

L'INSUFFICIENZA CARDIACA TERMINALE:

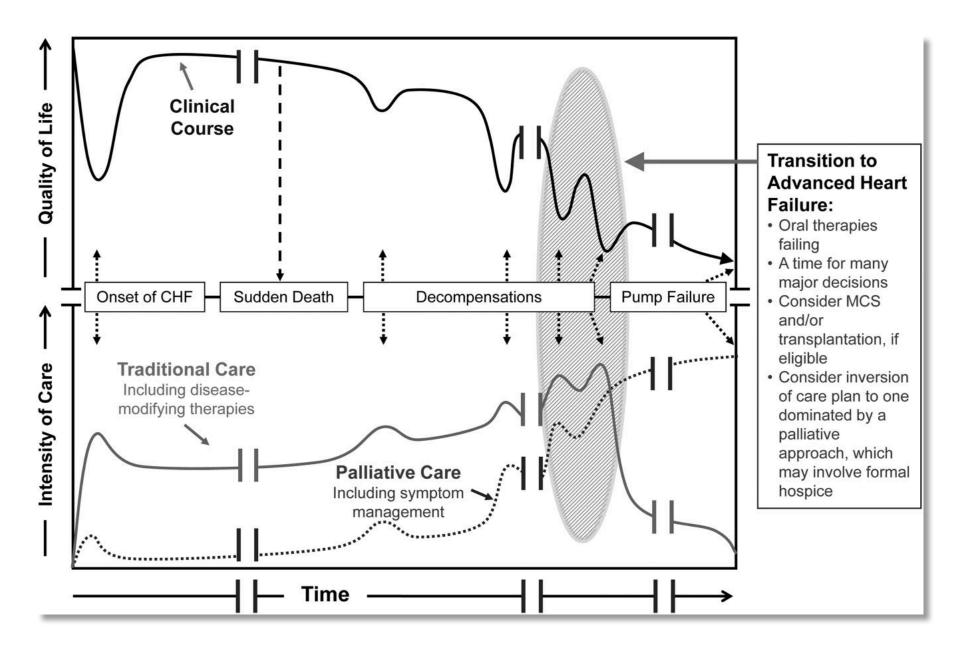
SULLA BASE DI QUALI ELEMENTI INVIARE IL PAZIENTE AL CENTRO TRAPIANTI





Dr Andrea Garascia

Insufficienza Cardiaca e Trapianto Cardiaco"De Gasperis" Cardio Center-Niguarda



STAGE A

At high risk, no structural disease

STAGE B

Structural heart disease, asymptomatic

STAGE C

Structural heart disease with prior/current symptoms of HF

STAGE D

Refractory HF requiring specialized interventions



Symptoms and signs of severe HF

- a) Dyspnoea and/or fatigue at rest or with minimal exertion (NYHA III or IV)
- b) Episodes of fluid retention (...) and/or of reduced cardiac output at rest (peripheral hypoperfusion)

Objective evidence of severe cardiac dysfunction

- a) LVEF < 30%
- b) PCWP > 16 mmHg and/or RAP > 12 mmHg
- c) High BNP or NT-ProBNP

Severe impairment of exercise capacity

- 3. PVO2 max < 12 to 14 ml/Kg/min
- 4. 6-MWT < 300 m
- 5. Inability to exercise

History of \geq 1 HF hospitalisation in the past 6 months



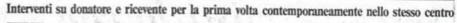




IL GIORNO - Pogina 18

Domenica - 24 novembre 1985

CRONACA DI MILANO NIGUARDA - PRIMO TRAPIANTO CARDIACO EFFETTUATO A MILANO



Il cuore e poi i reni

Riuscita l'operazione (4 ore) diretta dal professor Pellegrini - Gli organi renali desti-nati a due ammalati diversi, uno al Policlinico e l'altro ancora a Niguarda

Un primo prelievo non era stato concesso

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FINALMENTE ANCHE A MILANO

Un cervello elettronico per vincere la sordità



ALLONGO BELL







"DE GASPERIS" CARDIO CENTER





- Gennaio 1985 Diagnosi di CM dilatativa
- Settembre 1985 Candidato a TxC
- Novembre 1985 Trapianto Cardiaco Ortotopico

- Donatore di 18 aa deceduto per TC

- Ultimo follow up Febbraio 2017 (**32aa**)
 - 55aa
 - Normale funzione del graft
 - PTCA su CD (2005)

- IRC







Trapianti di cuore: superata quota 1000

Secondo i dati del Centro Nazionale Trapianti l'Ospedale è tra i migliori centri per casistica e risultati





• Sig R.C. 58aa

- 12/2009 IMA anteriore esteso tardivo → PTCA IVA
- Evoluzione ipocinetico-dilatativa FE 0,24
- 1/2010 impianto ICD
- 4/2010 shock cardiogeno FE 0,16 → trasferito
- PTCA IVA media, CX, TC \rightarrow FE 0,30
- Cat dx: AD 0; PAP 23/4/15; WP 10; CI 1,9; PVRI 2,6
- Screening TxC





- 9/2010→ deterioramento clinico
- Cat Dx: AD 10; PAP 60/27/40; WP 34; CI 1,7; PVRI 3,5

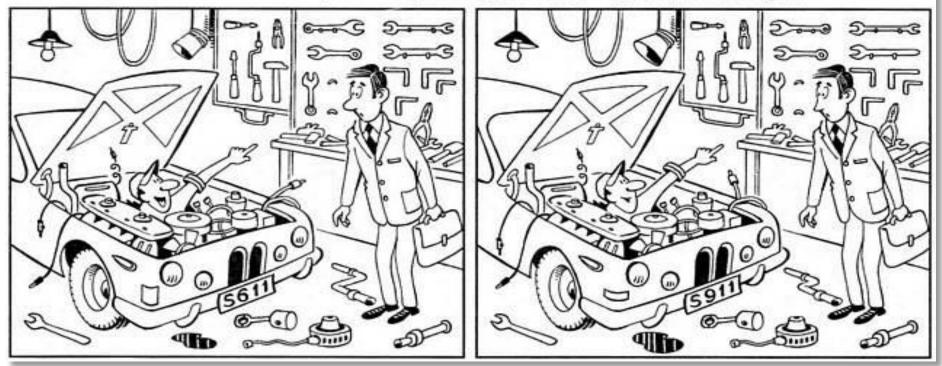
AD 6; PAP 34/16/23; WP 17; CI 1,8; PVRI 3,2

- 30/9/2010 Candidato a TxC
- 11/10/2010 impianto LVAD Heart Mate II
- 8/1/2017 TxC IN EMERGENZA (66aa)
 - (Trombosi di LVAD) dopo 7 anni in assistenza VS
 - Donatore di 58aa deceduto per ESA

CASO CLINICO 2

03100. AGUZZATE LA VISTA

Queste due vignette si differenziano per 20 piccoli particolari. Quali?



≻ 23 aa → TxC dopo 6 mesi

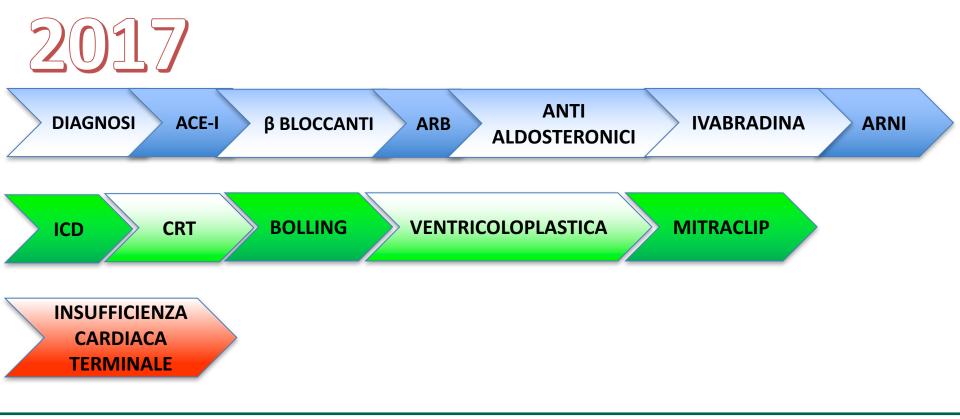
Donatore di 18 aa

- ➤ 58 aa → TxC a 66 aa PTCA-T.M.-ICD-Levosimendan-LVAD
- Donatore di 58 aa

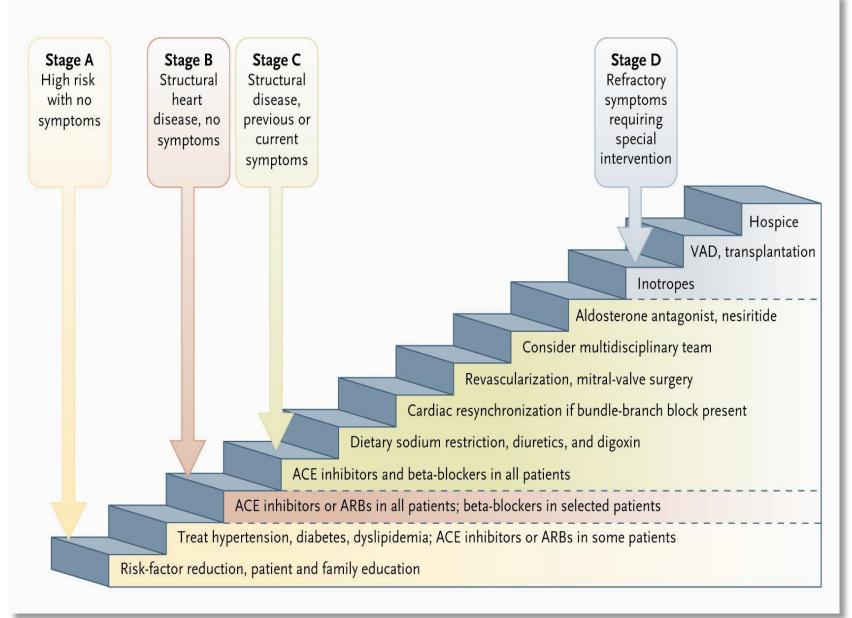












Slide courtesy of Mariell Jessup, MD



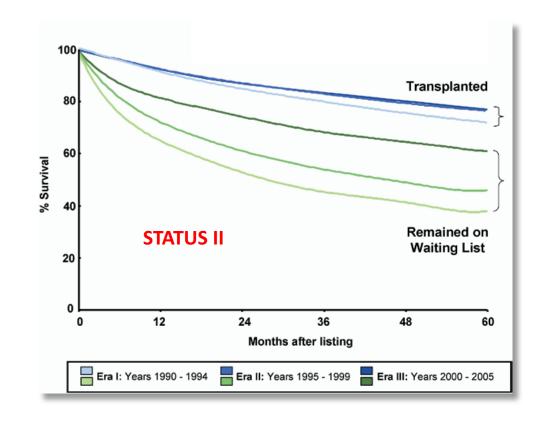


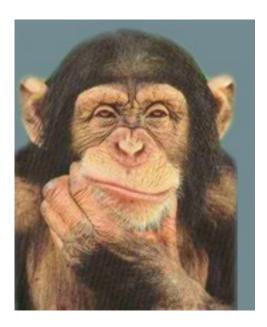
Improved Survival of Patients With End-Stage Heart Failure Listed for Heart Transplantation

Analysis of Organ Procurement and Transplantation Network/ U.S. United Network of Organ Sharing Data, 1990 to 2005

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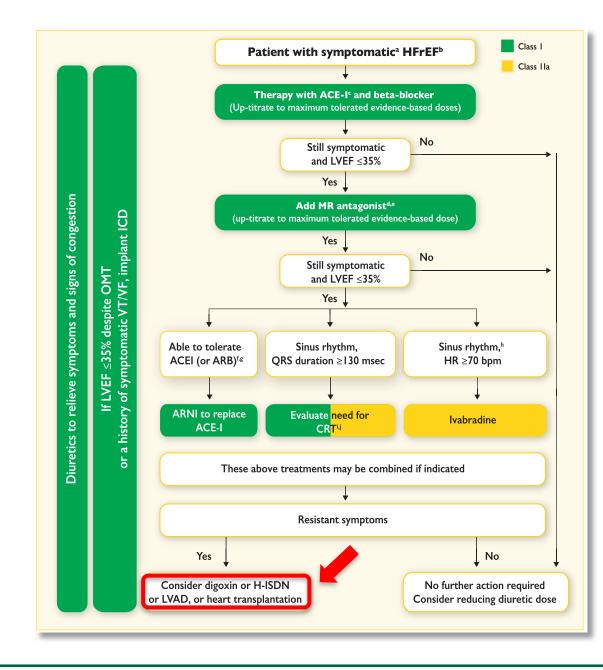




treatment of acute and chronic heart failure **Guidelines for the diagnosis and** 2016 ESC

OSPEDALE NIGUARDA

CA' GRANDA

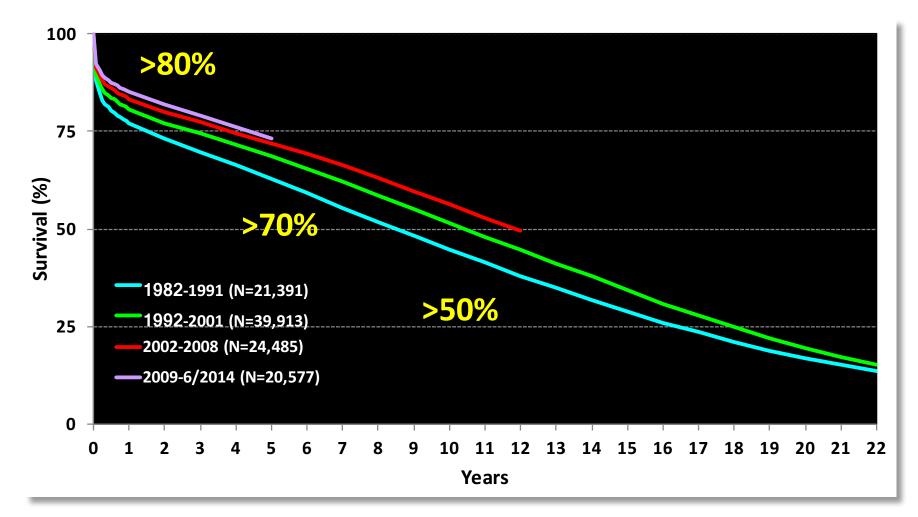


I.C. AVANZATA: cosa abbiamo

TREATMENT	нтх	LVAD	INOTROPES
Main limiting factor	donors	money	efficacy
Medical/surgical contraindications	Y	Y	N/few
Complex specialized care required	+++	++	+
Symptomatic benefit vs standard therapy	Y	Y	Y, temporary
Survival benefit vs standard therapy	Probable	Proven	Unproven
Expected survival	~ 10 y	1-2 y +	~ 6-10 m

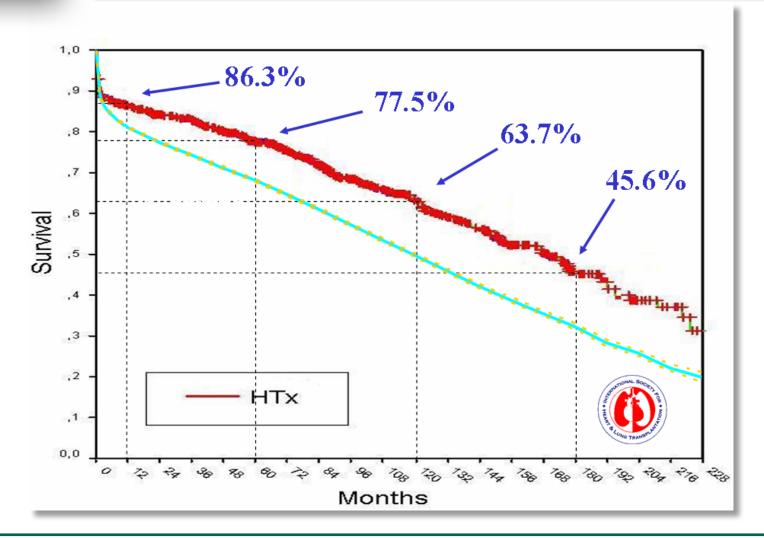








Trapianti di cuore a Milano







2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

Patients with >2 months of severe symptoms despite optimal medical and device therapy and more than one of the following:

LVEF <25% and, if measured, peak $VO_2 < 12 \text{ mL/kg/min.}$

 \geq 3 HF hospitalizations in previous 12 months without an obvious precipitating cause.

Dependence on i.v. inotropic therapy.

Progressive end-organ dysfunction (worsening renal and/or hepatic function) due to reduced perfusion and not to inadequate ventricular filling pressure (PCWP \geq 20 mmHg and SBP \leq 80–90 mmHg or CI \leq 2 L/min/m²).



Il Trapianto Cardiaco non è una risorsa Illimitata

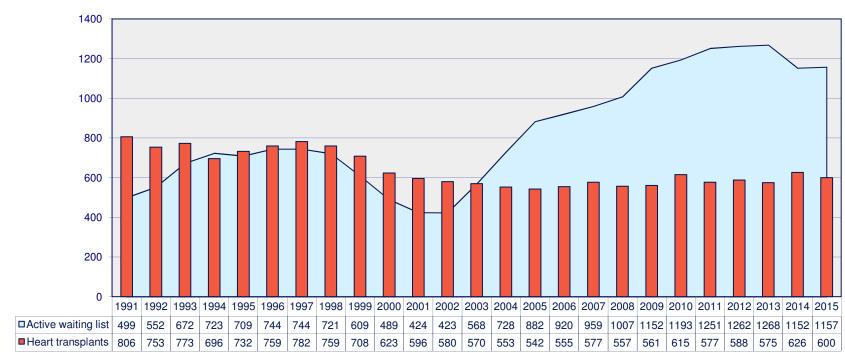


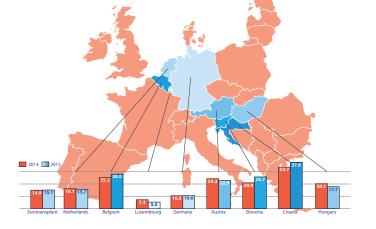




Annual Report 20 15

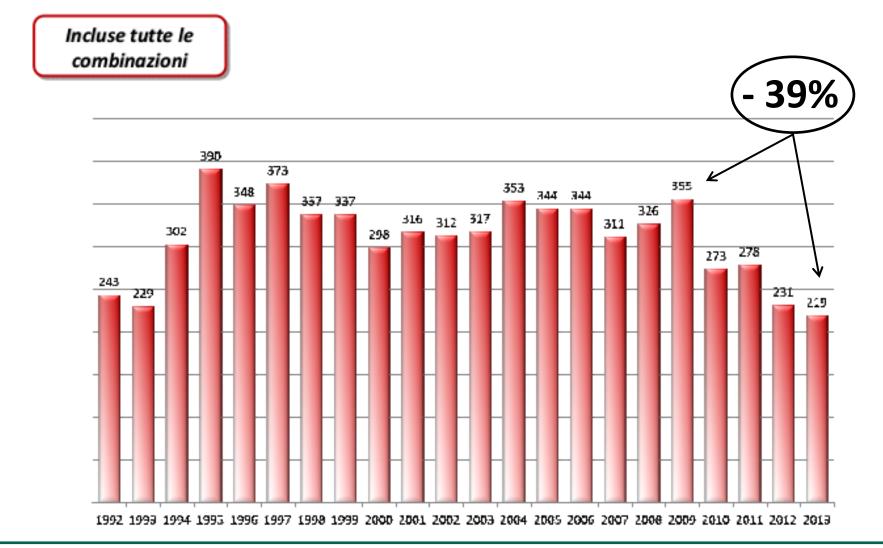
Figure 6.9 Dynamics of the Eurotransplant heart waiting list and transplants between 1991 and 2015





Number of deceased donors per million population

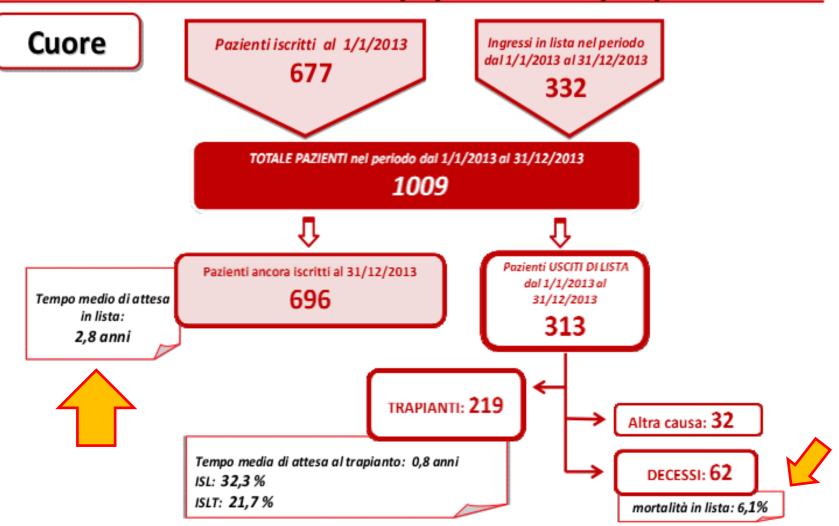
Trapianti di CUORE – Anni 1992-2013*







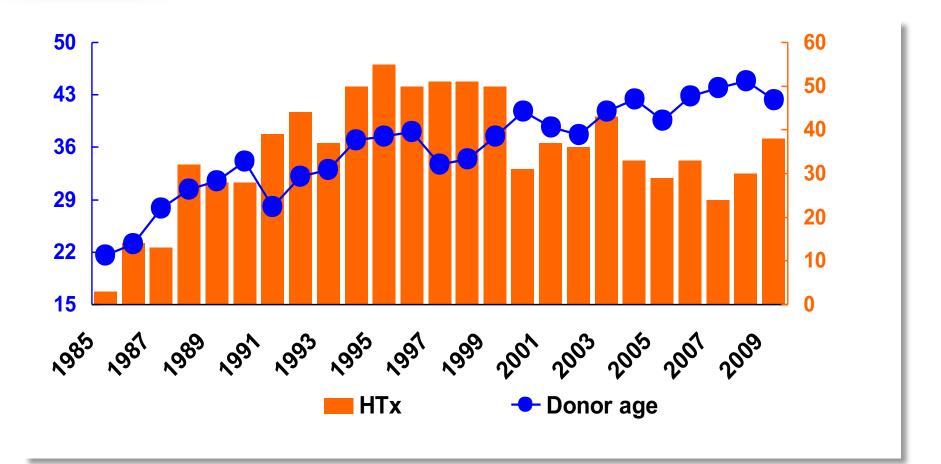
Flussi Lista di attesa 1/1/2013 – 31/12/2013







TxC: THE NIGUARDA EXPERIENCE



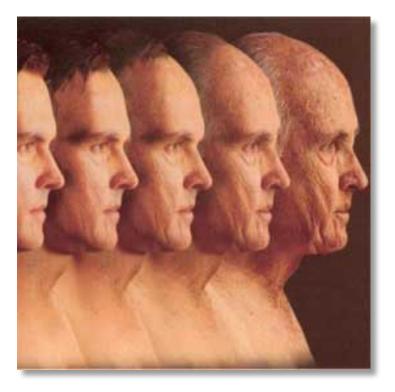


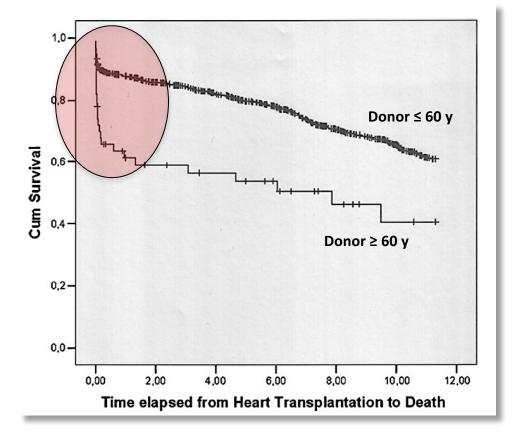


Orthotopic heart transplantation with donors greater than or equal to 60 years of age: a single-center experience $\stackrel{\star}{\sim}$

Giuseppe Bruschi^{*}, Tiziano Colombo, Fabrizio Oliva, Nuccia Morici, Luca Botta, Aldo Cannata, Maria Frigerio, Luigi Martinelli

Cardiology & Cardiac Surgery Department, Niguarda Ca' Granda Hospital, Milan, Italy





TxC..per pochi e ben selezionati.....

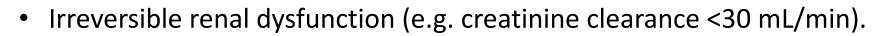






The 2016 International Society for Heart Lung Transplantation listing criteria for heart transplantation: A 10-year update

- Sepsis.
- Severe vasculopathy.
- Irreversible pulmonary hypertension.
- Cancer.



- Systemic disease with multi-organ involvement.
- Pre-transplant BMI >35 kg/m2.
- Current alcohol or drug abuse.







The 2016 International Society for Heart Lung Transplantation listing criteria for heart transplantation: A 10-year update

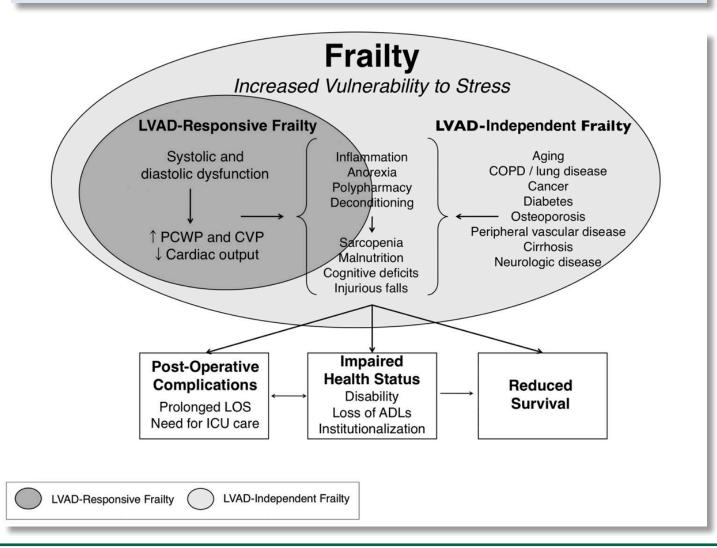
- Advanced age (>70)
- Mild renal and liver disease
- Obesity or malnutrition
- Active systemic infection
- Mild peripheral vascular disease
- Diabetes mellitus with end organ damage
- Impaired cognitive function
- Lack of social support
- > Osteoporosis
- Prior LV surgery
- Reversible Pulmonary Hypertension





Frailty and the Selection of Patients for Destination Therapy Left Ventricular Assist Device

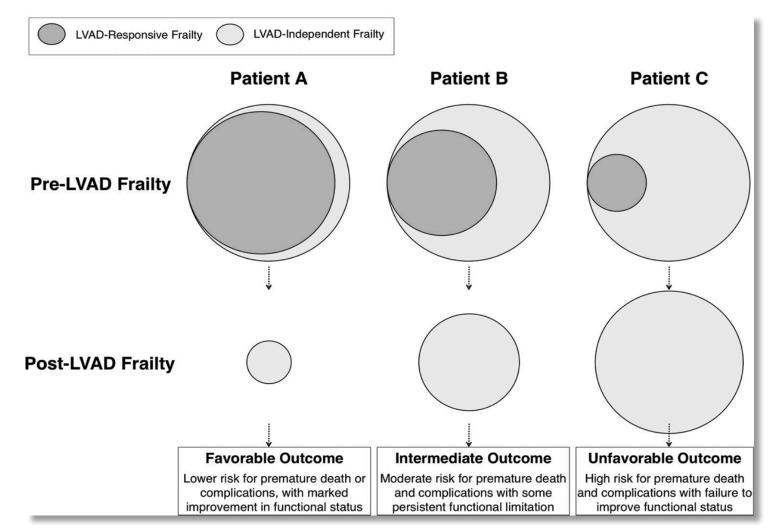
Kelsey M. Flint, MD; Daniel D. Matlock, MD, MPH; JoAnn Lindenfeld, MD; Larry A. Allen, MD, MHS





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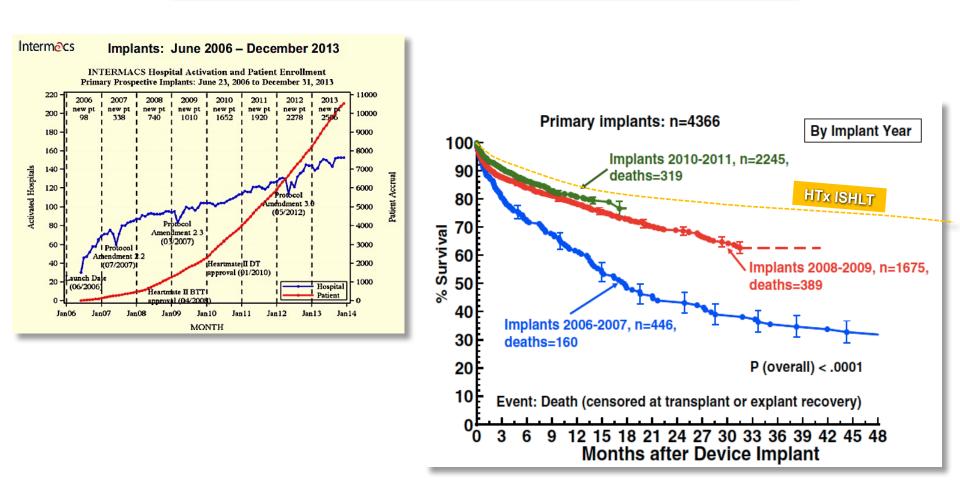
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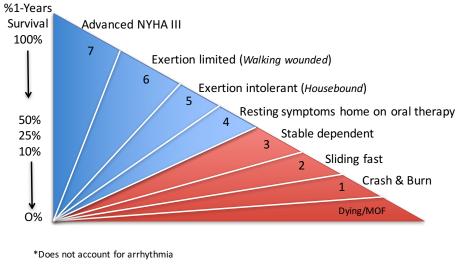
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Symptomatic benefit vs standard therapy	Y	Y	Y, temporary	
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Expected survival	~ 10 y	1-2 y +	~ 6-10 m	



Interm_@cs

SUPPORTING HEARTS THROUGH KNOWLEDGE





Exertion intolerant (Housebound)					
5 Resting symptoms hon	ne on oral therapy				
4 Stable dependent					
2 Sliding fast					
1	Crash & Burn				
Dying	g/MOF				
rrhythmia					
Description	Number of implants	Number of deaths	Estimated 1-year survival (%)		
Critical Cardiogenic shock	481	121	65		
Progressive decline	514	102	72		
			/ -		
Stable but inotrope-dependent	172	20	82		
Stable but inotrope-dependent Recurrent advanced HF	172 116				
		20	82		



Level

Advanced NYHA III

Overall



LVAD vs HTx

		НТх	LVAD
AL	-Pt age	x	x
GENERAL	-Malnutrition, Cachexia	x	x
Ð	-Obesity	Х	x
IAC	-Anatomic Consideration: congenital disease, small hypertrophic LV, prior LV surgery		x
CARDIAC	-Severe pulmonary hypertension	X	
0	-Severe RV disfunction		X
S	-Recent cancer hystory	X	
DITIE	-Severe renal failure	x	x
COMORBIDITIES	-Significant Liver dysfunction	x	x
WOO	-Significant COPD	х	
	-Significant peripheral vasculopathy	х	X

ELSEVIER

Contents lists available at ScienceDirect

European Journal of Internal Medicine

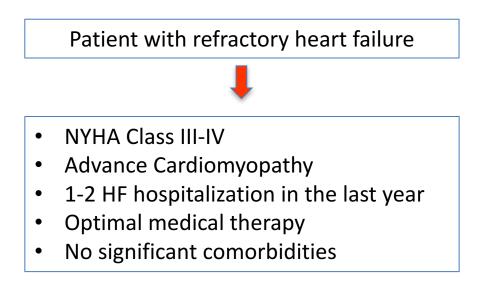
journal homepage: www.elsevier.com/locate/ejim

Review Article

Current indications for heart transplantation and left ventricular assist device: A practical point of view

Enrico Ammirati ^{a,b,*}, Fabrizio Oliva ^a, Aldo Cannata ^a, Rachele Contri ^b, Tiziano Colombo ^a, Luigi Martinelli ^a, Maria Frigerio ^{a,**}

2014





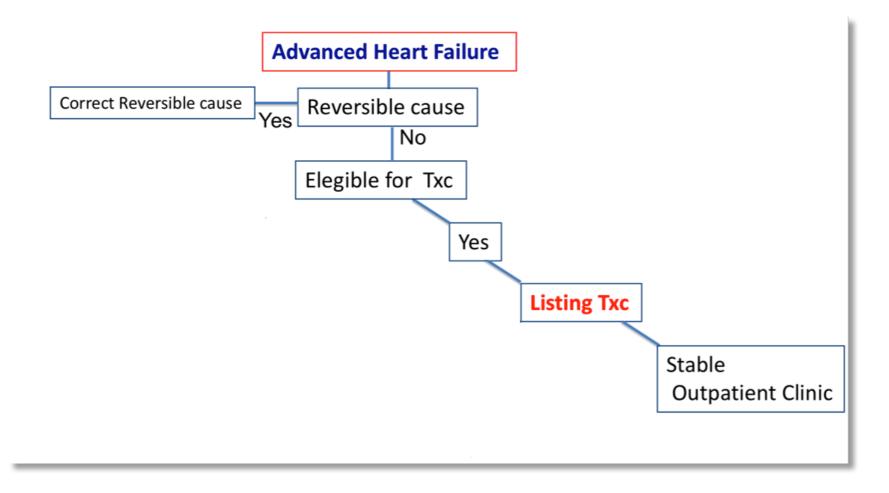




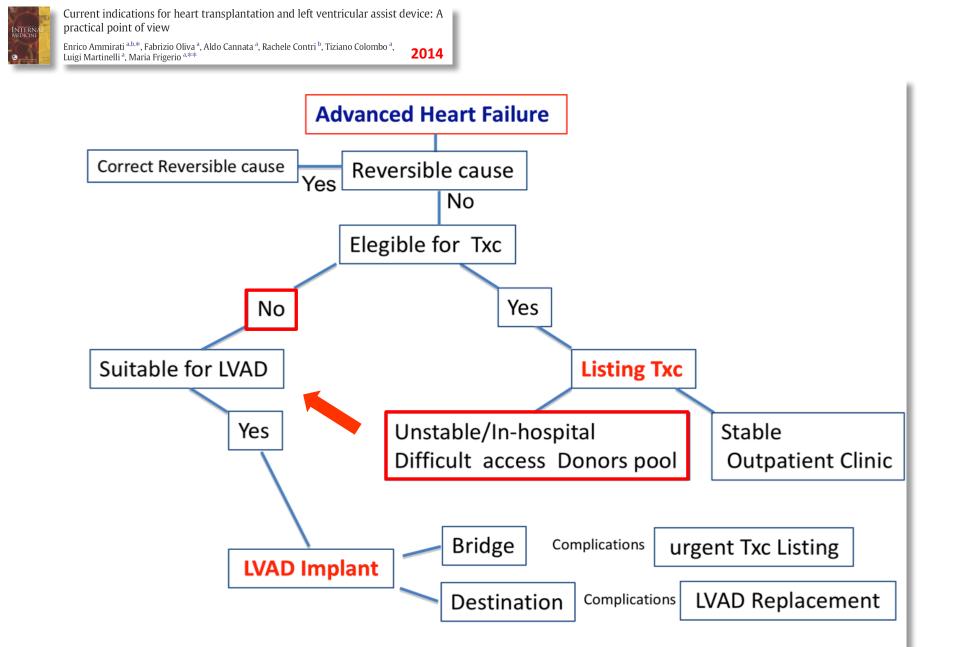
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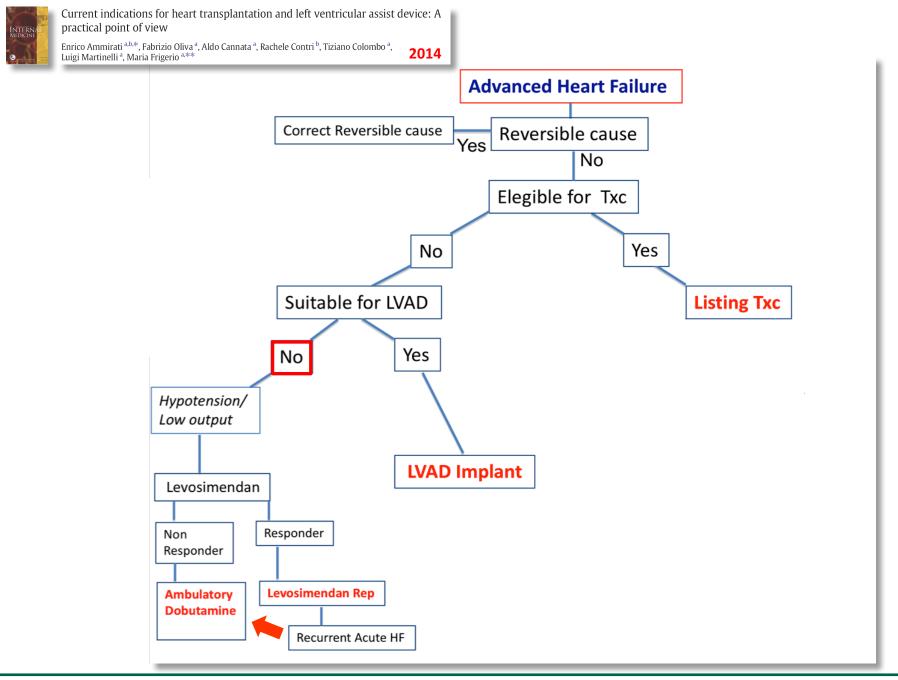
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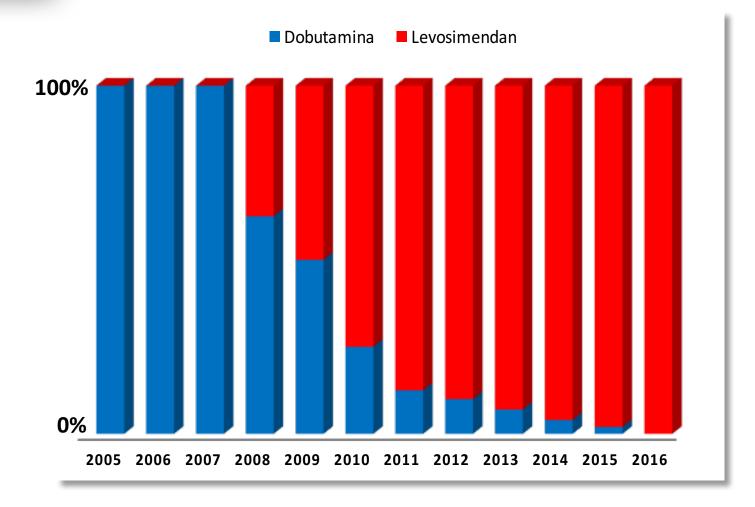


Intermittent 6-month low-dose dobutamine infusion in severe HF: DICE Trial

	Control (19 patients)	Dobutamine (19 patients)
Total hospitalizations	17	. 11
Worsening HF hospitalizazion	11	7
2 hospitalizations	4	0
Death	3	5
Time to death, days	114	93
Withdrawals	4	



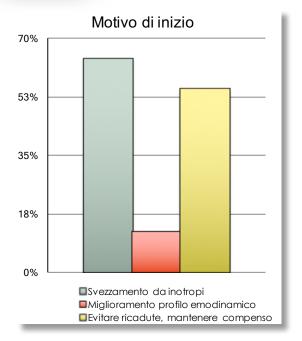
Levosimendan VS Dobutamina

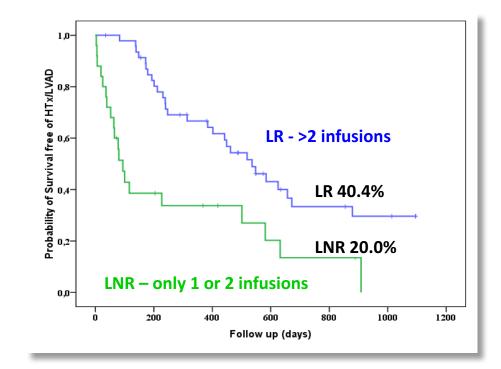






Levosimendan Experience



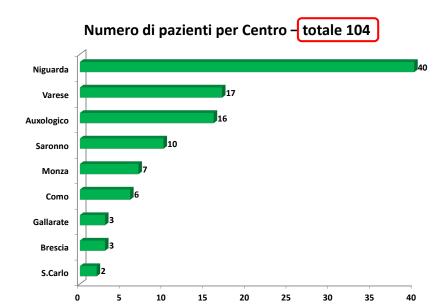


Eventi avversi documentati solo il 7%:

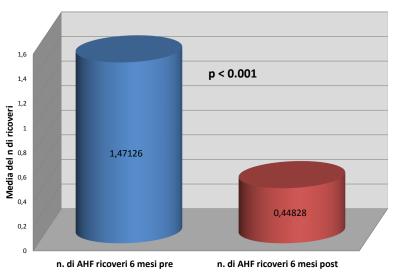
- Due episodi di ipotensione
- Un episodio di FA ad elevata rvm
- Un episodio di angina di breve durata
- Run di TVNS asintomatiche

LEVO REP Experience in Advanced Refractory HF in Lombardia

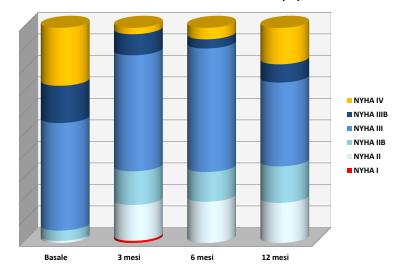
Preliminary Data



Numero di ricoveri per AHF/paziente: 6 mesi pre vs 6 mesi post (n. 87)



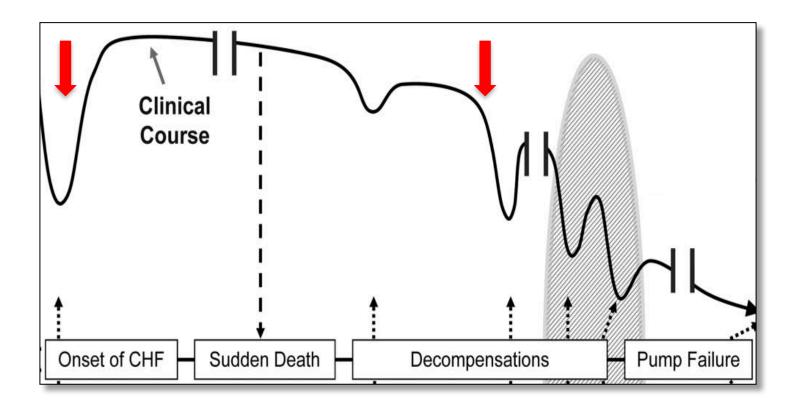
Distribuzione classe NYHA basale e a 3, 6, 12 mesi



Conclusione 1







.....only after they have undergone optimization of medical, surgical, and device therapy.



RED FLAGS in Advanced Heart Failure



- 1. Intolerance of beta-blockers and/or ACE I/ARB
- 2. High diuretic requirement
- 3. Persistence of elevated BNP/NT proBNP
- 4. Recurrent hospitalizations
- 5. Need for inotropes.
- 6. Hyponatremia
- 7. Progressive renal insufficiency

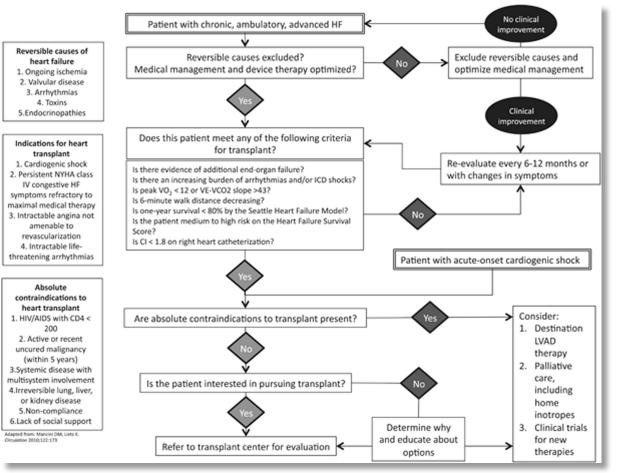
Oliva F. et al. Giornale Italiano di Cardologia , 2008





Patient Selection for Advanced Heart Failure Therapy Referral

Alexander C. Fanaroff, MD^{*}, Adam D. DeVore, MD[†], Robert J. Mentz, MD[†], Mani A. Daneshmand, MD[‡], and Chetan B. Patel, MD[†]

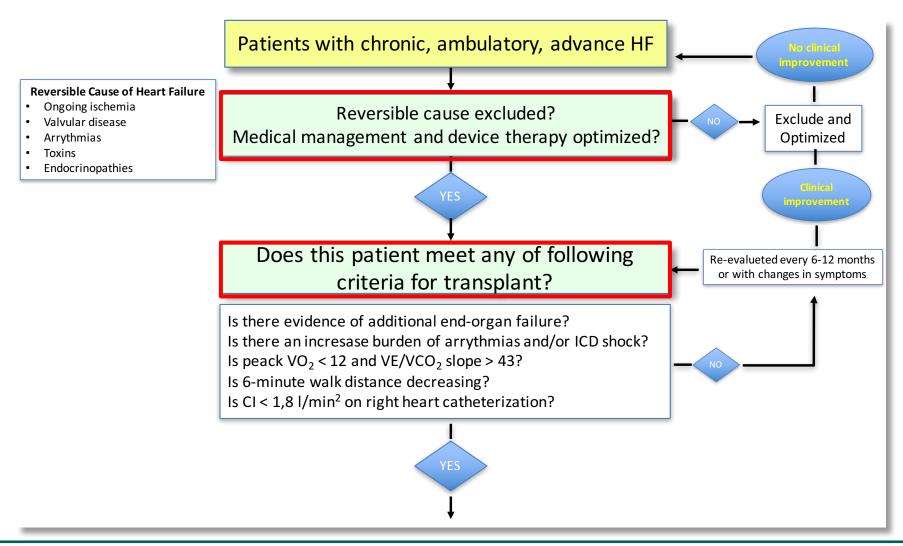






Patient Selection for Advanced Heart Failure Therapy Referral

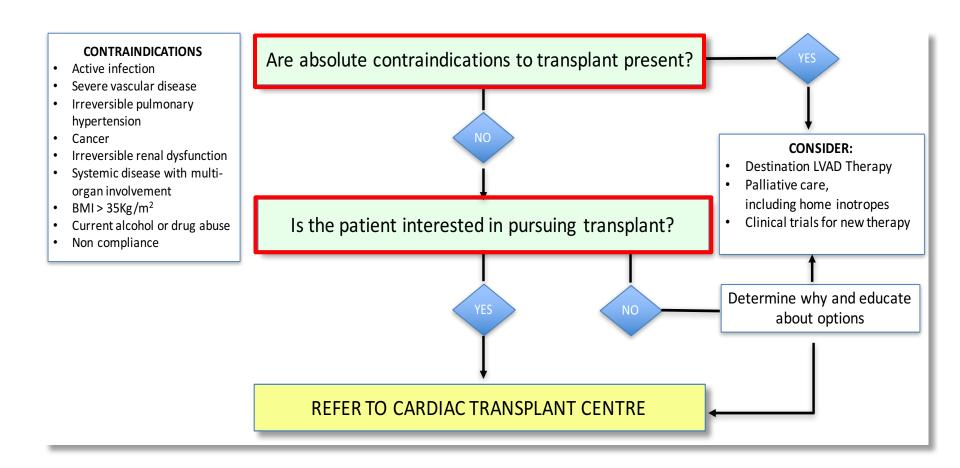
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Paziente in terapia Infusionale



Patients with acute severe cardiac decompensation may be referred for evaluation when there is *failure to respond to conventional therapies*, and where the primary process is cardiac, *in the absence of irreversible failure of other organ systems*. Examples would include documented dependence on IV inotropic support to maintain adequate organ perfusion.

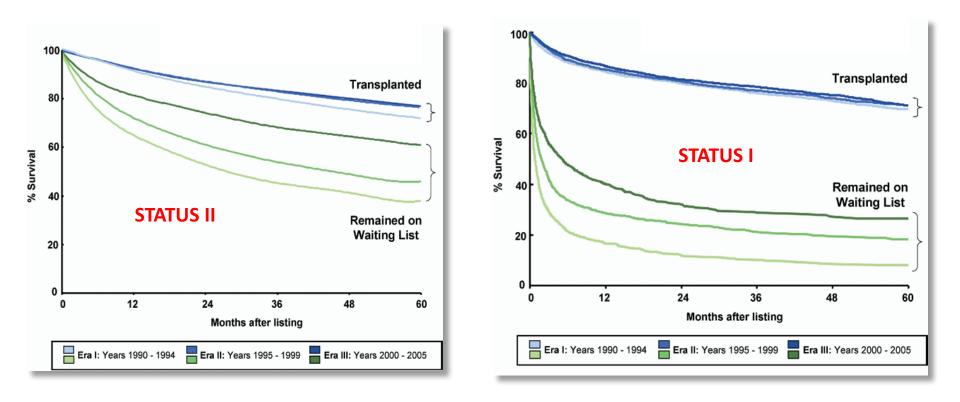


Improved Survival of Patients With End-Stage Heart Failure Listed for Heart Transplantation

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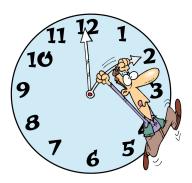




QUANDO NON ASPETTARE

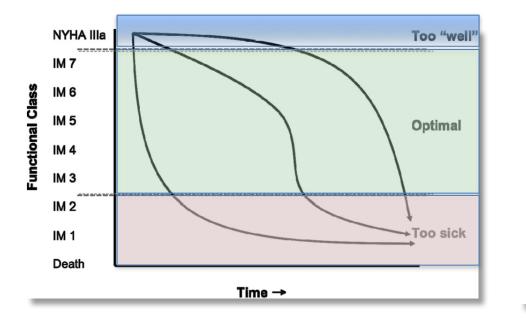


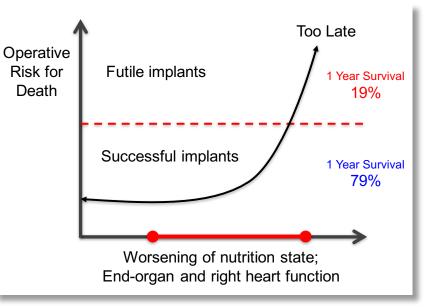




AHA Scientific Statement

Recommendations for the Use of Mechanical Circulatory Support: Device Strategies and Patient Selection A Scientific Statement From the American Heart Association







Optimal Timing for







TOO WELLOPTIMALTOO LATERImage: Constraint of the second second



Conclusione 2







If referring physicians have questions about their patients' suitability or the timing of referral for cardiac transplant assessment, the cardiac transplant program should be contacted directly for discussion and guidance.





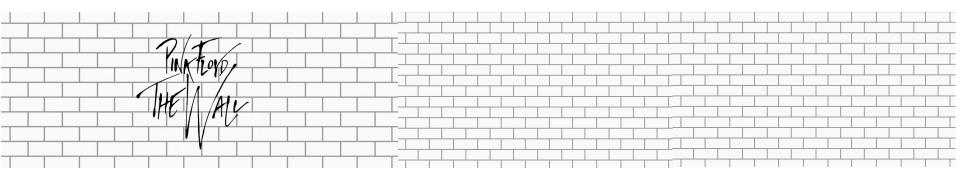


Venerdì.....h16.....

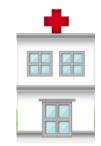


"DE GASPERIS" CARDIO CENTER

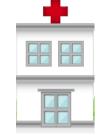


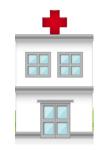








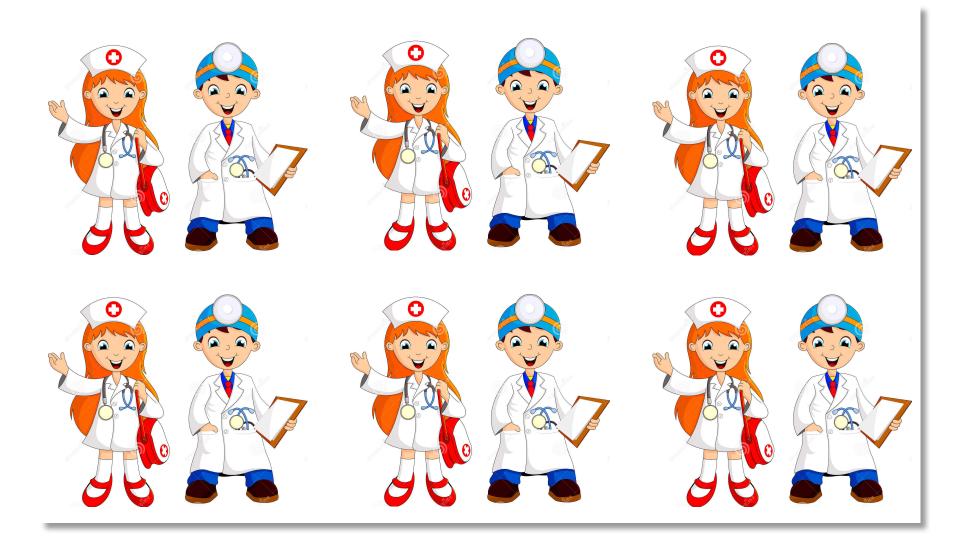




SPOKE



HUB AND SPOKE



HUB AND SPOKE



Cardiologia 2 - insufficienza cardiaca e trapianti

"De Gasperis" Cardio Center

DIRETTORE: FRIGERIO Maria CAPOSALA: Boschetti Mara (degenza), Gallina Claudia (ambulatorio e day hospital)

STAFF: AMMIRATI Enrico, CIPRIANI Manlio, FOTI Grazia, GARASCIA Andrea, MACERA Francesca, MASCIOCCO Gabriella, TURAZZA Fabio Maria

CENTRO MULTIDISCIPLINARE: Cardio Center, Transplant Center

TEL SEGRETERIA: 02 6444.2611 MAIL SEGRETERIA: cardio2trapianti@ospedaleniguarda.it



andrea.garascia@ospedaleniguarda.it



