



Ospedale "Sacro Cuore di Gesù"
Fatebenefratelli Benevento
U.O.C. Cardiologia/UTIC/Emodinamica
Primario: *Prof. Bruno Villari*

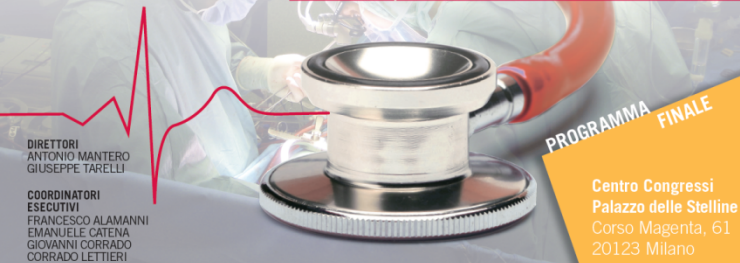
La diagnostica nelle valvulopatie. Ecocardiogramma da sforzo o ecostress farmacologico?



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**IX CONGRESSO NAZIONALE
ECOCARDIOCHIRURGIA 2017**
28 - 29 MARZO 2017 MILANO, 27 - 28 - 29 MARZO 2017 MILANO, 27 - 28 - 29 MARZO 2017 MILAN
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17 MILANO, 27 - 28 - 29 MARZO 2017 **MILANO, 27 - 28 - 29 MARZO 2017**

Quirino Ciampi, MD, PhD, FESC
Resp UOS UTIC/Echolab

Milano, 27 marzo 2017



DIRETTORI
ANTONIO MANTERO
GIUSEPPE TARELLI

COORDINATORI
ESECUATIVI
FRANCESCO ALAMANNI
EMANUELE CATENA
GIOVANNI CORRADO
CORRADO LETTIERI

PROGRAMMA
FINALE

Centro Congressi
Palazzo delle Stelline
Corso Magenta, 61
20123 Milano

Stress echocardiography in clinical practice: a United Kingdom National Health Service Survey on behalf of the British Society of Echocardiography

Sanjeev Bhattacharyya¹, Omar Chehab¹, Rajdeep Khattar¹, Guy Lloyd²,
and Roxy Senior^{1,3*}, on behalf of the British Society of Echocardiography

Units which perform stress echo for assessment of valvular heart disease	n (%)
Low-flow, low-gradient aortic stenosis	81 (95.3)
Asymptomatic severe aortic stenosis	34 (40)
Asymptomatic severe mitral regurgitation	26 (30.6)
Asymptomatic severe mitral stenosis	21 (24.7)
Symptomatic mild/moderate mitral regurgitation	32 (37.6)
Symptomatic mild/moderate mitral stenosis	24 (28.2)
Asymptomatic severe aortic regurgitation	15 (17.6)

Ecstress da sforzo o farmacologico

➤ L'esercizio fisico rappresenta lo stress fisiopatologicamente più elegante con maggiori evidenze scientifiche:

➤ focus su funzione valvolare

- ◆ Insufficienza mitralica organica e/o funzionale
- ◆ Stenosi mitralica
- ◆ Stenosi aortica severa asintomatica

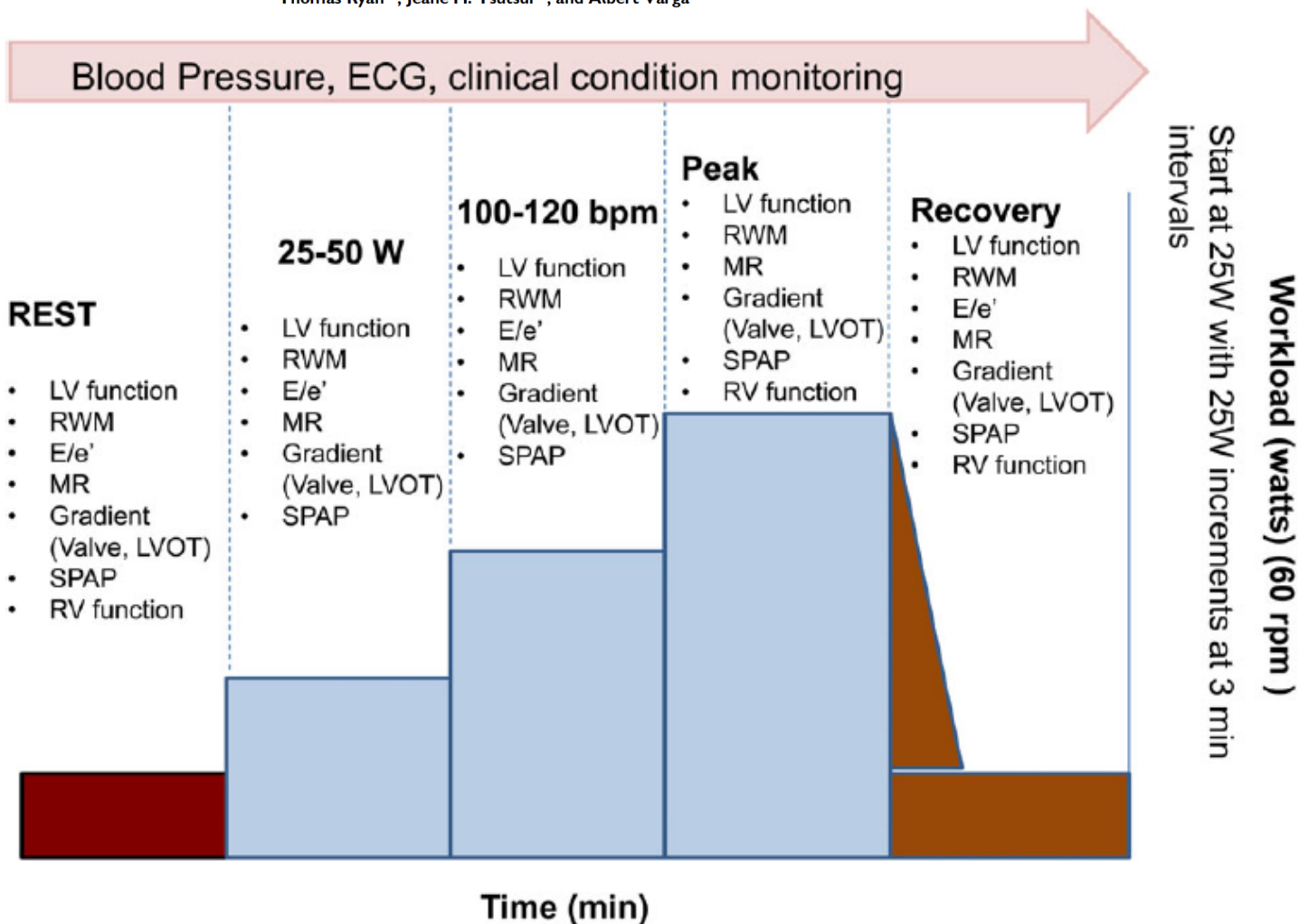
➤ Lo stress farmacologico con dobutamina:

➤ focus su funzione ventricolare

- ◆ Stenosi aortica low-flow flow-gradient
- ◆ Insufficienza mitralica funzionale

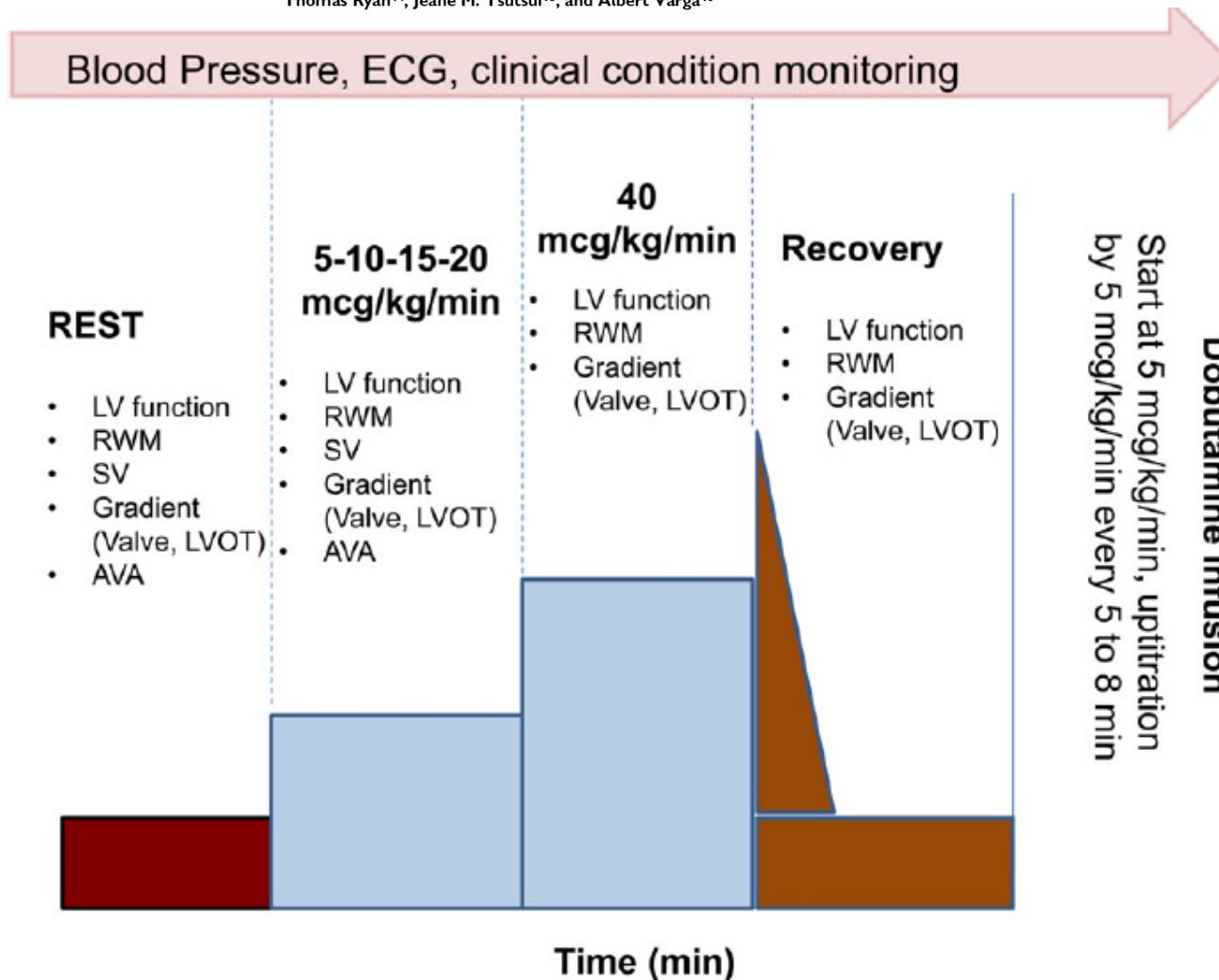
The clinical use of stress echocardiography in non-ischaemic heart disease: recommendations from the European Association of Cardiovascular Imaging and the American Society of Echocardiography

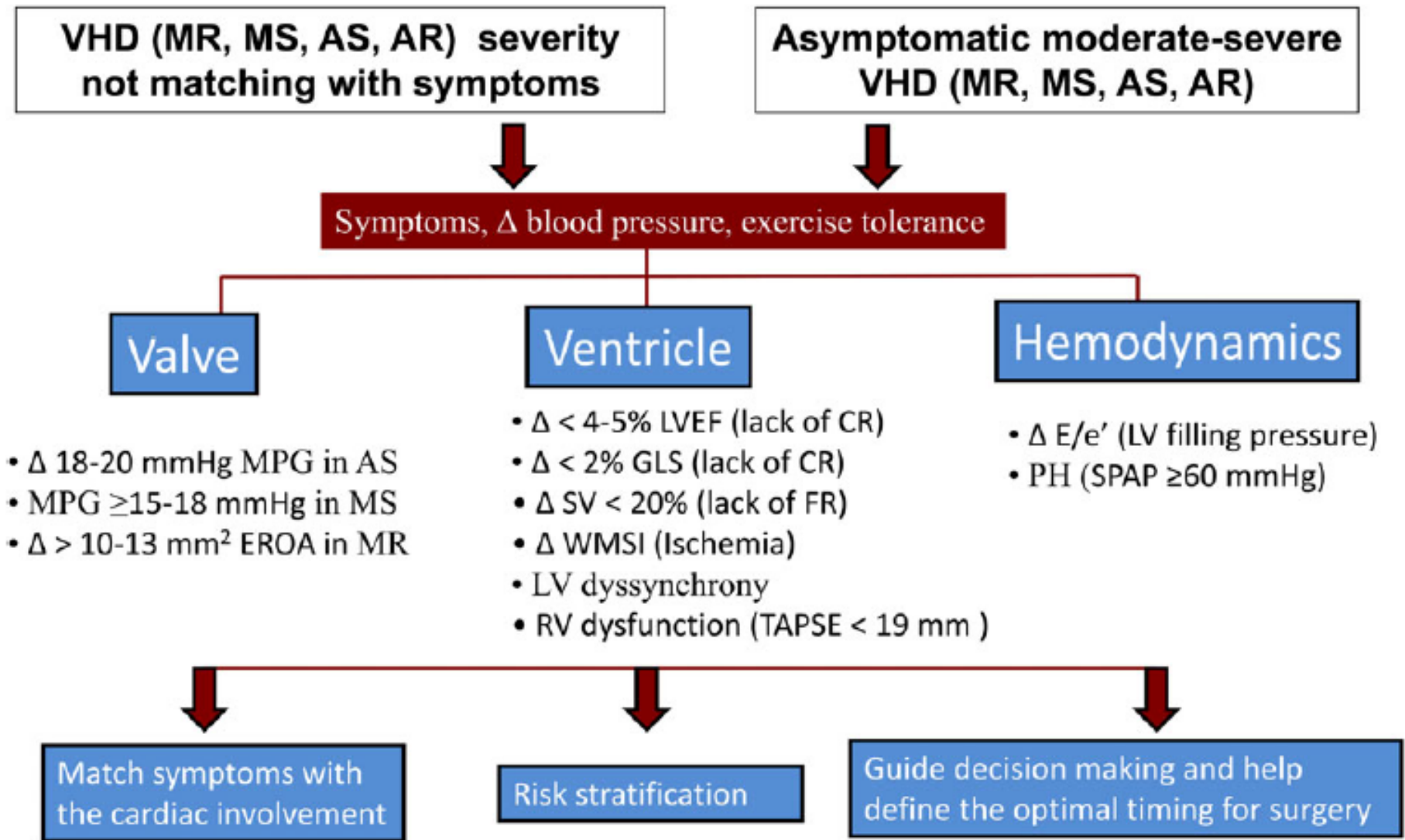
Patrizio Lancellotti^{1,2*}, Patricia A. Pellikka³, Werner Budts⁴, Farooq A. Chaudhry⁵, Erwan Donal⁶, Raluca Dulgheru¹, Thor Edvardsen⁷, Madalina Garbi⁸, Jong-Won Ha⁹, Garvan C. Kane³, Joe Kreeger¹⁰, Luc Mertens¹¹, Philippe Pibarot¹², Eugenio Picano¹³, Thomas Ryan¹⁴, Jeane M. Tsutsui¹⁵, and Albert Varga¹⁶



The clinical use of stress echocardiography in non-ischaemic heart disease: recommendations from the European Association of Cardiovascular Imaging and the American Society of Echocardiography

Patrizio Lancellotti^{1,2*}, Patricia A. Pellikka³, Werner Budts⁴, Farooq A. Chaudhry⁵, Erwan Donal⁶, Raluca Dulgheru¹, Thor Edvardsen⁷, Madalina Garbi⁸, Jong-Won Ha⁹, Garvan C. Kane³, Joe Kreeger¹⁰, Luc Mertens¹¹, Philippe Pibarot¹², Eugenio Picano¹³, Thomas Ryan¹⁴, Jeane M. Tsutsui¹⁵, and Albert Varga¹⁶





Ecstress da sforzo o farmacologico?

	Gradiente Aortico	CR VSx	Gradiente mitralico	IM (color)	B-lines	PAPs
<i>STENOSI AORTICA</i>						
Severa asintomatica	**	**			**	
Basso-flusso basso-gradiente ridotta FE	***	***			***	
Basso-flusso basso-gradiente “paradossa” con normale FE	*	*			**	
<i>INSUFFICIENZA AORTICA</i>						
Severa asintomatica, FE borderline		*			*	
<i>STENOSI MITRALICA</i>						
Lieve –moderata sintomatica			***		***	***
Severa asintomatica			***		***	***
<i>INSUFFICIENZA MITRALICA</i>						
Lieve –moderata sintomatica		**		***	***	***
Severa asintomatica		**		***	***	***

Ecstress da sforzo o farmacologico?

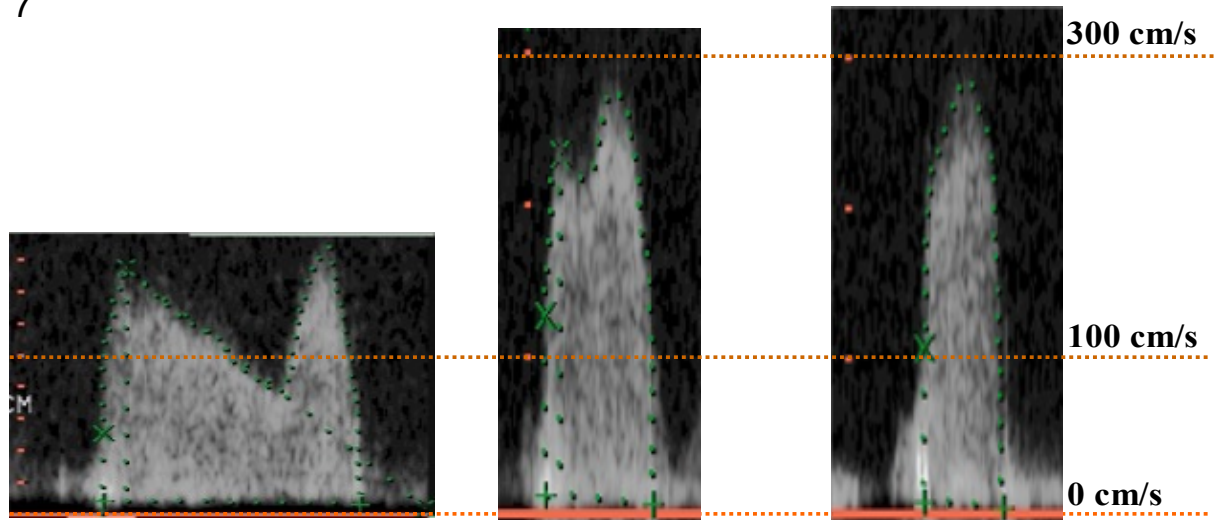
	Gradiente Aortico	CR VSx	Gradiente mitralico	IM (color)	B-lines	PAPs
<i>STENOSI AORTICA</i>						
Severa asintomatica	**	**			**	
Basso-flusso basso-gradiente ridotta FE	***	***			***	
Basso-flusso basso-gradiente “paradossa” con normale FE	*	*			**	
<i>INSUFFICIENZA AORTICA</i>						
Severa asintomatica, FE borderline		*			*	
<i>STENOSI MITRALICA</i>						
Lieve –moderata sintomatica			***		***	***
Severa asintomatica			***		***	***
<i>INSUFFICIENZA MITRALICA</i>						
Lieve –moderata sintomatica		**		***	***	***
Severa asintomatica		**		***	***	***

Stenosi mitralica ed ecostress

SM è definita severa $<1 \text{ cm}^2$ nelle linee guida ESC/EACTS e $<1.5 \text{ cm}^2$ nelle linee guida ACC/AHA

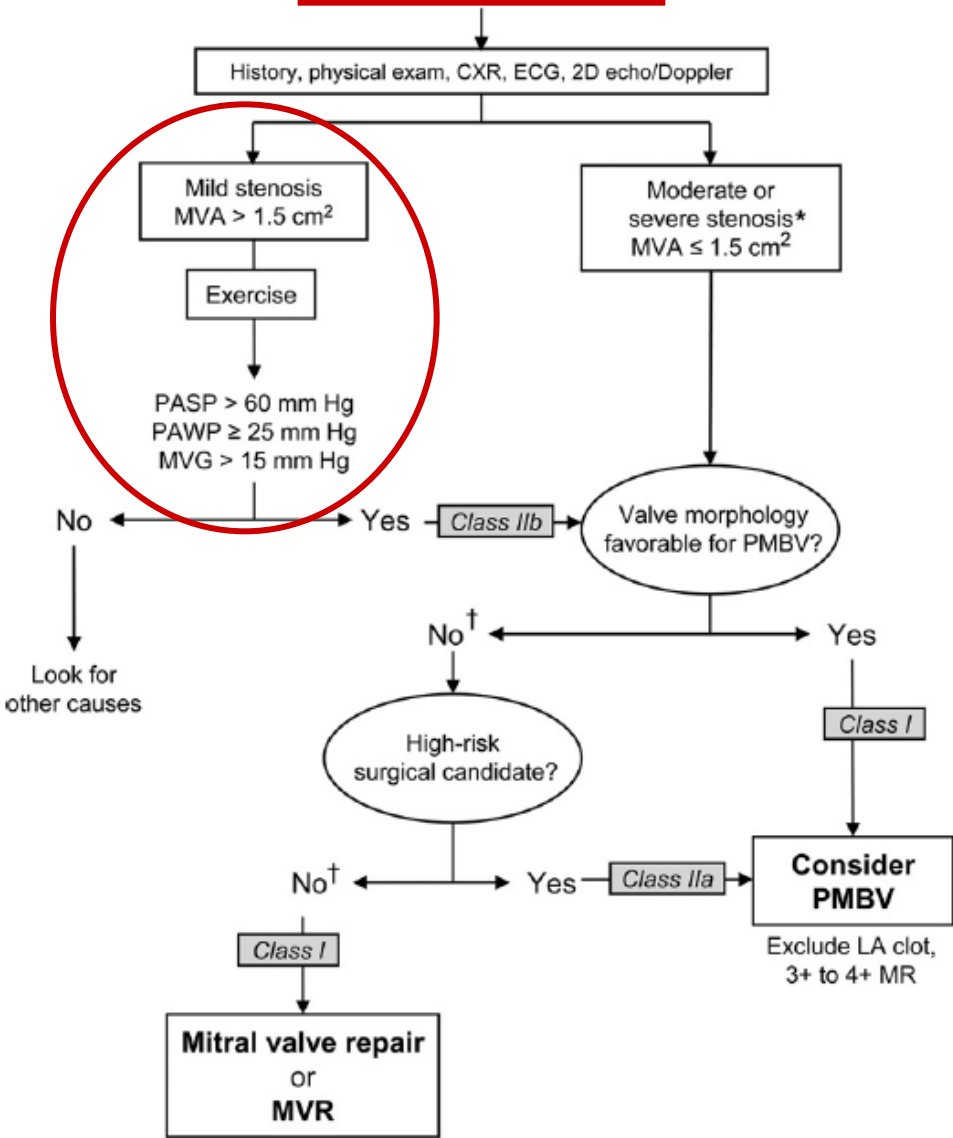
Dato il concetto di riserva mitralica, stressare la valvola mitrale significa aumentare il flusso ematico transmitralico.

Fig 7

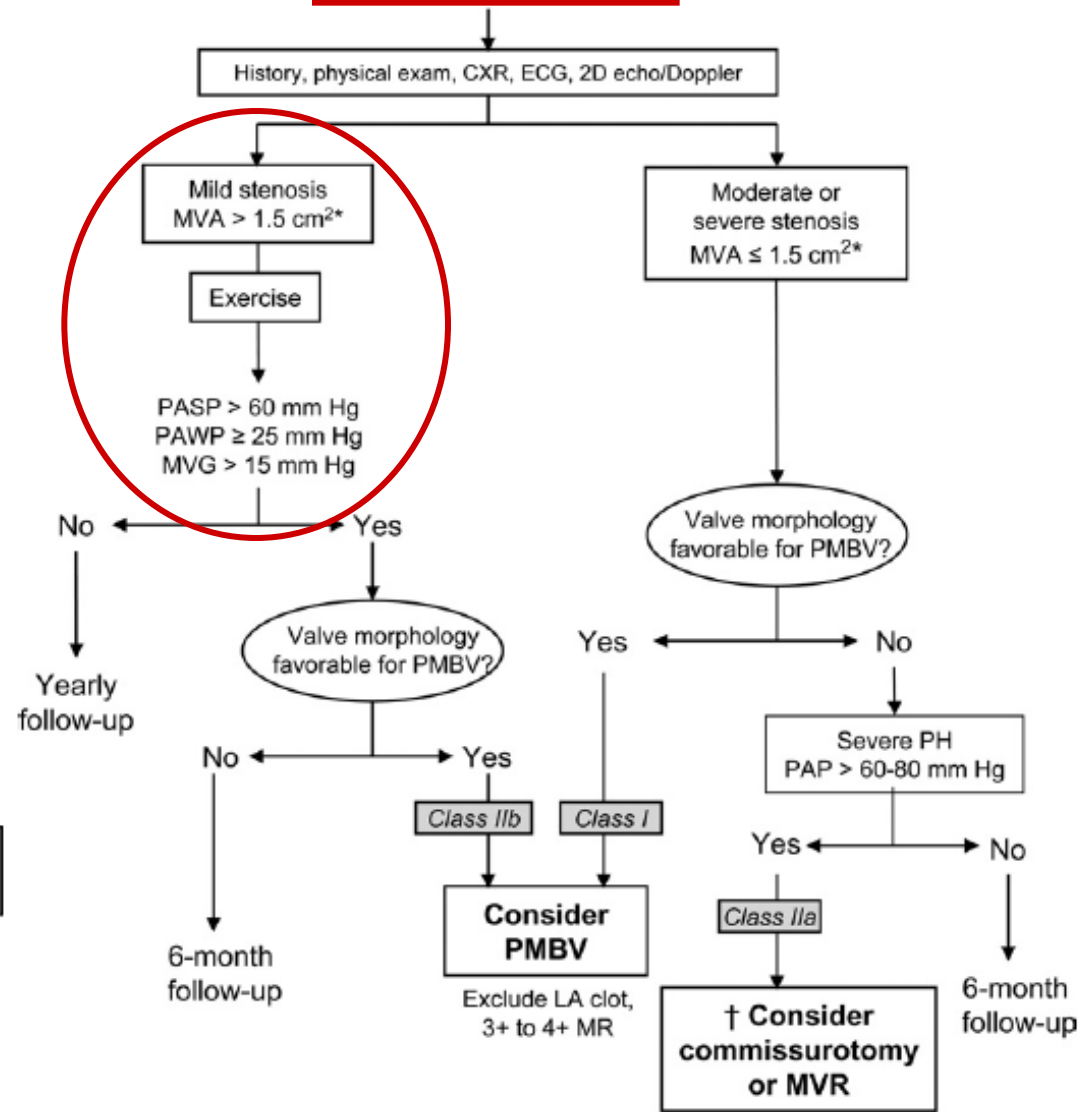


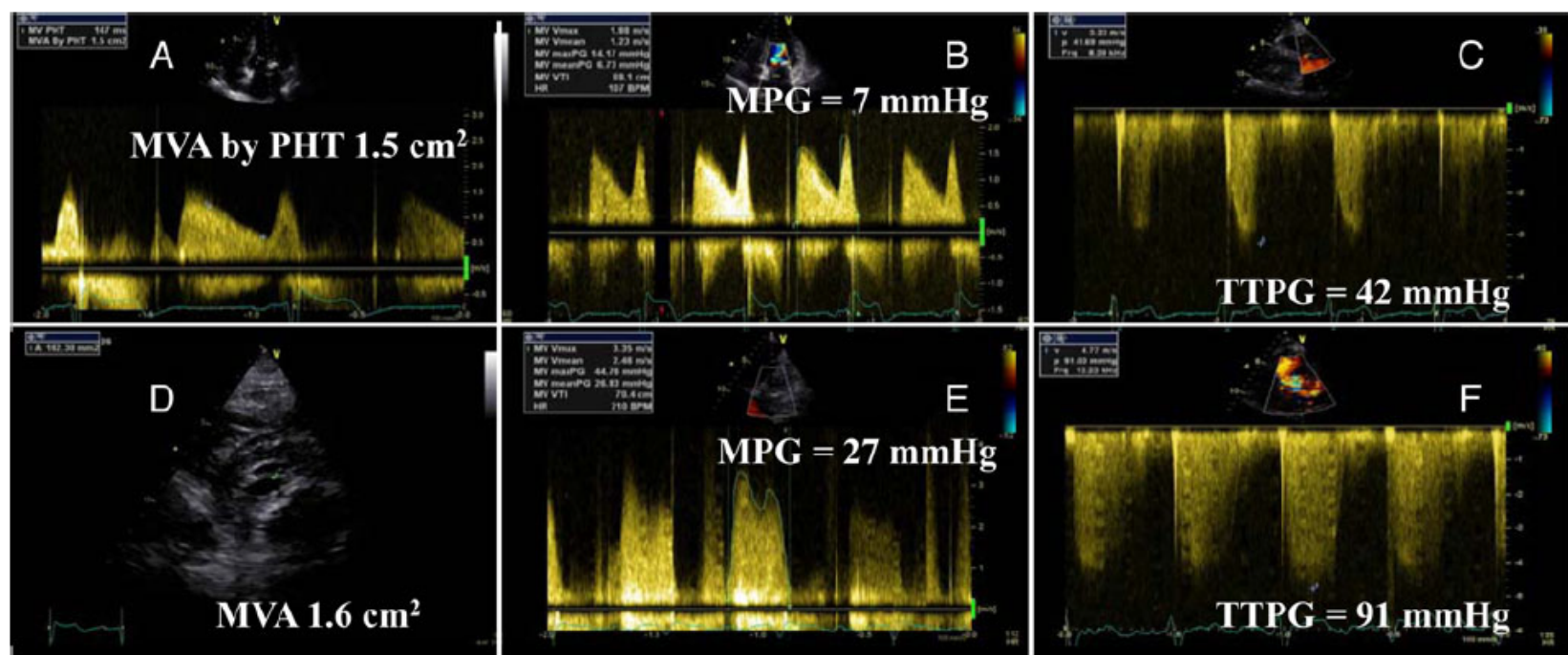
	<i>Rest</i>	<i>30-W exercise</i>	<i>Peak exercise</i>
<i>HR (b/min):</i>	55	116	159
<i>DFT (ms):</i>	607	228	200
<i>SV (ml):</i>	66	59	57
<i>Q_{mean} (ml/s):</i>	109	259	284
<i>ΔP (mmHg):</i>	5	23	27
<i>PAPs (mmHg)</i>	40	62	69

Symptomatic Mitral Stenosis
NYHA Functional Class III-IV



Symptomatic Mitral Stenosis
NYHA Functional Class II





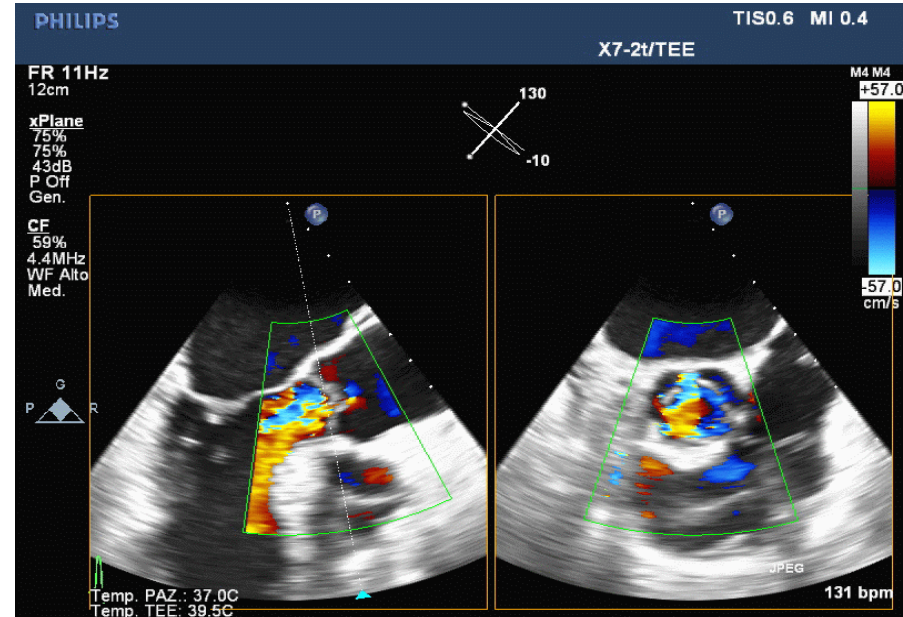
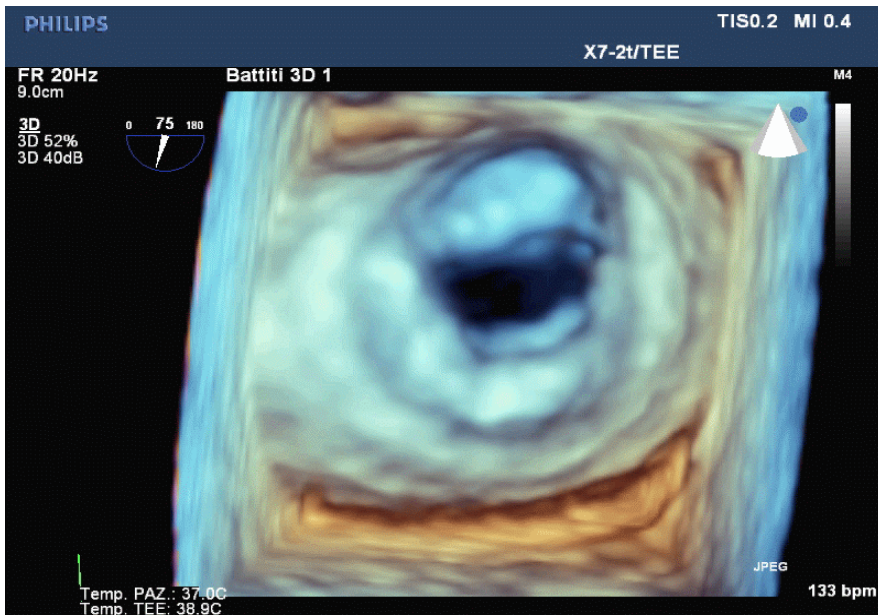
Key points

SE is indicated to reveal symptoms and assess haemodynamic consequences of MS—based on the gradient and SPAP increase during stress—in patients with discordance between symptoms and stenosis severity. Exercise SE is preferred for SPAP assessment. MS should be considered severe if exertion results in a mean gradient > 15 mmHg and SPAP > 60 mmHg.

Caso clinico:

➤ Donna di 49 anni

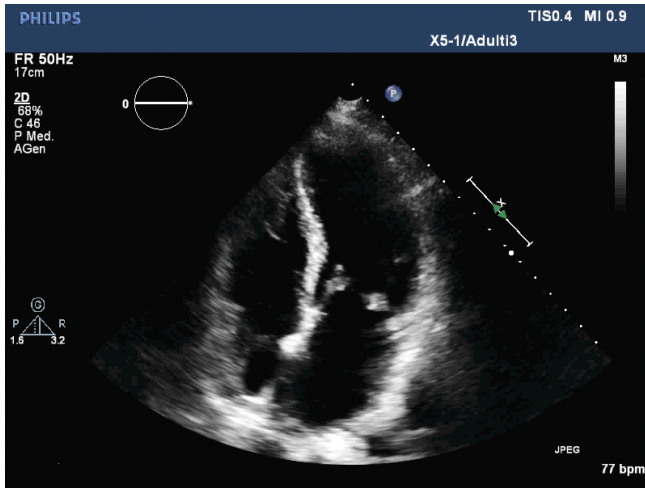
- ◆ Storia di dispnea da alcuni anni con significativa riduzione dell'attività fisica, della qualità di vita ed incapacità a svolgere le normali attività quotidiane
- ◆ Classe NYHA III



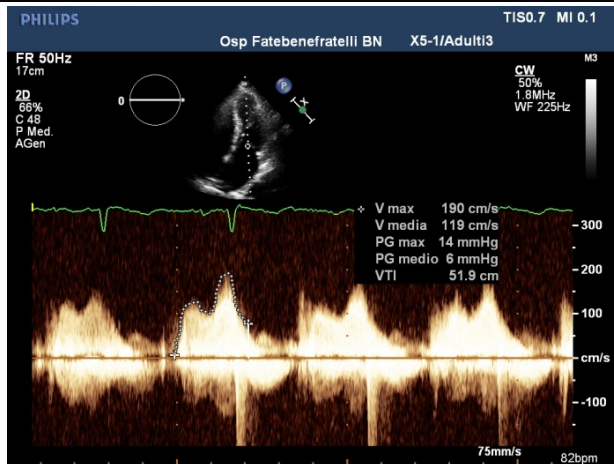
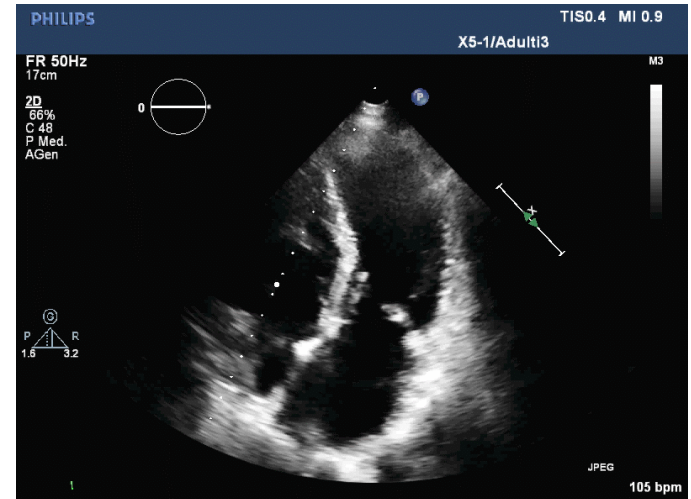
Ex-Stress Echo

Durata di esercizio: 3 min

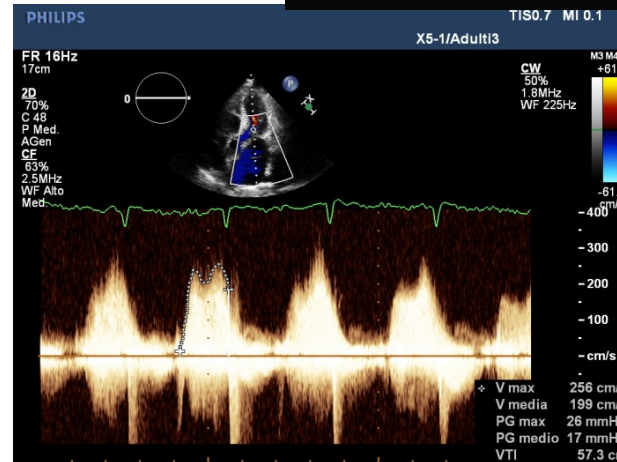
Rest



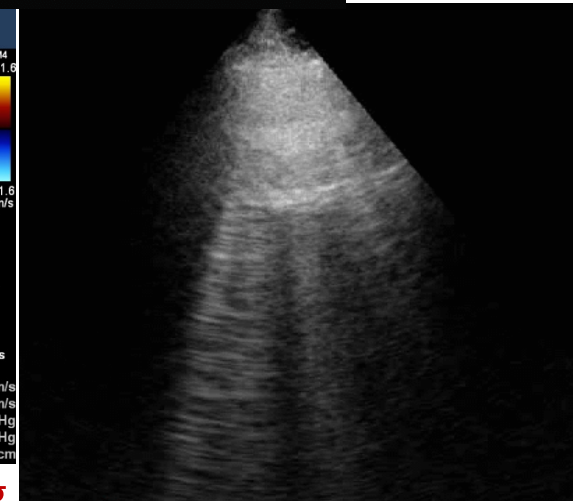
Peak exercise



**Gradiente medio: 6 mmHg
PAPs: 19 mmHg + RAP**

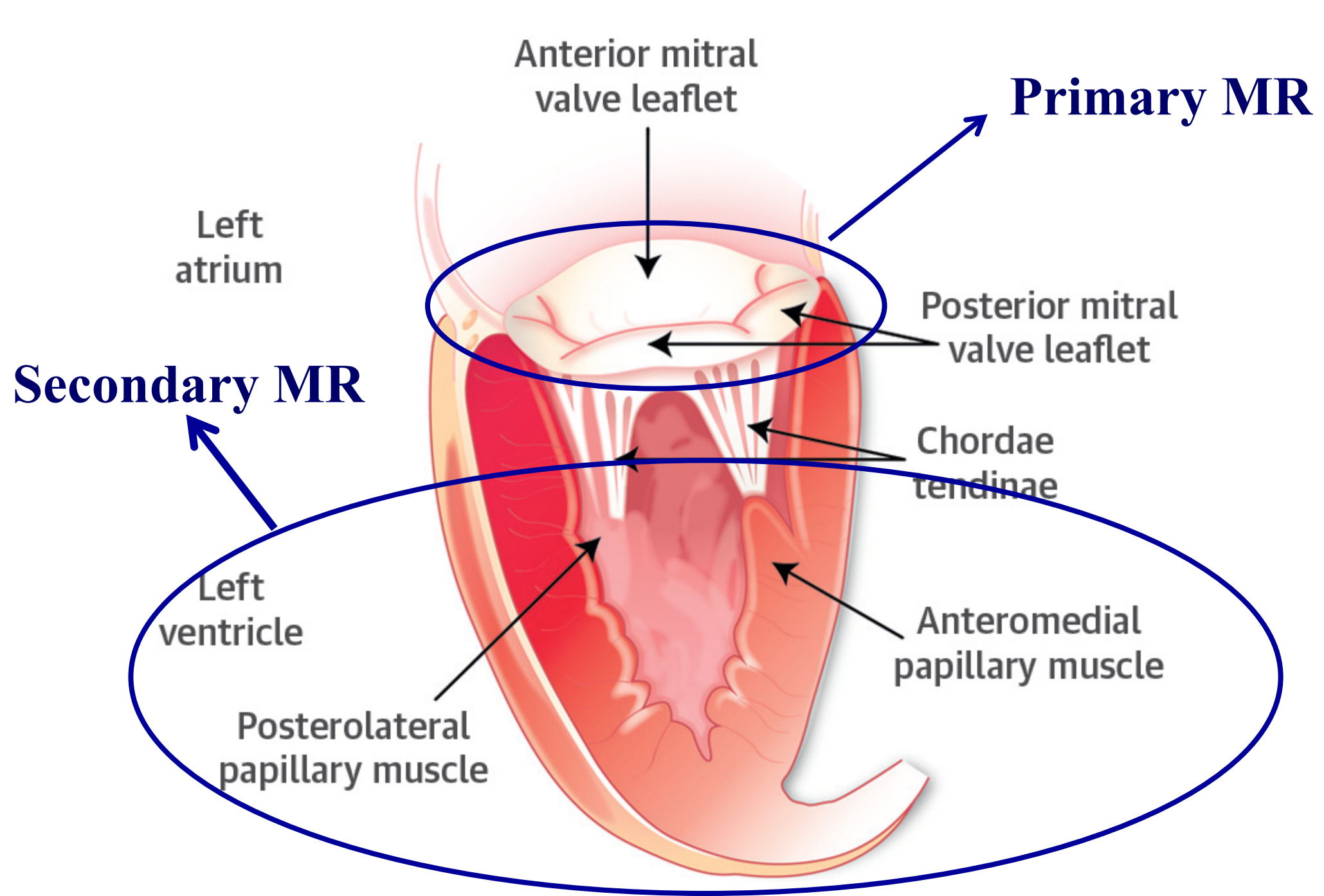


**Gradiente medio: 17 mmHg
PAPs: 48 mmHg + RAP**



Ecstress da sforzo o farmacologico?

	Gradiente Aortico	CR VSx	Gradiente mitralico	IM (color)	B-lines	PAPs
<i>STENOSI AORTICA</i>						
Severa asintomatica	**	**			**	
Basso-flusso basso-gradiente ridotta FE	***	***			***	
Basso-flusso basso-gradiente “paradossa” con normale FE	*	*			**	
<i>INSUFFICIENZA AORTICA</i>						
Severa asintomatica, FE borderline		*			*	
<i>STENOSI MITRALICA</i>						
Lieve –moderata sintomatica			***		***	***
Severa asintomatica			***		***	***
<i>INSUFFICIENZA MITRALICA</i>						
Lieve –moderata sintomatica		**		***	***	***
Severa asintomatica		**		***	***	***



2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease

A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines



7.3.1.5. DIAGNOSTIC TESTING—EXERCISE TESTING: RECOMMENDATIONS

CLASS IIa

1. Exercise hemodynamics with either Doppler echocardiography or cardiac catheterization is reasonable in symptomatic patients with chronic primary MR where there is a discrepancy between symptoms and the severity of MR at rest (stages B and C) (377,378). (*Level of Evidence: B*)

CLASS IIa

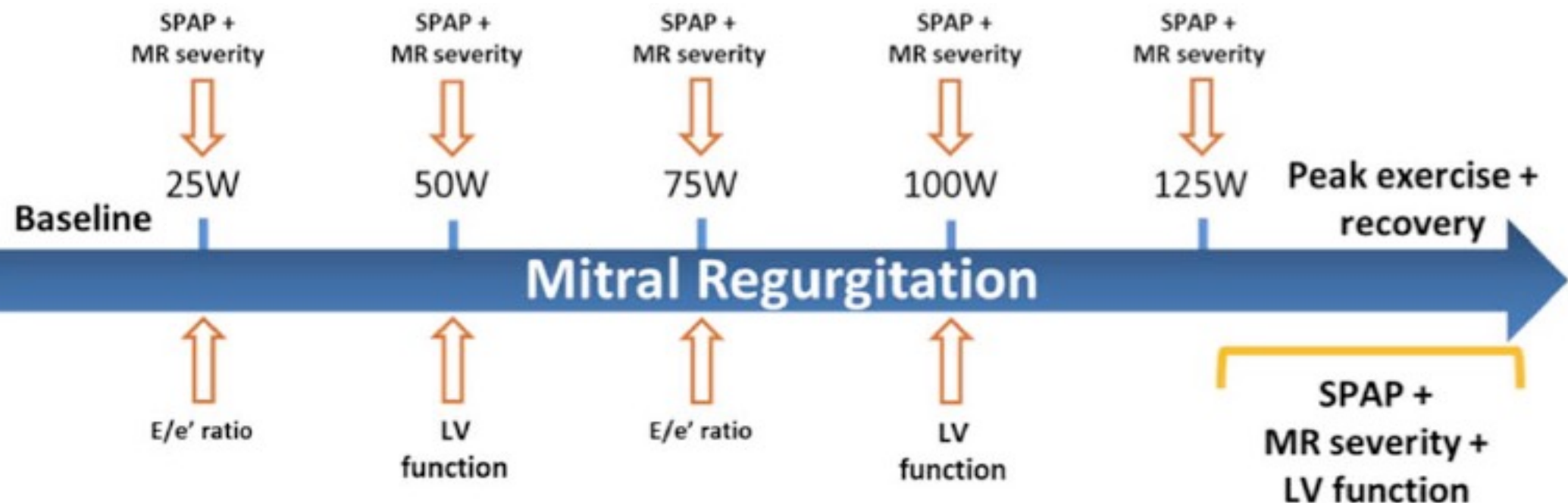
2. Exercise treadmill testing can be useful in patients with chronic primary MR to establish symptom status and exercise tolerance (stages B and C). (*Level of Evidence: C*)

Stress Echocardiography in Regurgitant Valve Disease

Patrizio Lancellotti, MD, PhD; Julien Magne, PhD

Circ Cardiovasc Imaging

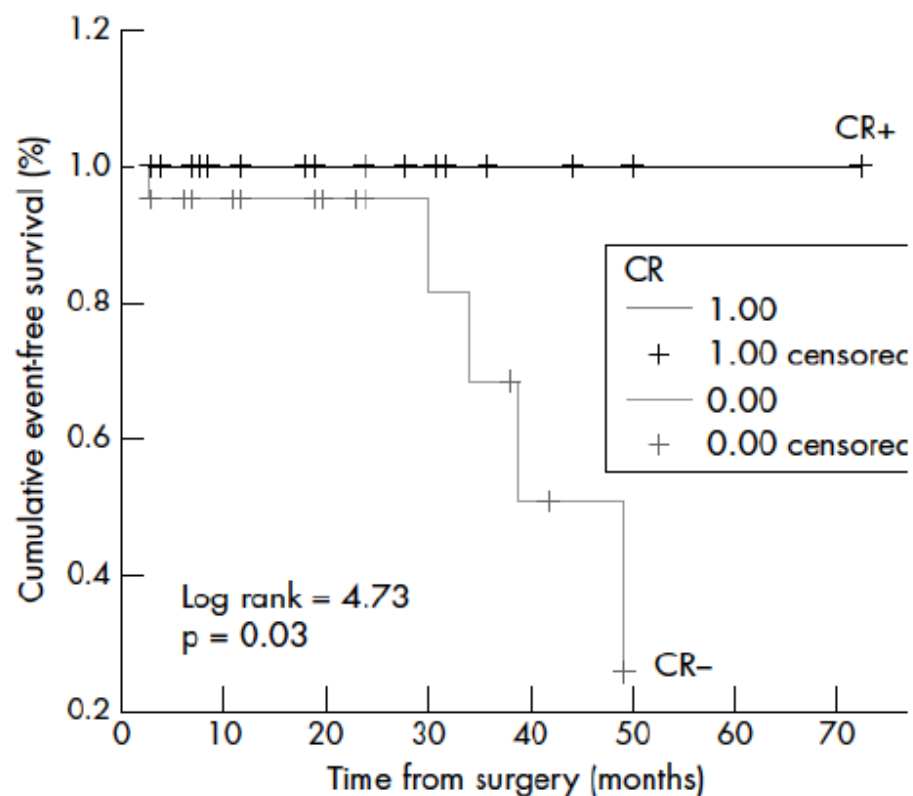
September 2013



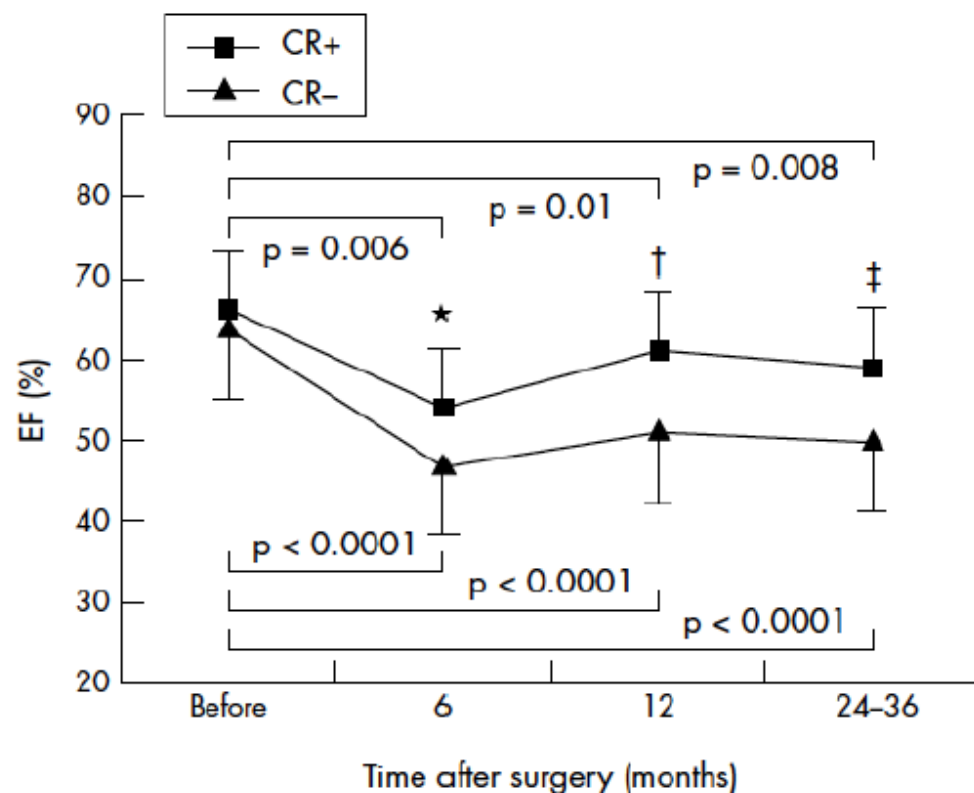
Functional and prognostic implications of left ventricular contractile reserve in patients with asymptomatic severe mitral regurgitation

R Lee, B Haluska, D Y Leung, C Case, J Mundy, T H Marwick

Heart 2005;91:1407-1412. doi: 10.1136/hrt.2004.047613



Number at risk:	CR+	19	14	10	6	3
CR-	22	16	11	6	3	

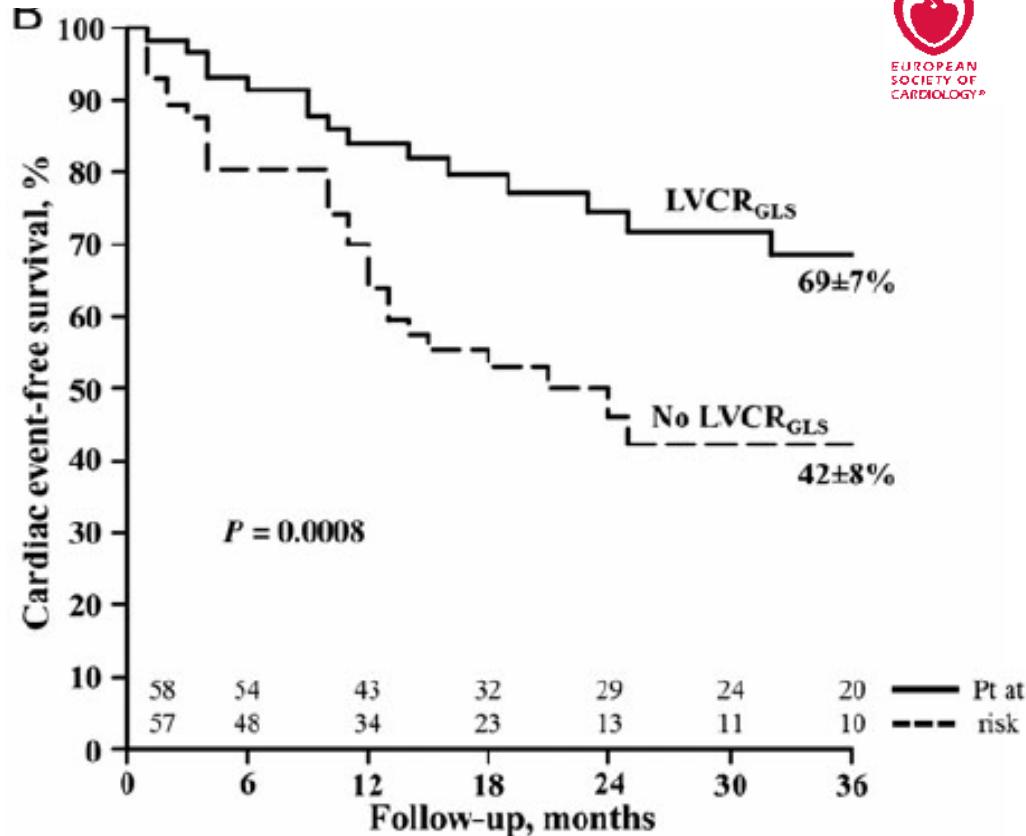


Left ventricular contractile reserve in asymptomatic primary mitral regurgitation

Julien Magne^{1†}, Haifa Mahjoub^{2†}, Raluca Dulgheru¹, Philippe Pibarot², Luc. A. Pierard^{1*}, and Patrizio Lancellotti^{1*}



European Heart Journal (2014) 35, 1608–1616
doi:10.1093/eurheartj/eh345



Conclusion

In asymptomatic primary MR, LVCr seems to be better assessed using EX-induced changes in LV myocardial longitudinal function rather than in LVEF. In patients with preserved LV function, the absence of LVCr is independently associated with two-fold increase in risk of cardiac events. Left ventricular contractile reserve may be useful to improve risk stratification and clinical decision-making in these patients.

European Association of Echocardiography recommendations for the assessment of valvular regurgitation. Part 2: mitral and tricuspid regurgitation (native valve disease)

Key point

Exercise echocardiography is useful in asymptomatic patients with severe organic MR and borderline values of LV ejection fraction (60–65%) or LV end-systolic diameter (closed to 40 mm or 22 mm/m²). The absence of contractile reserve could identify patients at increased risk of cardiovascular events. Moreover, exercise echocardiography may also be helpful in patients with equivocal symptoms out of proportion of MR severity at rest.

Stress Echocardiography and Mitral Valvular Heart Disease

Julien Magne, PhD, Patrizio Lancellotti, MD, PhD*, Luc A. Pierard, MD, PhD*
Cardiol Clin 31 (2013) 311–321

Exercise echocardiographic parameters useful for risk stratification

Parameters

Primary MR

Exercise-induced increase in ERO area	>+ 10 mm ²
Exercise-induced increase in regurgitant volume	>+ 15 mL
Exercise systolic pulmonary arterial pressure	>60 mm Hg

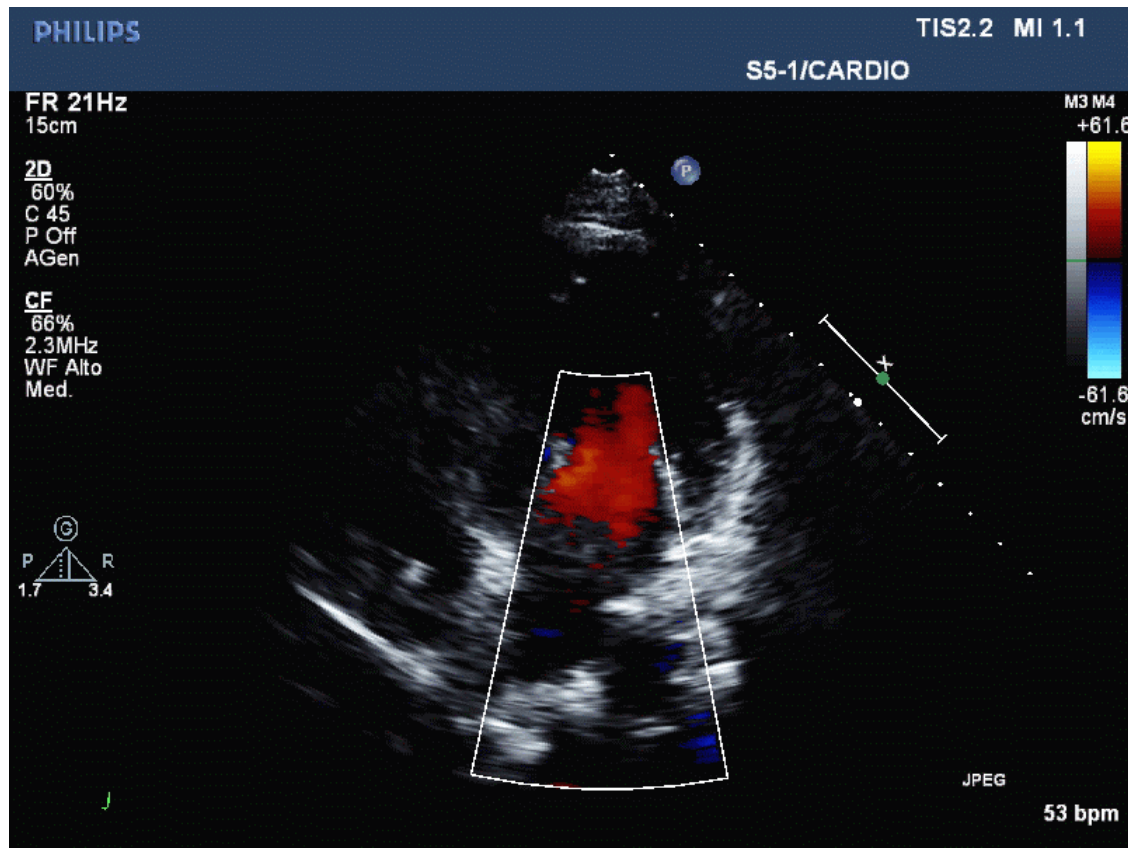
LV contractile reserve

Exercise-induced changes in LV ejection fraction	>+4%
Exercise-induced changes in LV global long strain	>+2%

Caso clinico:

➤ Donna di 32 anni

- ◆ Miocardio noncompattato. Morte resuscitata a 20 anni e portatrice di ICD
- ◆ Classe NYHA I

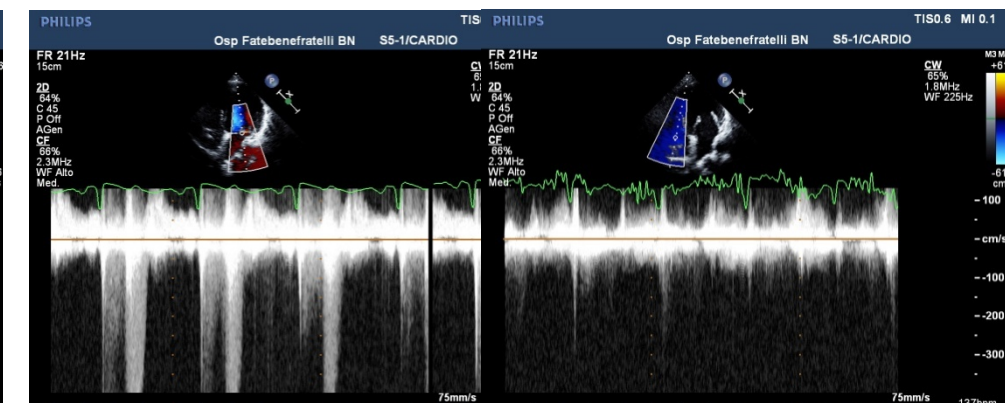
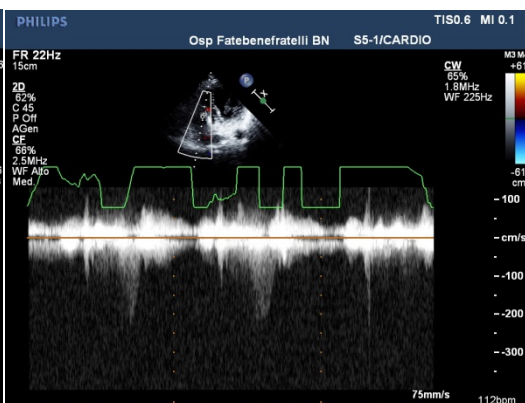
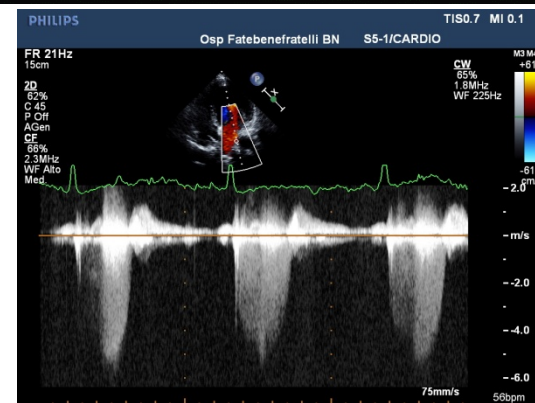
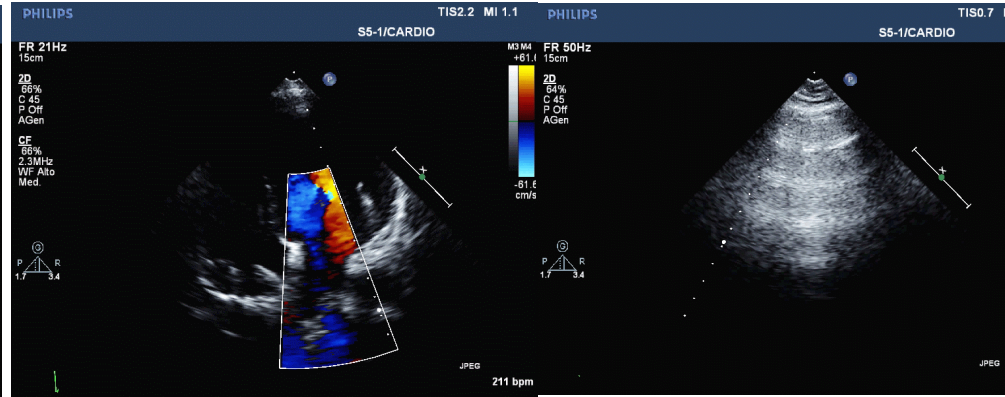
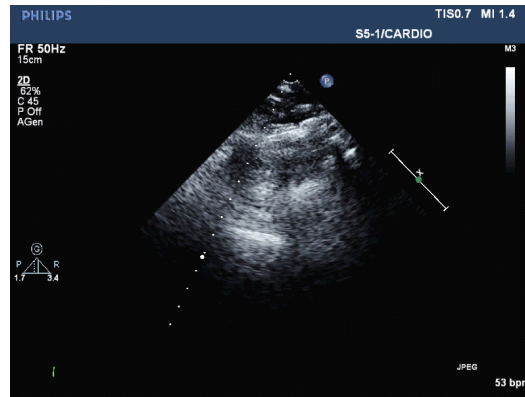
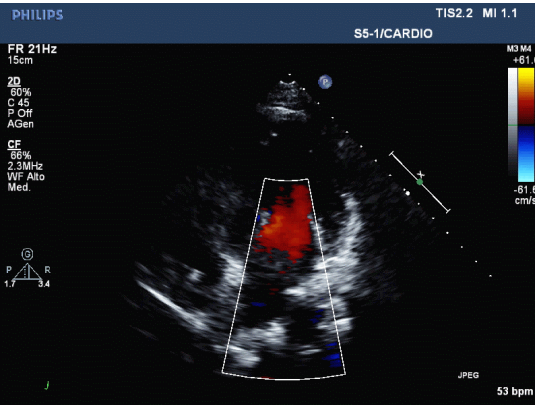


Ex-Stress Echo

Durata di esercizio: 16 min

Rest

Peak exercise



PAPs: 19 mmHg + RAP
EF 59%

PAPs: 27 mmHg + RAP
EF 78%
CR V_{sx}: SP/ESVi 2.8
No Linee B

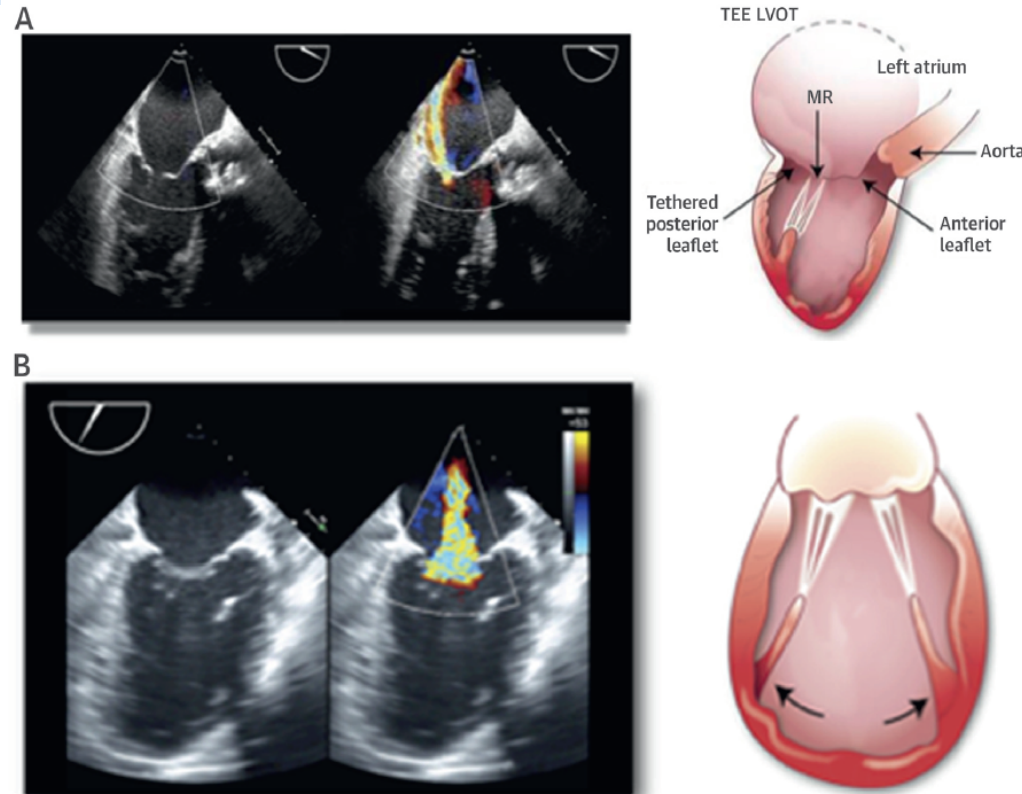
Secondary Mitral Regurgitation in Heart Failure

Pathophysiology, Prognosis, and Therapeutic Considerations

JACC 15

Anita W. Asgar, MD,* Michael J. Mack, MD,† Gregg W. Stone, MD‡

The development of secondary mitral regurgitation (MR) due to left ventricular dysfunction, also known as functional MR, is strongly associated with a poor prognosis in patients with heart failure. The mechanisms underlying secondary MR are multifactorial; accurate imaging assessment of secondary MR may be challenging and nuanced; and the appropriate roles of medical, surgical, and interventional therapies for management of secondary MR are controversial and evolving.



Caso clinico 1

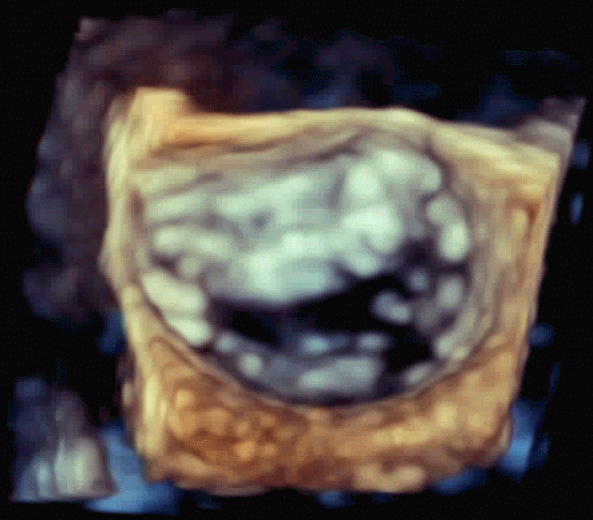
- Paziente giunge in PS per edema polmonare acuto
 - ◆ Pregresso infarto anteriore esteso
 - ◆ Rivascolarizzazione chirurgica
 - ◆ Impianto di ICD bicamerale (QRS 95 ms)
- L'esame ecocardiografico mostrava
 - ◆ Severa riduzione della funzione sistolica (FE 24%)
 - ◆ Acinesia ed assottigliamento medio-settale parete anteriore ed apicale in toto
 - ◆ Pattern transmitralico restrittivo

X7-2t/TEE

X7-2t/TEE

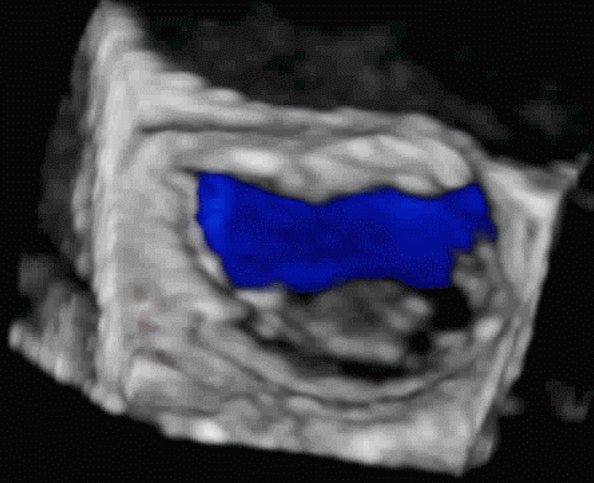
FR 17Hz
8.1cm
3D
3D 52%
3D 40dB

Battiti 3D 1



FR 9Hz
8.1cm
3D
3D 52%
3D 40dB
CF
50%
4.4MHz

Battiti 3D 4



M4 M4
+61.6
-61.6

Temp. PAZ.: 37.0C
Temp. TEE: 39.6C

JPEG 56

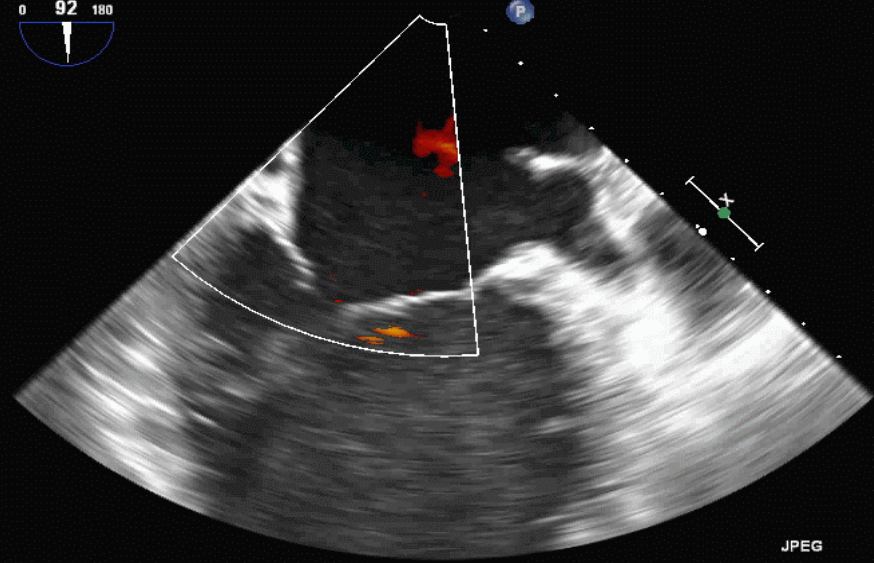
Temp. PAZ.: 37.0C
Temp. TEE: 40.3C

JPEG 57 bpm

FR 17Hz
12cm

2D
71%
C 44
P Off
Gen.

CF
59%
4.4MHz
WF Alto
Med.



M4 M4
+30.8
-92.4
cm/s

Temp. PAZ.: 37.0C
Temp. TEE: 39.9C

JPEG 66 bpm

Caso clinico 2

- Paziente giunge in PS per edema polmonare acuto
 - ◆ Pregresso infarto anteriore esteso
 - ◆ Rivascolarizzazione percutanea di IVA e Cx
 - ◆ Impianto di ICD bicamerale (QRS 105 ms)
- L'esame ecocardiografico mostrava
 - ◆ Severa riduzione della funzione sistolica (FE 27%)
 - ◆ Acinesia ed assottigliamento medio-settale parete anteriore ed apicale in toto
 - ◆ Pattern transmitralico pseudonormale

PHILIPS

TIS0.2 MI 0.4

X7-2t/TEE

FR 16Hz
11cm

Battiti 3D 1

M4

3D
3D 52%
3D 40dB



Temp. PAZ.: 37.0C
Temp. TEE: 40.7C

50 bpm

JPEG

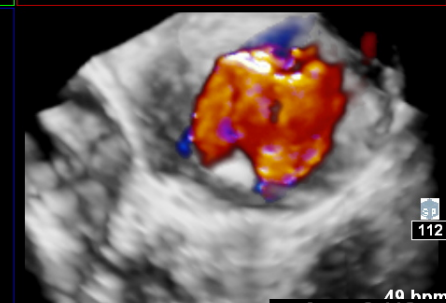
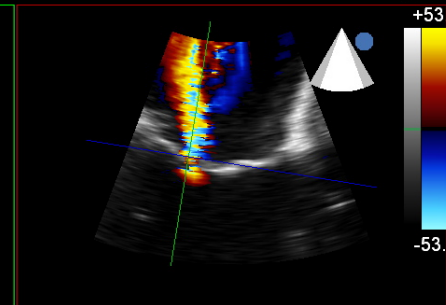
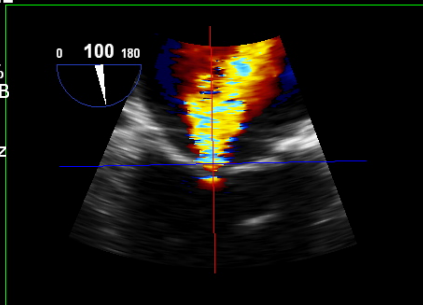
PHILIPS

TIS0.9 MI 0.4

X7-2t/TEE

FR 2Hz
11cm

3D
3D 52%
3D 40dB
CF
50%
4.4MHz



F: 1

Temp. PAZ.: 37.0C
Temp. TEE: 40.6C

TIS0.7 MI 0.4

X7-2t/TEE

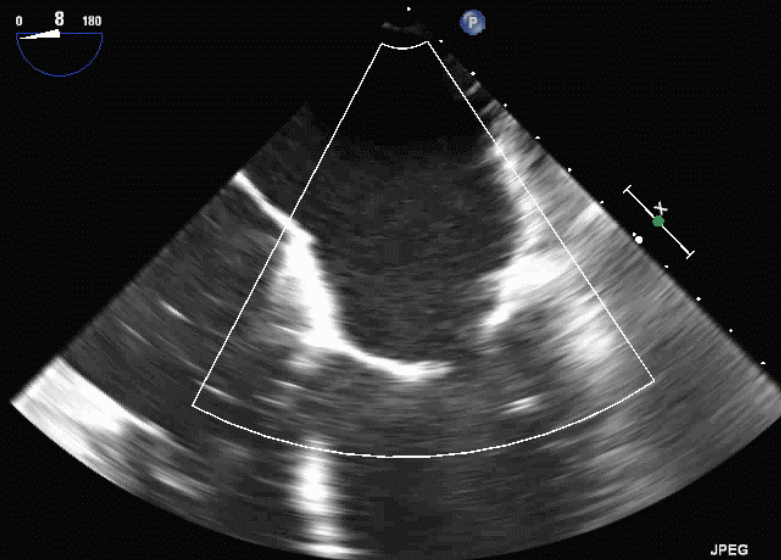
FR 14Hz
12cm

2D
79%
C 39
P Off
Gen.

CF
59%
4.4MHz
WF Alto
Med.



G
P R



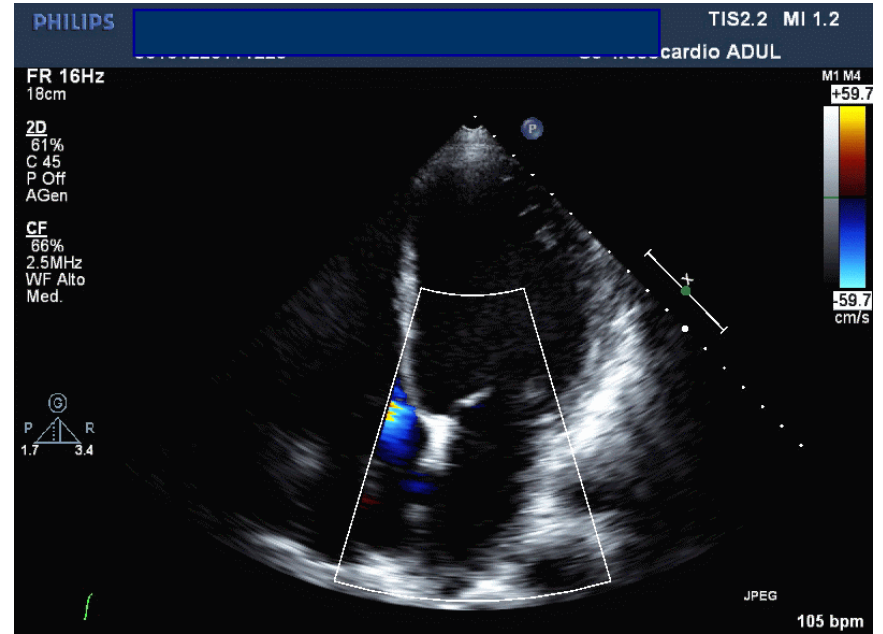
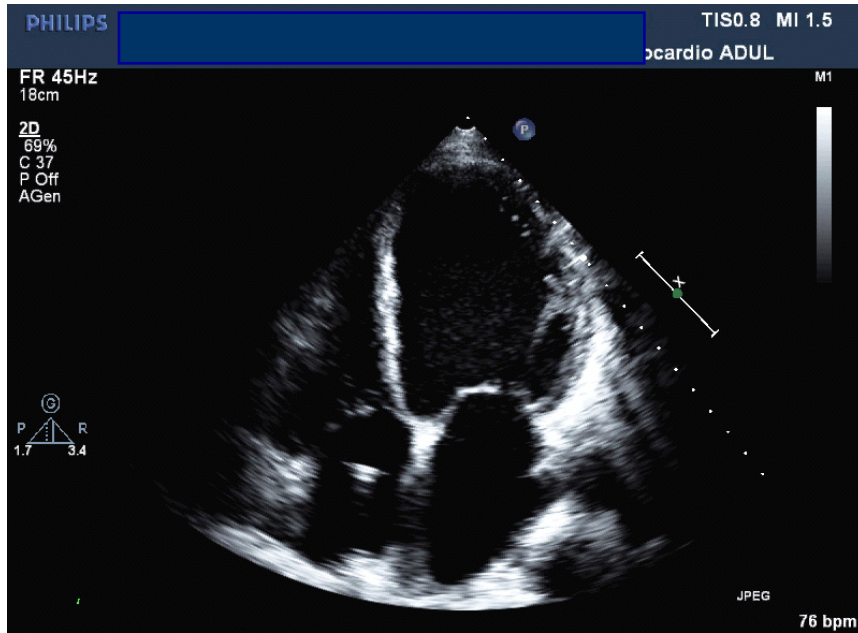
Temp. PAZ.: 37.0C
Temp. TEE: 37.0C

50 bpm

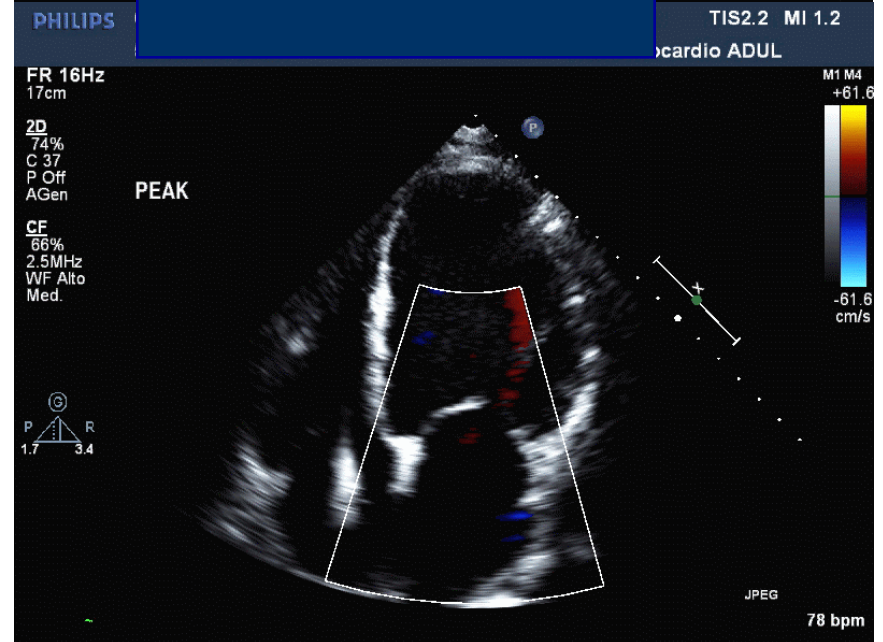
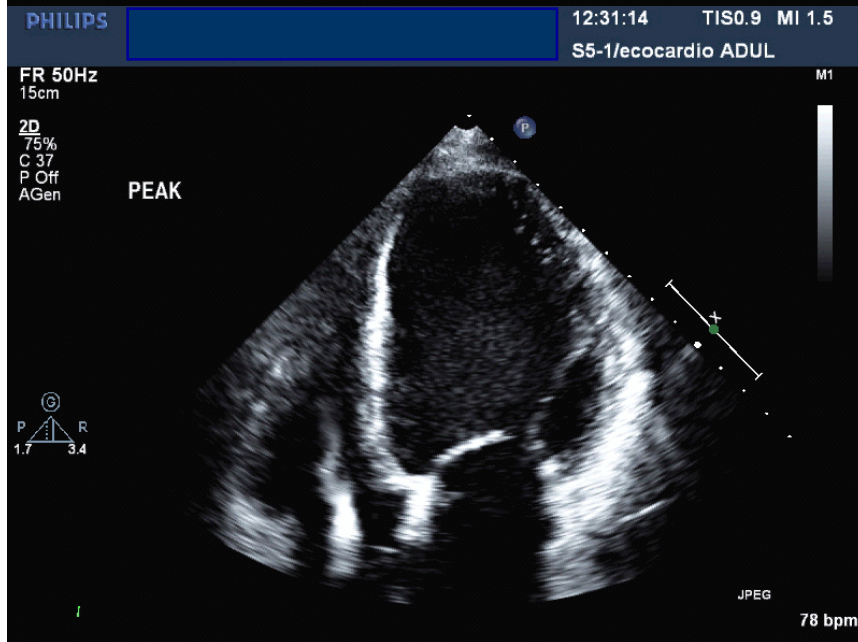
JPEG

Caso clinico 1

Rest

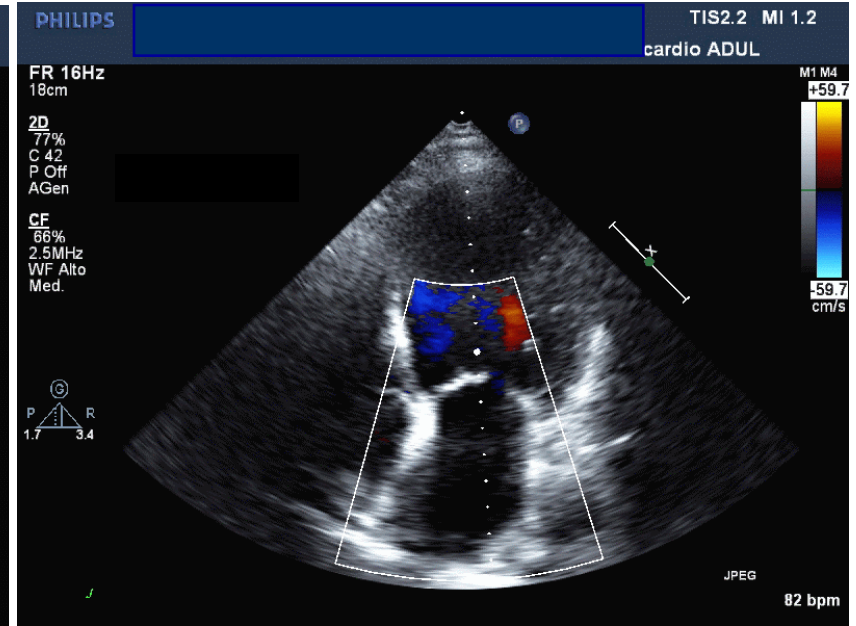
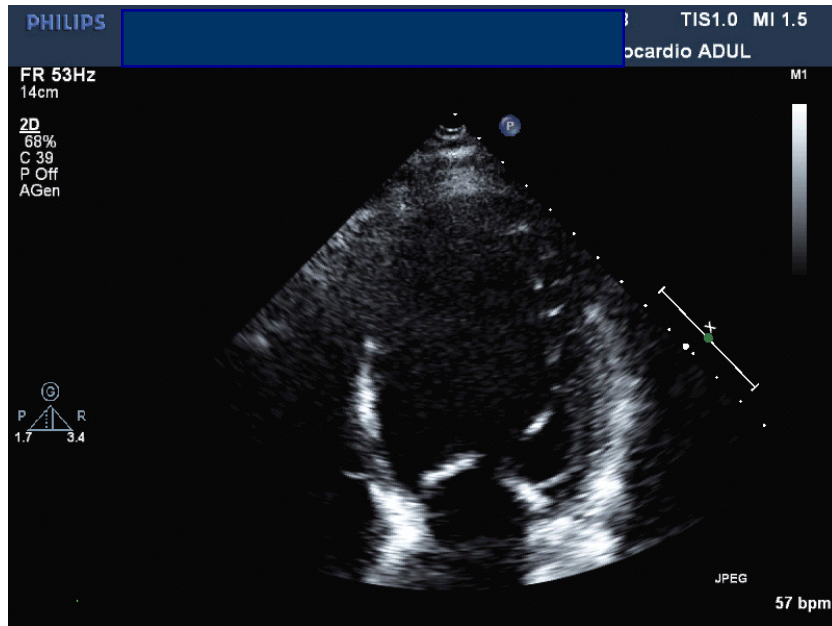


Peak

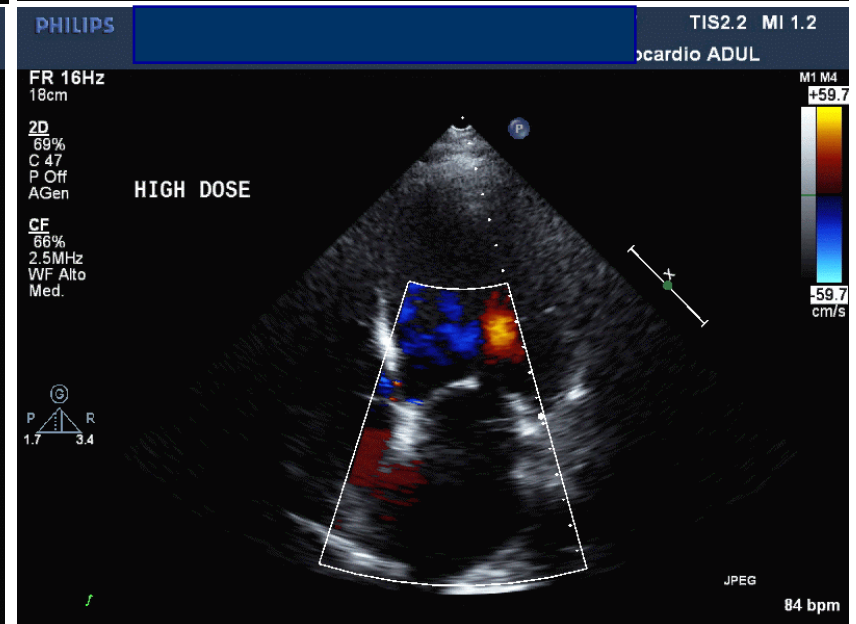
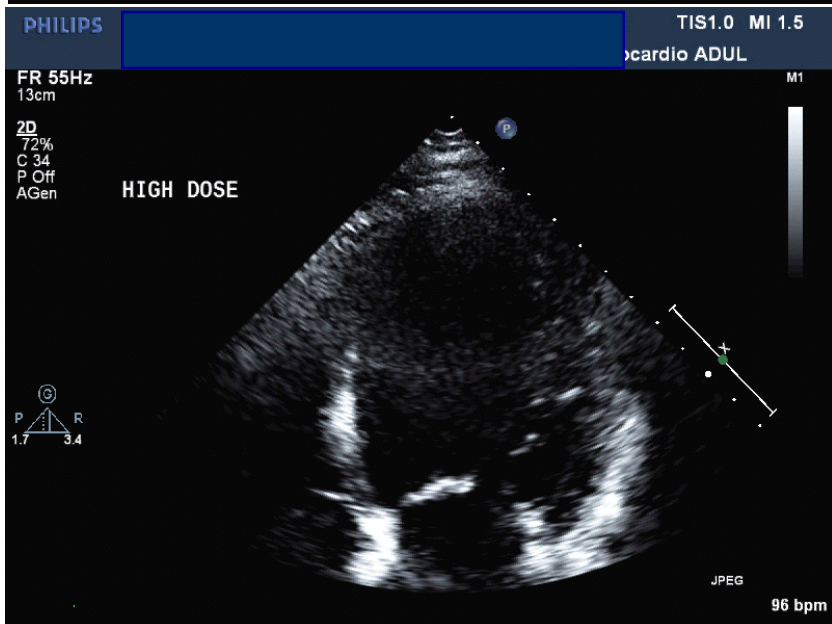


Caso clinico 2

Rest



Peak

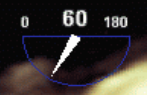


TEE 3D
X7-2t
8Hz
10.0cm

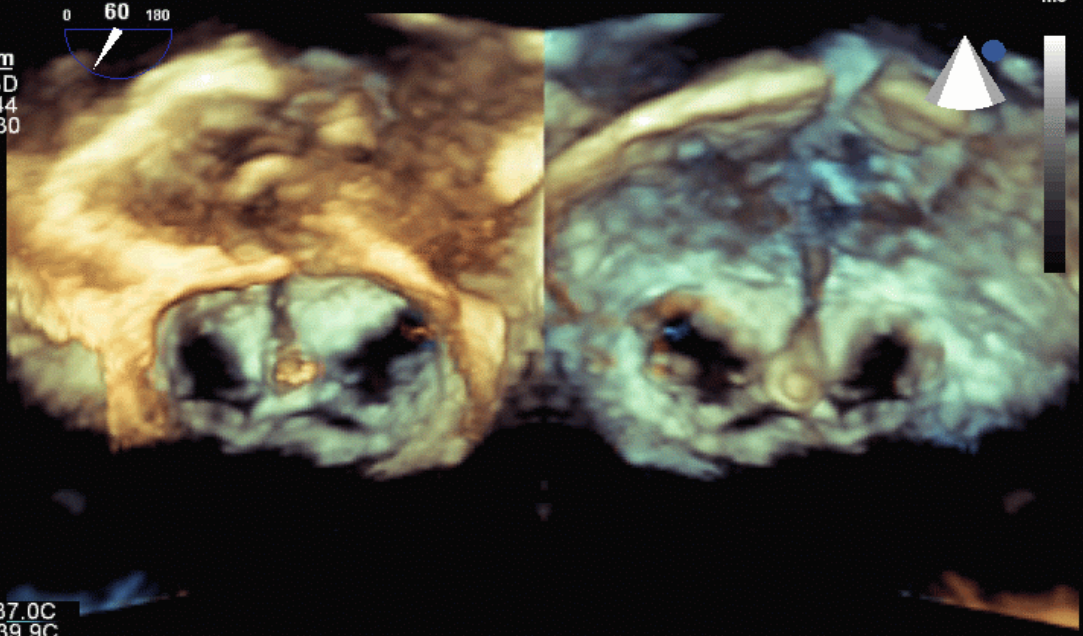
3D Beats 1

TISO.1 MI 0.3

M3



3D Zoom
2D / 3D
% 49 / 44
C 43 / 30
Gen



PAT T: 37.0C
TEE T: 39.9C

TISO.6 MI 0.3

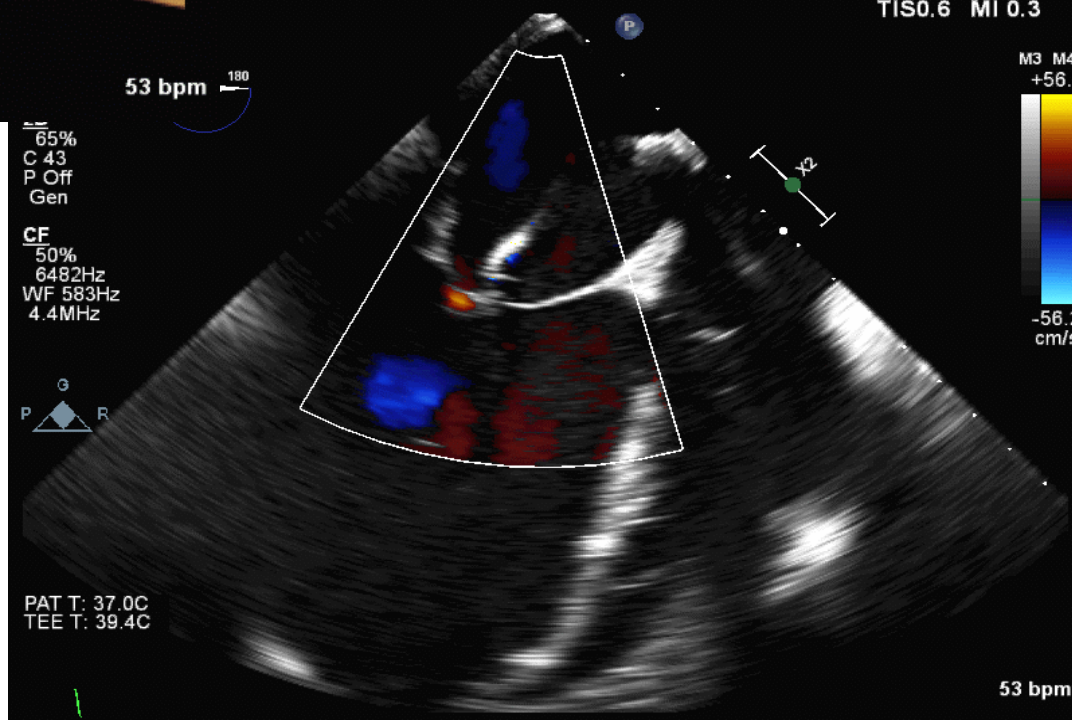
53 bpm

65%
C 43
P Off
Gen

CF
50%
6482Hz
WF 583Hz
4.4MHz



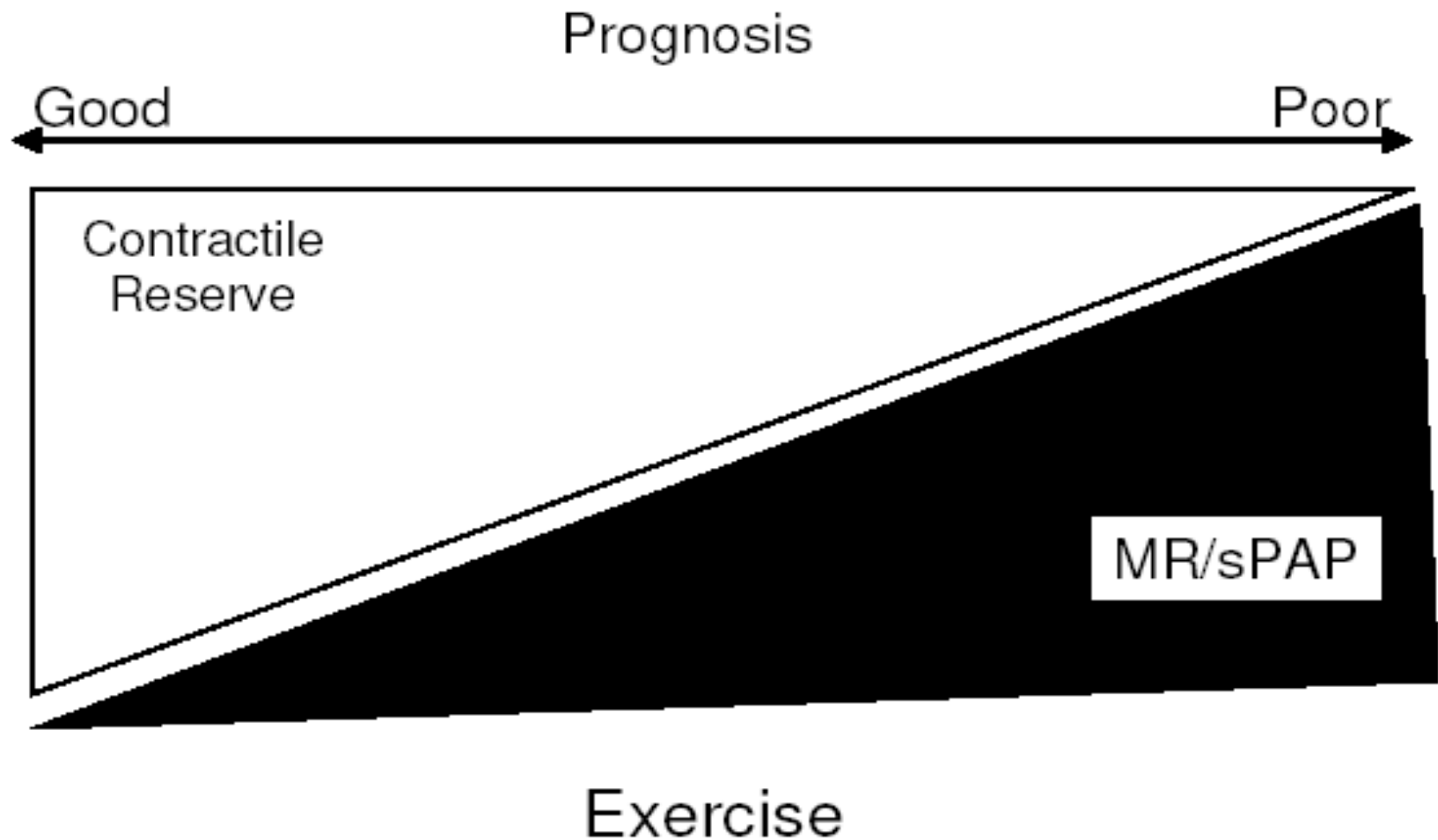
PAT T: 37.0C
TEE T: 39.4C



M3 M4
+56.2
-56.2
cm/s

53 bpm

Insufficienza mitralica durante stress eco in DCM



Pulmonary congestion stress-Echo

baseline
ULC

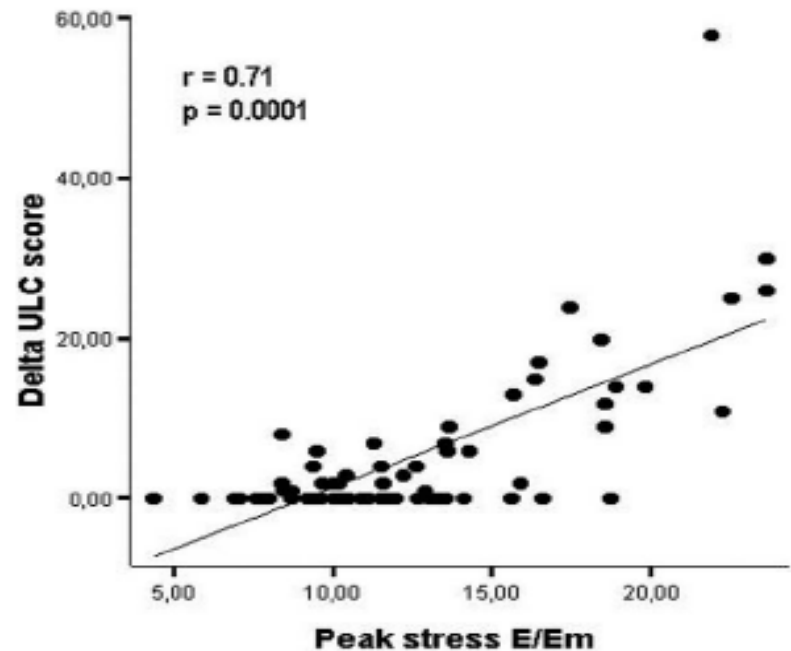


- PASP (r = 0.69, p = .0001)
- E/Em (r = 0.70, p = .0001)
- estimated PCWP (r = 0.69, p = .0001)
- MR (r = 0.49, p = .001)

delta
ULC



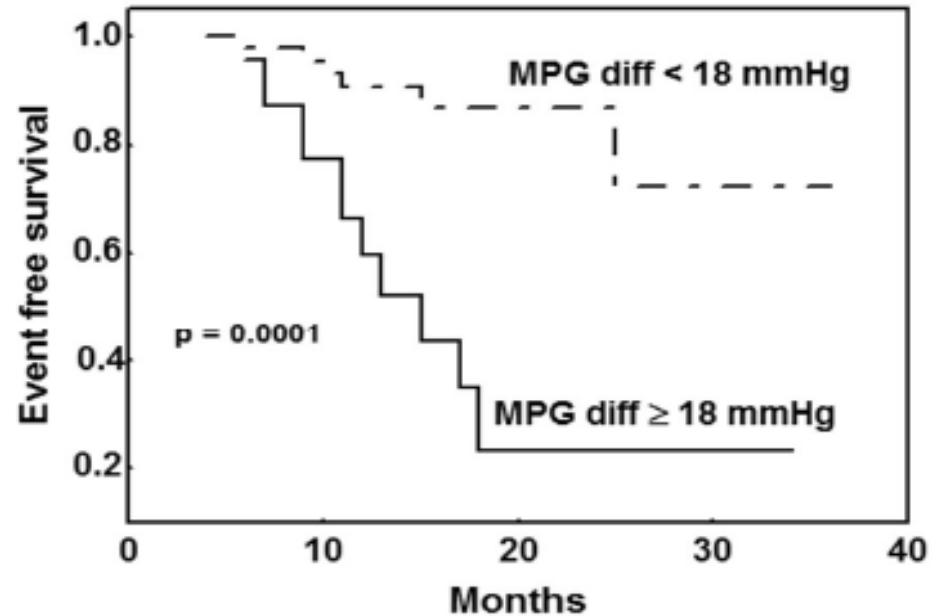
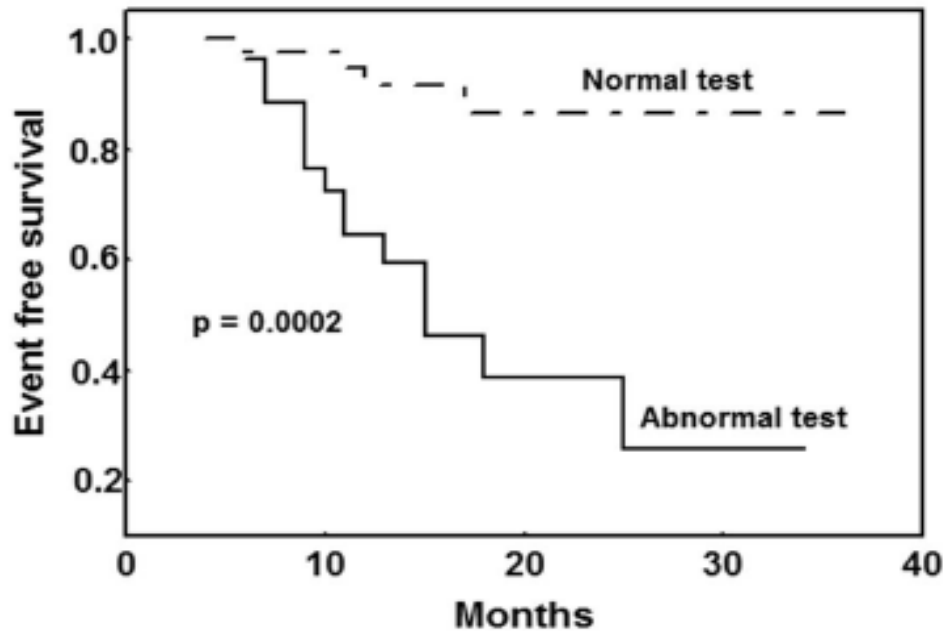
- Δ PCWP (r = 0.62, p = .0001)
- peak stress E/Em (r = 0.71, p = .0001)
- severity MR at peak (r = 0.58, p = .001)



Ecstress da sforzo o farmacologico?

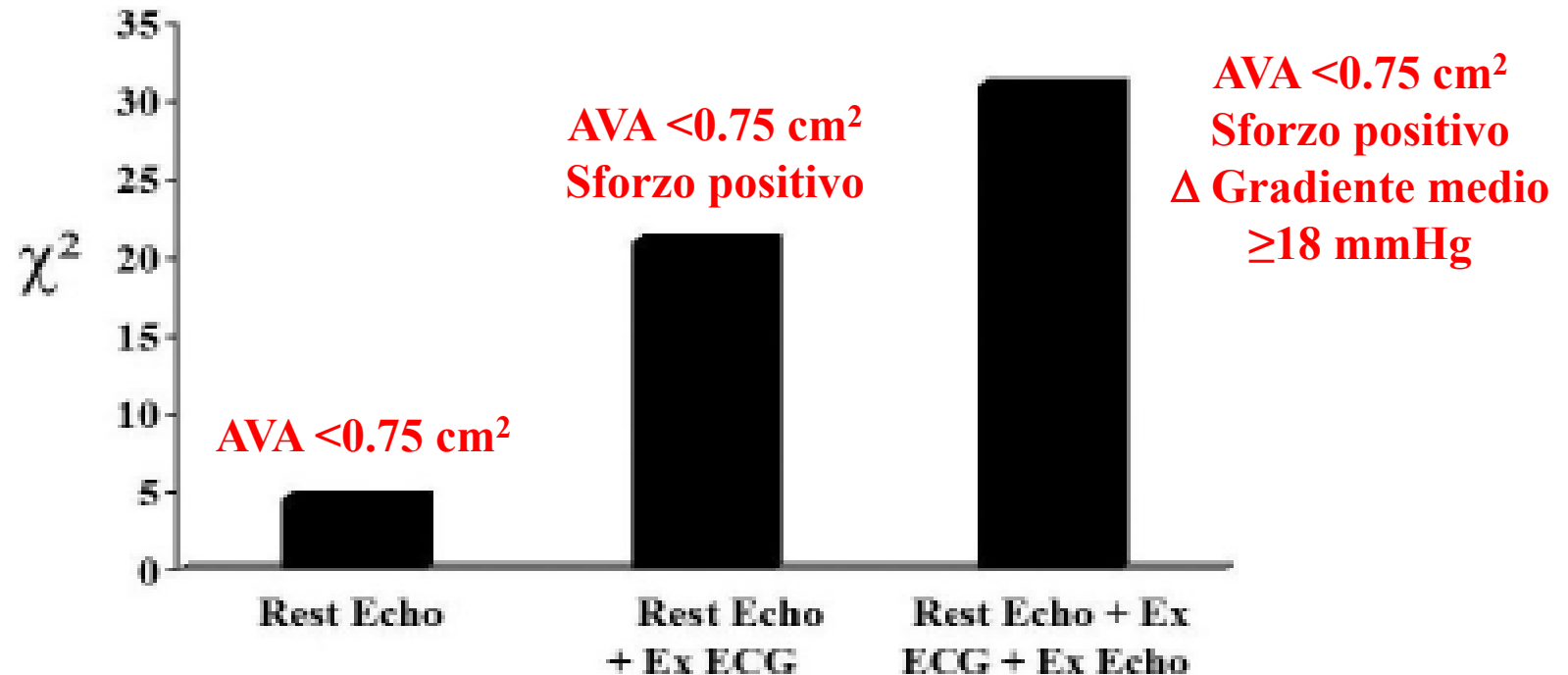
	Gradiente Aortico	CR VSx	Gradiente mitralico	IM (color)	B-lines	PAPs
<i>STENOSI AORTICA</i>						
Severa asintomatica	**	**			**	
Basso-flusso basso-gradiente ridotta FE	***	***			***	
Basso-flusso basso-gradiente “paradossa” con normale FE	*	*			**	
<i>INSUFFICIENZA AORTICA</i>						
Severa asintomatica, FE borderline		*			*	
<i>STENOSI MITRALICA</i>						
Lieve –moderata sintomatica			***		***	***
Severa asintomatica			***		***	***
<i>INSUFFICIENZA MITRALICA</i>						
Lieve –moderata sintomatica		**		***	***	***
Severa asintomatica		**		***	***	***

Ruolo dell'eco-sforzo nella stenosi aortica severa asintomatica



- Angina
- Dispnea
- > 2 mm sottoslivellamento ST
- Risposta pressoria *flat* o ipotensiva

Ruolo additivo dell'eco-sforzo nella stenosi aortica severa asintomatica



➤ L'ecocardiogramma da sforzo da un valore prognostico incrementale rispetto all'ecocardiogramma basale ed alla prova da sforzo

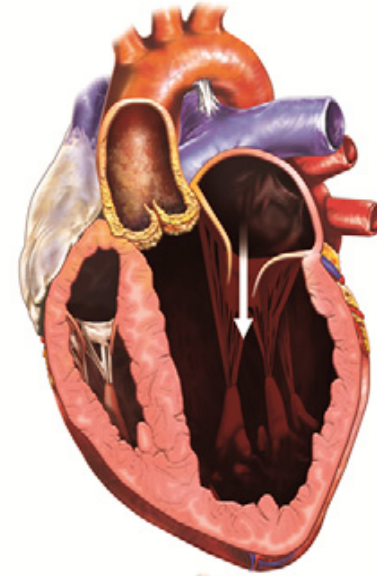
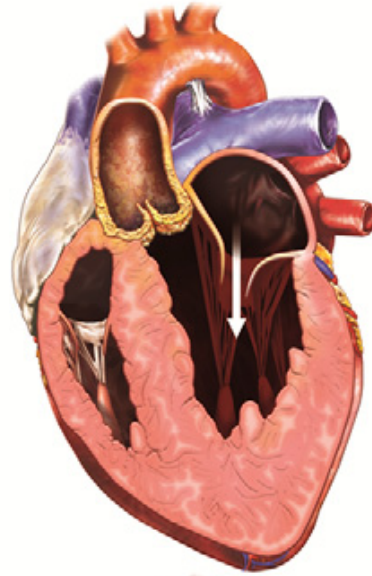
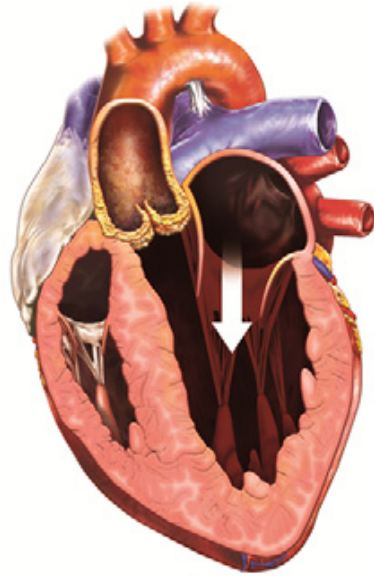
◆ Identifica un sottogruppo di pazienti ad alto rischio

**NORMAL-LVEF
NORMAL-FLOW,
HIGH-GRADIENT**

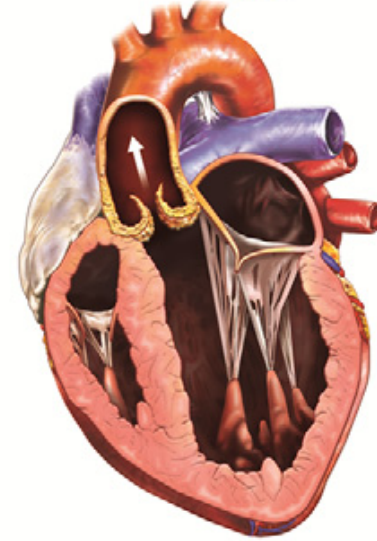
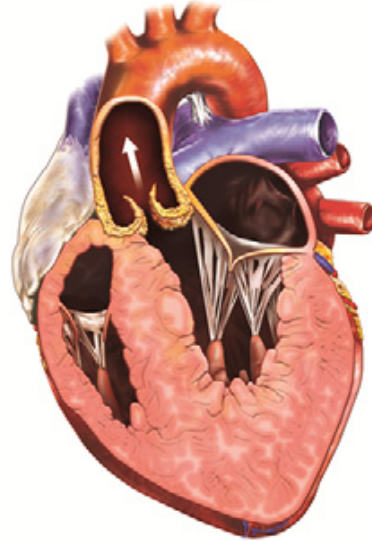
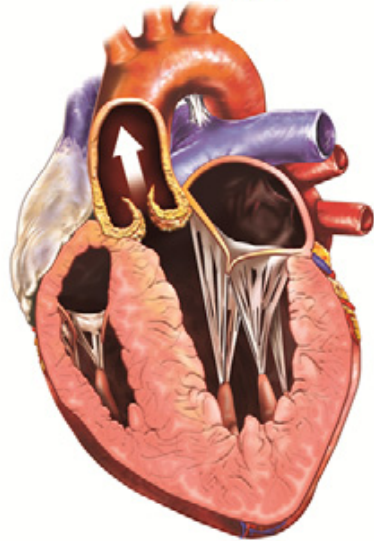
**NORMAL-LVEF
“PARADOXICAL”
LOW-FLOW,
LOW-GRADIENT**

**LOW-LVEF
“CLASSICAL”
LOW-FLOW,
LOW-GRADIENT AS**

DIASTOLE



SYSTOLE



Doppler limit's

Flow-dependent measures

- ◆ i.e. aortic regurgitation increased of trans-aortic volume

↳ **Overestimation of severity of aortic stenosis**

- ◆ i.e. LV systolic dysfunction or mitral regurgitation reduced of trans-aortic volume

↳ **Underestimation of severity of aortic stenosis**

Mechanisms of LV systolic dysfunction

➤ Afterload mismatch

Low-flow high-gradient

- ◆ Reduced systolic function
- ◆ High mean gradient (surrogate of afterload mismatch)

➤ Coronary artery disease or cardiomyopathy

Low-flow low-gradient

- ◆ Reduced systolic function
- ◆ Low mean gradient <30 mmHg

DSE assessment

- Dobutamine stress echocardiography is used in this setting with a low-to-moderate dose of dobutamine (5 up to 20 $\mu\text{g}/\text{kg}/\text{min}$)
 - ◆ to obtain an increase in HR of 10–20 bpm.
- The infusion of dobutamine should be stopped in the case of maximal dose permitted, an increase in HR more than 20 bpm and clear inotropic response.
- During the test may be measured at each step
 - ◆ Wall-motion changes
 - ◆ LV volumes changes
 - ◆ LV outflow tract and aortic velocity time integrals
 - Particular attention should be paid to keep the same position of recording throughout the test.

Caso clinico

- Un uomo di 79 si presenta in P.S. per dispnea a carattere ingravescente
- Anamnesi
 - ◆ Linfoma non-Hodgkin
 - ◆ Ipertensione arteriosa in terapia
- Esame obiettivo
 - ◆ Rantoli a medie bolle
 - ◆ Edemi declivi
 - ◆ Ortopnea
 - ◆ Soffio rude 4/6 L

PHILIPS

1:48:00 TIS0.9 MI 1.5

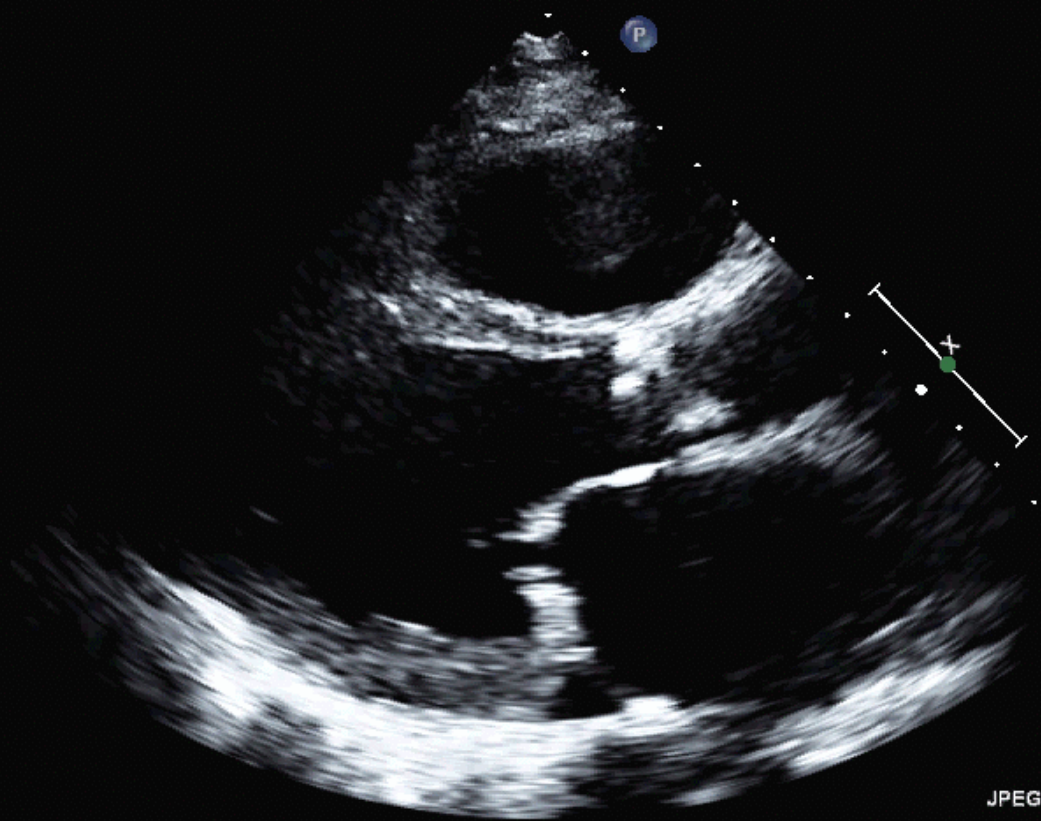
04470920100910

S5-1/ecocardio ADUL

FR 50Hz
15cm

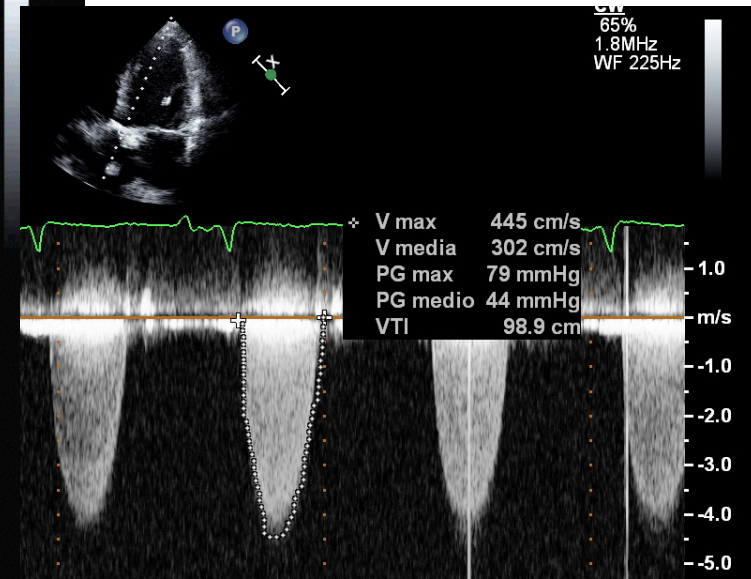
M1

2D
77%
C 32
P Off
AGen



JPEG

84 bpm

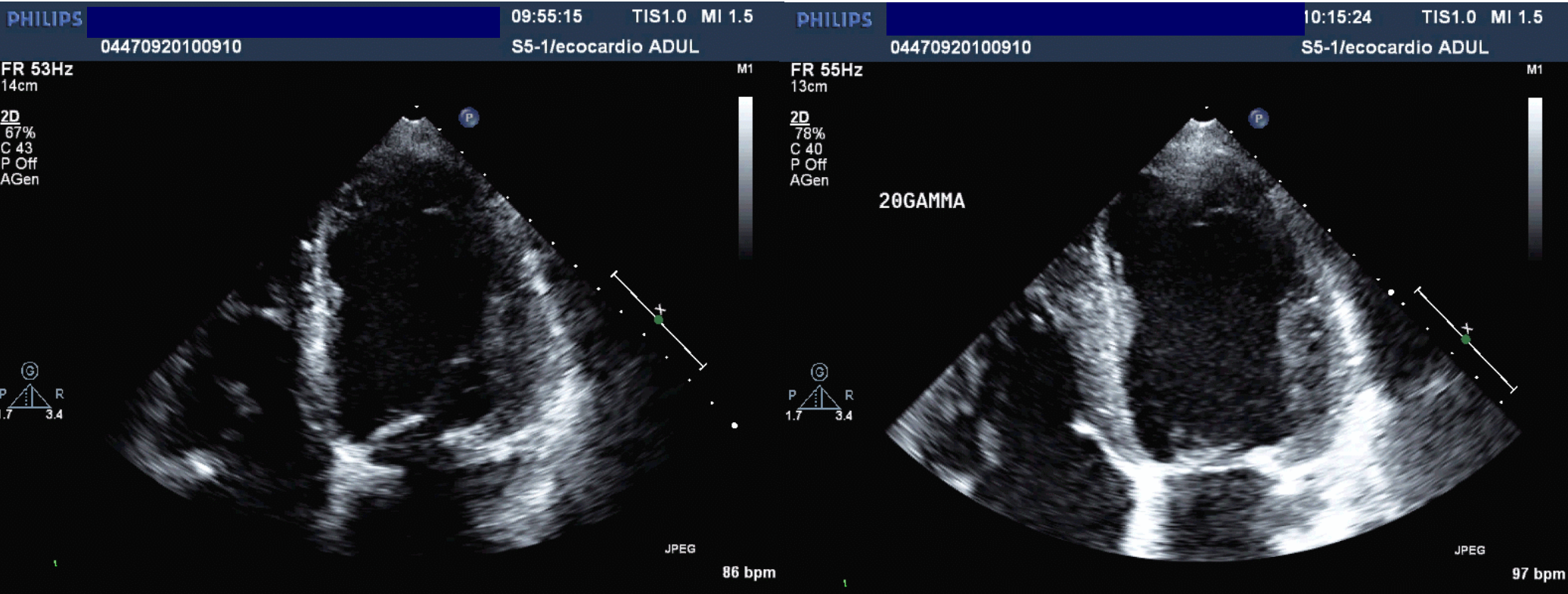


Diameters TD/TS 71/56 mm
Volumes TD/TS 157/126 ml EF: 20%
Grad max 79 mmHg, mean 44 mmHg

Dobutamine stress echo

Rest

Low dose DSE



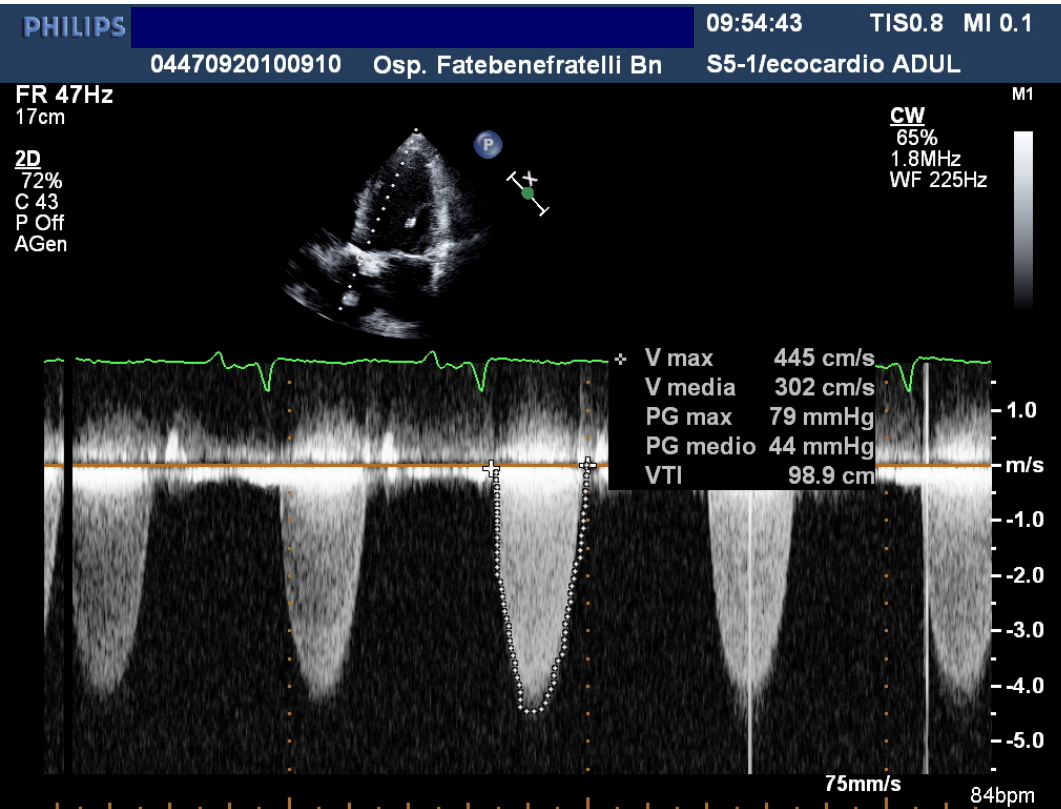
Volume TS from 126 ml to 104 ml (Δ -18%)

EF from 20% to 34% (diff.+14%)

Aortic valve area: from 0.35 cm²/m² to 0.32 cm²/m²

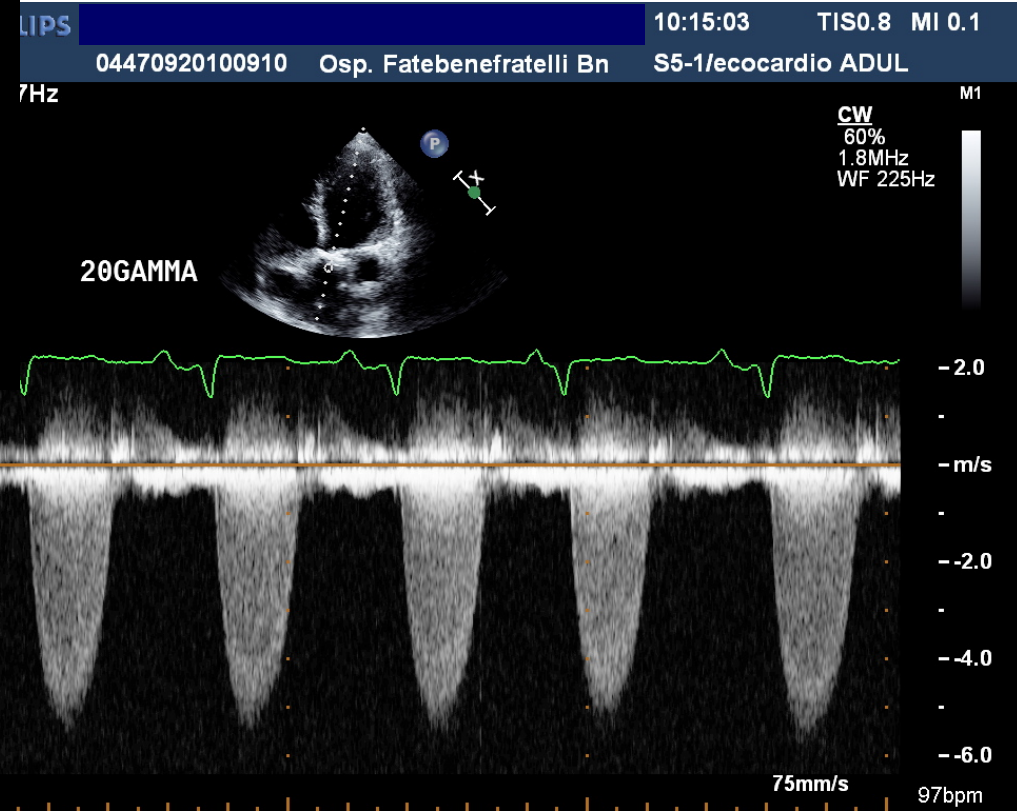
Dobutamine stress echo

Rest



Grad max 79 mmHg
mean 44 mmHg

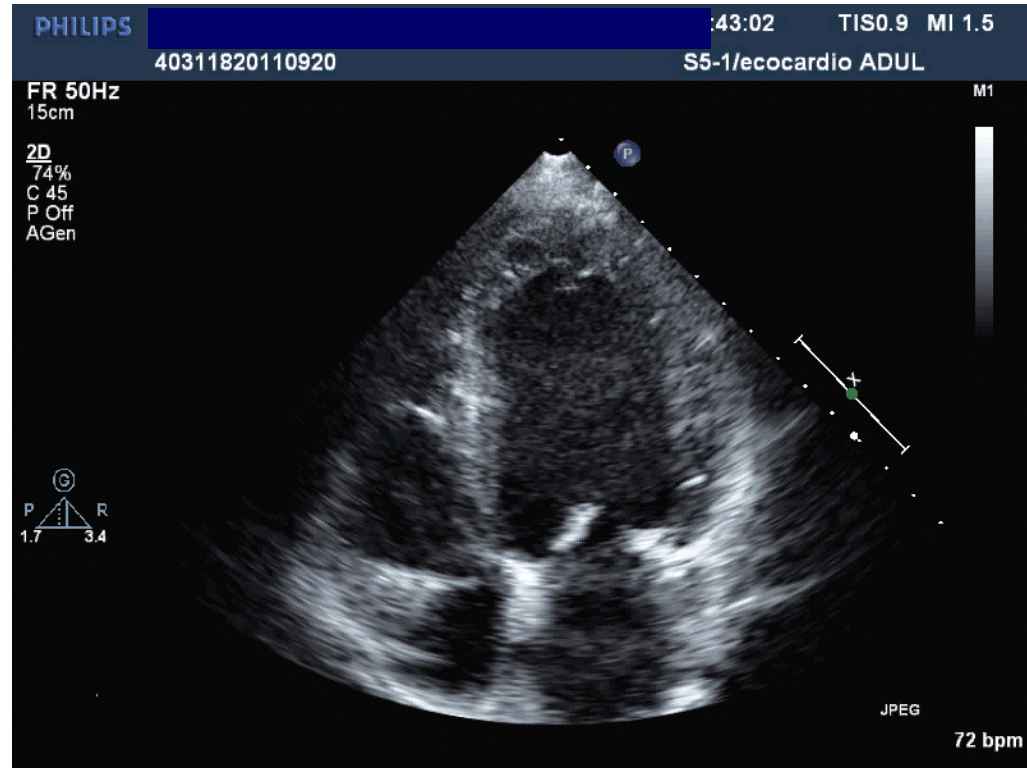
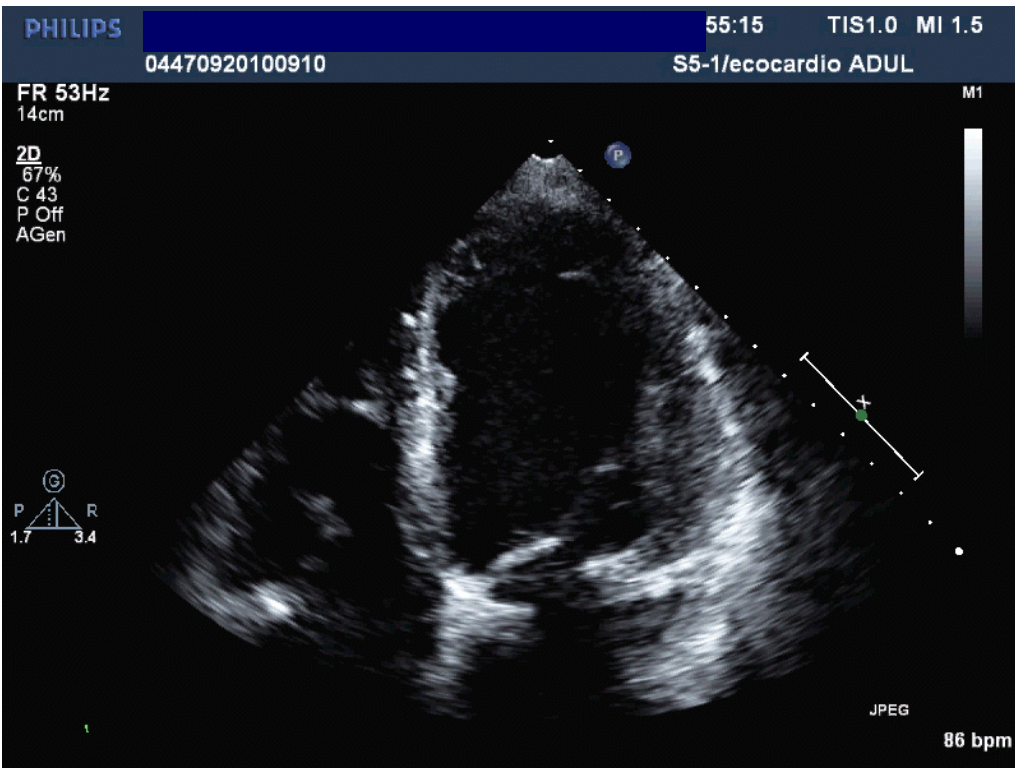
Low dose DSE



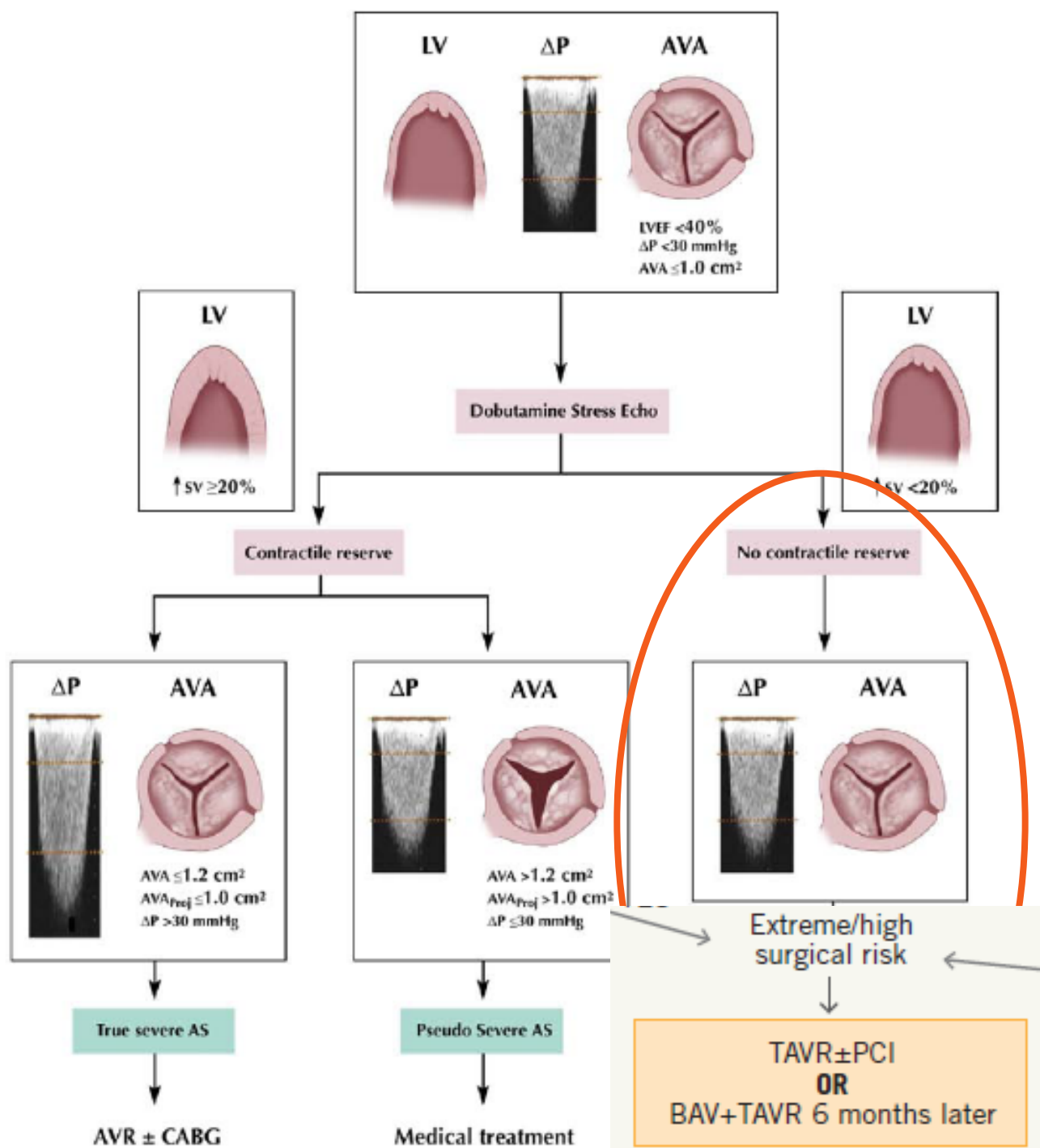
Grad max 130 mmHg
mean 78 mmHg
 $\Delta +34$ mmHg

Base

Follow-up



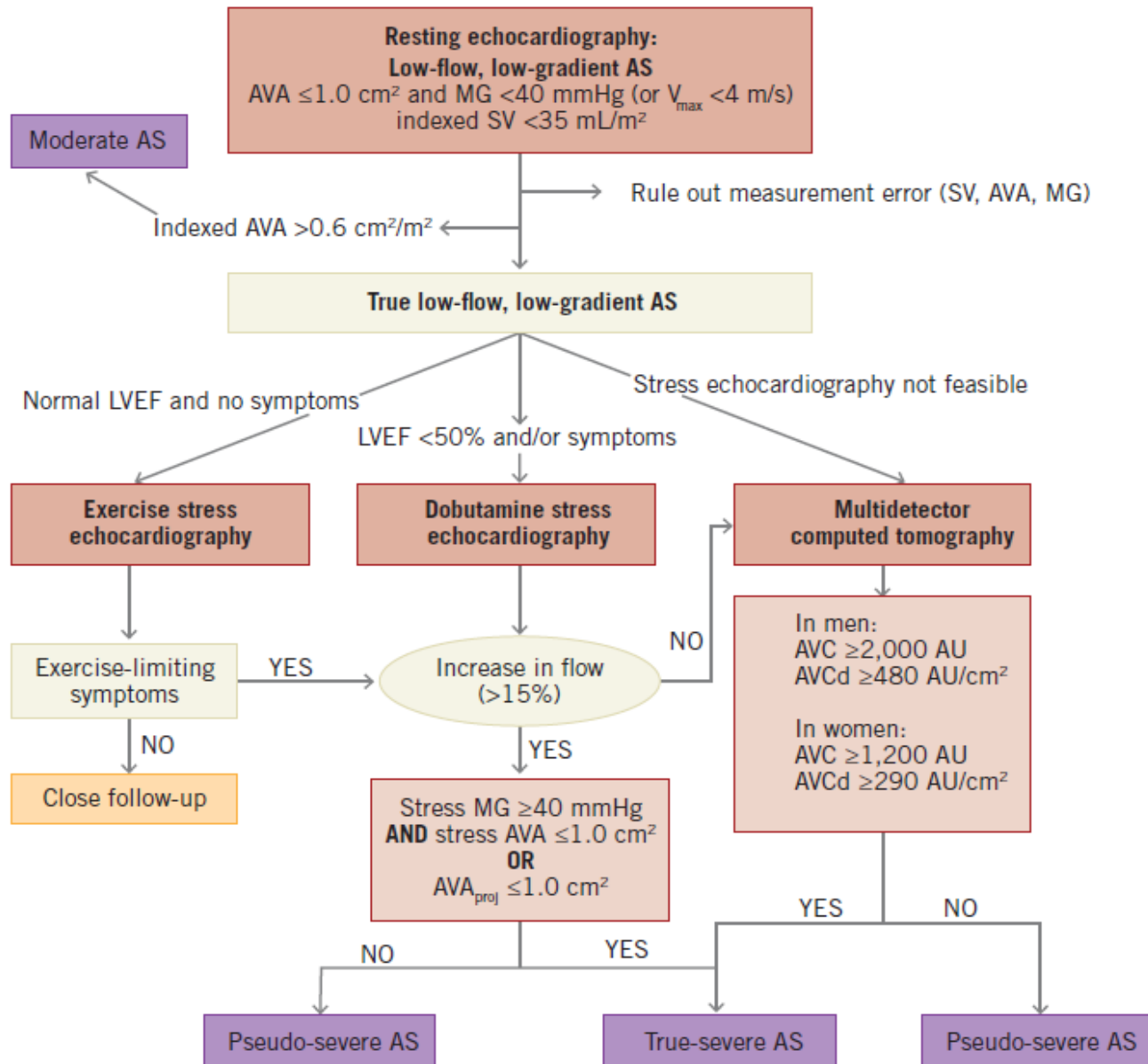
Volume TS da 126 ml a 98 ml (Δ -22%)
FE da 20% a 44% (diff.+24%)



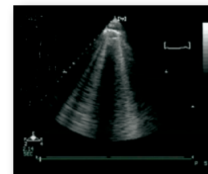
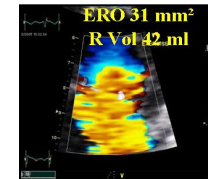
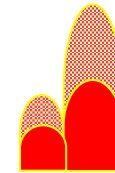
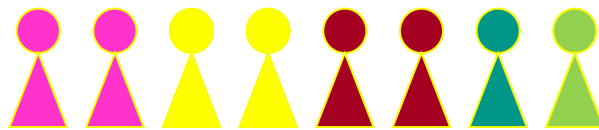
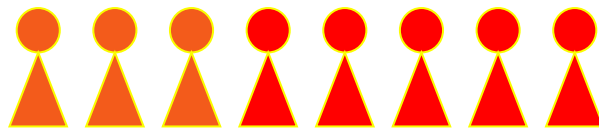
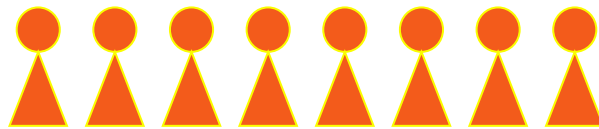
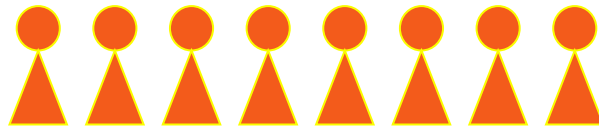
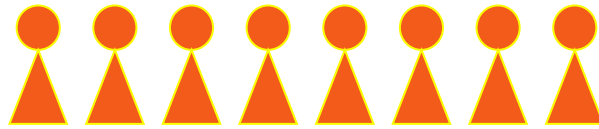
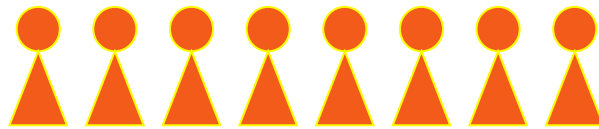
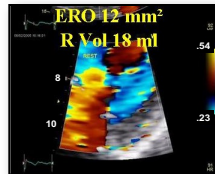
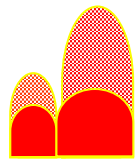
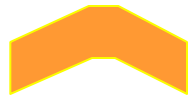
Assessment of low-flow, low-gradient aortic stenosis: multimodality imaging is the key to success

Marie-Annick Clavel, DVM, PhD; Philippe Pibarot*, DVM, PhD, FACC, FAHA, FESC, FASE

EuroIntervention 2014;10:



Stress echo 2020: versatility



Ischemia

Viability

CFVR

Mitral Insufficiency

LV elastance

Extravascular lung water



CAD



HFpEF
HFrEF



Valvular HD



Congenital HD



Extreme physiology

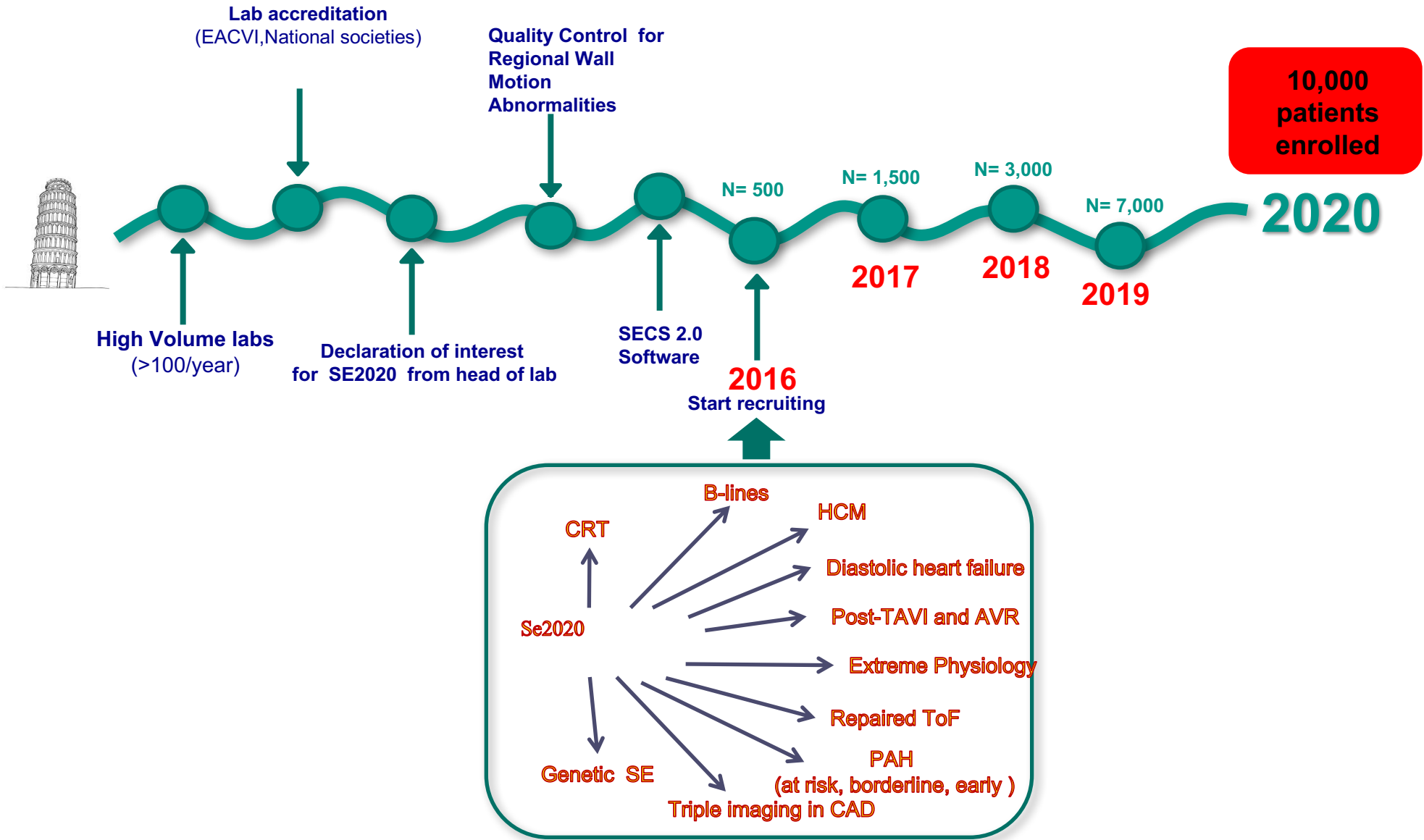


Pulmonary arterial
hypertension

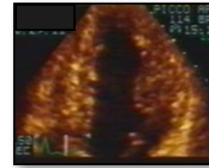
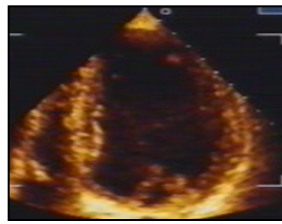


HCM

The Road to Stress Echo 2020

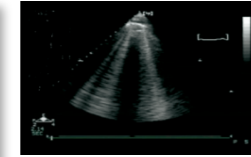
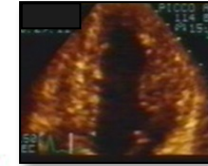
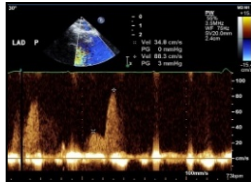


10 – GENES
(phenotype-negative carriers of
HCM, DCM, PAH)

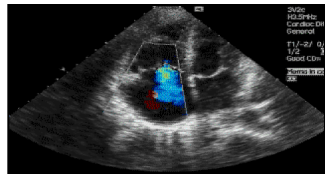


1- CHEF
(pre-CRT)

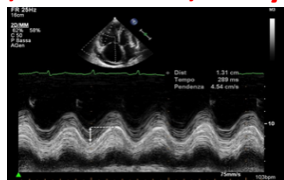
9 – DITSE
(triple imaging in
CAD)



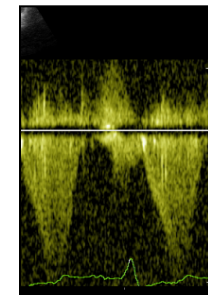
2- BHEF
(HFdEF)



8- DOPSAH
(at risk, borderline, early PAH)

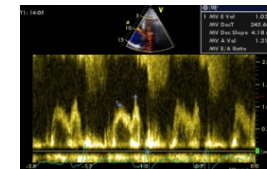


Why Italy works

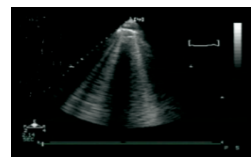


3- SEHCA
(HCM)

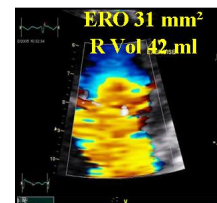
7 – SETOF
(repaired Fallot)



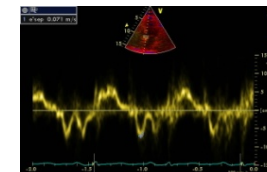
4 – SEDIA
(HFpEF)



6-SEO
(outdoor at high altitude, extreme physiology)



5 – SETA
(post-TAVI or AVR)

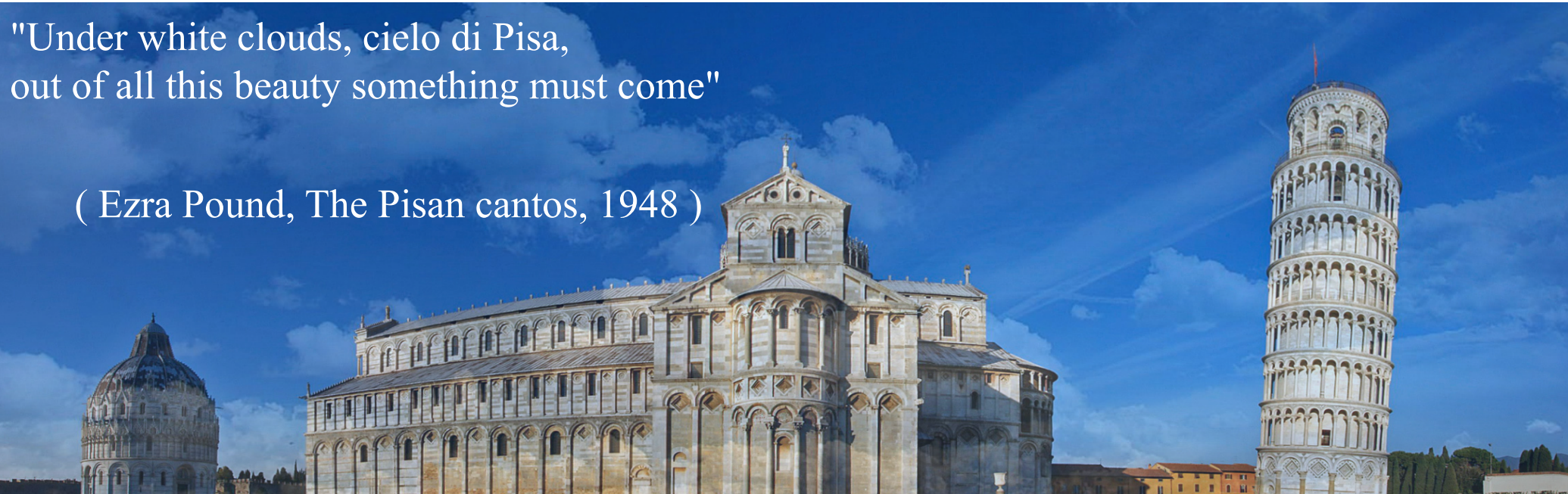




StressEcho 2020 study group

"Under white clouds, cielo di Pisa,
out of all this beauty something must come"

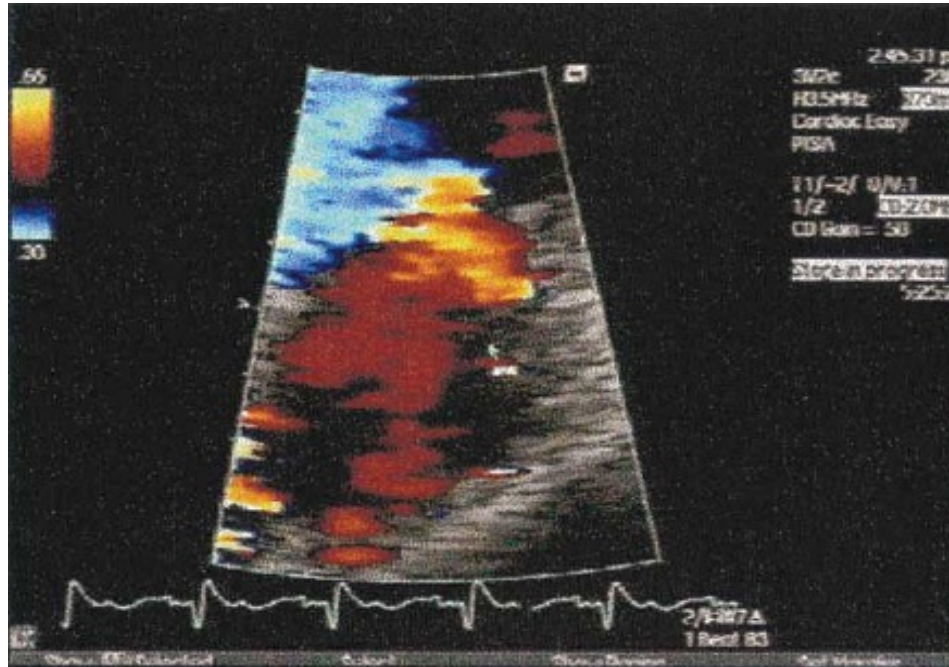
(Ezra Pound, The Pisan cantos, 1948)



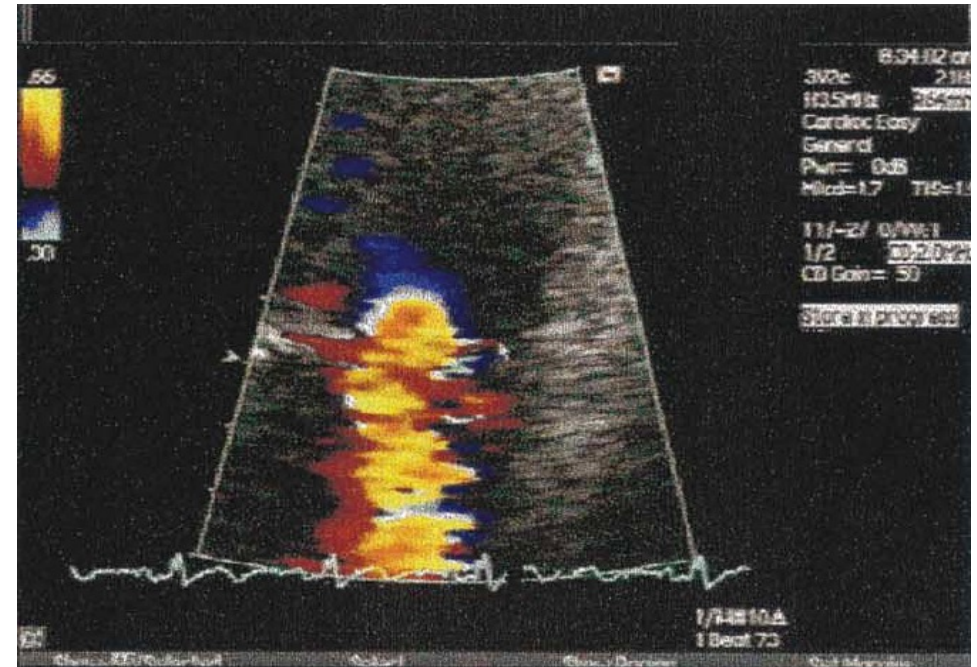
Ecosforzo ed insufficienza mitralica

Lebrun F *J Am Coll Cardiol* 2001

Base



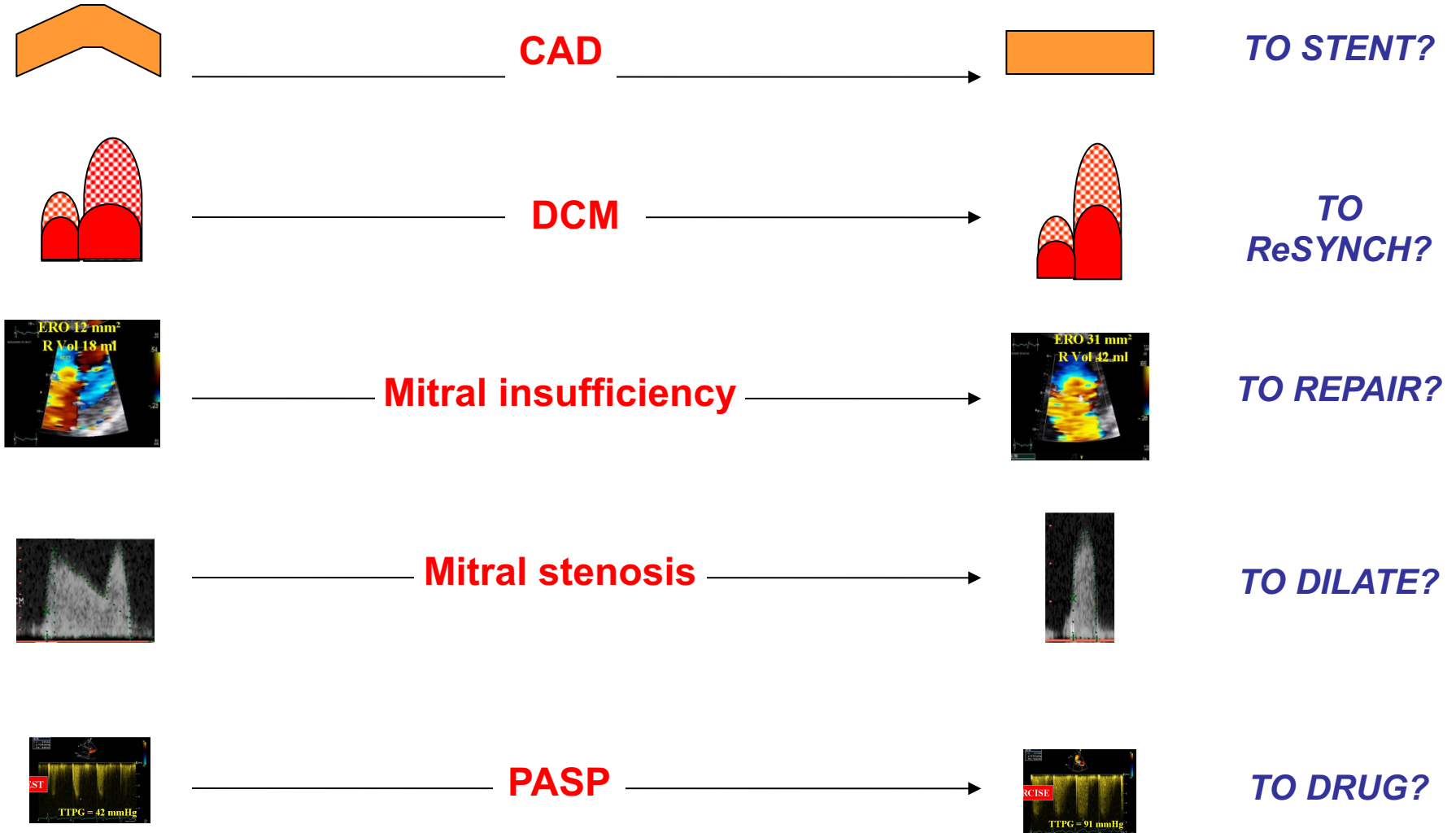
Esercizio



➤ La valutazione dell'insufficienza mitralica è fattibile e riproducibile

- ◆ PISA
- ◆ Volume rigurgitante
- ◆ Vena contracta
- ◆ Rapporto area jet/area atrio

When to do stress echo?



Research

Open Access

Rest and Dobutamine stress echocardiography in the evaluation of mid-term results of mitral valve repair in Barlow's disease

Giovanni Minardi*¹, Carla Manzara¹, Giovanni Pulignano¹,
Giampaolo Luzi², Daniele Maselli², Giovanni Casali² and
Francesco Musumeci²

2007

Variable		Baseline	One month	Follow-up	p (ANOVA)
LA size (mm)		50 ± 8	46 ± 6	44 ± 6	ns
LVEDD (mm)		61 ± 5	55 ± 6	52 ± 7	0.01
LVEDS (mm)		33 ± 6	35 ± 6	34 ± 9	ns
FS (%)		44 ± 7	36 ± 6	35 ± 10	0.008
LVEDV (ml)		127 ± 4	112 ± 33	114 ± 56	ns
LVESV (ml)		55 ± 30	56 ± 21	57 ± 20	ns
EF (%)		60 ± 10	50 ± 7	54 ± 12	0.038
MR grade	(3+;4+)	11; 9	0;0	ns	0.001*
	(0;1+;2+)	0;0;0	11;8;1	11;8;1	ns**
sPAP (mmHg)		42 ± 16	38 ± 14	30 ± 11	ns

Conclusion: Basal and Dobutamine stress echocardiography proved to be valuable tools for evaluation of mid-term results of mitral valve repair. In our study population, the surgical technique employed had a favourable impact on several cardiac parameters, evaluated by these methods.

Stress Echocardiography in Regurgitant Valve Disease

Patrizio Lancellotti, MD, PhD; Julien Magne, PhD

Circ Cardiovasc Imaging

September 2013

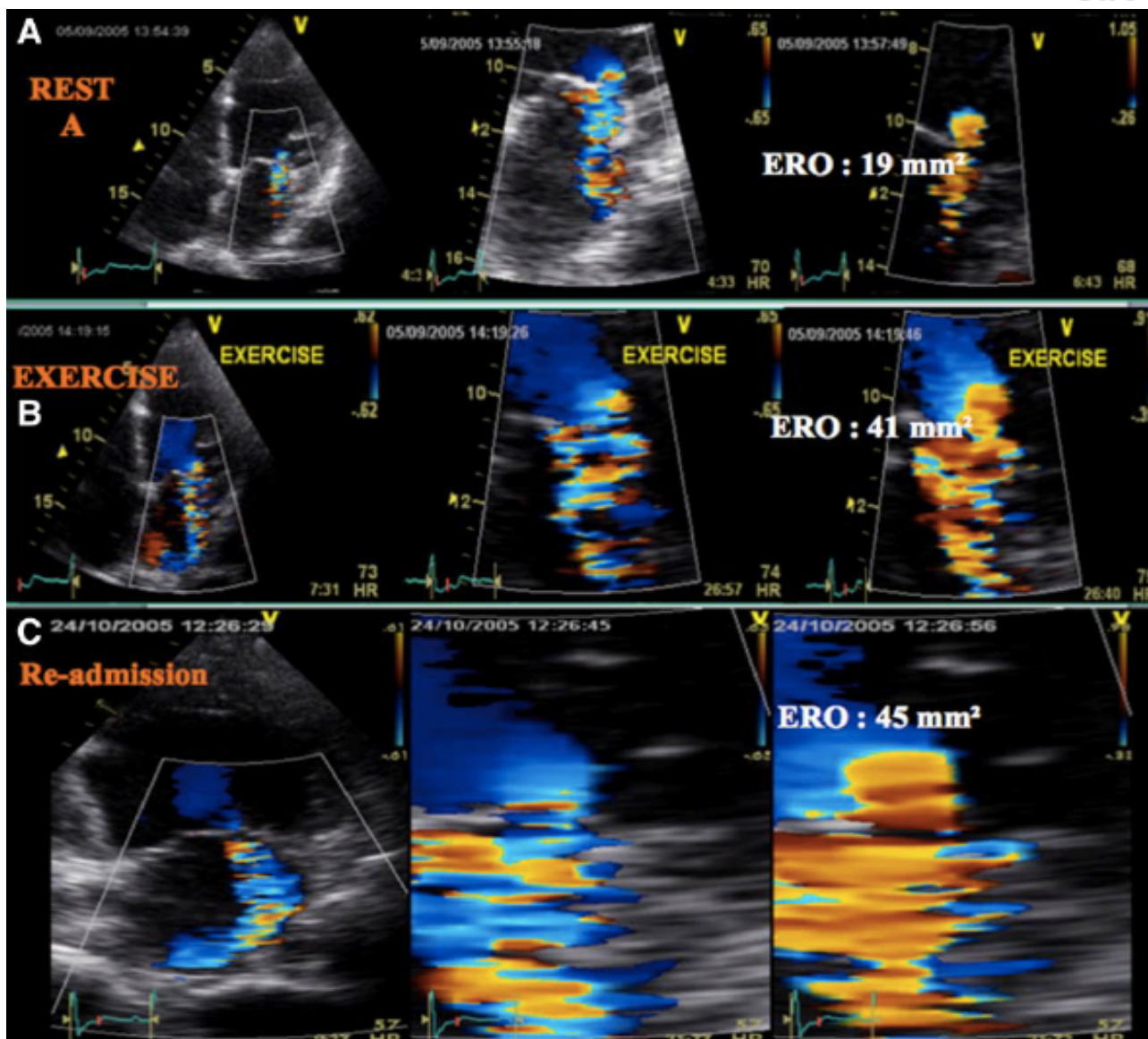
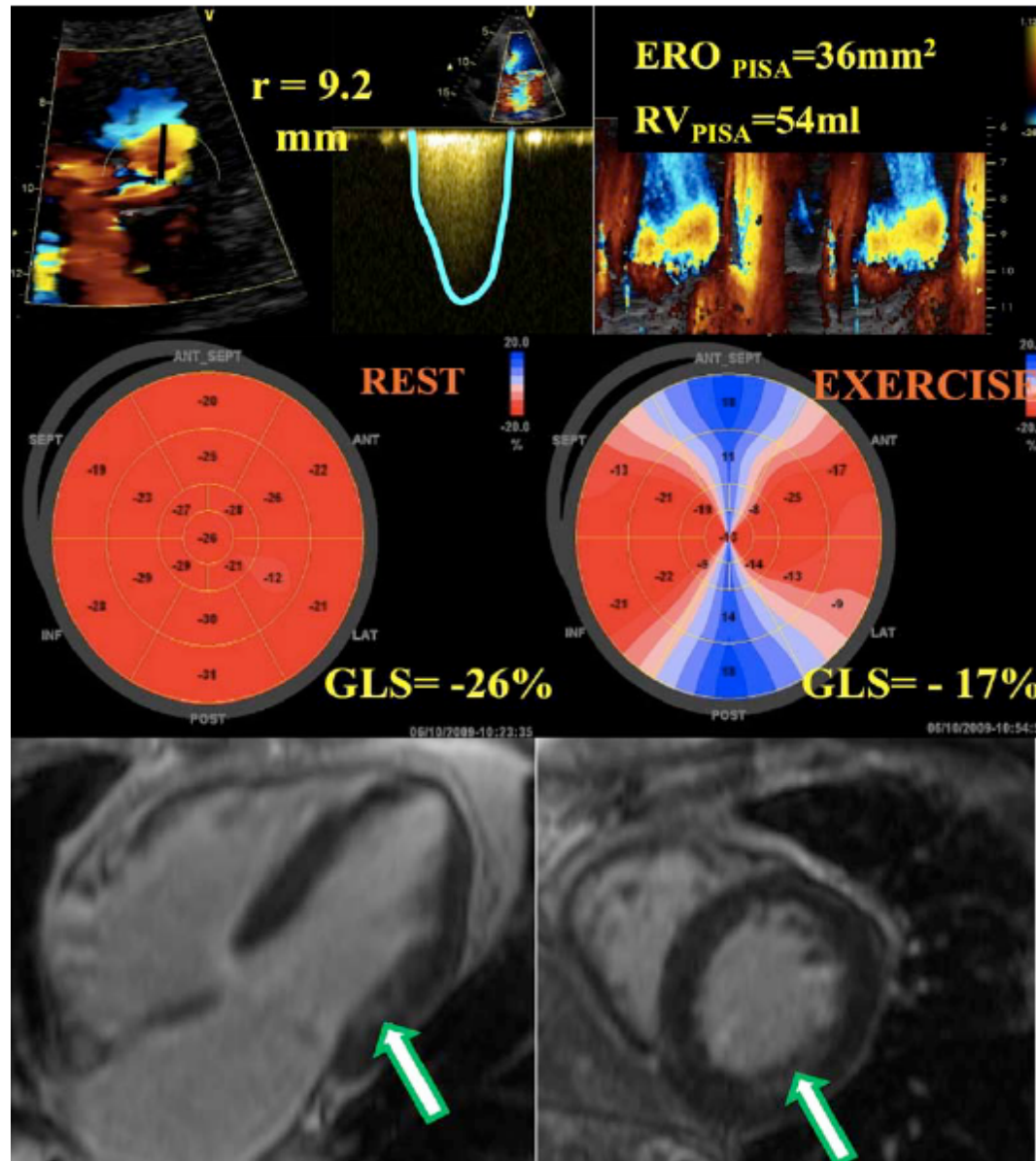


Figure 8. **A** and **B**, Dynamic exercise mitral regurgitation in a patient admitted with acute pulmonary edema without evident contributing factors. **C**, Echocardiographic examination performed at the acute stage of a recurrent episode of pulmonary edema showing severe mitral regurgitation. ERO indicates effective regurgitant orifice.

Stress Echocardiography and Mitral Valvular Heart Disease

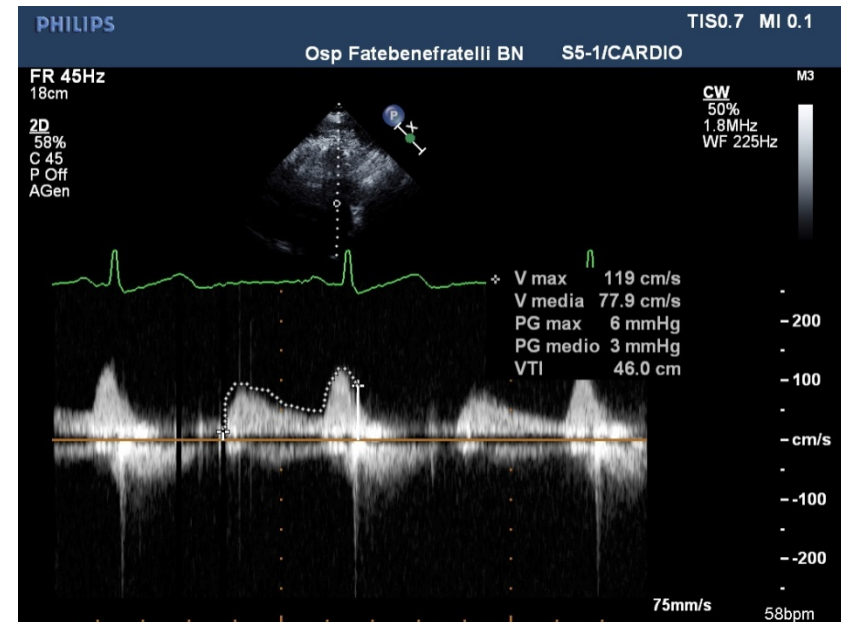
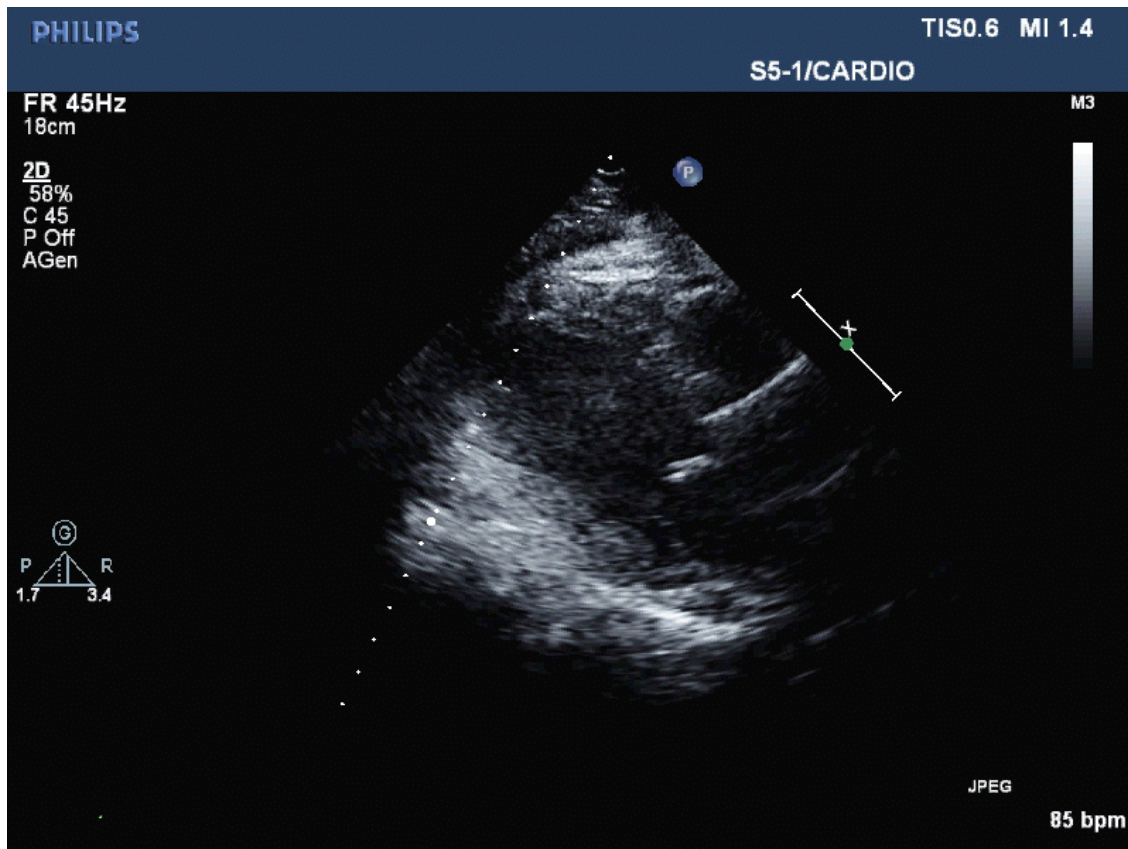
Julien Magne, PhD, Patrizio Lancellotti, MD, PhD*, Cardiologia Clinica 31 (2013) 311-321
Luc A. Pierard, MD, PhD*



Caso clinico:

➤ Donna di 52 anni

◆ Lieve dispnea da sforzo da alcuni mesi

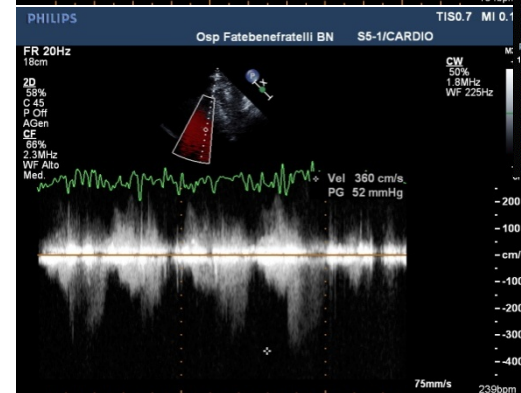
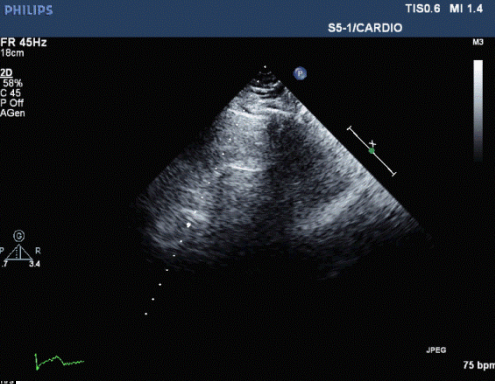
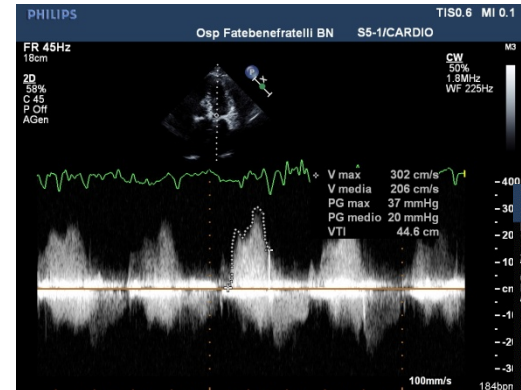
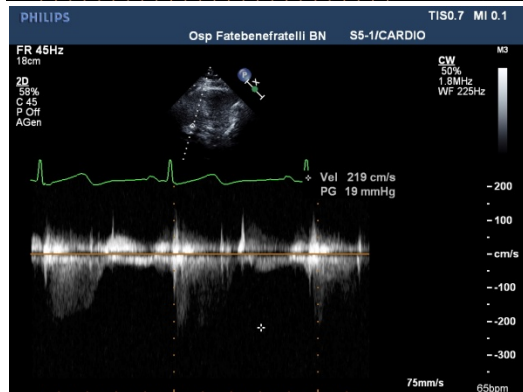
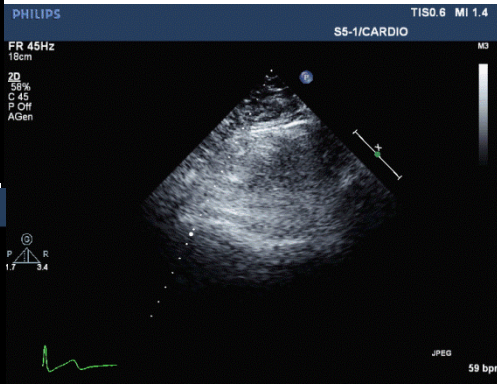
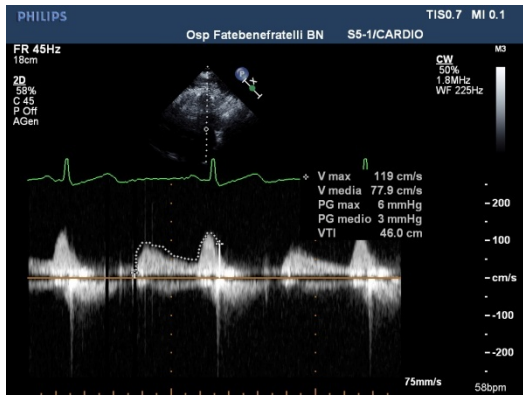


Ex-Stress Echo

Durata di esercizio: 5 min

Rest

Peak exercise



**Gradiente medio: 3 mmHg
PAPs: 19 mmHg + RAP**

**Gradiente medio: 20 mmHg
PAPs: 52mmHg + RAP**

Insufficienza mitralica funzionale ischemica: Prognosi

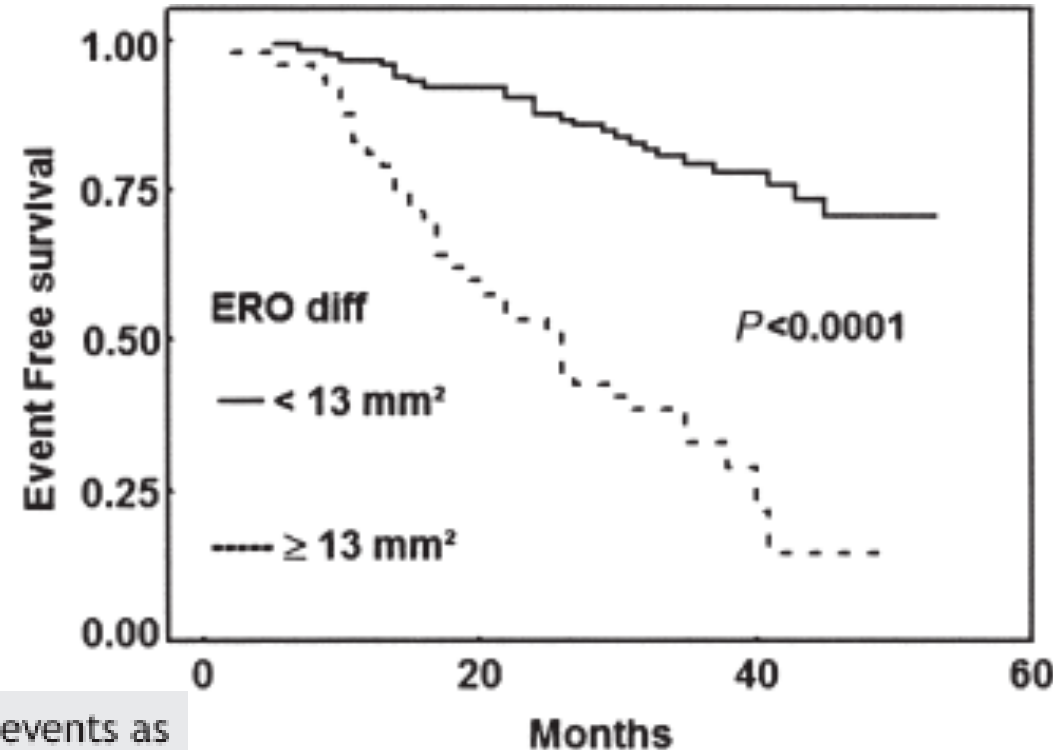
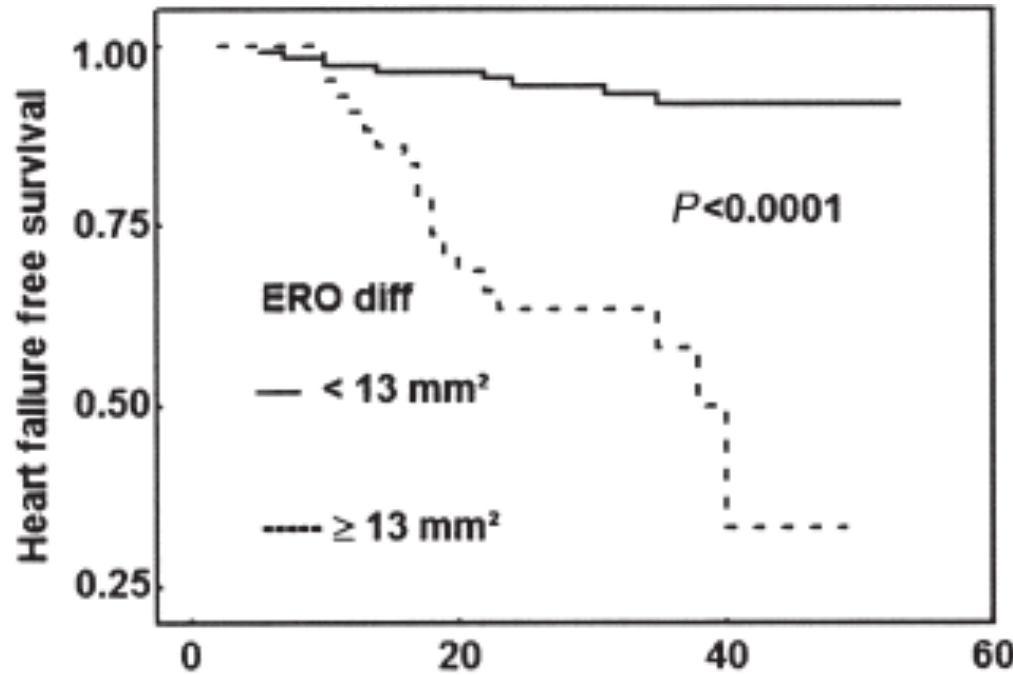
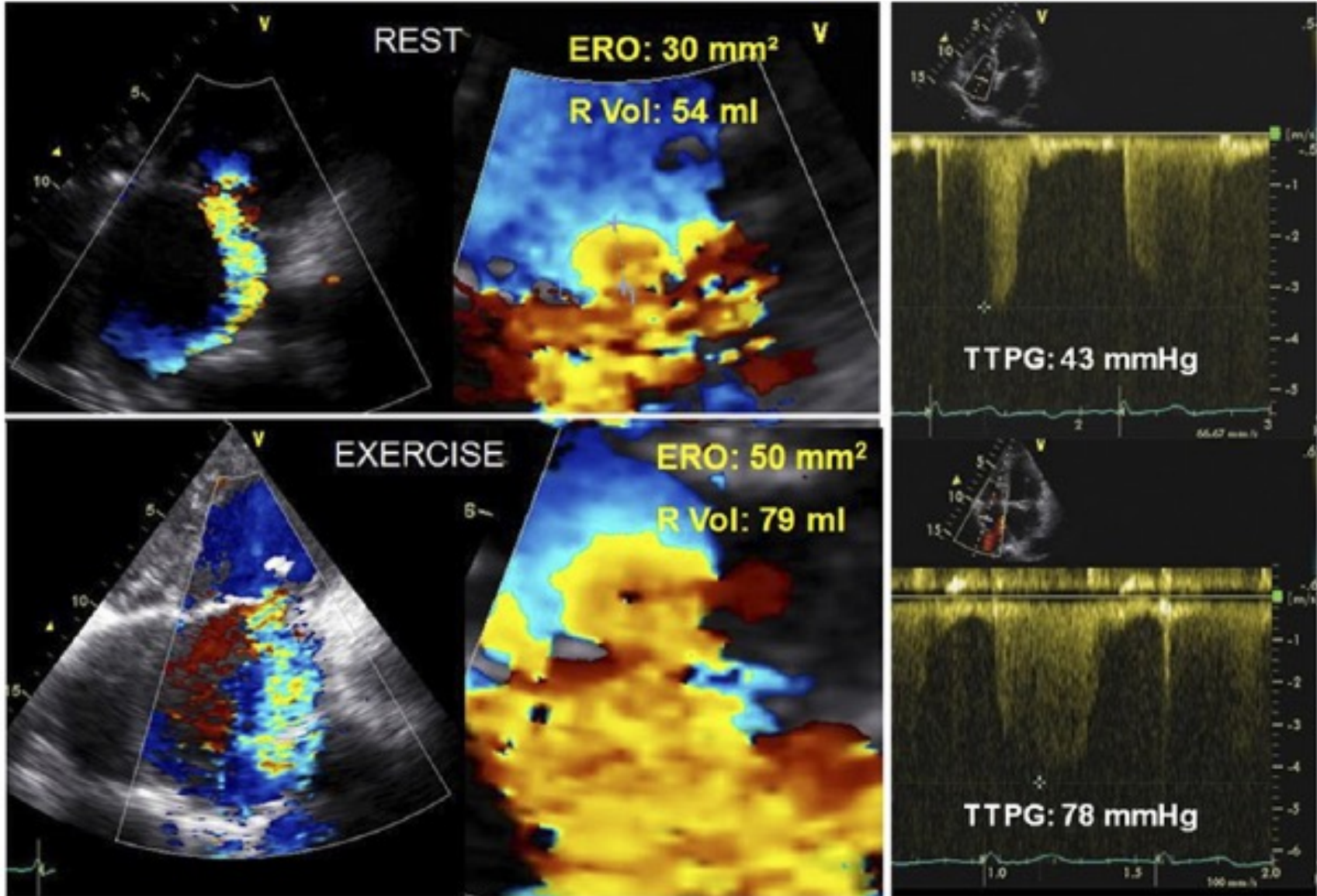


Table 4 Factors predictive of major adverse cardiac events as obtained by stepwise Cox proportional hazard regression analysis ($n = 161$ patients)

	HR (95% CI)	P -value
ERO diff ≥ 13 mm ²	4.42 (2.61–7.53)	0.0001
LV ejection fraction diff	1.04 (1.00–1.09)	0.023
LV end-diastolic volume	1.01 (1.00–1.02)	0.032

Insufficienza mitralica ed ecostress





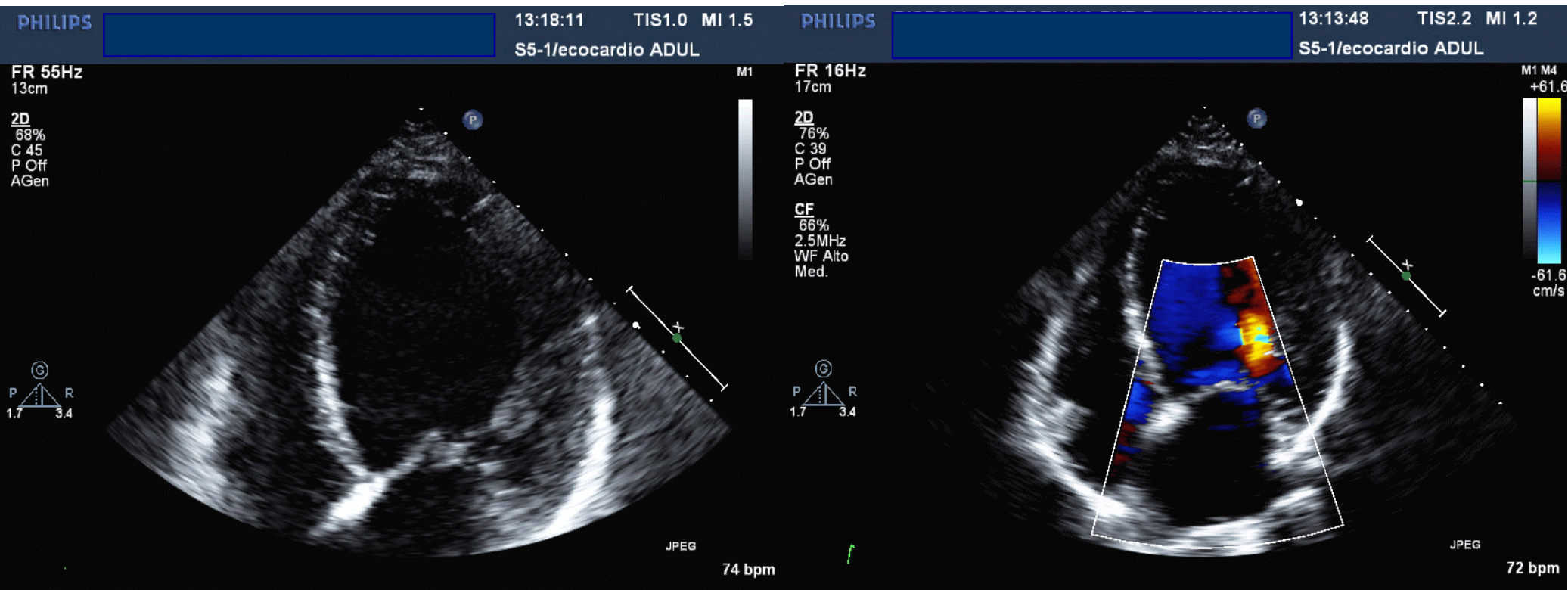
European Association of Echocardiography recommendations for the assessment of valvular regurgitation. Part 2: mitral and tricuspid regurgitation (native valve disease)

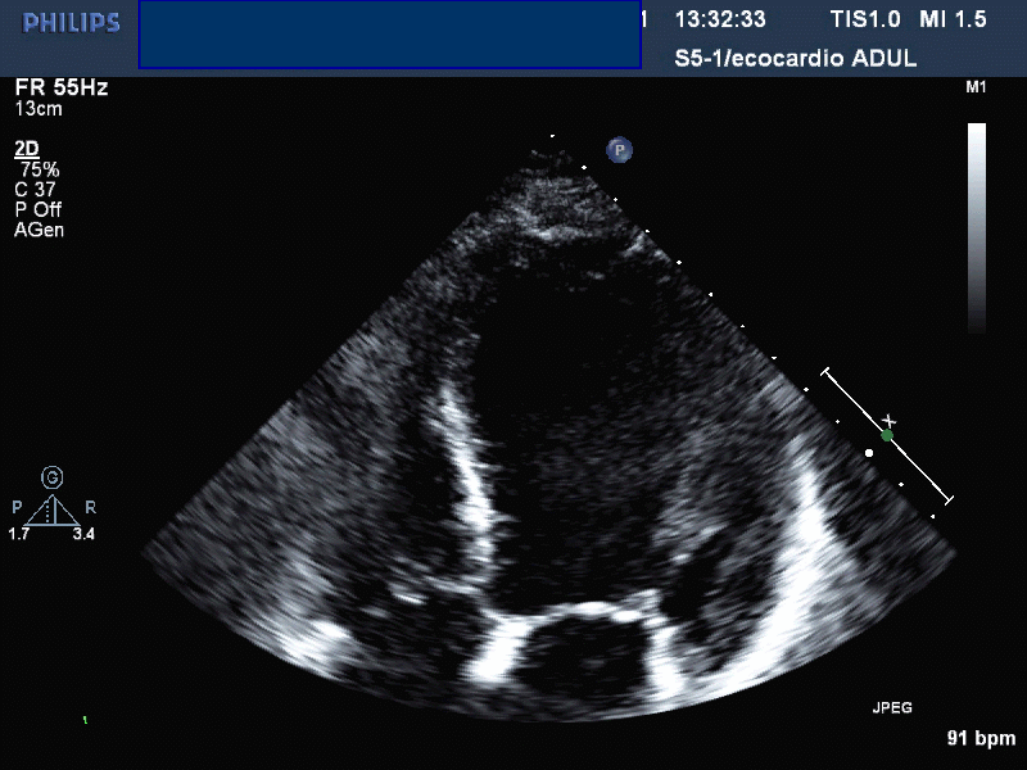


Key point

Exercise echocardiography is useful in patients with functional ischaemic MR and chronic LV systolic dysfunction to unmask the dynamic behaviour of MR. Patients with an increase in EROA by $\geq 13 \text{ mm}^2$ are patients at increased risk of cardiovascular events. In these patients, exercise echocardiography also helps to identify the presence and extent of viable myocardium at jeopardy.

Eco basale pre CRT





➤ **Rest:**

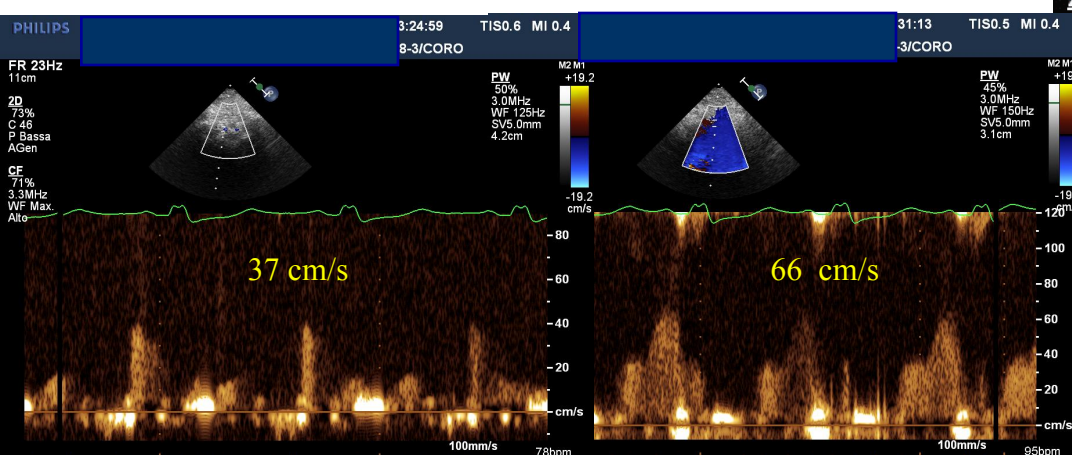
Vol TD/TS: 163/135 ml

EF: 17% IM 3+

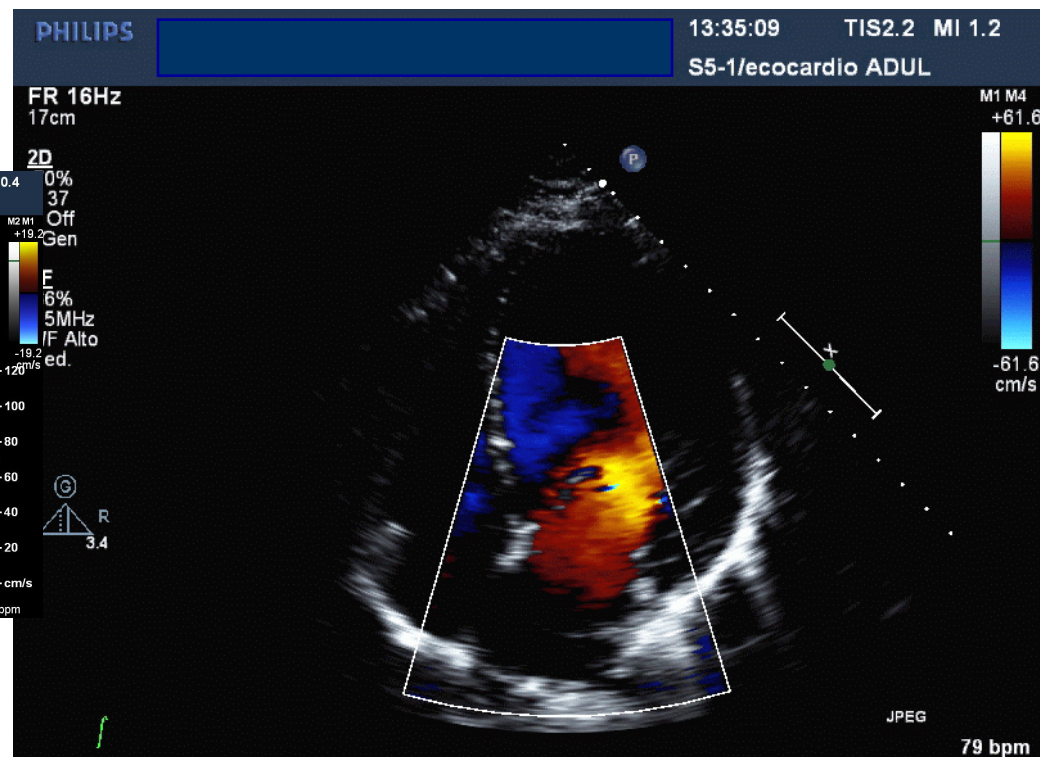
➤ **Peak stress:**

Vol TD/TS: 158/94 ml

EF: 40% IM+

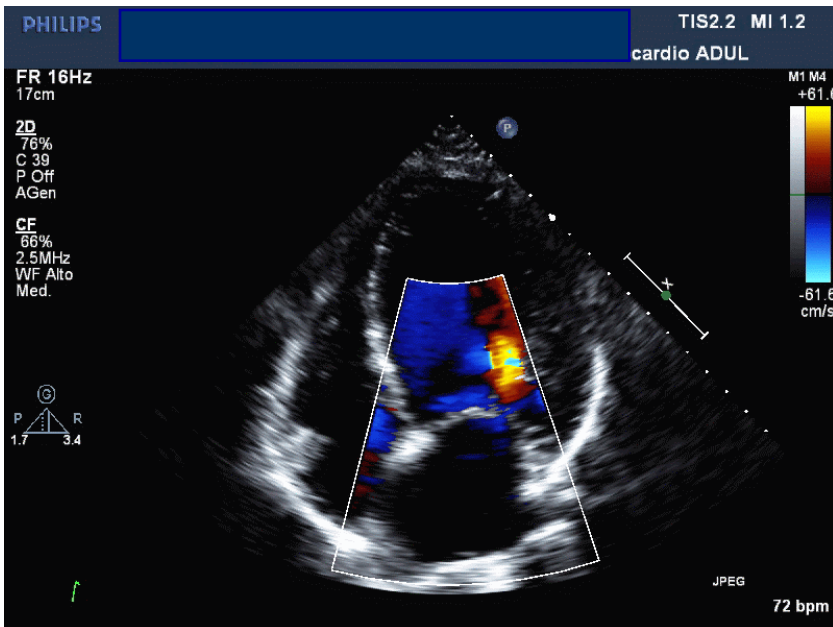
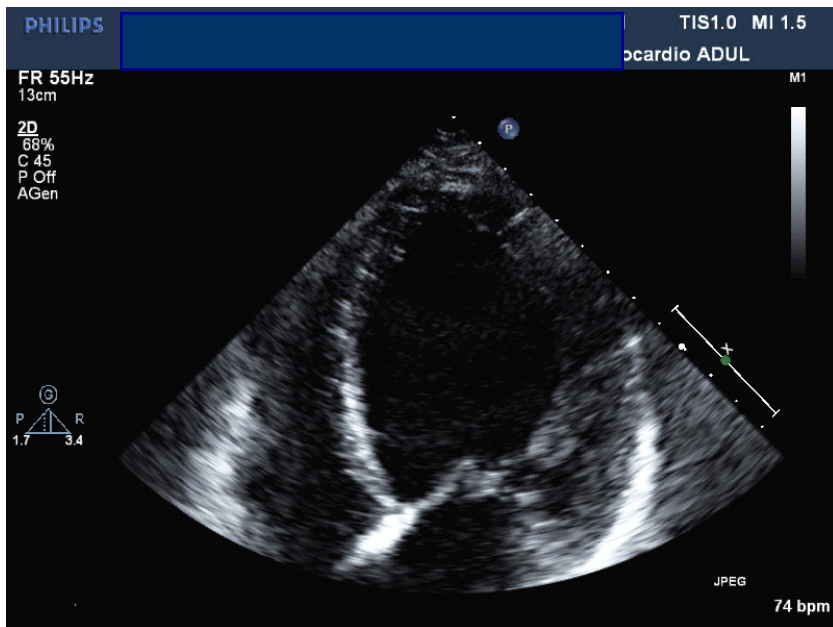


CFR: 1,74



Post CRT

Pre-CRT



Follow-up
Post-CRT

