

ILANO, 27 - 28 - 29 MARZO 2017 MILANO, 27 - 28 - 29 MARZO 2017 MILANO, 27 - 28 - 29 MARZO 2 17 MILANO, 27 - 28 - 29 MARZO 2017 MILANO, 27 - 28 - 29 MARZO 2017

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MINI CORSO INTERVENTISTICA/CARDIOCHIRURGIA

Martedì, 28 Marzo 2017

COME RIVASCOLARIZZARE IL PAZIENTE MULTIVASALE DIABETICO

Enrico Citterio U.O. di Cardiochirurgia Humanitas Research Hospital Diabetes mellitus is a powerful, independent risk factor for CVD and accounts for about 25% of all patients requiring myocardial revascularization

Patients with diabetes have more extensive and diffuse coronary artery disease, have higher morbidity and mortality after revascularization procedures, including myocardial infarction and restenosis after balloon angioplasty

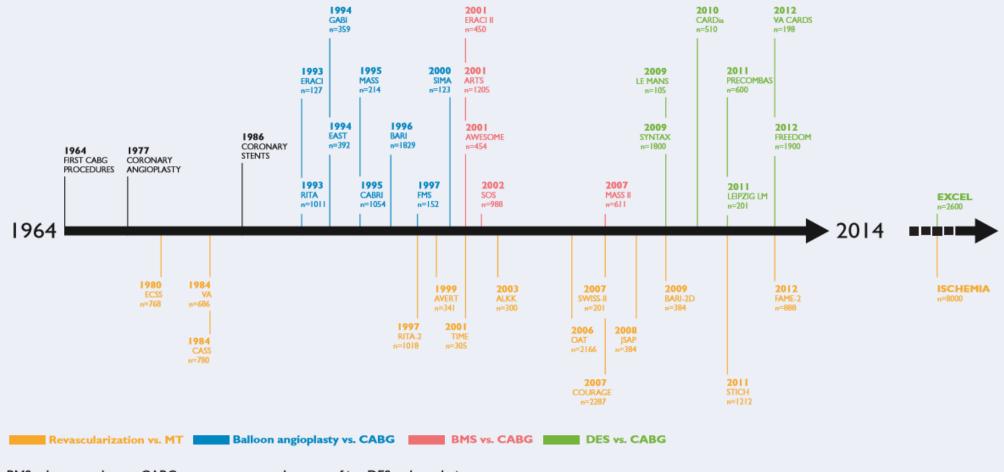


2014 ESC/EACTS Guidelines on myocardial revascularization

The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Myocardial revascularization has been subject to more randomized clinical trials (RCTs) than almost any other intervention (Figure 1). In order to inform the current Guidelines, this Task Force performed a systematic review of all RCTs performed since 1980, comparing head-to-head the different revascularization strategies—including CABG, balloon angioplasty, and PCI with bare-metal stents (BMS) or with various US Food and Drug Administration-approved drug-eluting stents (DES)—against medical treatment as well as different revascularization strategies, and retrieved 100 RCTs involving 93 553 patients with 262 090 patient-years of follow-up.⁴

"The optimal treatment approach for patients with multivessel coronary disease remains unclear despite a myriad of randomized clinical trials performed in the last several decades"



BMS = bare-metal stent; CABG = coronary artery bypass grafting; DES = drug-eluting stent.

1964 – 2014 Fifty years of coronary artery bypass with mammary artery

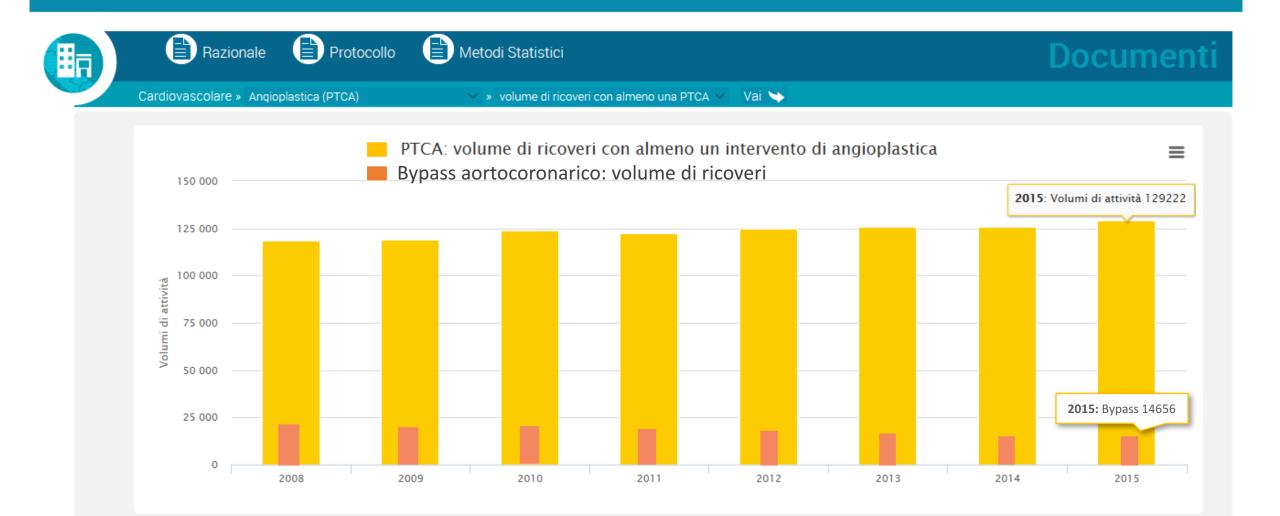


February 25, 1964 in the clinic of Pavlov Medical Institute Vasily Kolesov performed the world's first coronary bypass surgery for 44 -year-old patient with severe stenocardia. This successful operation was preceded by several experiments on dogs during which the surgeon managed to win a hard time limit using his own suture machine. Using this technological advantage in 1968 Vasily Kolesov performed the first surgery to restore blood flow in the arteries on open heart. Mammary coronary bypass is now worldwide known as "Kolesov's operation".



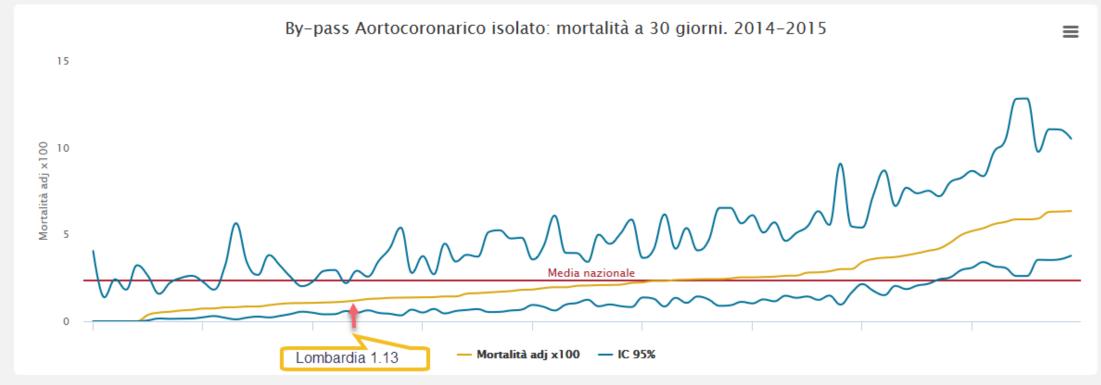










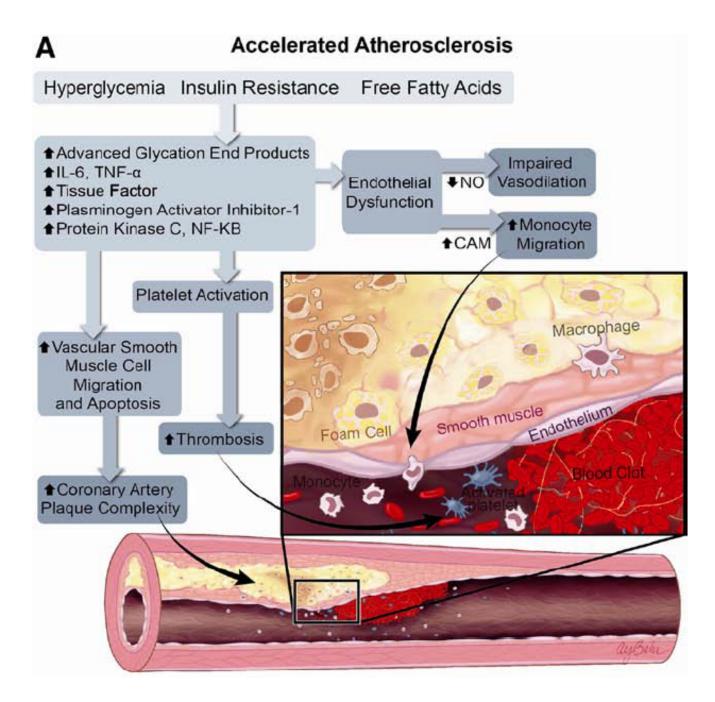






By-pass Aortocoronarico isolato: mortalità a 30 giorni - Italia 2014-2015





Mechanisms of atherosclerosis and restenosis in DM

Hyperglycemia Insulin resistance Increase circulating free fatty acids

Activates multiple inflammatory pathways leading to, endothelial dysfunction increased monocyte activation localization to sites of nascent plaque, increased vascular smooth muscle cell migration and apoptosis

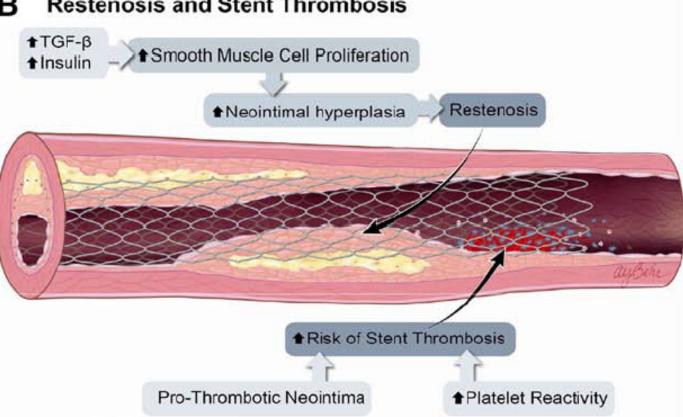
Increased platelet activation, leading to an increased risk of atherothrombosis and coronary artery plaque complexity

Coronary Artery Revascularization in Patients With Diabetes Mellitus

Ehrin J. Armstrong, MD, MSc; John C. Rutledge, MD; Jason H. Rogers, MD

From the University of California, Davis Medical Center, Division of Cardiovascular Medicine, Sacramento. Correspondence to Ehrin J. Armstrong, MD, MSc, 4860 Y St, Ste 2820, Sacramento, CA 95817. E-mail ehrin.armstrong@gmail.com (*Circulation*. 2013;128:1675-1685.) © 2013 American Heart Association, Inc.

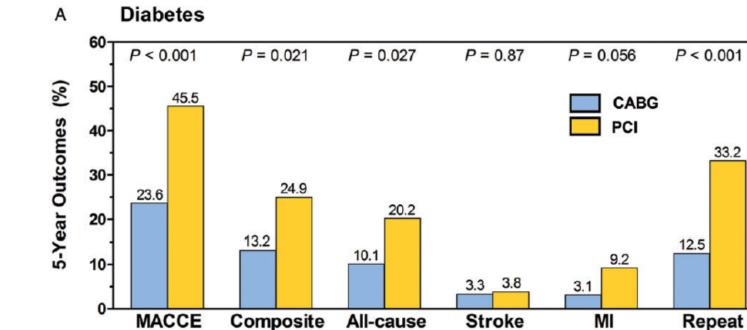
Circulation is available at http://circ.ahajournals.org



в **Restenosis and Stent Thrombosis**

After percutaneous

coronary intervention, elevated levels of insulin and transforming growth factor- β (TGF- β) promote greater smooth muscle cell proliferation, neointimal hyperplasia, and restenosis. Patients with diabetes mellitus may also have prothrombotic neointima and increased platelet reactivity. The sum of these effects results in an increased risk of stent thrombosis.



Ć European Heart Journal (2014) 35, 2821-2830 doi:10.1093/eurheartj/ehu213 EUROPEAN SOCIETY OF CARDIOLOGY

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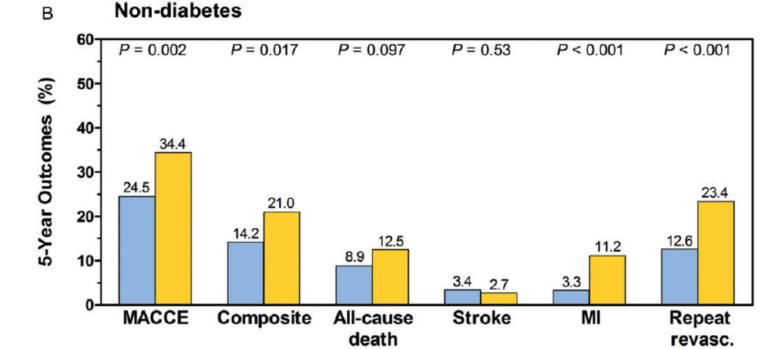
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Coronary artery bypass grafting vs. percutaneous coronary intervention for patients with three-vessel disease: final five-year follow-up of the SYNTAX trial

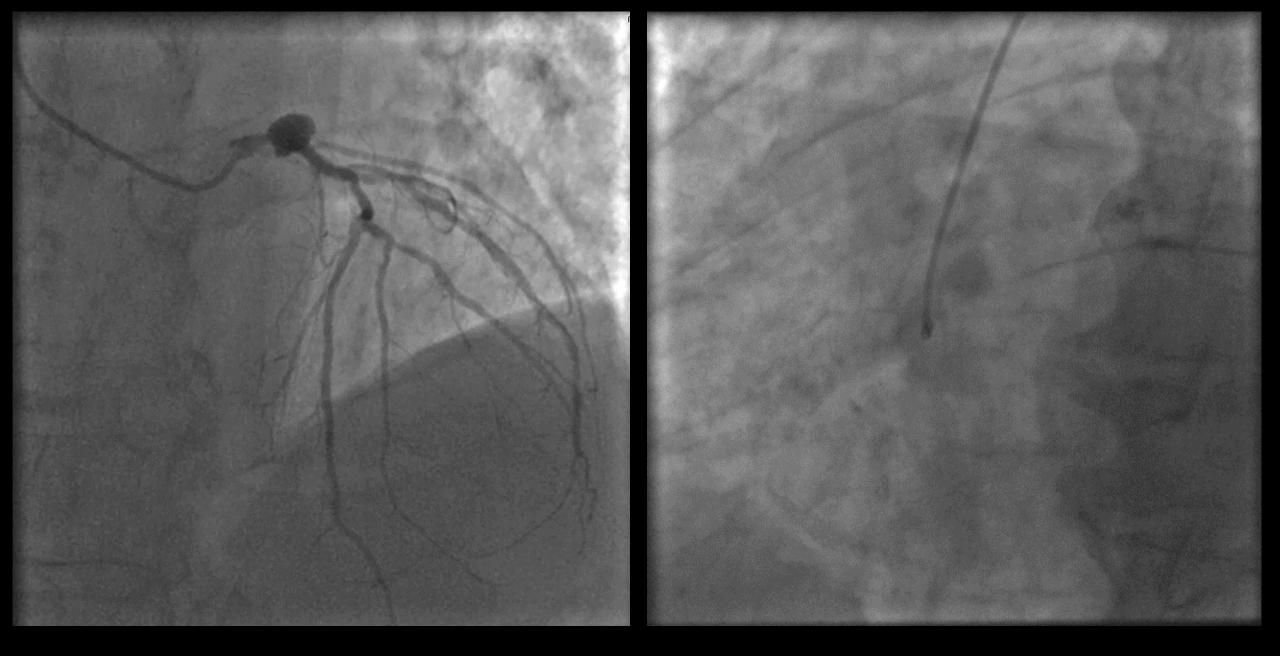
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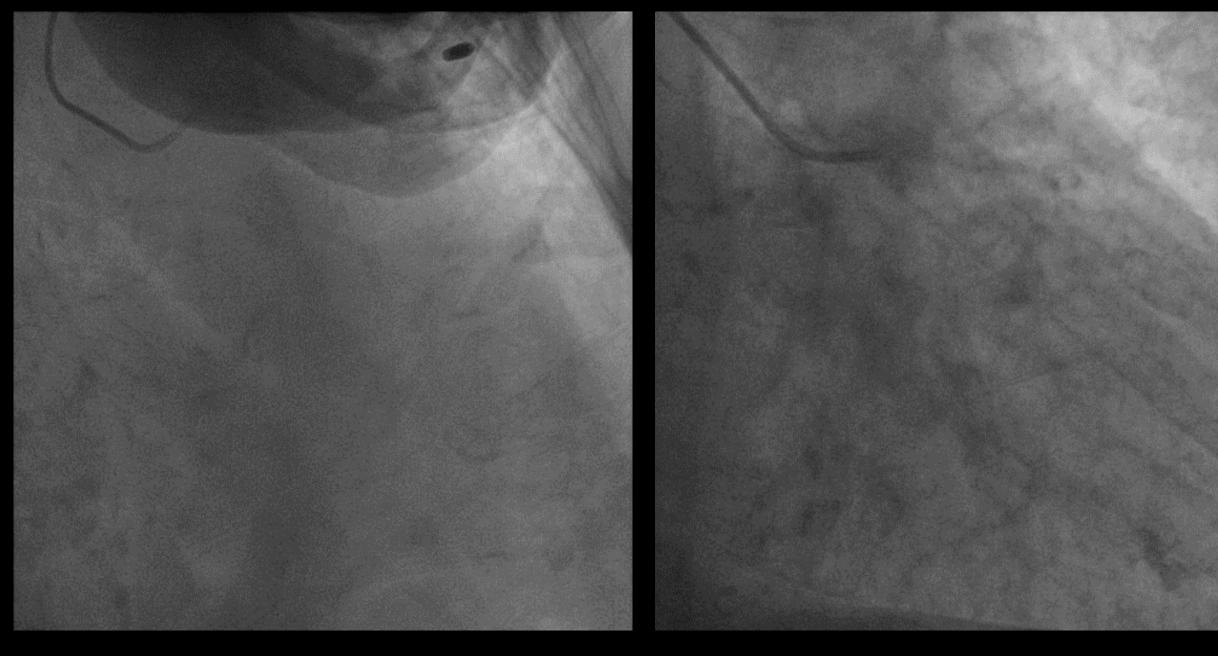
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death



Lesione critica del TCCS e voluminoso aneurisma, lesioni critiche multiple della coronaria destra in paziente diabetico



Lesioni multiple di IVA prossimale



Lesioni multiple TCCS e IVA, occlusione di Cx

Repeated PCI procedures, it's not always like the first time

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Long-Term Outcomes of Coronary-Artery Bypass Grafting versus Stent Implantation

Edward L. Hannan, Ph.D., Michael J. Racz, Ph.D., Gary Walford, M.D., Robert H. Jones, M.D., Thomas J. Ryan, M.D., Edward Bennett, M.D., Alfred T. Culliford, M.D., O. Wayne Isom, M.D., Jeffrey P. Gold, M.D., and Eric A. Rose, M.D.

METHODS

We used New York's cardiac registries to identify 37,212 patients with multivessel disease who underwent CABG and 22,102 patients with multivessel disease who underwent PCI from January 1, 1997, to December 31, 2000. We determined the rates of death and subsequent revascularization within three years after the procedure in various groups of patients according to the number of diseased vessels and the presence or absence of involvement of the left anterior descending coronary artery. The rates of adverse outcomes were adjusted by means of proportional-hazards methods to account for differences in patients' severity of illness before revascularization.

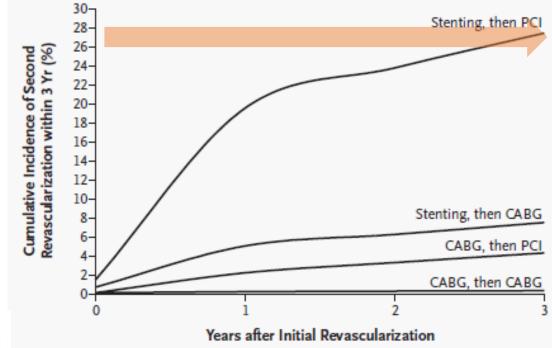
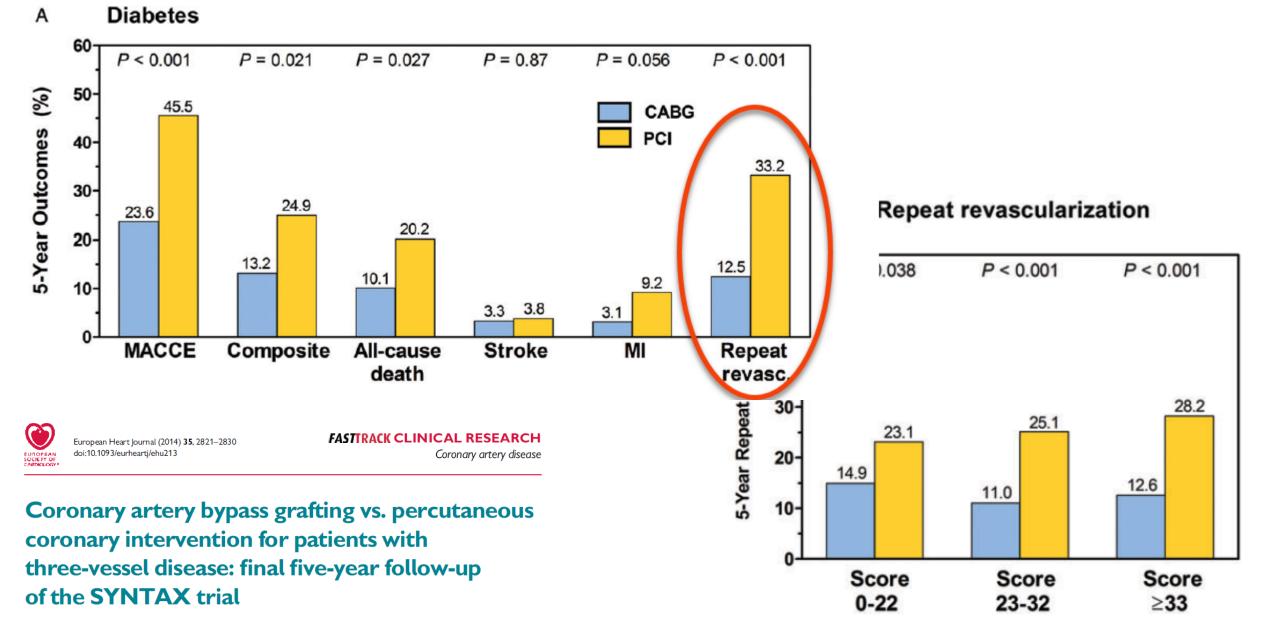
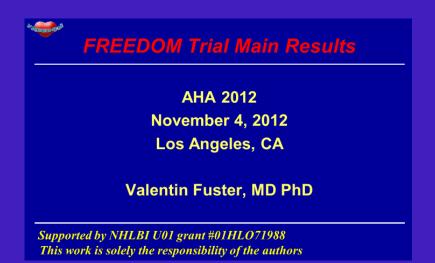


Figure 1. Percentage of Patients Undergoing a Second Revascularization Procedure within Three Years.



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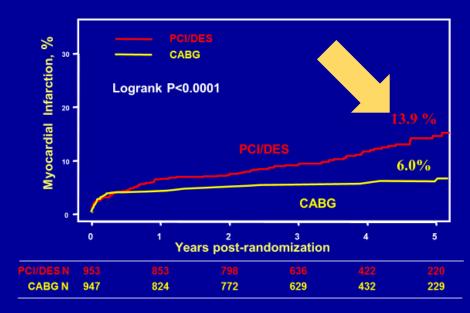


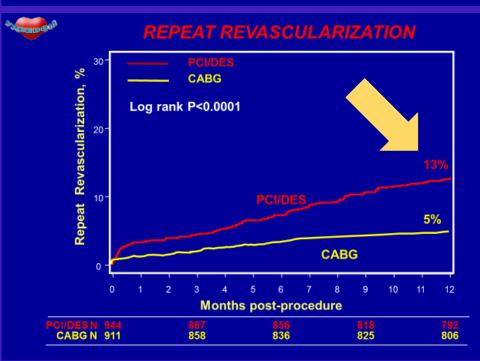


Conclusion

- In patients with diabetes and advanced coronary disease, CABG was of significant benefit as compared to PCI. MI & all cause mortality were independently decreased, while stroke was slightly increased
- There was no significant interaction between the treatment effect of CABG on the primary endpoint according to SYNTAX score or any other prespecified subgroup.
- CABG surgery is the preferred method of revascularization for patients with diabetes & multivessel CAD.

MYOCARDIAL INFARCTION



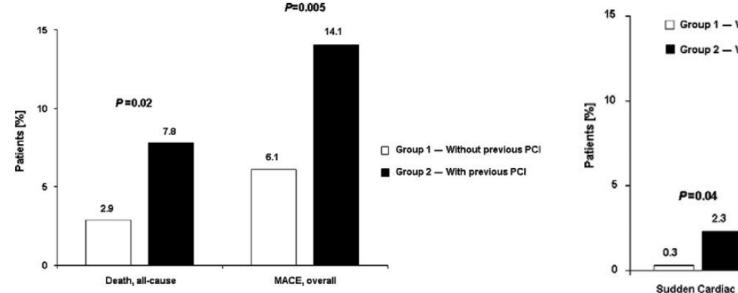


Prognostic impact of previous percutaneous coronary intervention in patients with diabetes mellitus and triple-vessel disease undergoing coronary artery bypass surgery

Matthias Thielmann, MD,^a Markus Neuhäuser, PhD,^b Stephan Knipp, MD,^a Eva Kottenberg-Assenmacher, MD,^c Anja Marr,^b Nikolaus Pizanis, MD,^a Matthias Hartmann, MD,^c Markus Kamler, MD,^a Parwis Massoudy, MD,^a and Heinz Jakob, MD^a

Between January 2000 and March 2006, 621 consecutive patients with diabetes mellitus and triple-vessel disease undergoing isolated first-time coronary artery bypass grafting as the primary revascularization procedure (group 1)

128 patients with diabetes mellitus and triple-vessel disease treated during the same time period with previous percutaneous coronary intervention before coronary artery bypass grafting (group 2).



Group 1 — Without previous PCI P=0.02 Group 2 — With previous PCI 11.7 P=0.006 P=0.03 7.0 7.0 5.8 2.6 2.1 LCOS Sudden Cardiac Cardiac Death PMI Death

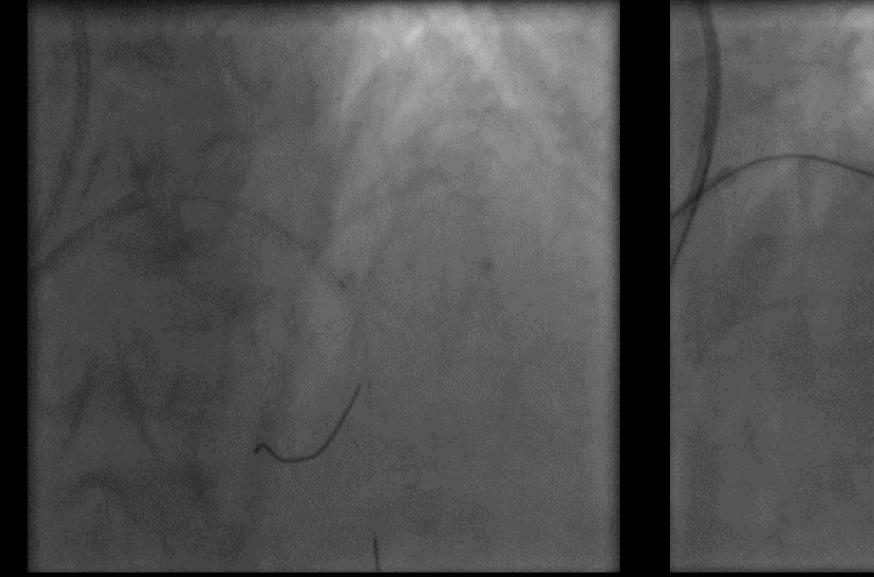
Figure 1. Incidence of death and major adverse cardiac events *(MACE)* during hospital stay. *P*, Overall significance between the groups.

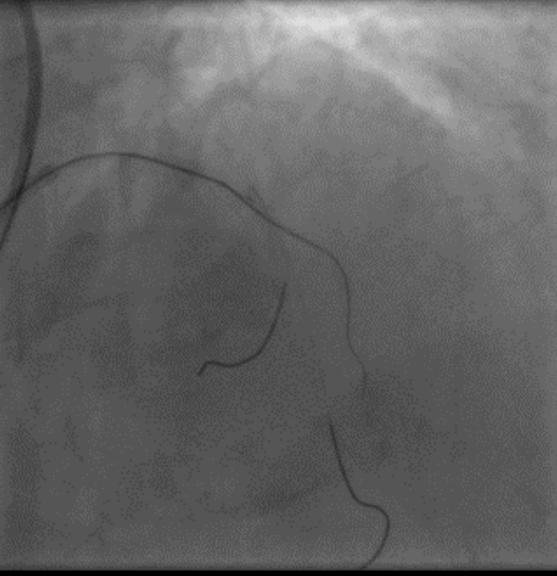
Figure 2. Incidence of secondary end points during hospital stay. *P*, Overall significance between the groups; *PCI*, percutaneous coronary intervention; *LCOS*, low cardiac output syndrome *PMI*, perioperative myocardial infarction.

Conclusion: Previous percutaneous coronary intervention before coronary artery bypass grafting in patients with diabetes mellitus and triple-vessel disease independently increases the risk for in-hospital mortality and major adverse cardiac events.



Lesioni multiple di IVA e ramo Diagonale









CABG: bypass grafts are placed in the mid-coronary vessel beyond the culprit lesion providing extra sources of blood flow to the myocardium and offering protection against the consequences of further proximal obstructive disease

Coronary STENTS aim at restoring normal blood flow of the native coronary vasculature by local treatment of obstructive lesions without offering protection against new disease proximal to the stent

Percutaneous or surgical revascularization in multi-vessel coronary artery disease

CAD is a chronically progressive disease that predominantly affects the proximal coronary arteries. The most likely reason for the survival benefit of CABG over PCI is that the placement of bypass grafts to the mid coronary vessel not only makes the complexity of proximal CAD lesions irrelevant but over the longer term also offers prophylaxis against the development of new proximal disease

It has been recognized for almost three decades that **high rates of nitric oxide production** from the internal mammary artery (IMA) graft protects the native coronary circulation from further disease development

Consequently, **simply changing the nature of the stent** cannot offer the prophylactic benefit of bypass grafts.

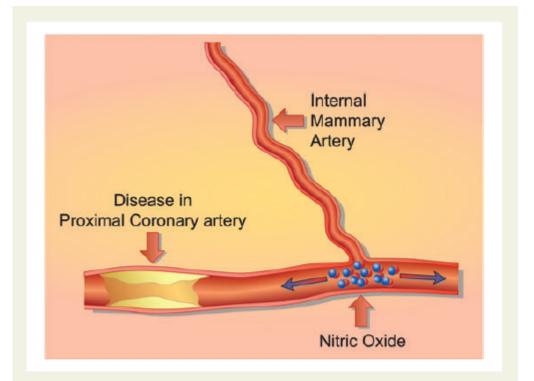
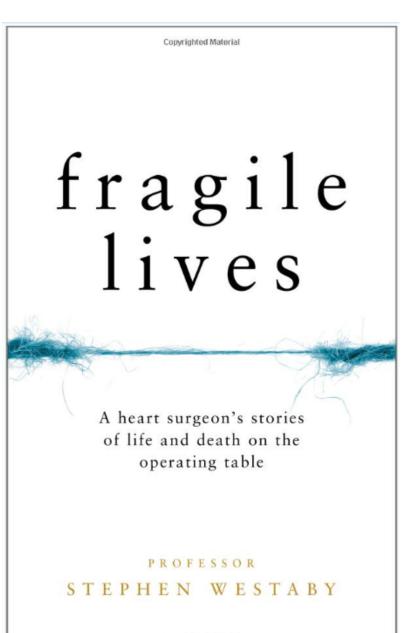


Figure I Internal Mammary Artery elutes nitric oxide into the coronary circulation.



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Frailty Assessment in the Cardiovascular Care of Older Adults

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There is a substantial body of evidence to support the utility of frailty assessment in patients with diverse forms of CVD. The value of frailty as a prognostic marker is well demonstrated (with risk ratios that often exceed 2 and dwarf juxtaposed predictors in multivariable models). The value of frailty in guiding cardiovascular care and as a therapeutic target is beginning to emerge and should be expanded in future applications to improve patient outcomes. The frailty assessment tools outlined should facilitate this task by promoting a validated tool set that will allow us to compare and synthesize the results of different studies and provide a frame of reference when evaluating novel frailty markers.

However, the most impressive question may not be what, but who. Who are the patients who may be too high risk for CABG, or who may not be anatomically suitable for PCI?



If suitable, the overwhelming data for most multivessel disease, particularly if a left internal mammary artery graft can be utilized, is for CABG



The question arises in those diabetic patients whose multivessel disease is less complex or those who are not good surgical candidates



Thus, the decision for revascularization strategy is based on a continuum of factors and the heart team discussion is a vital component of the decision making process.



Not anatomically suitable for PCI

Too high risk for CABG

PCI PREFERABLE

Advanced Age COPD/Obesity Re-do condition Fragility Life expectancy Conduits availability

SURGERY

Three-vessels disease LM + multi-vessels disease Intermediate and Elevated Syntax Score PROCEDURE Diabetes **Repeated PCI procedures** Complex anatomy of lesions/CTO Revascularization with arterial conduits HYBRID **PCI PREFERABLE**



Summary Findings and Recommendations

Based on the major trials, in particular the FREEDOM study,²⁰ and in conjunction with the overall 5-year SYNTAX results, we agree that CABG surgery should be recommended in patients with diabetes and multivessel CAD, because it has been shown to have better survival and lower major adverse cardiac events. Based on the strong current evidence, we further recommend that both guidelines be urgently updated to a class I, level A indication.