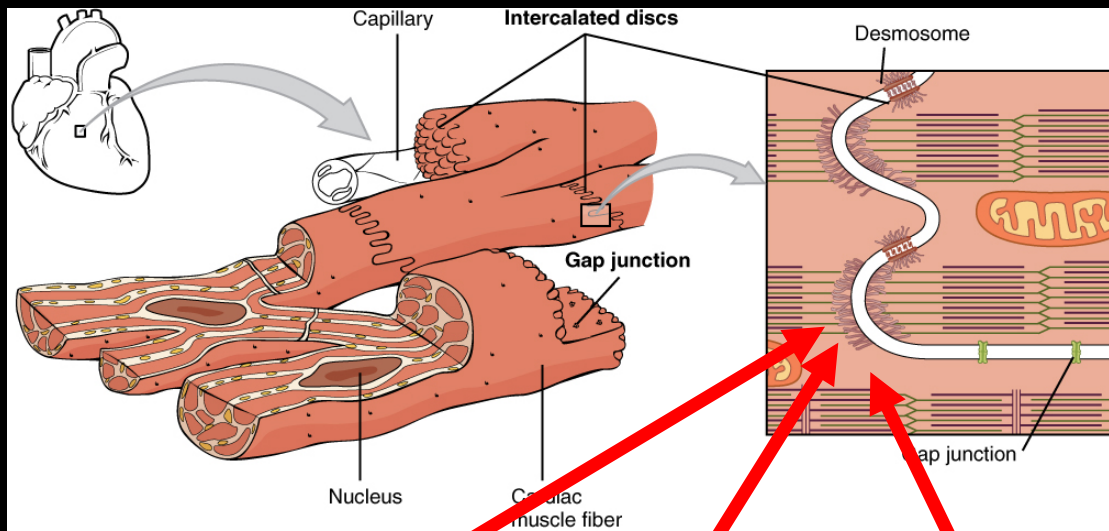
	T1 Native [ms]	T1 Post [ms]	ECV [%]
ROI 1	1024.08	373.10	38.09
ROI 2	1076.46	376.91	38.55
ROI 3	1135.85	388.88	37.81
ROI 4	1066.57	366.57	40.03
Blood	1514.27	320.46	-

Hematocrit (%): 45.00
Series delay (min): 22.23
Ser. # T1 Native: 65
Ser. # T1 Post: 120



T1 pre , Threshold >1150 ms

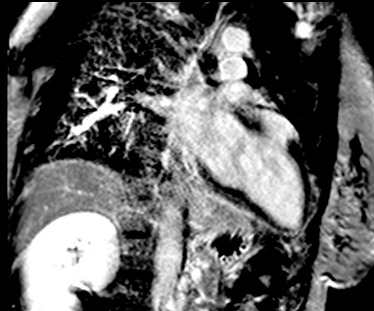
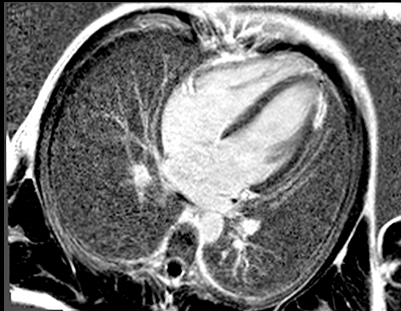
- LGE show diffused enhancement
- T1 pre High T1 value (984 – 1066 ms)
- T1 post Shorten T1 value (350 – 441 ms)
- ECV high ECV value (29 43 %)



ARVC

SARCOIDOSIS

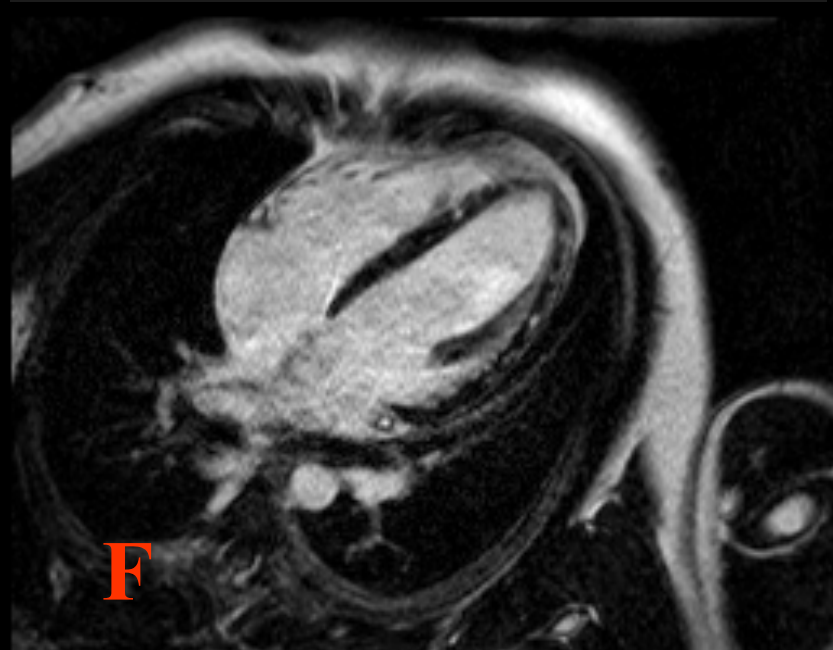
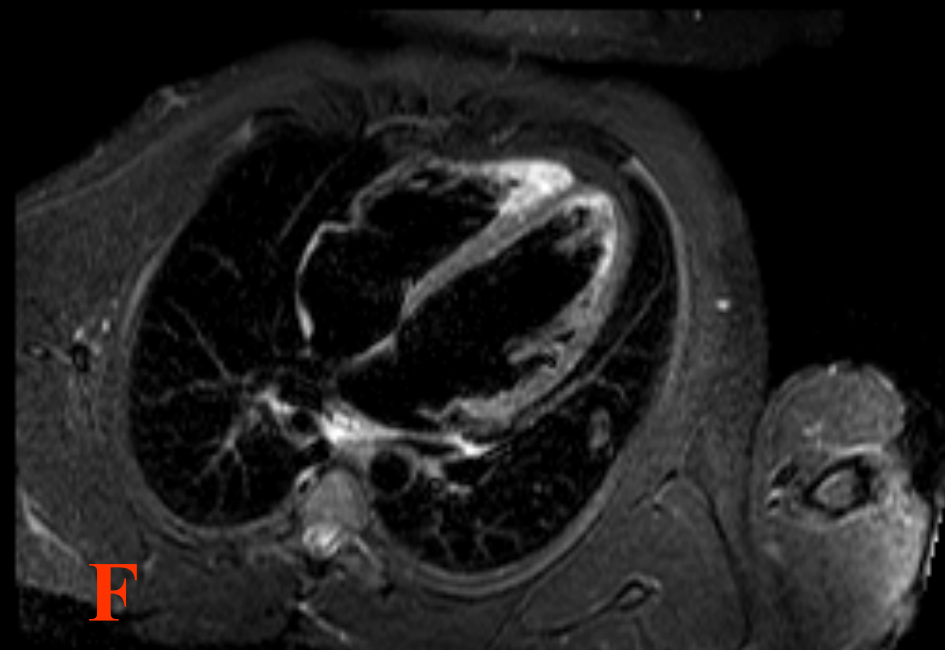
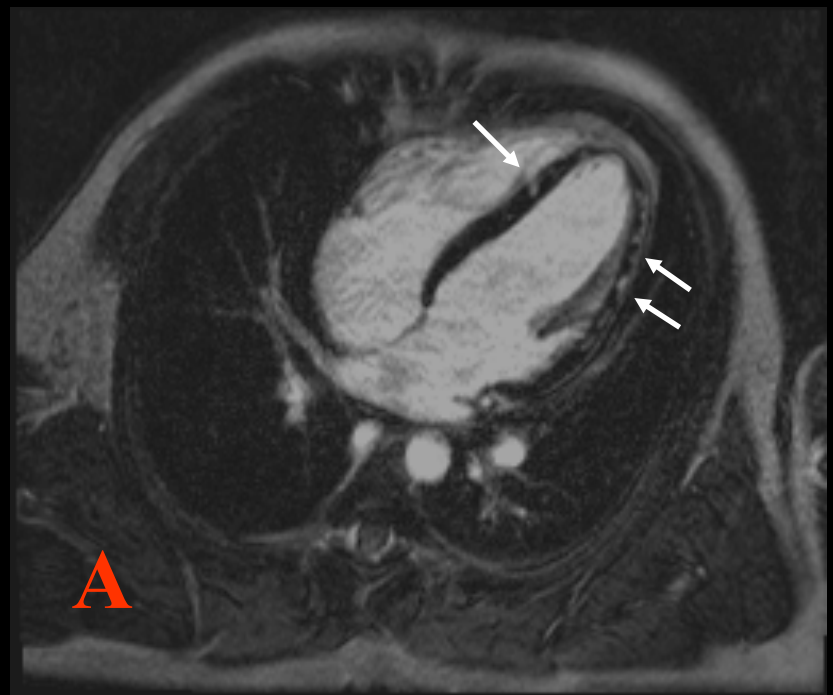
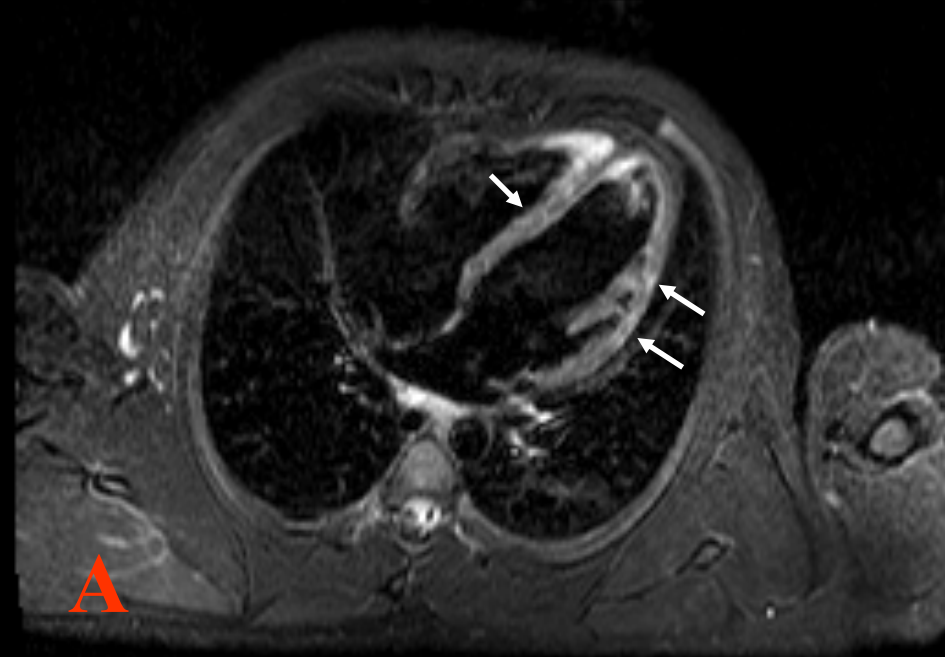
GIANT CELL MYOCARDITIS



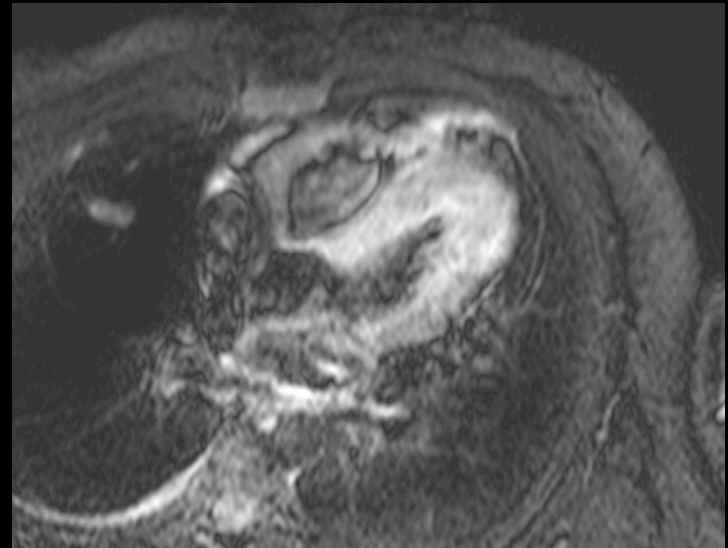
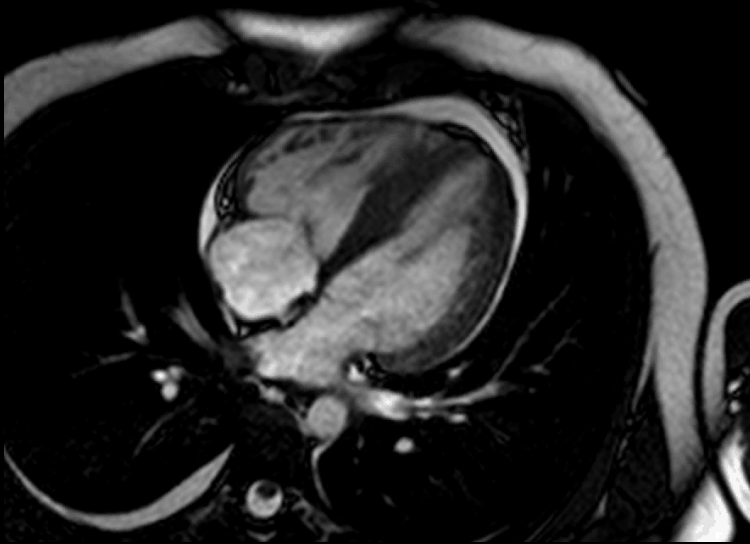
STIR

PATTERN B

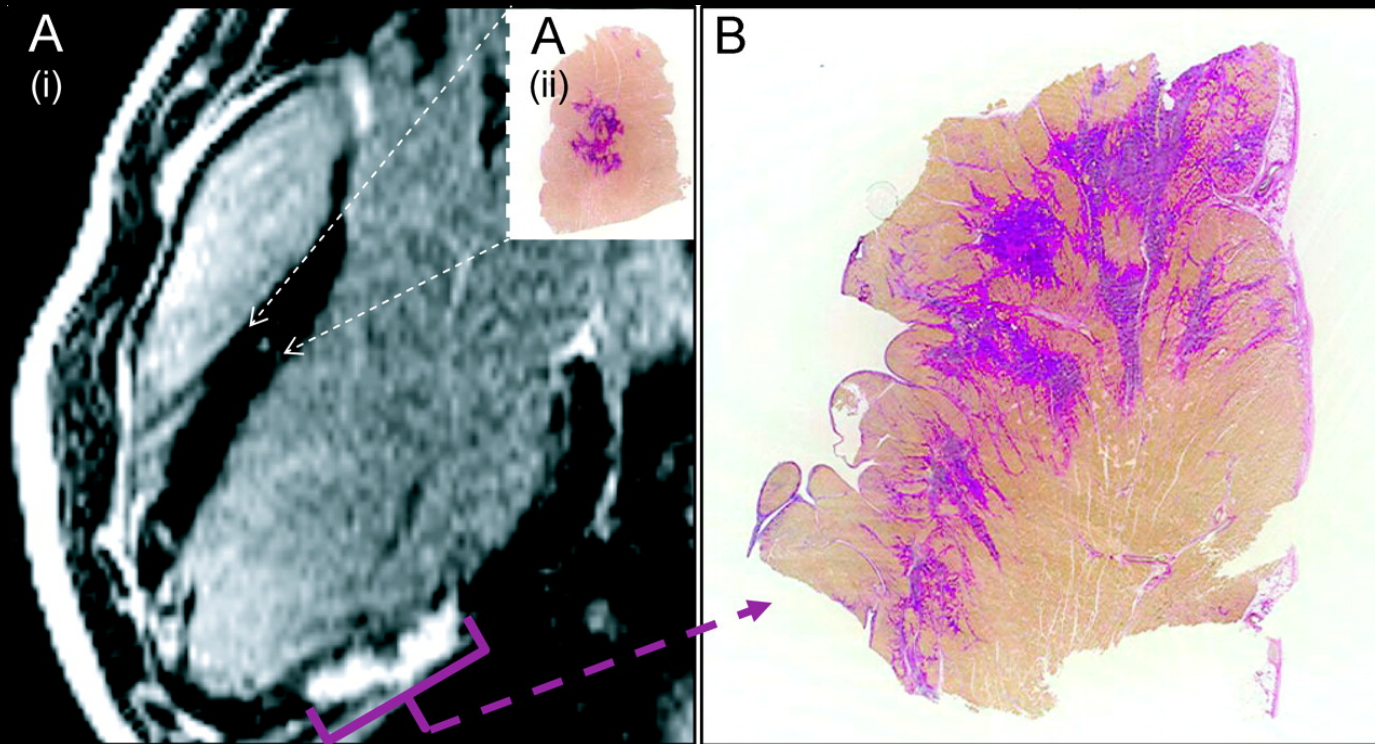
DELAY-ENHANCEMENT



...Caro Roghi, potresti vedere la RM cardiaca fatta qui da noi di questo ragazzo ricoverato ieri sera per dolore toracico, ST sopralivellato e movimento di troponina ? Il Radiologo propende per amiloidosi cardiaca...



LGE CMR image [A(i)] with corresponding histology inset (A(ii)] and further histology corresponding to lateral, patchy, epicardial LGE (B)



Babu-Narayan, S. V. et al. *Circulation* 2007;116:e122-e125

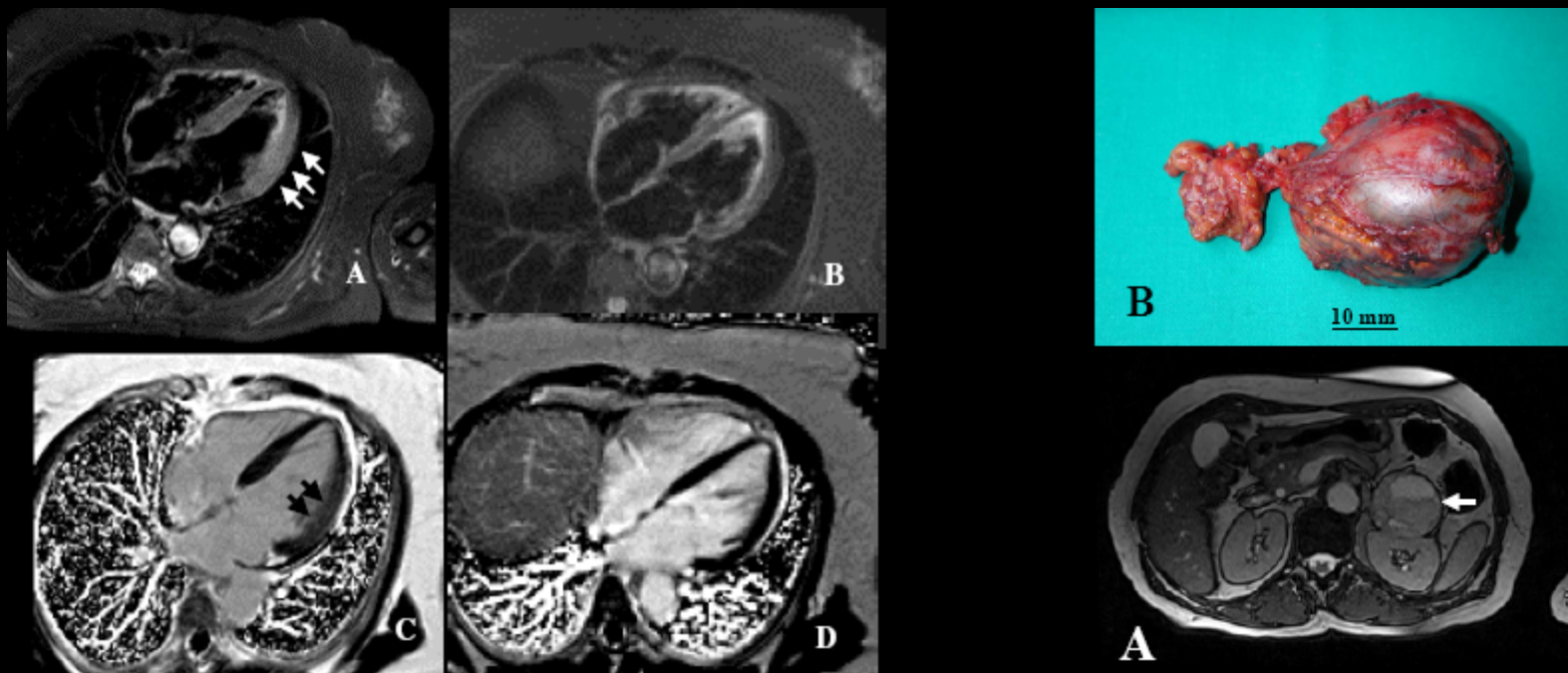


CASE REPORT

Open Access

Adrenergic Myocarditis in Pheochromocytoma

Alberto Roghi^{1*}, Patrizia Pedrotti¹, Angela Milazzo¹, Edgardo Bonacina², Chiara Bucciarelli-Ducci^{3,4}



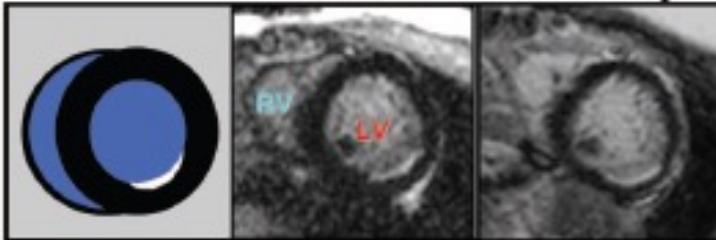
DE-CMR

Baseline

Follow up

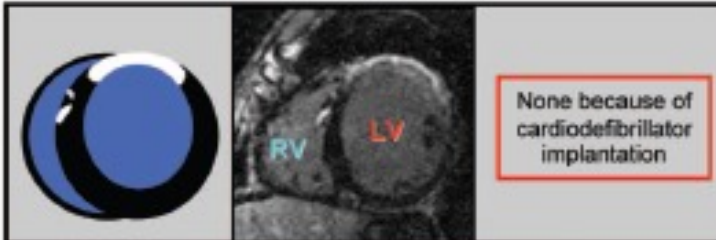
Patient A

Subendocardial HE in LV inferolateral wall
- CAD-type



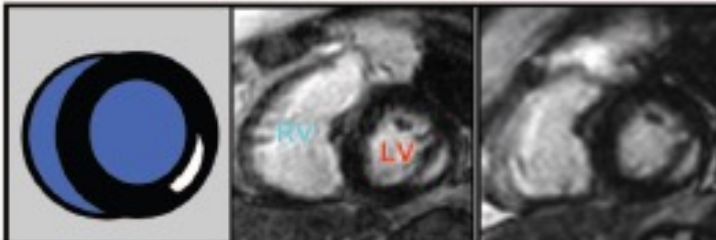
Patient B

Transmural HE in LV anterior wall
- CAD-type
RV side of septum HE
- non-CAD-type



Patient C

Midwall HE in LV inferolateral wall
- non-CAD-type



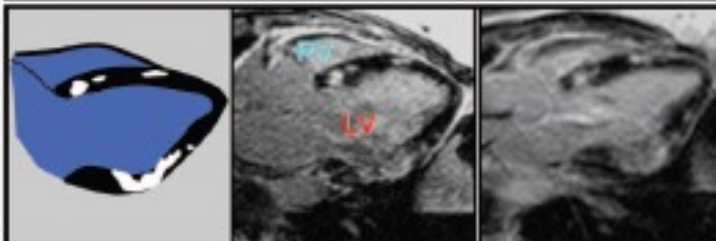
Patient D

Epicardial HE in LV inferior wall
- non-CAD-type
RV side of septum HE
- non-CAD-type
RV free wall HE
- non-CAD-type

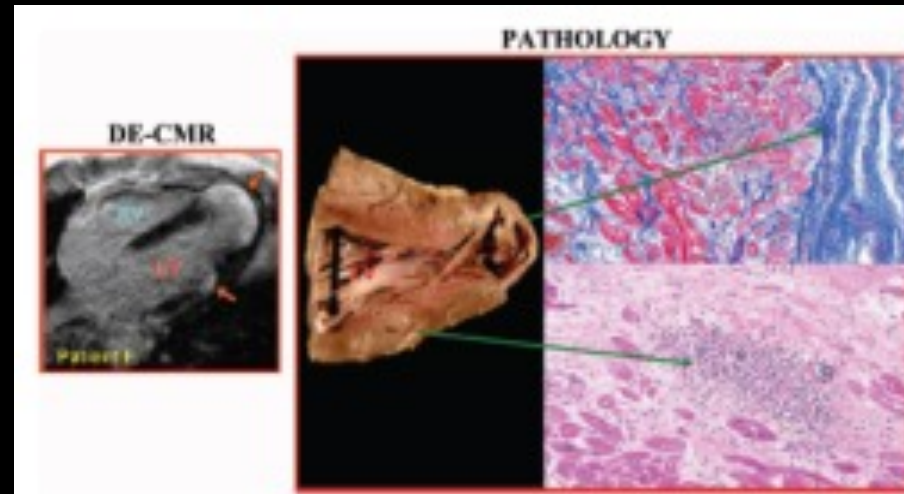


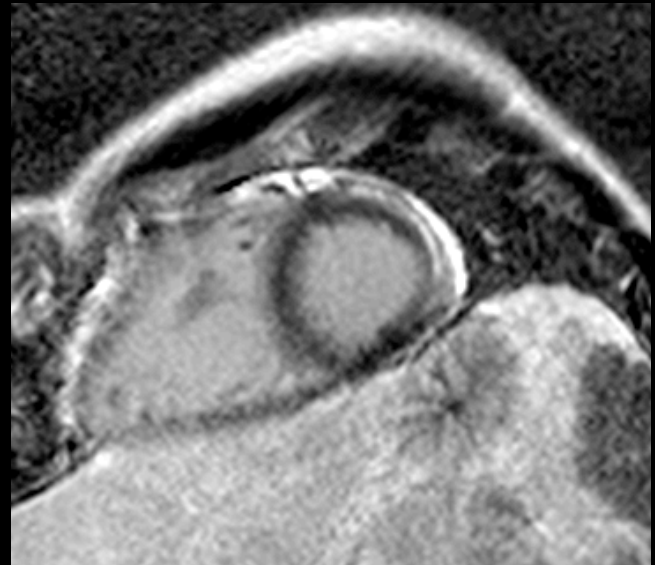
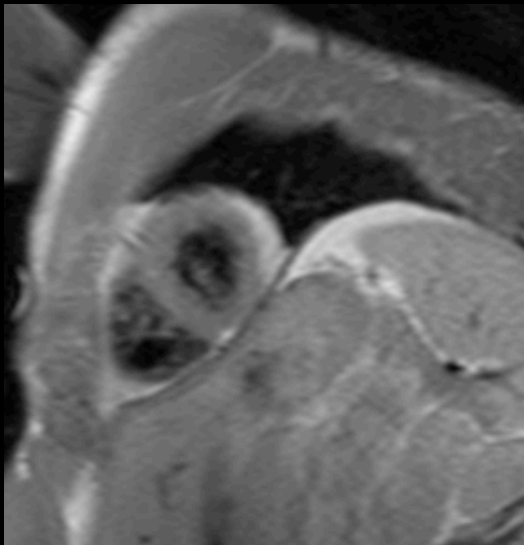
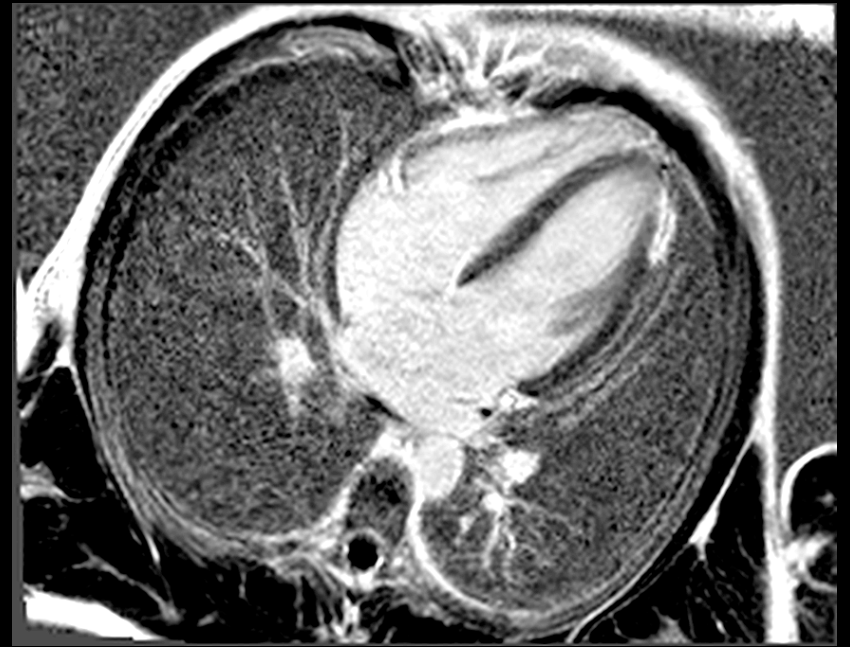
Patient E

Multiple, patchy, primarily midwall HE
- non-CAD-type



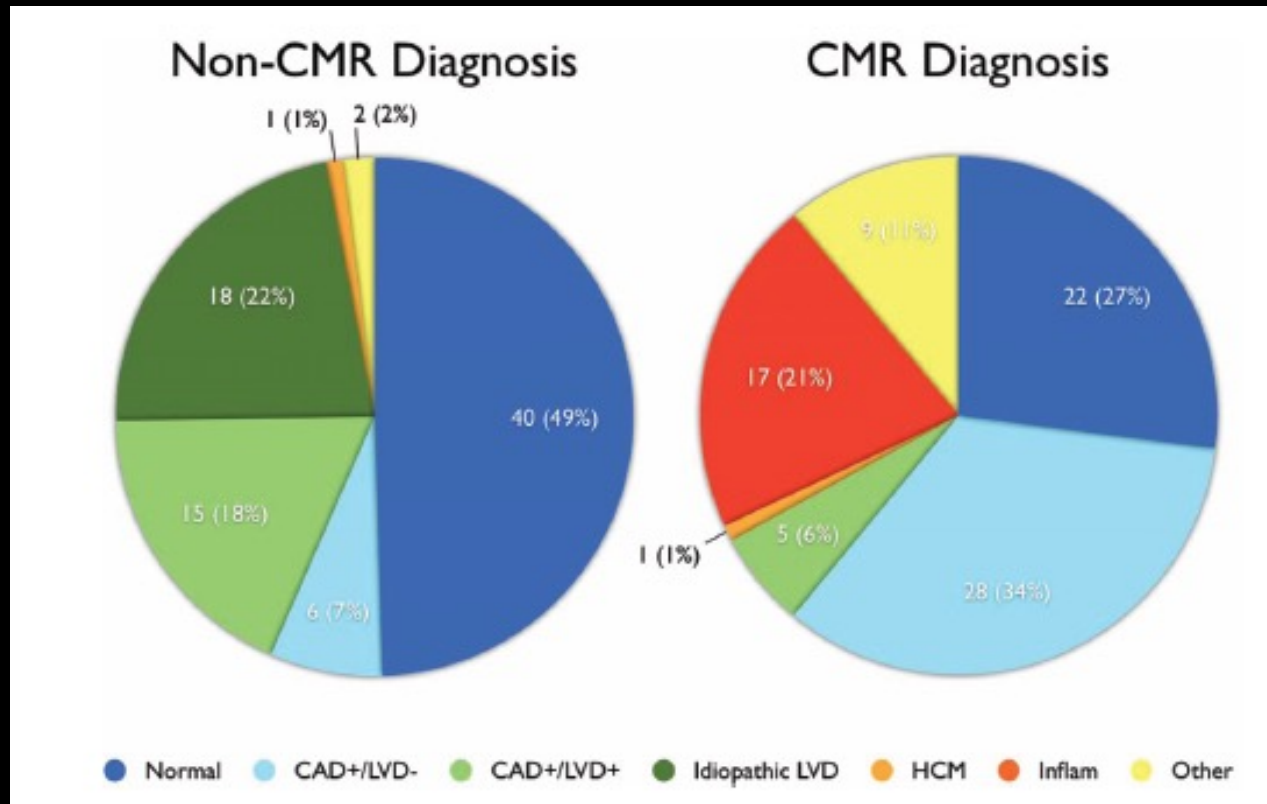
Detection of Myocardial Damage in Patients With Sarcoidosis





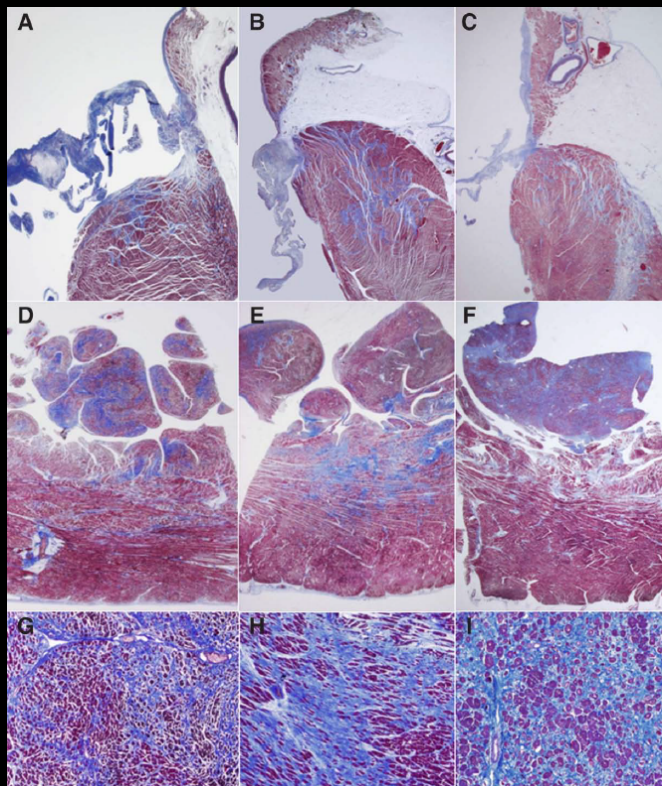
Utility of Cardiovascular Magnetic Resonance in Identifying Substrate for Malignant Ventricular Arrhythmias

James A. White, MD, FRCPC; Nowell M. Fine, MD; Lorne Gula, MD, MSc; Raymond Yee, MD; Allan Skanes, MD; George Klein, MD; Peter Leong-Sit, MD; Heather Warren, MD; Terry Thompson, PhD; Maria Drangova, PhD; Andrew Krahn, MD

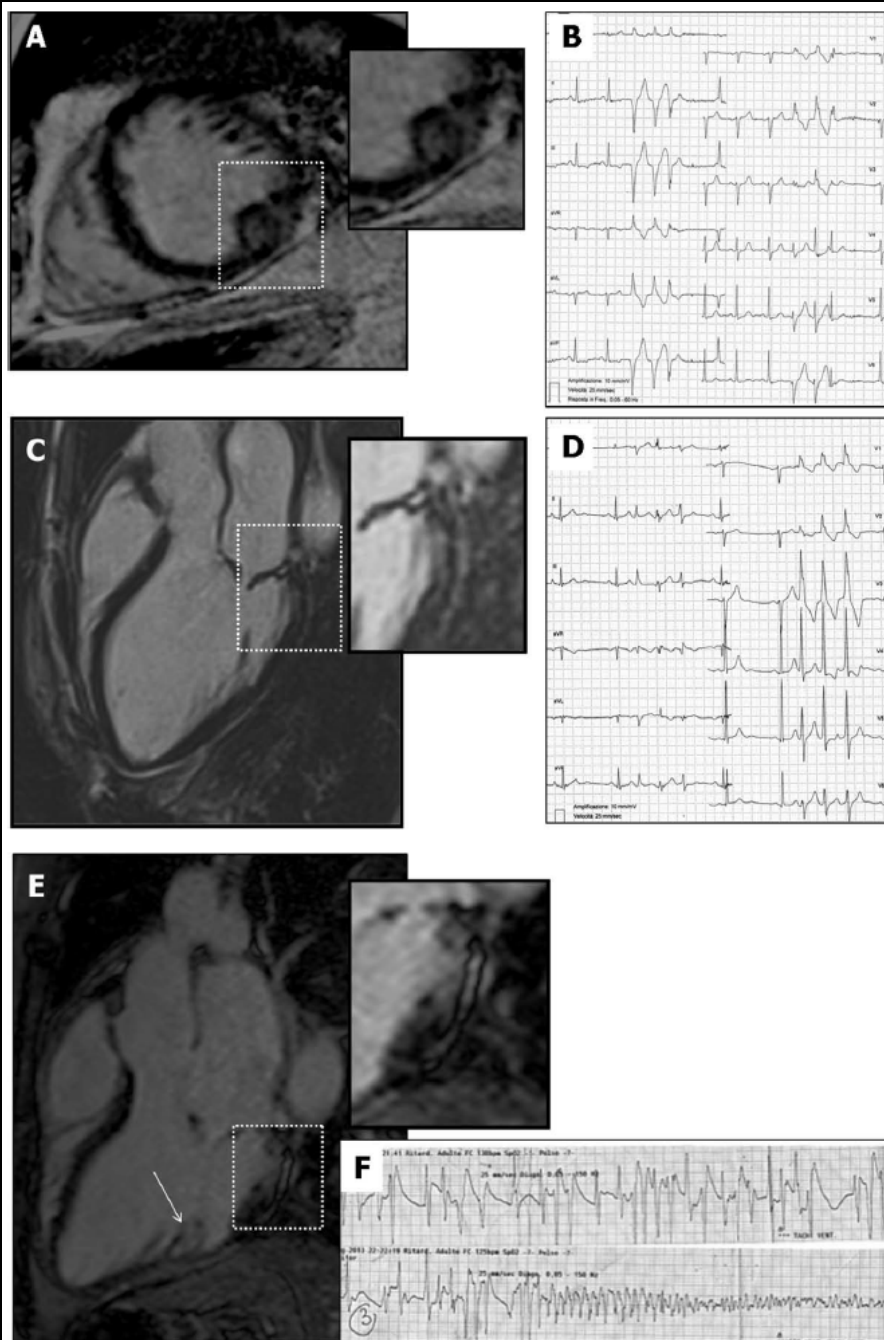


Arrhythmic Mitral Valve Prolapse and Sudden Cardiac Death

Cristina Basso, MD, PhD*; Martina Perazzolo Marra, MD, PhD*; Stefania Rizzo, MD, PhD;
 Manuel De Lazzari, MD; Benedetta Giorgi, MD; Alberto Cipriani, MD;
 Anna Chiara Frigo, MSc; Ilaria Rigato, MD, PhD; Federico Migliore, MD, PhD;
 Kalliopi Pilichou, PhD; Emanuele Bertaglia, MD; Luisa Cacciavillani, MD, PhD;
 Barbara Bauce, MD, PhD; Domenico Corrado, MD, PhD; Gaetano Thiene, MD; Sabino Iliceto, MD



Variables	MVP With Complex VA (n=30 Patients)	Complex VA >3 VPB Run (n=10 Patients)	Complex VA =3 VPB Run (n=20 Patients)	MVP without Complex VA (n=14 Patients)	P Value			
					With Complex VA vs Without Complex VA	>3VPBs vs Without Complex VA	=3 VPBs vs Without Complex VA	>3VPBs vs =3 VPBs
CMR postcontrast findings								
LV LGE, n (%)	28 (93)	10 (100)	18 (90)	2 (14)	<0.01	<0.01	<0.01	0.54
PMs	25 (83)	10 (100)	15 (75)	2 (14)	<0.01	<0.01	<0.01	0.14
Inferobasal wall	22 (73)	7 (70)	15 (75)	1 (7)	<0.01	<0.01	<0.01	1.00
LV LGE amount, %	1.2 (0.8–2.1)	1.1 (0.9–2.7)	1.4 (0.7–2.1)	0	<0.01	<0.01	<0.01	0.96

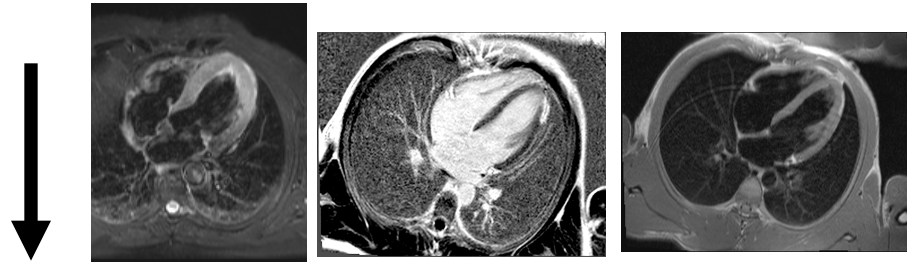


NEXT

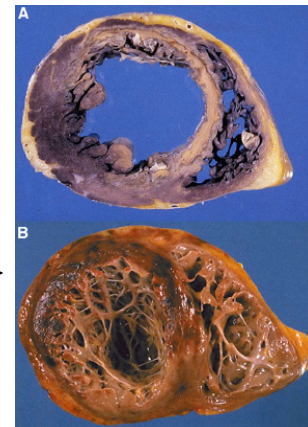
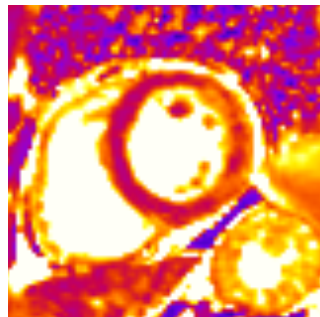
- improving tissue characterization

MACRO-PATHOLOGY

- unrecognized standards: LGE, oedema, fat infiltration

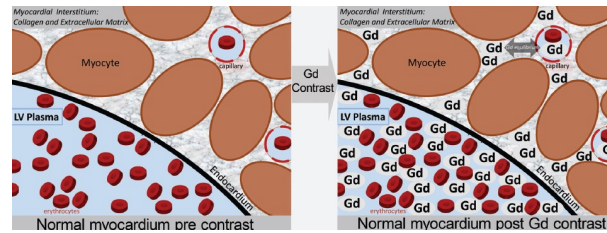


- standardization of quantitative assessment (phantom !!)
- new sequences for oedema and T2* (T2 mapping...)
- comparison with pathology



MICRO-PATHOLOGY

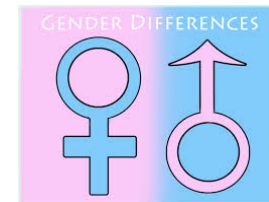
- unrecognized standards: ECV



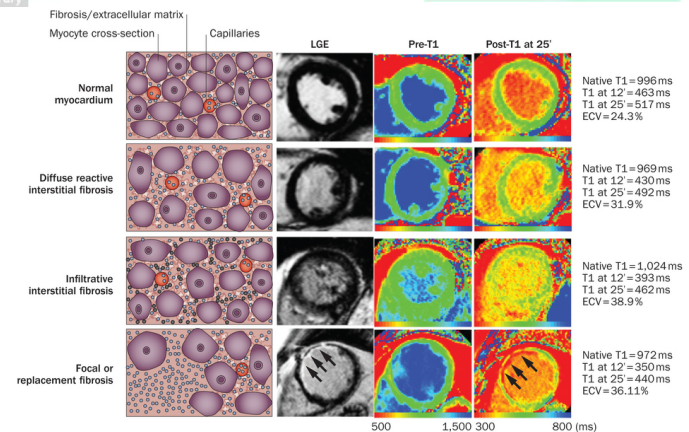
- standardization of quantitative assessment (phantom !!)



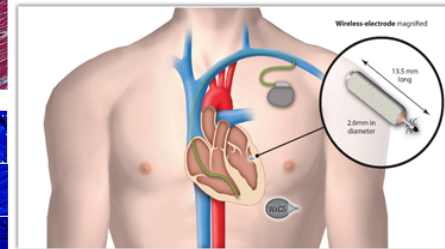
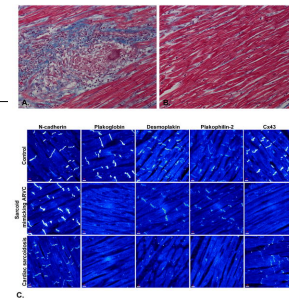
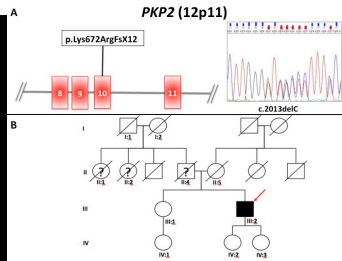
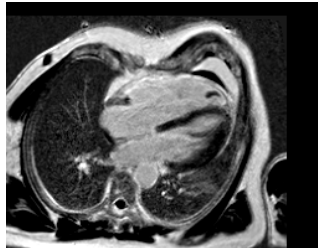
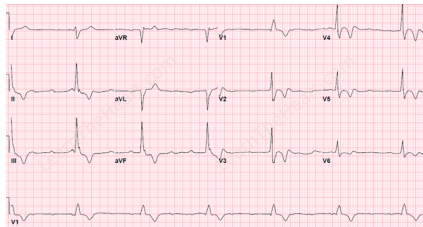
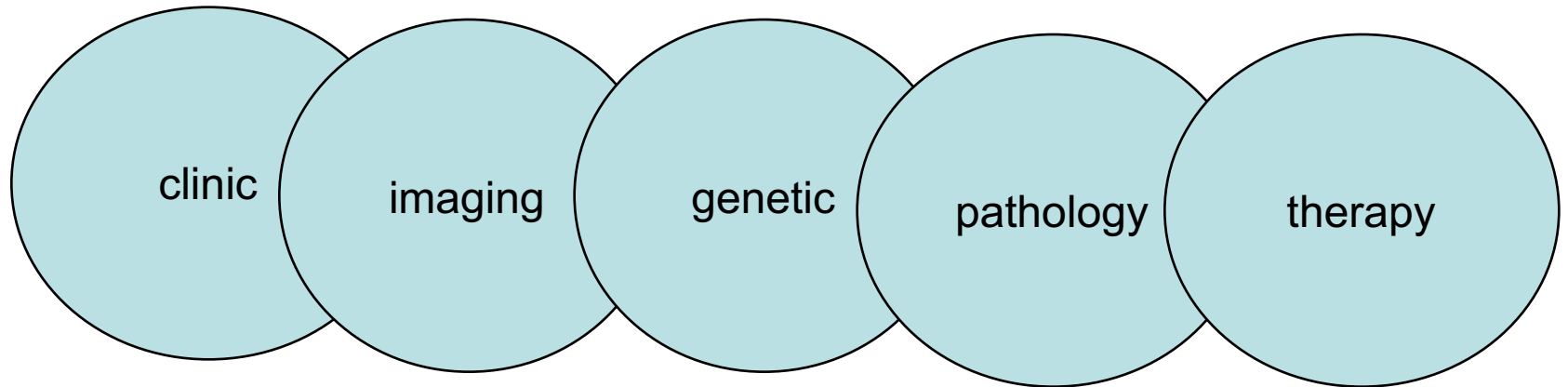
- standardization for age and sex



- comparison with pathology

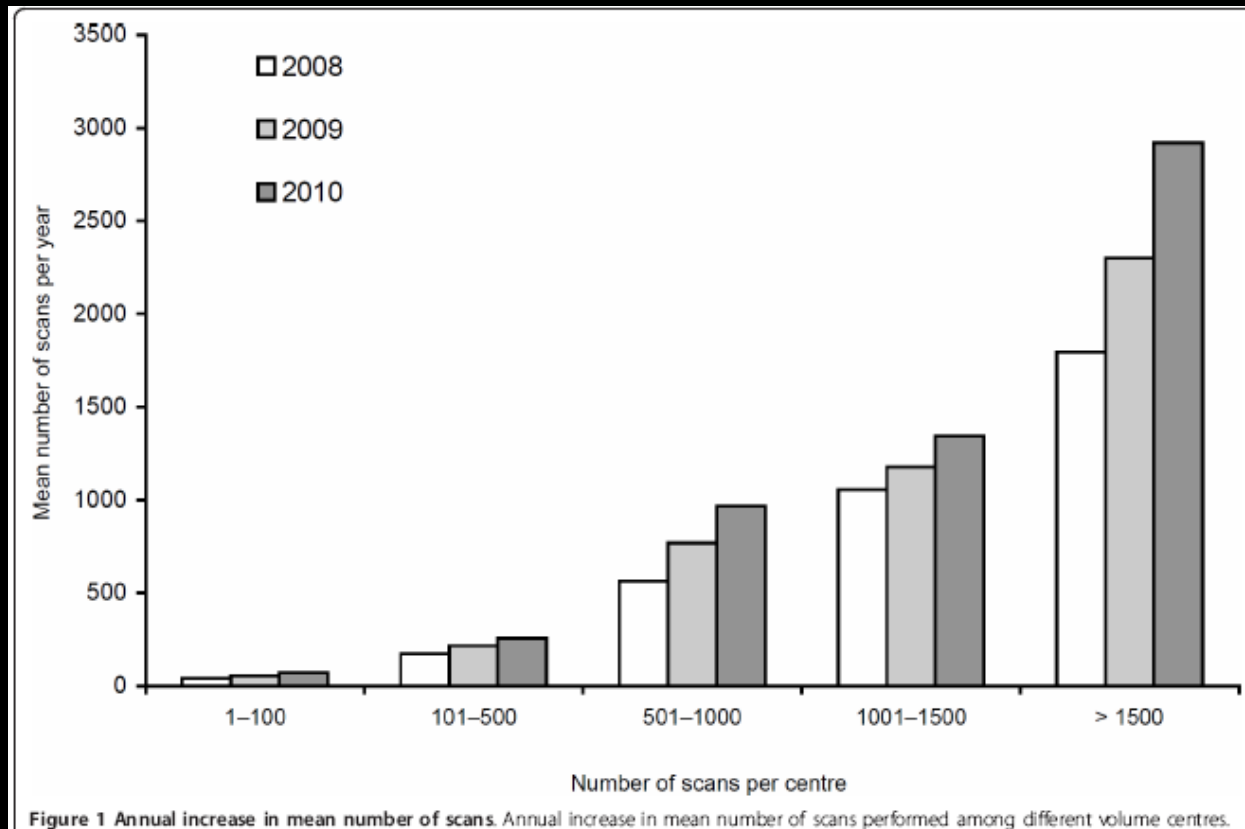


The chain of survival for cardiomyopathies



Cardiovascular magnetic resonance activity in the United Kingdom: a survey on behalf of the british society of cardiovascular magnetic resonance

Renjith Antony¹, Marwa Daghem¹, Gerry P McCann^{2,3}, Safa Daghem¹, James Moon², Dudley J Pennell⁴, Stefan Neubauer², Henry J Dargie², Colin Berry⁶, John Payne¹, Mark C Petrie^{1*} and Nathaniel M Hawkins⁵



UK 2010

53 Hospitals with CMR, n scans = 38.485

Low Volume = < 300 pts/year	28	13%
High Volume = > 1000 pts/year	12	} 66%
Very High Volume = > 1500 pts/year	6	

ITALY 2012*

20 Hospitals with CMR, n scans = 15.000

Low Volume = < 300 pts/year	10
High Volume = > 1000 pts/year	2
Very High Volume = > 1500 pts/year	1

* Unpublished data, CMR WG SIC

The BCS working group forecast a need to deliver 400
CMR scans per million adults by 2010 and 2275 scans
per million adults by 2015



ITALY, 60 MILLIONS,
EXPECTED NEED FOR 2015:

136.500

Hub-spoke issue

- CMR is recognised as a highly complex imaging modality and both the National Imaging Board and BSCMR/BSCI recommended a minimum number of scans per centre of 300
- Accreditation by ESC imaging WG (EACVI) is mandatory for CMR Centers, with a 3-level training program including european CMR examination and assisted reporting recorded in a log-book with central supervision
- CMR complexity, cardiology and radiology competence, training and logistic costs support a Hub-spoke network to offer the best quality of examinations

NEXT

